PROWLER, '85

2-3
OPENING

STUDENT LIFE
4-19

20-49
SENIORS

JUNIORS
50-69

70-85
SOPHOMORES

FRESHMEN
86-103

104-113
ACADEMICS

SPORTS
114-165

164-193
CLUBS

ADVERTISING
194-223

INDEX

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The Prowler Staff
Presents

Our Pride Is Showing
1985

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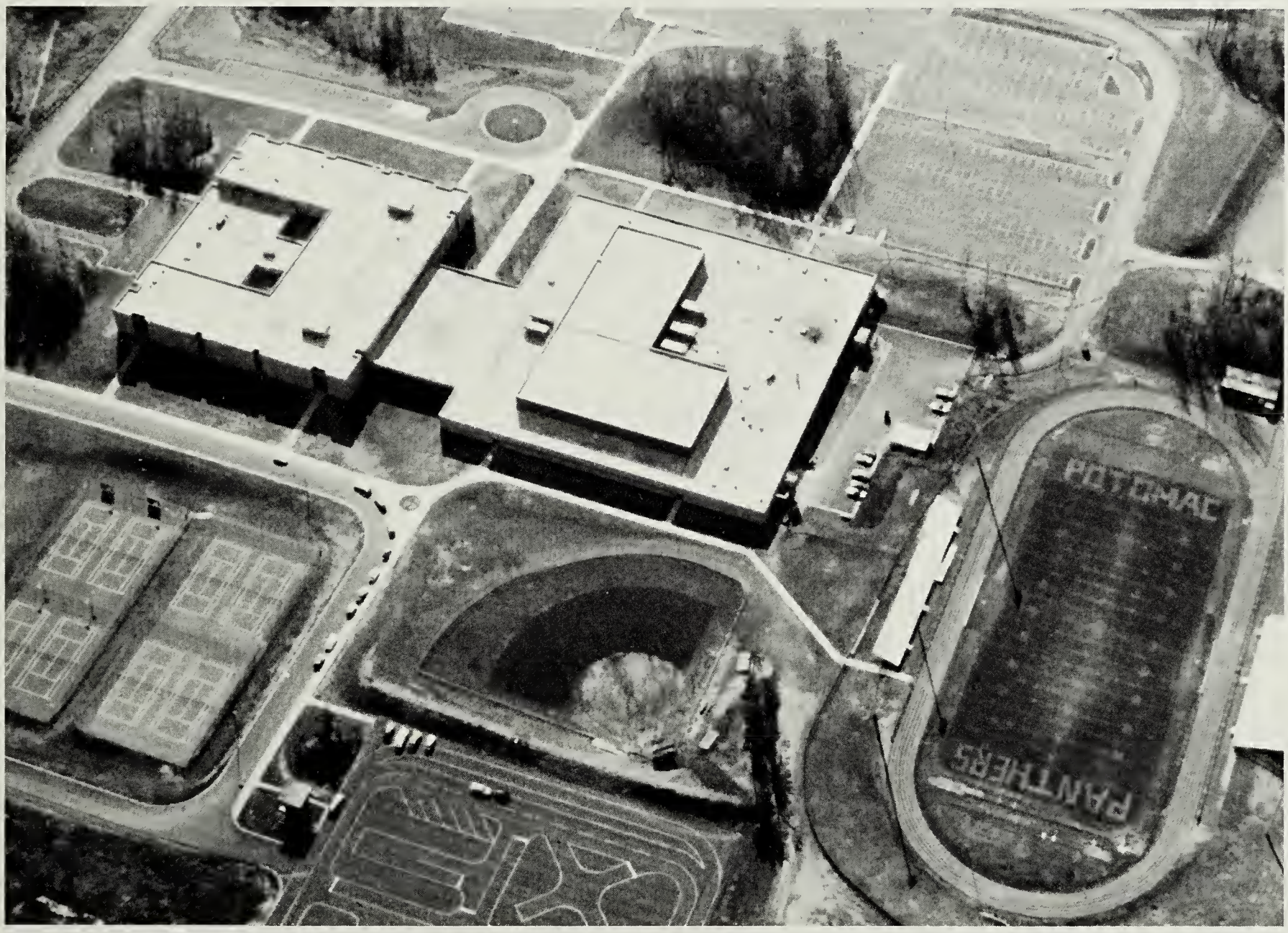
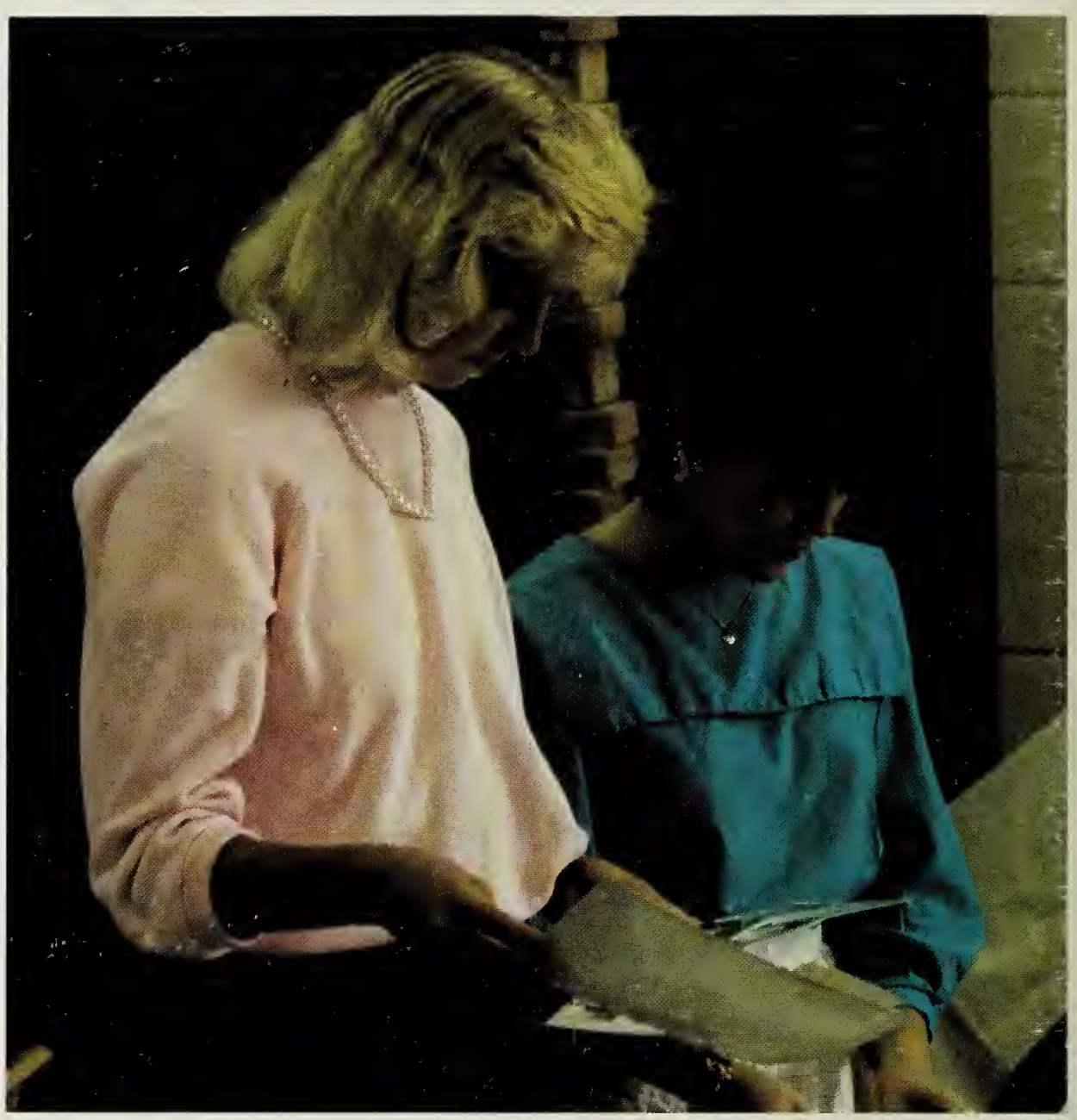


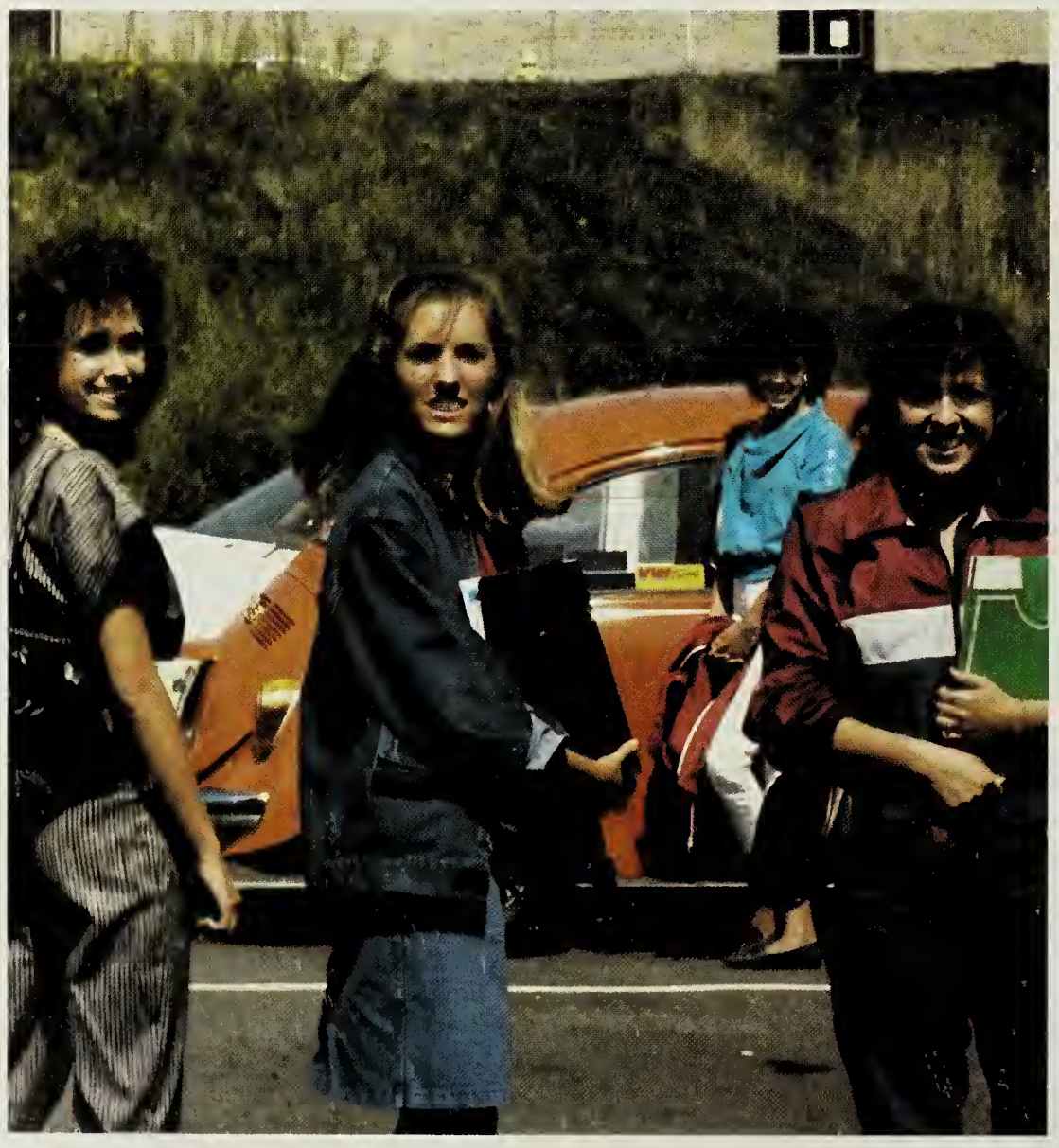
Potomac Senior High School

16706 Jefferson Davis Highway
Dumfries, Virginia 22026

Preparing a yearbook takes many hours of preparation and hard work. Laura Hudak and Shellie Stennick discuss pages that are ready to be sent to the publisher.



Up, up and away! The varsity cheerleaders demonstrate their pride and enthusiasm for Potomac with a balloon launch during the Homecoming game festivities.



A plea for help with directions is being answered for parents on "Back to school night." It was a chance for parents to follow their childrens' class schedules and meet the teachers in the classroom situation.

In the senior parking lot Kim Evans, Lisa Zawolski, and Tina Evans head for their car while Patricia Dunlap, a junior, looks on. A special parking lot for seniors is one of the senior privileges.

A Dynasty Of Pride Begins

Exhibiting their Panther Pride, members of the band front make it clear who they think is Numero Uno!

We've come a long way since August 25, 1979, the day Potomac Senior High School was born. The class of 1983, our first graduating class began their high school career in the building now known as Saunders Middle School all alone as ninth graders. They spent the whole year and half the next year in the Saunders Building; then with the new ninth graders, the class of 1984, they moved into the new Potomac High School Building at the beginning of the second semester.

Those two classes had the honor of making choices that were to become traditions for the new school. Selecting the school colors, mascot, naming the newspaper and yearbook were some important decisions made by the classes of 1983 and 1984. The pride and spirit exemplified by the first graduating classes has been a model for us.

The 1984 seniors known as "The class with class" was a class of distinction. Earning the highest SAT scores in Prince William County, they proved what they could do academically.

They demonstrated as much prowess on the athletic fields as they did in the classroom. They helped Potomac capture seventeen district, six regional and one state title in three years of varsity competition. At the beginning of this year we were the defending District champs in: football, volleyball, golf, wrestling, boys' tennis, softball, and baseball. In addition we were regional champs in golf, volleyball, and softball.

The unity and pride continued with this year's seniors, known as "the slow starting but always pulling through class." They showed that they were ready for the race by doing an outstanding job on their part for homecoming. Spirits were running high. Even though the spirit award was lost to the juniors, Seniors deserved an A for effort.

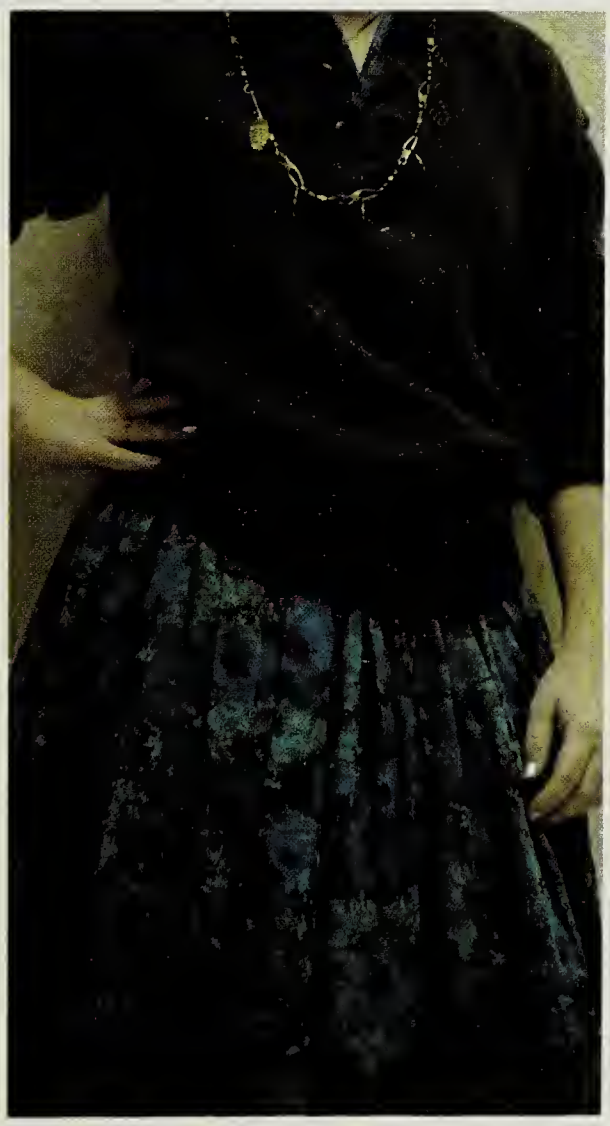
We are grateful for the support of our parent booster organizations. Without their assistance many of the accomplishments of the past five years would not have been possible.

Parental support keeps Potomac going strong. With much interest and hard work, Potomac parents take pride in our school.

At a Students Against Drunk Driving meeting, President Scott Dadson discusses the organization's goal with members, Kate Cevarich and Tanya Cartmill.

Academics, Clubs, Sports And Friends
Are A Part Of . . .

S tudent Life



From Grubby to Gucci

"What am I going to wear?" "Are my pants too short?" "Is my skirt too long?" "Mom, are my camouflage pants clean?" "My hair won't do anything right."

Such were the comments as students decided what to wear to school. Many were able to express their personalities through different fashions and hair styles. Though there was still a countable number of "Preppies" lurking in the hallways with their Izod shirts, Docksiders and madras plaids, "New Wave" fashions became even more prevalent. Neon greens, shocking pinks, spiked short hair, and multi pierced ears were quite in style for both guys and girls. The ever popular denim jeans and concert shirts sporting favorite performers were the good old standby for many students. If "variety is the spice of life," there certainly was spice in our fashion scene.

Taking a break. Susie Shane and her date take a break from dancing to get a breath of fresh air.

Checking the scene. Shellie Stennick and her brother, Mike look over the festivities from the balcony.

A Night to Remember

The dance floor was filled most of the evening as students and their dates enjoyed music provided by KraKaJax at the 1984 Junior-Senior Prom held at Sheraton-Fredericksburg Motor Inn. The evening was a success thanks to the efforts of the Junior Class and their sponsor, Mrs. Leggett.

As the dance floor became crowded, walking in the courtyard and relaxing on the swings were other activities that made the prom truly "A Night To Remember."

Dancing until midnight. Music by KraKaJax lures Angie Nutton and Paul Therault to the dance floor once more.

Watching others on the dance floor a happy group decides to sit this one out.

Changing the tempo. Dancers remain on the dance floor as the band plays music to suit everyone's taste.

Getting into the swing of things Kelly Johnson is assisted by Chris McKay.

Time to leave. To ward off the chill of the late evening, Laura Hambrick accepts James Lacey's jacket.

Spirited Homecoming

Activities for homecoming began early in the week with spirit link sales, float construction, hall decorating and spirited dress up days. All activities centered around the "Gangster" theme with classes competing for the coveted spirit award.

Enthusiasm reached its peak as the week wound down; floats neared completion and everyone was ready for the Friday night game and festivities.

In addition to the team's winning it's game the juniors won the float competition and the spirit award.

The audience grew quiet as the class princesses made their way to the center of the field, and waited patiently for the announcement revealing the name of the queen. Cheers arose as Mr. Kite introduced Gina Bolk as the 1984 homecoming Queen.

Principal, Mr. Robert Ferrebee described the whole week as a complete success and congratulated the student body on its efforts.

Playing a tune from the 20's on the seniors speak easy float Bobby Vitek helps the seniors take 2nd place in the float competition.

This is captain Kim Angelo's last year to lead the rifle team in half time activities. Rifles preceded the band in halftime ceremonies.

A Potomac football player April Koontz refuses a "bribe to throw the game" as the Gangster theme was carried out on the Foreign Language float.

The Color Guard from Quantico Marine Base perform the opening ceremonies, as the Potomac band played the National Anthem.

Seniors - Gina Bolk, Jeanna Tillman, Kathleen Delmore

Juniors - Stacy Talbot, Stacey Crawford

Princesses representing their respective classes were escorted by David Dorton, Jeff Kregger, Mike Cobb, and John Willis

The very lovely Gina Bolk is presented to the fans by Mr. Robert Ferrebee as 1984 Homecoming Queen. Gina was elected by members of the senior class. As tradition dictates she was crowned by the former queen, Katie Homan.

Sophomores - Lisa Bolk, Candy Covington

Freshmen - Katie Trainor, Marybeth Sines

A Day In The Life Of A Panther

The day of a Panther usually began before eight and ended at two, but that was just the time spent in classes — the time that many students may have considered boring. During this time, we learned the Pythagorean Theorem, the Law of Multiple Proportions, and proper grammatical techniques. To learn need not mean "to be bored." There were many classes which could be taken at Potomac that did not involve so much "book learning." In classes such as fashion merchandising, cosmetology, printing, drafting, and art, students had a chance to use their creativity and get away from the books. Learning from experience was a great form of education which added a bit of variety in the sometimes monotonous day.

Getting to classes was not exactly a fun job either. The halls of Potomac between classes were nothing but wall to wall "panthers" growling their way to their lockers to pick up a book for the upcoming period. Then our stomachs were growling as we realized it was time for lunch. When the bell rang we made tracks to the dining room, stood in the lunch line for ten minutes, hunted down a table and chair, and if we were lucky, we had a few minutes to socialize with our best friends — if we had the same lunch period.

When the last bell of the day rang, we pushed our way to our lockers and headed to the big yellow busses or our cars for our trip home, unless we had to stay to practice for an extra curricular activity, which meant another two hours at school.

Tony Khanna and Paul Johnson lay bricks for construction class. Classes such as this added a little bit of variety to an otherwise "book filled" day.

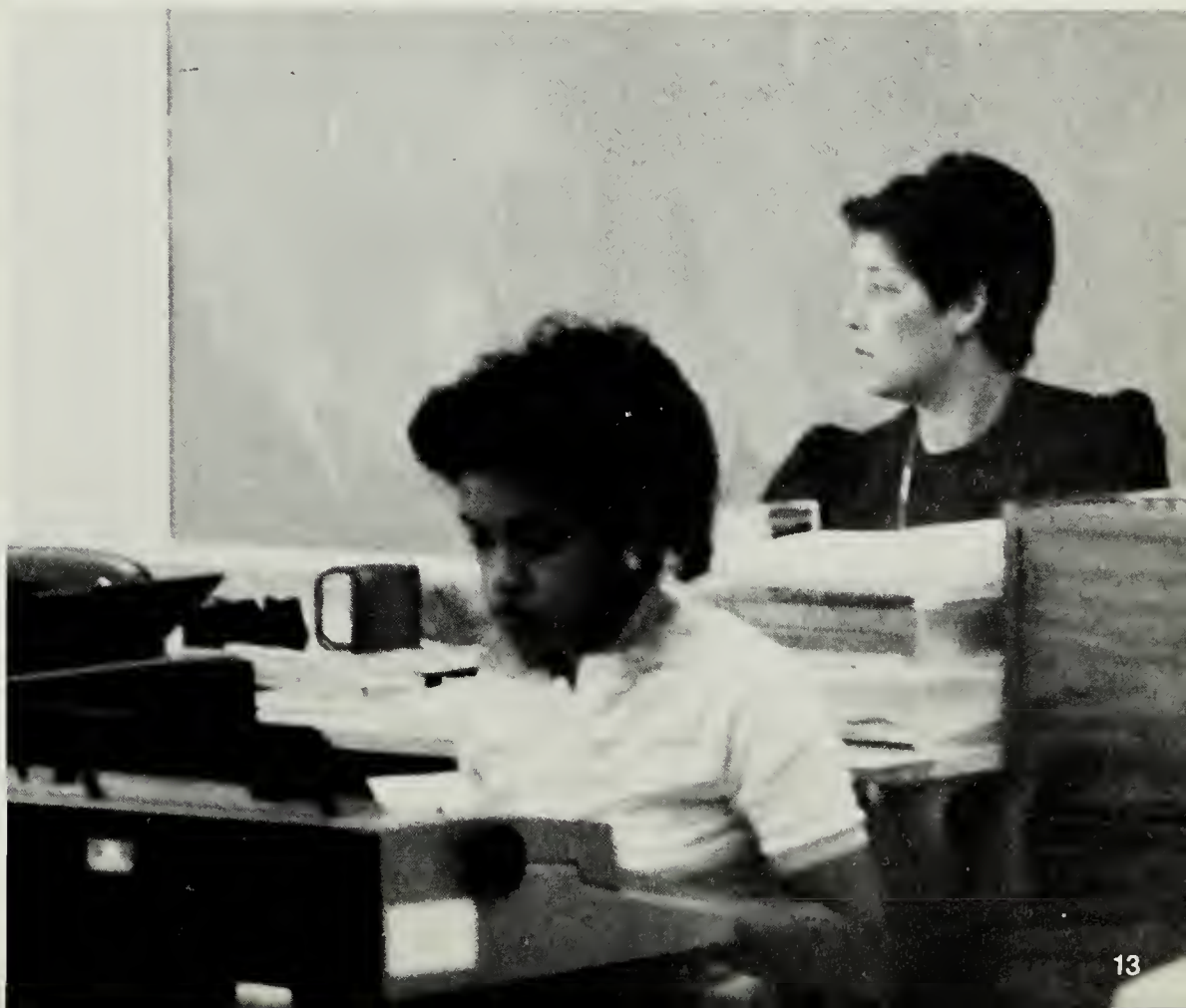
Friends, Michelle Leonard and Chris Wolter take time out from escorting the senior float at homecoming to "smile pretty" for the photographer.

Sallee Richardson and Karen Shetley attempt to run to their lockers, deposit and pick up books, and make it to their next classes before the tardy bell rings. Though not an easy task to accomplish in five minutes, there was always ISS as a good incentive to hurry.

Debating whether to eat the "catch of the day," Pete Pandazides hesitantly inserts his fork into the unknown. Although we were always cutting down the cafeteria food, most of us found it was quite edible and sometimes even . . . good.

Cherish Wangner, like all concerned students, studies hard for her classes.

Concentrating on keeping her hands on the "home row" keys, Ardis Kendall completes a typing assignment.



Pride On The Job

A senior, Sandy Griffith clears tables at Wendy's. Students frequent many of the fast food restaurants in the immediate vicinity.

At Potomac library Sharon Arcaro stacks books on the shelves. Working at the library not only gave Sharon extra money but also helped her learn about classifying books.

Riding over bumpy fields and steep hills is one of Mike Cook's favorite summer pastimes.

Fun At Play

Summer was a time of varied activities for Potomac students. After a short break from school, some attended summer school, others went to special enrichment seminars and camps, and some students decided to stay home and just relax.

For some students earning extra money was an important factor during the summer. The majority of students who worked felt that money was the most important aspect, but the experience they gained would also be valuable. Steve Dunlap, who works at Peebles Department Store said, "Money isn't the only thing I like. I want to get personal satisfaction from my job."

Most of the students felt they earned their pay. Though advancement was limited and not many wanted to continue their present work after graduation, they were getting experience that would help them with future jobs.

Selling toys at Twentieth Century Toy Store is fun for Bea Quintavalli. She likes to watch the children's eyes light up when they find just the right toy.

Ringing up the cash register, Steve Dunlap a senior, works hard to please his customers at Peebles Department Store.

Don't let smoke get in your eyes . . . Matt Pope and Mike Flynn spend a summer weekend camping near Saint Mary's River.

New routines must be ready when school begins in the fall. Stacy Reed, Kim Angelo, and Kathy Neary strive for perfection.

Graduation . . .

Overcoming her nervousness Valedictorian, Kathy Smith addresses the class. One of her many accomplishments was her attendance at Governor's School for the Gifted.

Then The Rains Came

All eyes were turned skyward on June 1, 1984 as seniors and their relatives and friends entered the stadium for the final graduation exercises. Rain had been predicted and the ominous dark clouds were evidence that the prediction was coming true.

The program went on as scheduled with music provided by the Symphonic Band under the direction of Mr. Richard Dill. Guest speaker was Mr. James McKenzie, Assistant Director of the FBI.

The class of 1984 will be remembered for having the highest SAT scores in Prince William County. They were also among the highest in the Northern Virginia area. Five valedictorian awards were presented to: Caroline Alseff, Cynthia Babb, Lisa Cosgrove, Lisa Schwartz, and Kathryn Smith.

Although moisture heavy clouds could no longer contain themselves and the rains came just as the final diplomas were being received the spirit of graduation remained undaunted.

In addition to her academic achievements, Lisa Cosgrove also represented Potomac in the all County and Regional Choirs.

Platform guests from left: Mr. James McKenzie, Assistant Director FBI; Mrs. Mawreen Caddigan, School Board Representative - Dumfries District; Mr. Robert Ferrebee, Principal; Mr. Gerald Cleary, Chairman - Prince William County School Board; and Mr. Joseph Padgett, Administrative Assistant Prince William County School await the arrival of the graduates.

A Proud Moment

The moment has arrived. The graduates rise to begin the walk to the stage and receive their diplomas.

Battling the wind graduates make their way to the stadium for the ceremony. The rain held off until the final diplomas were being presented.

Practice + Persistence =

Practicing to achieve perfection whether for a recital, a tennis match, or a Powder Puff Game can teach us the need for patient persistance when we encounter future difficult situations no matter how large or how small.

The junior girls reaped the benefits of two weeks of hard prctice that ended in their victory over the senior girls in the Powder Puff by a score of 13-6. They learned the meaning of good sportsmanship (or should I say good sportswomanship?).

The girls were coached by members of the varsity football team and were cheered on by junior and senior guys who were bold or brave enough to volunteer. After an overtime victory the junior girls decided it was worth all the hard practice.

Showing their strength and power Junior girls dominated the Seniors in Powder Puff football.

Powder Puff football means powder puff cheerleaders all played by seniors: Scott Keyawa, Scott McKenzie, Paul Tiede, David Goodrich and Robbie Semper.

Receiving first aid on the sidelines Katheleen Grafmuller and Tina Evans are aided by Varsity football player coach Sean Rice.

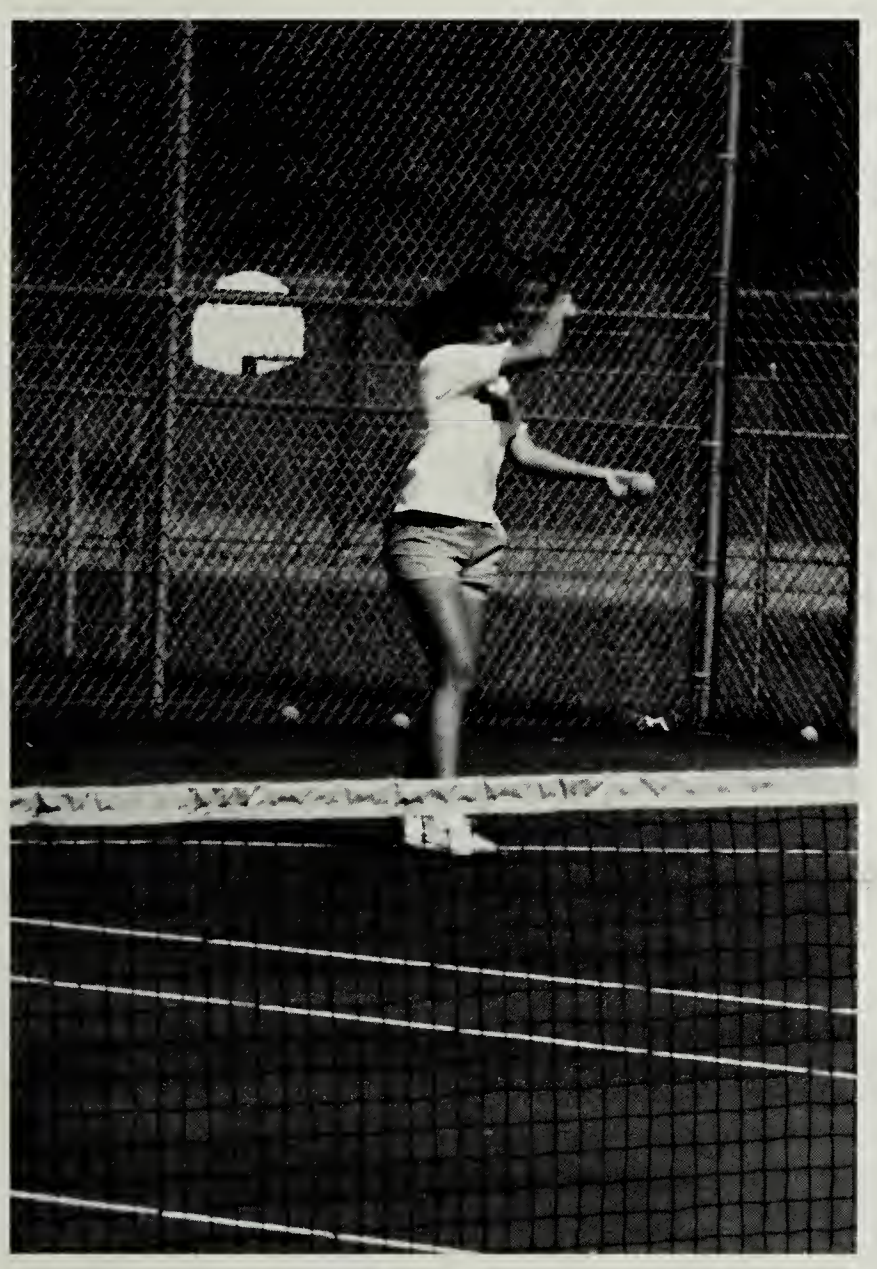
Going for the tackle and touchdown Junior girls show once again what they are made of.

Perfection = Pride

Dedication and hard work make Potomac athletes strong. A member of the track team stretches out in solitude before an afternoon practice.

Our award winning Pantherettes Drill Team practices daily, after school, for precision during football halftime dance routines.

The flags squad practices many long hard hours after school to perfect their maneuvers for their halftime performances during footbll season.



Teri King, a junior, works on her serve during tennis practice. The girl's tennis team demonstrated that practice makes perfect with a terrific season record.

Preparing for a performance requires hours of practice as shown by Cliff Meadows.

We Are The Few, The Proud, The . . .

Seniors

The *CLASS* Starts Here

The two chosen to represent PSHS by bearing the title **Mr. and Ms. Potomac** were Mike Berry and Kelly Johnson.

This is where the Senior Class starts, with the "*bests* and *mosts*" a tradition set by the Class of '83. Each of the American Studies II classes were given twelve categories in which they had to nominate fellow class members whom they thought deserved to win a certain title. These names were compiled onto a ballot and sent out once more, and students then voted again individually. These are the seniors who were voted by their classmates to stand out among the rest. They *proudly* represent the Class of 1985.

Always jumping with enthusiasm were Todd Jenkins and Mandy Gaddy, the **Most School Spirited.**

The equation for a successful future is Michele Olio plus Scott Dadson, PSHS's **Most Likely to Succeed.**

You'd never find James Miller or Shellie Stennick wearing clothes out of date for they were named this year's **Most Stylish.**

Watch out Joe Theismann and Mary Lou Retton, here comes Potomac's **Most Athletic** Mark Vowell and Kim Feltault.

Gina Bolk and Mike Berry certainly didn't miss out on their beauty sleep. They were voted the **Best Looking** Seniors.

Easy to get along with and easy to like were the **Most Friendly** Seniors Kelly Johnson and Todd Jenkins.

Although you actually would not find Sharon Arcaro and Mike Glynn hiding behind plants, they were voted **Most Bashful.**

If one needed someone to call on for a good laugh, they could dial Christine Wolter or Pete Pandazides, the two **Most Humorous.**

Constantly looking like they just stepped out of the page of a Fashion magazine were the **Best Dressed** Seniors, Conrad Woo and Gina Bolk.

Having a case of the "smarts" were the **Most Intellectual,** Christine Michelini and David Katzoff.

Scott Dadson and Kelly Johnson, the Seniors with the **Best Personalities,** had respect and admiration from many PSHS students.

Memories, Memories, Memories, Memories. . .

Chris Abel: When I played football and ran track, some of the people I met and a special girl.
Jenny Abel: Shawn and Kevin, taking the drive down to the beach with Wage, taking the drive into the tree with Wage, homecoming '85 after the dance, Track senior year.
Charlotte Acker: Spending my senior year with Billiam and sharing all those times together, having 4 of the "bestest" friends ever, Kim-Kim, Katherine, Roberta, and Mia — thanks for always being there, Thanks Mom and Dad!! XOXO
Mia Alexander: Bill and Char, you two gave me alot, Niki and Becky, thanks for always proping me up when I didn't want to stand anymore. Let's not spend Christmas at the bowling alley! Shannon Sproing! Thanks to my Ken Doll, I love you!!!
Carla Allen: skipping days, fun with Lady T.
Dana Alvarez: Debbie Peterson and Algebra II. Thanks for helping me through! You're the greatest friend.
Tim Anderson: The road trip to Deep Creek and the special friends like P.B., T.N., and K.W.
Tony Anderson: Special thanks to the track team and coaches for helping me through the years. I hold the record in the 200 meter 22.8 and good luck to the break-dancing team in the future, and to Nicki Holley, Renee Burnsion and Good Luck Girls! Special thanks to Mr. Stephens and keep up the good work in track.
Sharon Arcaro: All the near misses with L.H.'s driving, D.F.'s 4th period class, tardies — I.S.S. with my walkman, explaining everything to B.Q., all the great times with D.S., but mostly the B.S. with R.F.
Rodney Arrington: The Party Beasts and all the good times, Van Halen, Camping, Going to the playoffs, The Flying Machine, Rambo, Pengo, Candyman, Whipped, the Fearless Five, Susan and all of our times together — I'll never forget them. SENIORS: "Let the Good Times Roll"
Richard Asbery: Having the "time of my life" with A.J. and S.C. goin' Down the road to PSHS, thanks for the memories.
Mike Ausley: All the times I spent with Darcy and the parties with M.W. and D.T. before they were Marines. Remember the parties on the boat? M.W. and Cowling A.A.
David Baird: My Duster, fishing with Chris, being one of the McKenzie Brothers, all the parties in Illinois, Go Fighting Illini!!! Go Wally Pete!!! Go Democrats!
Paul Bartosch: All the support I got during wrestling; they know who they are, But special thanks to Alecia and most of all to my family. I love you all very much!! X-RAY
Paige Basham: Getting locked in the closet with Kelly, summer of '82, May 11, 1984, Feb. 12, 1984, all the family get together, Va. Beach, all the good times with Shery, becoming friends with M.O., M.T., N.B., D.N., the fight with J.T., prom '84, Algebra with the Boys, the Isuzu, J.H. and J.L., Andy Dodson's party, 6-7-84, Cherry Hill, California St., Long nails, skipping, American, Sher's 18th and my 18th.
Caroline Beanes: To all my friends, never forget the "Bean", who's the best in the West, CB that's me when you're on the breaker think of me.
Mike Belcher: Crew — the best year, even if we ended up in the lake!
Diane Benevides: being an Anglo-Saxon, being deathly ill, going crazy at the Prince concert Smoot, me at McD's, all of the computer maniacs (esp. Ducie) never ending applications, missing keys at wild private parties, G.H., all the great times with C.D., R.S., D.S., and J.L. — lets not forget those wonderful prime-parts in lunch!!
Steve Bentley: all the friends and the things we did, a few teachers like Ms. Stultz, Mr. Wade and Mr. Maguire, who were all good to me, I will never forget them. Best of luck in the future!
Mike Berry: The Party Beasts, Duck Wammers, Roosters, The Garage, Great Friends, Football, "Buzz-Buzz", Ah-Cha-Da-De-Da, Blatant Scarfing, Hunting Trip, The Penguin, The Originals, Steph.
Tony Black: Bad receptions at football games with Captain E, a night on the town with Tangy I and my friend SMW
Victor Blake: watching the seniors finally pull together; their paths will blaze through eternities!
Davis Boggess: I'll miss all the teachers
Gina Bolk: Roosting at Jamie's, All-nighters with Linda and Kathleen, Homecoming and the Inaugural Ball
Darlene Boulden: getting out of school and getting married!
Jenny Boyd: R.L. — I'm still after you, the library 5th period, the "lunch club", having R.O. Scream at me, Sheri — I-95 and Blankets — thanks for everything — I love you all — look out WVA — here I come!
Stephanie Boyd: Regional wrestling 1984 and out on the balcony, The Awesome Foursome, NO! Field day and the bathroom, Homecoming 1985, and CMS BM, cheering with K.J., C^2, T.L. and S.M. in H.R., special times with C.M., M.O., K.T. and M.B.
Duane Brawner: I was just glad to get to the 12th grade!
Kim Briggs: Amy, Nick and Ang, breakfast at Roy's, Punchie, Front Royal, Tickets in "ZOOOM", my "silver surfer", CIAO BABY! PONCHO
Kim Britt: special times spent with David, long talks with Amy, Jeannene my problem solver, Massenetta, Weslyn, marching band trips, Mandy watch those Kings, wet volley ball games, chocolate mousse and prom.
Bill Brown: all my friends, too many to name, and the very special and most important person in my life (C.A.)
Burton Browning: the lunch gang, them-boize at work and Sheila who helped me to get through the year.
Dan Bruinsma: Spending the day at UVA with the whole Potomac cross country team and almost beating K.Y. at Stafford.
Sharron Bryan: Tammy and Debbie quick!!close the bat-cave door. Christmas in the basement, New Year's Eve, Debbie's birthday, lunch at the Round Table and Pilot House parking lots. A good time was had by all.
Suzette Buchannan: I finally made it!!
Deborah Buckner: the good times I had in D.E.C.A. Ms. Cahall, you're a great teacher, Algebra II, I'll never forget. Two long years of not understanding what was going on. Twice is enough!
Christina Buggé: I, Christina Buggé, do hereby bequeath to Phil Buggé all the luck in the world to get through his last two years at Potomac. God knows he'll need it!
Pat Bunas: going to school, Study Hall, losing senior privileges, snow days, Spike the Dog! What an Egg! Katie Byrne Helium and glowing lifesavers with Stacey Barowhich, Sharing everything with Bobby T. . ., I love you. Parties with Toddly Woddly Woo, and all my friends, be cool. . .see ya at Va Beach!
Stephanie Berta: Volleyball???; Bojangles; Great times with all the "Wa's"; Green; Penn. Tavern: B.T. party; Drywall; Florence; "Bruce"; 4 Canadians; Ottawa, Canada, eh?; "I'll be There!"
Trip Carder: Football 9 and 10, Lotsa Partying, one true love, Michelle
Travis Carney: I don't remember the past, I only live for the future.
Tonya Cartmill: going to McDonald's after games and then cruising Woodbridge with friends
Kate Cervarich: GRADUATION! I will always remember the people and teachers of Potomac long after I'm gone.
Lori Chichka: all the good times (and some bad) with B.D. and J.S.
Mike Cobb: The king Swing, H_2O, Devo, Burnette, J.M., B.S. — both, the Sport of Physics, V.H., T.S., 9-13, 8:40, B.L., WTF, easter '84, so what are we doing? Talent show, Limulus, Jam session, NFC, Chi-Chi's and a movie, Butch S., D.C. residents, Georgetown, English project
B Cole: Graduating! starting life on my own.
Paul Colletti: Good and bad times in wrestling. Good time in ATT with Pat and Everyone and dreams of graduation.
David Comerford: Anticipating Va. Beach only to spend the week after graduation with the person who means the most to me.
Lori Conatser: Vic, Les, and Nae — you guys are the best friends anyone could ever ask for. To all "Wa's" — G.T. and G.M. Do we still like volleyball? Yeah, we Do! Viewa — the mall, Sat. nights, Prince, aren't you here every weekend? Thanks for always being there. You'll always be my best friend. Love Lorwa
Sean Connolly: The best remembered time was when we went to state for Cross Country. Even though we finished ninth, we all had a great time.
Debbie Cornwell: making it through all 4 years of this school without quitting first!
Cathy Cousins: I will never forget my high school years and all the crazy and dumb things I did. I made a lot of close friends that I hope I will keep forever.
Sheri Cox: David, Louis, Mark. growing up with my old friends, making new ones. 5:00 in the morning at slumber parties, getting the gang lost in Springfield, McDonalds after games, crazy lunch tables and the library **in the morning.**
Shawn Coyle: Jay you drive and I'll navigate. Me, M.H., D.M., and J.F., on the 10th hole, scaring Jay H. to death when my pedal stuck to the floor, All my friends, cruising the GPz, and most of all, loving Mel
Mike Creegan: my good friends and teachers who made these 4 years the best in my life
Cindy Cunniff: "Hey babe, take a walk on the wild side": Art, stay the way you are USDA prime; Venus will get you Chris; M.K. and T.E., nobody bodda's me!; I used to like volleyball, I think I still do. — Good luck in life to all the Wa's, live Cindwa
Scott Dadson: To all my friends who stood by my side and helped me grow; K.C., Brent, Ducie, Douglas, T.J. Aaron, Magnum, Chris, Lisa, Pat, Dale, John, Dawn, Cathy, Shellie, Cat Oly, Mandy, Rosie, Ricky, Dougie M., Bill, Dave, Kelly, Thanks to all for some of the best years of my life.
Ken Daniels: Graduation June 14, 1985 — going to McDonald's for lunch. Falling in love with Donna H. and all the good times we had and the ones that are to come forever! "Hardee's Party"
Haynes Davis: The threesome that took on the photography club in a watergun battle and finally had to surrender to a overpowering force. The battle was lost, but the names live on!
Louis Dean: Lazy summer picnics on the mall, crazy football fans and weird women at parties. Strict parents and ways to get around them. Cradle robbing, and gorgeous blondes. Squeaky and fuzzy, beauty queens and captains, the OMC!
Tasianna Delaney: My best memories go to my boyfriend, Douggie Woods. And I wish all the upcoming seniors more privileges. And good luck to my sister, Regina Delaney, on her two last years at Potomac High School.
Kathleen Delmore: Party on L.M., K.W., D.L., J.P., K.H., K.E., and G.B. Thanks for all the crazy times. Remember the parties, the summer and all those crazy times. We've had a blast! Keep parti-n' and keep it n-thmix! D.C. — you've made my senior year complete and I'll love you forever! All our dreams will come true! Party on Brew Dawgs!
Noel Dickover: My best memories from school include getting a perfect score at orchestra festival. Serving in clubs, and SCA; and that magical day that comes only once a year, June 9th, the last and best day of school.
Todd Dill: Making tapes at music camp and watching Mrs. Pak, and Mr. Kite go INSANE!!!
David Dorton: Weeble and Tootles — summer nights. BTVW — Homecomings — PROM — Va. Beach — EDWYKB — Someday!!!
Rebecca Douglas: Mexican fruitcake, McDee's shut the door!!! and friends.
Mike Doyle: All kinds of stuff with Kim Feltault. Dale City Shell with Dave MacIver.
Paul Dulaney: My first date with Lisa Bolk. That was 14 months ago and we are still together! It was great!!! She's great!!!
Steve Dunlap: Partyin' with Guido and W.H.S.; the Peebles gang; lifeguarding at Vet's; driving the Bat-mobile; brewski; mom's kitchen knife; and the "Wrath of Munnell."
Cathy Dutton: All the fun times with Kataru (Best Friends), Paula, Diane, Frank, Willy and all the other Dale City guys. I've never partied so much as in the 2nd semester of my senior year! Let's keep in touch so we can beat the system some more! Of course, I'll never forget the best 4 nights of my entire life — August 25, 26, 28, 29 — thanks Bruce!!!
Tim East : Flying upside down in a Mustang, the candy store, Brew Crew, Getting roosted, easy classes, Montclair security, and Montclair beaches.
Tina Evans: All the fun times with my friends, spending my junior and senior year with Doug, and all the great times I spent with Michelle in G-town, and high school.
Alecia Ferguson: Late morning rush to school and Sandi's "Jitterbug"; Spanish II and Mrs. D; Al-mar; The Crash; "Making weight", and Paul, the best friend a person could have
Matt Fetherolf: The only memory I will have when I graduate will be the time I spent with the only girl I ever loved — Julie Pierson. Without her, my senior year would have been dull, but she made it the best!!!
Norman Fertsch: Going four wheeling before school and coming back all muddy and letting the mud drip off in the parking lot.
Rhonda Finley: Missy, Betty, Lisa, Carmen! Remember the mornings on the way to school, Mark Via, Frank Hess, 38 special, the rat, Camaro, Party, Lisa want to go swimming? Missy Kenny funk: Carmen, Springfield: Betty, my room is spinning!
Kelly Fisher: All the great times with Trac, the beach, B-Ball, and V-Ball camps, cruzing in the "Thing", Partying, munching out, all the times your parents went away. Rick, the V-Club, Mr. Prifti, and all the many hours spent with sports.
Bill Fiske: Spiderman at the Beach; all the fun times at the Track meets; all the partying that took place around the Virginia area.
Rency Forehand: Susan Vowell — "I dun ne this athetha!!" Meg, and Nicole, and the Party — Bug. Cheers!!! The best wrestler ever, Vanessa, and Adina — "I love the world!" and "Back off uh huh, no way . . .!" Best friends, Bruce, and Scott, and Travis. "Hi! my name is Chubby!" Connie, my best friend for four years, and only half of them a fight! Neverending summer anticipation!!!
Julie Fowler: M.O., M.L., S.L., J.M., C.M., S.B., C.W., the best friends in the world, the camping trip with M.L., the Olio house, D.M. who made the past two years of my life sooo fun, M.L. at the mall, FBITS parties at J.T., my "new" friends.
Tom Frasier: The women, the cruising, and the parties. They were great!! If it wasn't for my friends and Schaeffer, I would have never made it through. Get O.T.H. freshman.
Shelbe Freeman: My best memory is being an aid for Mr. J. Qualls. I will never forget him because he is my best friend. And being around all of my friends in Mr. Maccoart's class. It has been the Best four years in high school! Class of '85 is the BEST!
Chris Fullerton: Nothing can remove my memories of a certain spring afternoon with a bottle of champagne, the Temptations, and reruns of "Heckle and Jeckle", Ford Fairmonts never die, they just get in auto accidents!!!
Mandy Gaddy: Chocolate Mousse hunt on prom night, Kimmy bear, birthday celebrations, four year secret love, Spotsy Mall with Kelly, #8 (picnics and the real deal), cheerleading camp (all four years), all my b-ball players, Traveling in my tonka-toy.
Michelle George: Rhonda, Lisa, Betty, Carmen: The many ways to come to school; Everyone's house! But most of all; Shawn, the big O.C.; 4-wheel'n I love you S.G. To all the four above — ya'll are bad influences! You made me wish I was still in the 9th & 10th grade again!!!
Lisa Giglio: June 1, 1984, Brown Pinto, and the BENZ, Billy (Ily), and all the trouble with 3 D's for Buff, and I!!!
Ann Gilbert: Summer school with Smitty, J.M., and B.L. Running away from the squids with S.L. at Va Beach. Gar-Field jersey at camp. Miss Cahall — "People!!!" and all the great times with J.P. — July 10, 1983.
Mark Gilbert: Everyone got to skip senior skip day in 1985. Mrs. Haun's Accounting Class.
Lisa Gill: Mrs. Wakefields lunch time crew, Smiley, Lee's neons, Ginsy, Drama insomnia, "Archie," Computer maniac, great friends, interesting experiences, oo-yum yum/plenty!!! "Here's to the way it was, what it is, and what it shall be!!!"
Michael Glynn: I will never forget. Homecoming 1984 when M.L., J.F., C.W. and I dressed up as bumble bees; Junior-Senior Prom '84, and breakfast at K.O.'s house. Mr. Kitchen's 10 page essays; Bass's funny??? jokes, all of my friends; J.M., H.L., D.J., T.W., T.C., M.G., and the many others who made my 4 years at Potomac the BEST!!!
Michelle Goodrich: Germany, the parties with CC and Ronnie, Powder Puff football, Homcoming '84 Pianoman, New Year's '85, Bryce skiing, hot tubs with Bubbles, Choley Parties, my friends; Lynn, Marisa, Beep Beep Milbus, Peguse, Dino, He-Man, Carrie and Thomas.
Earl Gordan: Getting out of Potomac!
Lana Gordon: To all the grief my dismissal from this homebound place, I wish you all the best of luck!!!
Kathleen Grafmuller: My 18th birthday! Cathy, Kelly, and Lisa took me out for breakfast and then we got fired up!!! That was the greatest birthday I have ever had!!! Thanx alot trio!!! p.s. Cathy, thanx for the "male calendar!!!"
Audra Griffey: I'll never forget all the fun times playing volleyball. Thanks to Mrs. Parker, and Mr. Eaton. And I'll never forget all my good friends — T.M., A.E., A.G., M.C., A.K., W.H., M.R. Thanks to A.E. for helping me make it thru my senior year, and Mrs. P. for making volleyball so much fun.
Aura Griffey: Thanks Mrs. Parker for making volleyball the best. I'll never forget the two regional games that we KAed! Thanks Mr. Eaton for making my Junior and Senior years so exciting and fun. T.M., M.C., K.P., A.K., M.M., A.G., L.H., and K.O., fun being such great friends, Thanks V.M. for being so special.
Sandy Griffith: Ang: slumber parties, the mountains, prom, Pooh Bear, What a Woo! Kelly O, luv you too, Steph, Canada, eh? The "wa" gang: it's been great, the fun with Dougie, Dough Boy, quack!!!
Sheila Griggers: The greatest friends in the world, M.W., T.C., J.B., K.O., S.C. and K.C. Thanks for all the fun times. Let's always keep in touch. S.G.
Angie Hammons: Thanks to Cena, Kristie, Kim, Kevin, and "Joe." for the fun at Va. beach this summer. And the P.W. Pirates for a great time this past summer!!!
Bryan Harper: All of the friends I made and the cane we raised, but most of all my 28 day vacation!
Dana Harp: Having fun in my history classes with Shorty and everyone. Counting down the days till Graduation. And most of all, my friends, C.B., M.B., T.S., T.E., and T.G., etc. . .
Dale Harris: Soccer patches and boxing lessons from J.M., Cobb, and John — "Am I dress OK today?" Basketball with A.H., D.T., and C.C. C.M., S.B., M.O., and the "Enriched" gang. K.B.'s sympathy, and P.T.'s encouragement, Locker Graffiti.
Cary Harris: The Senior Class privileges we had: NONE!!!
Kim Harris: My Junior year with my Topher. Wild times in Kado's class with Char-Char. The "meetings" in the darkroom, "Beam me up, Scottie!" VP #1 Superior at festival (a tradition!). B.J., Pink Floyd and Mojo! Risen 4ever. (Anything to stay awake)!!! Learning philosophy from Biff Kadis!!! Am I prepared for the real world??? Beam me up, Quick!!!
Susan Harrison: My friends and good times we had. My junior year and especially spending my high school years with my closest friends: Marie, and Kelly! Remember Mike always.
Jay Harvey: The Party Beasts: D.M., S.M., R.A., J.P., M.B. Breakfast Club, Roosts in the Garage, cruising in the T.A. with Shawn, Blatant scarfing, Ha cha cha cha E.C. and C.P., It was great!
Amy Hawkins: Thanx L.L., Poof, "A" Bear, M.G., A.M.,S.B., (hot rod) and J.C., for being there. I'll never forget c^2, 25¢, and S.P. !!! Hey Jimbo, thanx for being such a good friend!!! I'll win one of our bets one of these days!!!
Tracy Herbert: all the good times with my friends, at parties, the beach last summer, at Bryce mountain and Art's 1st semester exam study group.
Brian Hildreth: Meeting T.A.G., the person I plan to spend the rest of my life with.
Kelly Hilton: My freshmen year with my brace! Thanks J.V.F. you really helped. My senior year with S.S. and K.O. at lunch — the great talks! But most of all, waiting for a year to capture my soldier, thanks for the times and talks. I'll love you always M.N., and don't you forget it! Ever! Stay real "85"
Linda Hollar: It was fun while it lasted, but I'm glad it is finally over. John — our life together is just a beginning! Shannon — next time, you drive down 234, remember our moose!!!
Valerie Howard: I'll never forget my friends and the fun we had but it had to end. Good luck to all the uprising senior. "85" is still #1. And I'll never forget my friend Joe W. who got on my nerves during the times he was there.
Laura Hudak: My "best friend" N.M., thanks for putting up with me!, memories of K.L., Radford, VCU, Pohick summer '84, Murphy's with S.A. and B.Q., Gtown, and my senior year with T.S.
Aaron Hudson: Dec. 28, 1984 and all the wonderful times after that day with my one and only love, Valla dee Simpson.
Karen Hudson: My memories of Potomac were spent with my friends J.P., L.M., C.D., C.H., and K.D. Thanks for helping me through it all. Party on class of "85".
Jay Immel: The day my 11th grade English class tested the idea of "Civil Disobedience" on Mrs. Munnell.
Jackie Jacobs: To all the 1985 Debutants "The Beautiful Ones", Thanks. It's been great and I'll never forget you. Keep reaching for the stars. The sky's the limit. A special memory to Darrell B. Bailey for being there when I needed him.
Todd Jennings: Sleeping. DO IT AGAIN. DO IT AGAIN.
Bill Jennings: Farmer Ed and his tasteless jokes.
David Jensen: Receiving the privilege of sitting next to the oh, so proper teachers pet, Aaron Hudson, in Ms. Stultz class.
David Johnson: Cheryl and prom (that was a long year), playing in flyer, meeting and surviving with N.D., K.T., and J.M., let's not forget C.D., (that was with a long summer) my friendship with Melissa.
Kelly Johnson: Tony, The Awesome Foursome, Tony, Regional wrestling — 83-84, Tony, Gymnasties 83-84, Tony, Getting locked in the Home Ec. Closet in the 9th grade with P.B., Tony, Cheering and playing mother with S.B., and most of all TONY
Michael Johnson: Zeppilin in Government and all the great times I had with my friends.
Robin Jones: hanging out, having a ball and getting in trouble with the Potomac Crew. I'll never forget all the new people I met during school. V.H. (Grandma), S.S. (Sissy), T.D. (Squeak) and the rest of the bunch.
Tizon Jones: Going to Steve's party and meeting Christine Sowala. Thanks Kelli for helping me through the bad times I had. Love Ya.
Michelle Kanche: All the times of Butter and Jelly, (inc. Sunday afternoons). To Cid (wasp): Take a walk on the Wild Side! The fountain in G-Town. The pink spoons. Going bowling at the Ross Bros! 529. Concerts. If Bruce only knew how we got to E-Street, Buff, Watch those interrums!!! P.W. Park with Spank. Nov. 16. The Wild Summer of '84, and of course, Drew.
David Katzoff: All of the different rock bands I've been in, not being allowed to play in the talent show, and finally getting together with the right people to form a good band.
Eric Keaton: Being a bump on a log in room 217, since my sophomore year.
Ardis Kendall: My best memory was being in Mr. McCourt's Am. Government class. We really had some good times.
Jewell Kendall: One for the trouble, two for the base, check me out as I leave this place. Good luck to all whom I leave in grieve!!! Juliee Bee and the 85 crew.
Bill Kirk: T.J. and L.W. in weightroom.
Kenneth Klemm: Meeting new friends and watching Tizon throwing Michael's shoe under Mrs. Maloney's desk.
Jeff Klopp: All the great friends I've made, Graduation, and the beach!!!
April Koontz: All the excellent weekends spent with my buddies! Summer of '84, Ring dance with S.M., Nags Head, Myrtle Beach with K.F., May 21, 1983, Double dates, Mashin', times with Steve Beamer, and Feltault face, I'll always love you!!!
Jeff Kreger: The 2 yrs. I've had here have been fun; Senior year, the best; the beach should top all of that, see ya there.
Paula Kroh: To all my friends: remember laughing Sam's Dice? and all the good times at the shores and also in the smoking court. Have fun! I'll see you when I'm rich!!
Catherina Kroman: My days of making trouble, partying with all my friends and bugging my teachers to the point of insanity.
Robert Krucelyak: The time I spent with my friends.
Roselie LaRock: T.L. — Remember the Parking Lot in the Morning, High's and 4th period Government class. I'll never forget this year. Keep Kool.
S. James Lauder: Va. Beach, Gettin' the maro, last summer with the group (Brent, Buff, Kev., Brian, J.C.), road trips, and getting out of school.
Robert K. LeDoux: I liked all the girls I've been with, and all the good times. Zipplin and Government and all my crazy friends.
Danny Lee: Mister McCoart's class. Finally graduating . . .
Robert Leeper: That one kiss I never got from Katie Byrne or Julie Morley.
Michelle Leonard: I love coming back to my old friends, and meeting new ones! SB's drive through the woods. MO — what a bust! Fowzy — private talks and the camp! Weenie — after homecoming! Tine — Champoins and all the great times (wait til the summer!) J.M. — Buzz and the morse code! S.L. — private talks with Fowzy about. . .that!
Ray Lepage: Wayne Gilbert giving Kevin Humphries a Virginia sit-up, the spring of '84.
Todd Lewis: Getting very abusively s'ed at JT's house. Teaching SB how to say FTS. Camping out with the Party Beasts. Stephanie Boyd alias Bugs Bunny. Bringing Domino to school. Trying to put the wamper on all of the G's. Having the best friend in the whole wide world Shawn Coyle.
Kevin Lohr: Waking up in 10th grade with the worst headache in my life, Thanks Sean Rice.
Lisa Londino: 2 great proms with JB (my QT), Bryce ski trip, and all the fun times with my buddies Bob, Poof, Alter Ego, Herbie Dog Jaw, P.S., P.J., and Honk.

Jody Long: Trying to make it to school every morning, working? in Auto Body, and hanging out in the halls.
Debbie Lough: The gathering, mice, yellow spray paint, 151, camero 350, Andy Dodson, Boogens, dragon, Twisted Sister in concert, and the best of friends a person could have: S.B., T.V., K.D., P.A., J.W., P.M., J.L., R.W.
Cindy Loveland: My most outstanding high school memory was being the D.I. of the drill team. These years have bee something to remember along with the good friends and good times.
Susan Luedtke (Lulu): talks at McD's, coolers at Stu's, Stace's tape, SJGS, rings of friendship, beach '85, the girl's night out, the best of Milwaukee at Jeff's, LHL, all the crazy but special times with Julie Woo, mashin', September 15, 1984 and RAA.
James Lupo: Summer of '84, Baseball, my Mustang, Whitelake with S.B., fishing in Maryland.
Chris Lyons: Going fishi g with Fig.
David MacIver: Duck wampering, Highland County hunting, Playoffs '84, car crashes, fighting, Rodney's-Queen's-Haimer's parties, Basketball, concerts, organized partying — seeing everyone lose control at least once. Original woods boys — and the rest will not be forgotten. Julie, 18th present, Fall '87.
Jim Maclean: Dale choking me in Physics. J.W. Being caught after his big party.
Janice Maddox: To my friends keep in touch and always remember the good times. Chris and Tracy remember the time we went to lunch. Mrs. Frizzle's 7th period class (9th grade) class of "85" has been great.
Christine Malloy: Honors Choir and All-Virginia Chorus in 12th grade, the friends who stood by me and my wonderful Senior year with Eddie.
Lenny Mandrgoc: Mrs. Pol's lectures, Mrs. Feret's class, and playing on the golf team which won the first Regional golf title.
Jennifer Marshall: All the great people I've met during my 4 years here. They made some of those unbearable classes — bearable. Thanks!
Spacen Mason: When we had pigs' feet for lunch.
Shannon Matherly: Graduation parties last year; All the good times in 12th Grade English with Kim, Michelle, Susan, and John. Going to a certain Summer Party — Hey Mia! Spring!! Linda — Do you remember the moose? Having Marie and Kim and Michelle as my good friends this year!!
Keith Mayfield: In the past four years, certain people made fun of the things I like (science fiction and the realism behind it). Remember we are part of a special breed. We look ahead to the good future not complete destruction and to my friends in initials: B.B., L.W., R.W., E.A., A.N.
Linda Maziekus: All the crazy times with my closest friends, Kathleen D., Julie P., Gina B., Remember, Va. Beach of 84, Van Halen, Kings Dominion, Maguire's class, La Machine (K.E.) Ha Ha! East up Buddy! Party'n every weekend. N.O.S. tank. WaWaWa! HaHa! Also, all the great times with my boyfriend Ricky!
Marie A. McDonald: I want to thank all my friends for making my 4 years at Potomac the greatest! I wish the underclassmen luck and as much happiness as I have found with Donald, whom I love. I hope everyone will keep in touch! The Class of '85 is S.W.A.K.
Tracy McGinnis: KA, crowded hallways, Yeah we are, BTSOOF, fighting chairs, crazy teachers, etc. I will never forget all the great times I had with all of my friends.
Cliff Meadows: My favorite memory is of the meetings of the now defunct Overhanded Bowlers' Society after school. As for in school, I'm just a visitor here.
Lynda Mersing: My best friend, Occoquan, West Virginia, and all the rest of the stupid things we've done! If it hadn't been for Cindy, I'd still be a quiet, decent person!
Christine Michelini (Gumby): Regional Wrestling 1984 — the balcony, Four Wheelin', FD and the BR, Powderpuff Football, Lake Ridge McDonalds, HC and my BP, and all the great times with my best friends, KH, MO, and SB.
Robin Mickett: Mostly my beloved "pussycat" and all of the excellent times shared with him. Hop, skip, jump, enjoy life. Lynn, get 'em! Only until forever. . .
Art Milbert (Milbus): SKI TRIP and 23 cheerleaders, Grade A meat, Honk! Honk!, Parking lot parties, cooler parties, exam party, parties in general, gossiping lunch table, quarters in lunch, stood up dates, scoreboard in Physics, New Year's Eve, Ping Pong the hard way, party hat, sobering snow, ICE Test, Surprise Bed Bugs with ears, Secret Sock, I.H.B., I.T.L.P., Poof, Linguini, a bear, lil ames, dogjaw, L.A., P.J., P.S., and especially my best friend Ronnie.
James "Ducie" Miller II: Toga parties, the Roman Bath, Comfort Inn, Secret Senior Meeting, my party buds and budettes, Scott's and Pearsall's nagging and Barney consistency.
Sean Miller: Being in Wonderful Town right after moving to Virginia. Being in Regional Chorus.
Douglas Michael Misenko: Meeting the "law" in Prince William Forest Park, Christmas 1984, Victory Party July 18, 1984, playing hoops, and times spent with the witch.
Jewell Mitchell: Going to the Football games with Greg and Terri and all the fun times after the games! Terri I will always remember the time at McDonalds. "Watch out for the truck!" Class of "85" has been a great class! to all of the underclassmen: Make your senior year your best!
Scott Moberly: When I was with the Roosevelt band in San Antonio, we traveled to California for a band contest. We spent some time in San Fransicsco and then swept the awards at the marching contest. After that, we put on a parade in Disneyland playing our award winning "West Side Story."
Scott Molinary: The Party Beasts, Algebra II, Penguinicity, Junlie, April, Mike D., and everybody that I maybe forgot. And thanks a lot Michele for making all of it worthwhile.
Rick Muran: The best memories I have of high school are graduation and my friends (A.M.)
Julie Morley (Woo): Partying at Stu's; The Girls' Night out, the times we just didn't quite make it to school; mashin'; when M.O. got "paralyzed"; D.N.; and all the special and crazy time with Lulu!
Elizabeth Morris: My fondest memory in high school is Scott Kujawa. I will love him always and forever.
Carrie Moss: My 3 doubles partners, beating Gar-Field in Tennis, Being on the All-District Singles and Doubles Team, Myrtle Beach — 1984, New Years Eve — 1985, and all of the special friends I've made here at Potomac; Sandy (Piglet), Kricket, Kim, Cheryl, Regina, and Michelle.
Pamela Jean Murphy: Thanks mom for all your love and support. I really made it!!! To my best friend, which is my future husband, I love you today, but not as much as tomorrow. I love you Terry!!
Tony Nattania: KELLY I LOVE YOU — WILL YOU MARRY ME?!!
Authur Newman: Graduation and all the teacher's who helped me achieve my goal. This is my memory. P.S. I also want to say that the biggest memory of all is all of my friends that I met and love.
Kathy Nicely: Mr. D and the standing ovation; 11th grade lunch with S.R., S.D., and MGSMEG. Trip to Alexandria with the party man, and PLF. TR7, and "Gunslinger," My favorites. A saturday night on 25th street. Traffic: M.M., J.L., K.N., "Let's find 95." O club lives on: T.N., V.O., P.P., M.B., and Mom.
Lisa Nicolosi: C.C. and K.M. at McDonald's, driving all night, parties, our Id's, stupid jokes that we'd laugh for hours about, and all our times with "the gang." Those were the best. Sorry K.G., couldn't always be there.
Mark Novitsky: Look ma, I made it! Kelly, you're my everything, you're too young for puzzles if you cry over missing pieces! O wee Owee O, Ramming speed! Where's my knife?
Megan O'Brien: Nicole and the girls. The boys and all the partying; "Andy's," a year with O.M., J.C. roadtrips; California street; "21", It's been great-Meggy-poo.
Kelly O'Connor: Meeting all those fun people!!! The trip to Michigan with Rug, "spaz", and Amos, Thanks Miss Barnhart! The ec. meet my Jr. yr. at Wm. and Mary INV., "way to go guys!" Mrs. Shipman — thanks for everything; The great times I spent with A.L., and Sandy Babe — I'll always love ya!!
Michele Olio: Aws foursome, HCINCMBS, Field Day, CWVAN, SB teeth driving, JF KIT/EX, 10 most wanted, DOE, Trip, NYE, Featherstone Bath with JM, "Buzz", GT and the pole, Mont. Days, CBA, Road Trip to Fredericksburg, RA:'s with ASM, and all the other special times shared with the "Gang".
Robby O'Neill: being a part of the best-couple-that-was-never-a-couple. Ane Heidi, Kris, Mike, Rachail, Stacy, Randy, Val, Tamara, and all the buddies. Barefoot in the Park.
Mike Oravec: Tomatoes in books. . .cupcakes in desks. . .silence in the absence of noise. . .and everything else I may have forgotten.
Kim Overton: Junior year at the Woodbridge-Potomac Basketball game — The Chase. Senior year in Advanced Biology with M.W., J.M., and B.B. Thanks M.W., J.B., T.C., S.G., and S.C. for the wonderful years in high school. I'm going to miss you all!!
Brenda Owens: The fun we had in DPII with D.L., S.M., and FISH FACE!!! Fun with S.B., M.R., S.R., in government. In lunch with Tess, Cathy, Silverstrand. Hey Tess, remember Rachael and those things, That was fun!!!
Vicky Owles: Lori, Renee, and Leslie thanks for all the great times! Remember the Summer of '83, the beach, and the guys! Attention all "Wa's" — G.T. was too much fun! Lorwa-mall trips, Prince, G.T., G.M., partying — Thanx, Love Vickwa.
Teresa Pague: Going to the Junior prom with Ernest. All the funny moments in my 4th pd. class, and most of all — GRADUATION!
Pete Pandazides: "P.J. — Stubby — Panda — Kadgo — Capt. Purple" Football practicae, putting equipment away with Prifty. God Bless You, Purple power, psyche, Powder Puff coach and class clown. Roxanne-Roxanne, A special person K.C. Jenkins class during lunch. My "Buddies" J.F., "Ree", L.T., A.H., K.B., Tracy "Puff", Melinda A, L.R., A.H., J.W., A.B., M.B., H.H., M.B., J.A., L.H., Tina, My wreck with Danny S., my 2 TD's this year. Petersburg's Game Winner.
Kevin Parker: The ninth grade bust! Conan's 10,000 dollar operation! My fight with Face's car! Playing soccer!
Julie Patton: Potomac will always be a great time to remember. Special thanks to Linda, Karen, Kathleen, Donnie, and Timmy you all are the greatest! Party on and remember, "Life's a Beach." Look out Va. Beach, we're coming — the class of 85'.
John "Rambo" Payton: The Party Beasts. All the hunting trips and weekend adventures. Czonk's driving skills. Penquin's luck. Whipped Mcl. Candyman's girl? Angie.
Angie Peguese: Bryce Mountain with "the Gang"! Milbus, Tracy, Lisa (Linguini), Amy (Hawkwoman). Michelle, Jimbo, and Steve; Parties and Football games; All my other friends — it's been fun, can hardly wait for VA. BEACH; Sat. Nite get-togethers.
Debbie Petersen: Accounting class 5th period with Blanche. My government book can stay with Mrs. Polk, same as Mrs. Roach's algebra II book. It's been great meeting Dana and becoming good friends. Here's to the gang at lunch. Maybe some day we can all get together.
Jennie Pieski: 4 interesting yrs. at PSHS. Special friends like Lizard and Dingbat. Sliding to school in the morning. But most important of all 4 years with John and many more. Love ya! It was fun. It was real but wasn't real fun.
Karen Piwowarski: S.B.'s over the summer; M.O.'s house with M.L., J.F., R.F., and L.H.; R.J.'s room with M.O.B.; roadtrips; California; Bruce Springsteen; S.M.; slush puppies; New Year's Eve; A.D.'s bust with M.O.B.; J.T.'s Party; Ocean City
Beth Poland: The most memorable thing of my senior year, (actually, it was my junior year) was meeting Jimmy. He's the tops! Also, gov't with Robby and Cindy is something I'll never forget. Believe me, I've tried!
Jennifer Pollack: Pink Floyd, Mr. Plumsky, the Smut Room with B, R, and M, Monday afternoons and ho-ho's, But mostly the trip I had at the L.S.D.T.
Matt Pope: S.R. and all the fun we had.
Jeff Porter: Pitching against the Naval Academy, the Baseball Team, Mike H., Wayne G., parties, Rodge, Hump's Virginia sit-up,, Graduation.
Douglas L. Potvin: The Day I Graduate From Potomac Senior High School. My times with L.L. all which were good.
Steven "Guinea" Pregenzet: Friday night after N.S. Football game.
Kimberly Pullen: Remembering all the good times in my classes with Shannon M. She made them all complete. Kevin E. made my Senior year just great, it wouldn't have been the same without him.
Bridgette Samone Purvis: To all underclassmen: "A little advise from me to you, have pride, go in stride, people won't notice you if you hide."
Tony Qualls: "Mohummad can't stop it": It has been a good four years going here. Don't forget the man of the 80's, Tony Qualls.
Beatrice Quintavalli: Doing videos in German. Going to Murphy's with Sharon and Laura. Visiting Longwood and VMI with Stephanie.
David Queen: J.T.'s Garage, Staci Crawford on tape, MacIver's house lunch shifts, Roosting "85", Girls in lunch shift B, Berry Buzz. Ha Cha Cha Cha!
Bonnie J. M. Reed: Me and Greg and every 25th (most and best memories), my car (God bless the week I had it). I agree Kim, but let's not forget Jim (Mr. MoJo Risin), BP warping my innocent mind (A moment of the beach! (Another moment of silence Please! Thanx)
Yolanda Reynolds: Being that I enjoy taking and being in pictures, my memory falls back to having my picture taken in the halls, finally, Since I desired to see not just one picture of mine in one spot of the yearbook.
Sean Rice: Spending time with 3.B. (1, 4, 3), Not remembering bone, Mike, Wag, Bogens, 19, conviets (oohh!), getting caught — always the big car deal!!! Kevin's own bucket.
Ira Richardson: Putting the "Motley Crue" tape of "Shout at the "Devil" into the film strip projector in Mr. Maguire's 11th grade English class. K.D., L.M., J.L., S.R., K.E., I.R., L.C., K.S., D.G.
Sallee Richardson: Special thanks to all who helped make growing up fun, MEOW!! L.L. (my sis) — Xmas week, Va. Beach and a waterproof (?) tent and especially M.P. who shared half of his high school years with me.
Zina Riggs: I have the memory of my good friends. The times we all spent together. I remember the Friday and Saturday nights, when we went out. The things we did. We all had a great year together.
David Rodriguez: My senior memories are just the partying with my friends, K.T., M.J., J.M., J.B., J.J., C.M.
David Ross: The missions with the Z team and the Night Rangers, our radiele administrator breakfast with Prifti and all the other destructive things I did.
Mylene Rowe: All the good times in b-ball and v-ball, winning Regionals in v-ball. All the long talks with Kim and Kelly. ChiChis with the team. The great times in Prifti's class (will we finish?) Being part of the triplet with Audra and Tracy, and meeting my honey, Sean.
Christy Rowen: Crazy times with all my friends (Especially with N.O. and E.D.). The most special memory is the very special friend I made in January '85.
Sean Ruf: That week I spent in Nagshead with Scott, Tim, Ray, Dan, Kanis, Cathy, Julie, Mary and especially Cindy. Plus all the great times at G-town.
Mike Rule: Watching Tony Qualls run into the fence at Rippon Lodge.
Tammy Rutkoskie: Volleyballs on the loose in 9th grade gym class — "what it is" by Porky — mad libs about redheads — Guido's class — Goodwyn's "Lennon sisters" — and if you have any problems tell Jomama.
Thomas Saemann: Those long boring B. Ball practices and jokes passed between me and Todd. The girls I went out with along with the exciting times we had. Especially the time I spent so well with J.M. when I got home at 2 a.m.
Duane Sampson: All the friends I made at this school. The "Benchies" and all the rest. I will always love all of you.
David Shive: Lisa N. (O.P.); All the weekends and the days I forgot to come to school with Bill F.; the terrible foursome with Tom F. and friends. The Prince concert — joke.
Scott Simpson: All those conversations with my friends in lunch, and in homeroom. The Golf team and the weekends.
Betty Ann Sines: Being with friends — Treble Choir 9th and 11th grade, freshman volleyball, National Honor Society, member of the Society of Distinguished American High School student.
Danny Stanley: Pete P. and all my friends. Swettie and Snuggels, riding around with peteie and goofin of at odd hours of the night, and Terri J.
Adam Stapor: The years with Uncle Billy, Frankie Lash's great escape, and Mr. Prifti's drafting class.
Shellie Ann Stenniek: VCU; TAJ; 3 minutes late to Munnell; finding dates for K.J. and K.H., 9:30; Frugal work; Stang cruizin'; drawin' Mr. Bill in Espanol; tractor man; yearbook pains; thrift shoppin'; puke magnums; and Chesapeake/Pizza Hut.
Robert Sterbutzel: I'd like to say that I spent four years coming and going down that four year trail. I have appreciated what my teachers and fellow students have done for me in those years of success. And I'd like to add it's "party time." For all those underclassmen, I wish the best and nothing but the best.
Ray Storey: Arguments, Ice cubes, F.U.P., No fun, McCoart's class.
Tony Scallan (S.M.F.): F.U.P. in school, the candy store, Tina, the swimming pool, Mr. Jett's class with all the F.U.P.'s in there. I can't remember everything. (S.M.F.) and teasing Ms. Butterworth.
Traci Schrack: The last two weeks in June, the weekends and the many great times. All of our plans and dreams, and all the problems. J.M. (D.S.), T.H. (F.T.), S.W. (Red), A.P. (Poof), A.B. (my twin)
Deborah Scott: The great times we had on the Varsity Softball team. The times R.V., E.D., and D.S., had to say about our English class last year.
Karen Shetley: Going to Gar-Field for cosmetology and all the trips to Mickey D's on the way back. And the weekends with Gina, Keith, and Randy. My wonderful government teacher Mr. McCoart.
Jackie Sinkoski: I have really enjoyed my 4 years at Potomac. I've made a lot of friends and I will miss several of them. I have enjoyed all of my classes this year. I will miss several of my teachers, especially Mr. McCoart, Mrs. Holcombe and Mrs. Fleming.
Eric Smith: Going to Stafford getting stuck in ditches. All the nights with J.O. Missing half of school at B.R. in my Mustang. All the great times with S.P. and wondering who drove me and Sean home on Friday night.
Leslie Smith: Renee — the best friend anyone could ask for, weekends in G-town with Vicky, Scott — he was always there for me, and all the partying I did with Lori and Julie (what a week!).
Tom Smith: The jokes, the summer, the empties, and the good times shared with Minnievillle Dukers. (Not to mention BRH's first trip down the mountain.)
Angela Spooner: Making it to the 12th grade, having a good time with my friends and making the teachers crazy. Meeting Mr. right.
Tracie "Shorty" Sweeney: The special times I spent with Danny (October 17th) I'm gonna miss all my friends and teachers like "Guido".
Chris Szenas: Jan. 4th, 1985 with Teela, why? But I don't know why? The part of school that I want to remember is the part out of school. To teachers and other school staff: there is life during high school, so why do you think that there is only 8 hours in one day, there are 24 (and we use them all)!! Don't We?
Dee Tainter: Rooster, M.B.'s blatant scarfing, the duck, summer school and the Mr. Ed Gang.
Mildred Thames: The long and hard days of practice for indoor and outdoor track, and seeing the smiling faces of my fellow teammates. Most of all, the excitement of finally winning a medal in track.
Brannen Taylor: It was fun; Glad I'm done!
Michelle Theriault: Partying with Megan, Sherry, Paige, and Nicole. McGregor's, Andre's, Fergee's, the mountain, and most important all the great times with Milton.
Kimberly Thomas: My best memory was when I met Mr. McCoart and Mr. Bengier who changed my senior year around for me. Thank you Mr. McCoart and Mr. Bengier for making my last year, my best year.
Ernie Terrazas: J.T.'s and C.C.'s party, the best, looking forward to graduation, and the beach.
Jeanna Tillman: Living with Paige, one-way streets in D.C., the beach at 59 degrees, and Richmond — my flowers, what did we yell? Going sailing at camp. Routines at 3 in the morning, walking through the screen door, Summer of '83, picnics in P.W. park, Homecoming '83. Graduation of '83 and D.N.'s party, Christine is not the level headed one! and my buddy Ern.
David Toumollaix: I am glad it is over, but I wish I would have been able to go here for all of high school years, good luck to those under.
James Trent: The Breakfast Club, hunting trip, the party beasts: M.B., D.Q., R.A., D.M., J.H., Football '85, the green monster, Rooster, Duck wamping.
Joanne Triano: CC III and all the past and future love and good times we'll have together MT for always listening and understanding TB, SW, JVF, ET, for helping me along the road.
Dale Triplett: Going to D.C. on a week day. Getting inflicted with M.D. 20/20, Brian, David, and the three chambered green machine. My little Brown T. In the lunch room with Sean and Paul. He!He! That darn Swamp! But the Grey Buret can go through anything. B.J. Macay. Thanks for all the good times guys.
Dennis Tucker: Hey Mike, and Mike remember the good times last summer.. Let's continue the good times until Mike has to go. HADICT
Kim Turner: My favorite memories will be that of graduation and every single day since King's D. that I spent with Jim and the rest of my friends.
Tammy Valentine: Phil Anderson and all our love and good times. The concerts, the Gathering Place, the bat cave, the tardies to first period, the lunch, the 20 days?, and all the other good times with S.B. and D. L.
Pam VanStaden: All my friends, and the good and bad we helped each other through.
Donald Vaughan: SAB, GRY, and GMH in that order and you'll certainly be appreciated.
Tina Viehmeyer: Having Ms. Cahall to start the day. You've really done alot for me. I wish that I'd met you sooner. Tony, we've been together for a long time and I love you more each day. Thanks for being there when I needed you. Love always T. Bobby Vitek: Going out with M.G., K.W., and K.J. The float with the flapper, the trip home from Boys' State; thanks K.W., D.M. and B.F. My trip to Florida and THE BEACH!!!
Renee Voegtly: My time spent at VA beach at rese convention in '83. The following people have gotten me through, thanks — Ellen David (Ed), Chris Rowen (Mouse), Joe Gerace, Jon Eads, Mary Voegtly (sis) and Charlotte — also thank you D-TRS and you Grandma, Love ya all Mop top.
Mark Vowell: November 10, 1982.
Harry Vredenburg: Live today, forget tomorrow, I have no memory.
Karen Waggoner: I'll never forget all of the times I've been N-THMIX, they were the best. Thanks to K.D. you're the best, I'll never forget Leesburgh, the all nighters and Melvin's Hoodle Parlor, and all of the times to come, "How about that Toaster oven?" K.B. "Let's go to Occaquan one more time" Ovid, I'm so glad I found you, I love you more everyday. To J.L. for making me see there are more important things in life than you.
Renee Warner: Les — a forever friend whose always been there for me; summer of '83; Touchdown; 6-pack; J.L. and weekends with the best friends ever (Vicky, Lori, Les and Julie)!
John B. Willis: Faster weekend (BL), Limulus, Foosball, Singin', 4:15 a.m., DEVO, VH, TS. DIO, Scorps, H_2O (SHH!), SARGE, PX, Indoor (Bugs), Dilly-Dale the choker, Cherry Hill, physics olympics, METRO, VFB, Plumsky'a glossary, lunch races, Dumfries Pharmacy, Jean room, Q-town, WTF
Patty Woolls: Being with all my friends. Getting married. All the parties that we went to. Meeting Loe, being in drama, GRADUATING!!!
Douglas Williams: My best memory of my senior year was when me, Rodney A., John P., and Tim E. ate dirt in Rodney's new airborne car. P.S. Thanks guys!!
Stephanie Wise: All the great times on tennis ('84 season). Best of luck to Peaches, on his overhead smashes. Doubles with Terri: "I've got it. Oh no, you've got it."
Scott Wilson: Not enough time with Amy G., Rat, and All those cans we had. JVF and all our trouble. CC_2 and tardies. S.P. and too many nights. All those summer soccer parties.
Lee D. Wilson: To eventually see the omnipotent big picture unfold and to look back at the many battles won and fought. After the smoke clears, I will have emerged as a champion and something greater.
Tammy Witherspoon: Going to the varsity football games and to dances was great.
Joe Williams: My feelings for J.M. that she'll never know about.
Conrad Woo: To all my friends, especially Laurie D., Weesa, and Meow-Meow face who have made school almost worth coming to. Thanx for all the fun times that have made the last few years the most special.
Carmen Wessolleck: Lisa Fererll, Wanda Wolfe, Rhonda Finley, Patti Decker and of course all my guy friends especially John K., don't forget the good times through high school. Party as much as you can. Lisa, don't forget the time we skipped with Mark and Phillip and went to Louis' afterwards. Stay as all of you are.
Karl Wertz: Partying with K.W., K.D., K.B., L.M., A.D., and J.L., sharing everything with Ashlie H.
Anita Williams: Going to all the games at Potomac and away, and watching us beat the other team. We have the best team around. My dad even thinks we are the best. Please keep up the good job.
Maria Weis: All the fun times with K.O., S.G., T.C., J.B., S.C. I love you all. Special thoughts and kindness to K.O. for R.E. Never could have made it without you! Also, McD's and the ratmobile and silverbullet!!
Kim Watson: My memory was the day I met Tom Corbitt, when Tammy introduced us. Thank you Tammy, you're a great friend, let's keep in touch. Good luck with Kevin. Mr. McCoart you're the greatest teacher here, I'm going to miss you — Take Care. Love ya, Kim Watson
Amy Wallich: K.B. is my best memory. You've always been there when I needed you. You're my bestest friend. Don't forget: Massenetta, Wesleyan, Canada, Colorado, etc. also, April 2, 1984. And don't forget — "Me!?! Second chair!?!"
Mike Waniel: Thanx to M.A., D.T., D.L., D.D., A H., V.S. and Bruce. To you Danielle, you've made my senior year the best it could possibly be. I know we will make it. Please remember this LWALY and LGIWTMY. Best of luck to all!
Robert Wallace: "Startin here. . .Leaving here."
Kevin West: Having a great junior and senior year with my favorite Pantherette. The fun times as well as the bad; it was a blast and very rarely sad.

Christopher Abel; "Chris"
Football 11, Weightlifting 11, 12.
Mock election (stage crew) 12.
Library aide 12

Jennifer Abel; "Jenny" "Abella"
Basketball 9, Track (indoor) 10, 11, 12, Track 10, 11, 12. Jr. Civitan 12, Class Float 12, Powder-puff football 11, 12, Foreign language festival

Charlotte Acker
Pep Club 9, Photography 11, 12, Marching Band 9, 10, 11, Yearbook 12, Powder-puff football 12

Mia Alexander
SCA 9, 12, Key Club 10, 11, 12, (Chairman 11, 12)

Carla Allen
Basketball 9, 10

Dana Alvarez

Tony Anderson
Track 9, 10, Cross Country 9, Basketball 9, 10, Pep Club 12

Jonathan Anderson; "Tim"
Football 9, 10, 11, 12, Wrestling 9, 10, 11, 12, SCA representative 9, 10, 11, Boy's State 11

Tortica Anderson; "Lady T"
Pep Club 9, 10, 11, 12, VICA, Debutante 12

Toruun Anderson
Foreign Language Club 12

Kimberly Angelo; "Kim"
Pep Club 9, 10, DECA, FBLA 11, 12, (President 12), Rifles 9, 10, 11, 12 (Co-Captain 11, Captain 12)

Sharon Arcaro

Rodney Arrington; "Czonk"
Football 9, 10, 11, 12, (Captain 12), Basketball 9, 12, Jr. Civitans 12, Weightlifting 11, 12, Powder-puff football Coach 11, 12, Party Beasts 11, 12

Richard Asbery
Football 9, 10, 11, 12, Crew 9, 10, 11, 12 (President 11, 12)

Michael Ausley

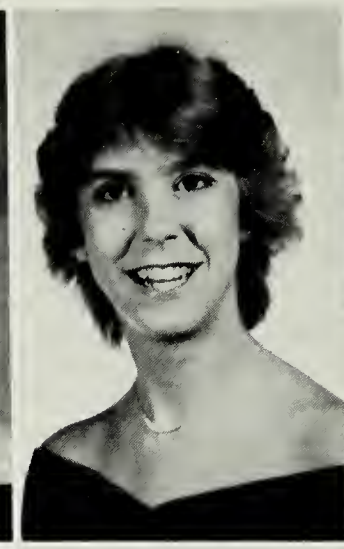
Jeffery Ayres; "Jeff"
Football 9, 10, 11, Wrestling 9, 10, Track 9, 10, SADD 11, 12, Weightlifing 9, 10, Signet 9, 10

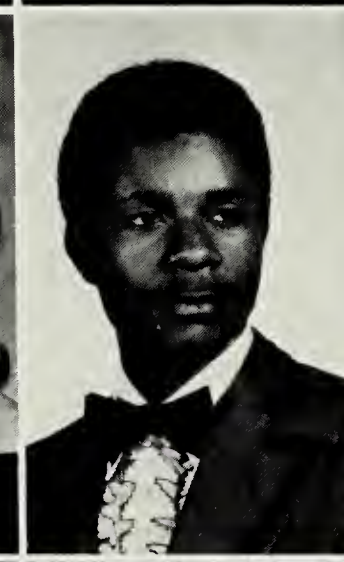
James Bailey

David Baird
Track 9, Photography 9, 10, 11

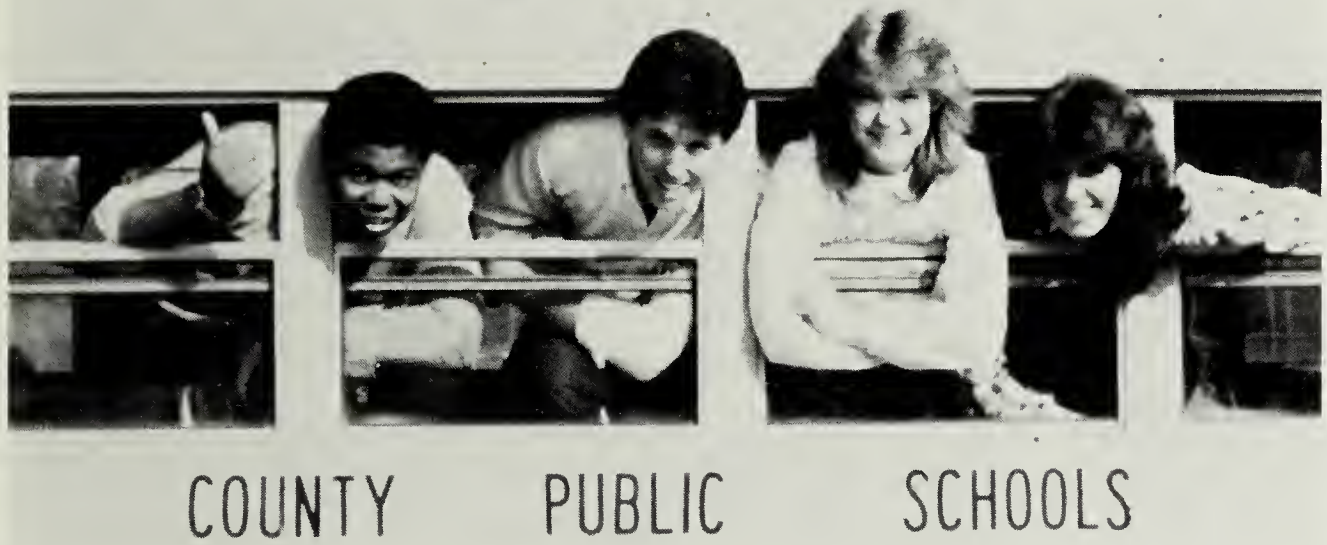
Peggy Baker
Pep Club 9, 10, 11, 12, FBLA 12

Scott Baker





Pulling Together



Senior Class Officers take time out to "Ham It Up." Serving our class this year were James Miller; Treasurer, Scott Dadson; President, Mandy Gaddy; Vice President, and Michelle Olio as Secretary.

Last year as seniors, the class of '85 proved not everything you hear is true. After a slow start and much criticism the seniors made a complete turnabout.

Not only was there a change in the performance of the class, but there was also a change in the leadership. Last year the class received three new sponsors; Mr. Kite, Mrs. Polk and Mrs. Feret and for the first time had a Board of Directors which proved to be successful.

Activities in which the class sponsored last year were a dance after the James Wood football game, a junior-senior powder-puff football game and a senior class play. These activities helped the seniors raise the money needed for their very special graduation ceremony.

Leading the class this year was president, Scott Dadson; vice-president, Mandy Gaddy; secretary, Michele Olio; and treasurer, James Miller.

Tyrone Baker

Barbara Banks
Basketball 9, Pep Club 9, 10, 11, 12, Junior Civitans 9, 10, 11, 12

Garland Barr

Paul Bartosch
Weightlifting 9, 10, 11, 12

Paige Basham
Yearbook 9, 10, Junior Civitans 12, Powder Puff Football 12

Carolyn Beamer

Michael Belcher

Diane Benevides
Basketball 9, (MVP) Soccer 10, 11, 12 (Captain 10) SADD 11, 12, Signet 9, 10, 11, 12, Teen Counseling 11, 12, SCA 9, 10, 11, Newspaper 11, 12 (Editor 12)

Stephen Bentley
SCA 9, 10, AIASA 11, VICA 12

Michael Berry; "Candyman"
Football 9, 10, 11, 12, Baseball 9, Junior Civitans 12, Powder Puff Football Coach 11, 12, Weightlifting 9, 10, 11, 12, The Party Beasts 11, 12

Scott Berry
Football 9, 10, 11, 12, Track (Indoor and Outdoor) 9, 10, 11, 12, Journalism 11, 12, Concert Band 9

Stephanie Berta; "Speedy"
Basketball 9, Track 9, Foreign Language Club 9, 10, 11, 12, German Club 11, 12, SADD 11, 12, Junior Civitans 12, SCA Representative 11, Powder Puff Football 11, 12

Anthony Black; "Tony"
Football 9, Wrestling 9, 10, 11

Victor Blake

David Boggess

Gina Bolk
Cheerleading 9, Pantherettes 10, 11, 12, SCA 9, 10, 11, Junior Civitans 9, 10, 11, DECA 12

Darlene Boulden
Literary Magazine 11, 12, Junior Civitans 9

Cynthia Bowler

Melinda Bowler

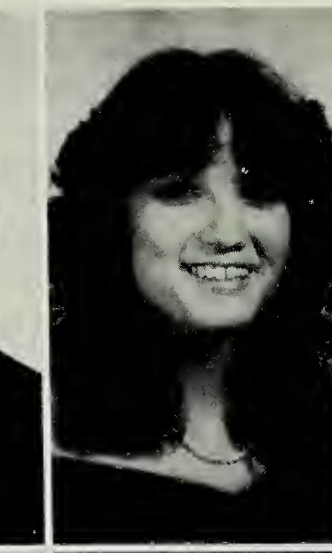
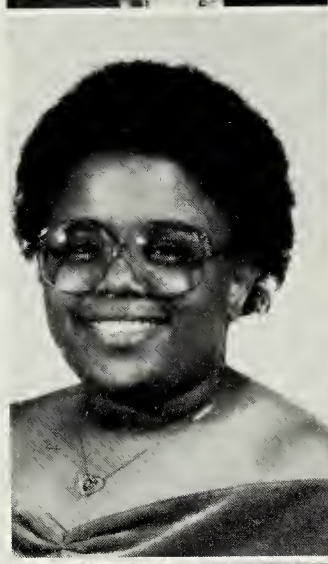
Jenny Boyd
Drama Club 9, 10, 11, 12

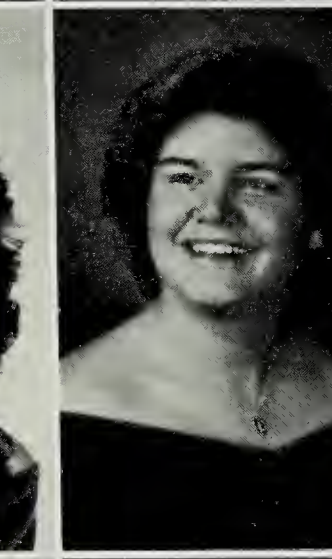
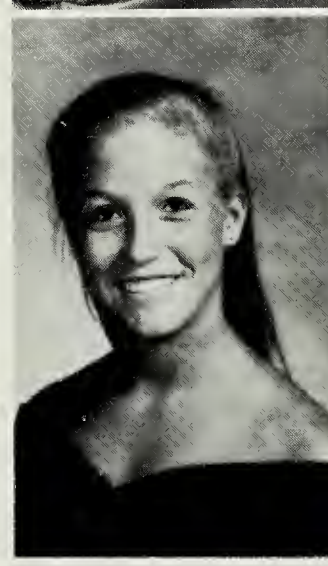
Stephanie Boyd
Cheerleading 9, 10, 11, 12, (Secretary 12) Junior Civitans 11, 12, National Honor Society 11, 12, (President 12) Powder Puff Football 11, Who's Who 11, 12

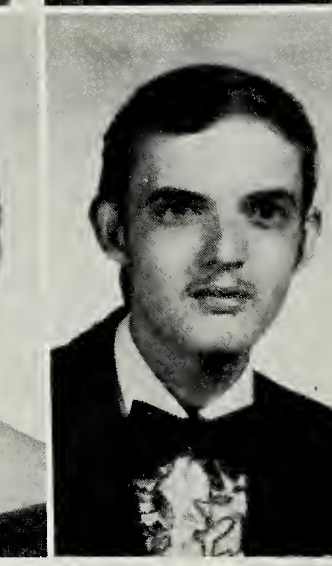
Kimberly Briggs, "Kim"
Track 10, Junior Civitans 11, 12, Photography Club 9, Foreign Language Club 10, 11, 12, SADD 11, 12, Powder Puff Football 11, 12

Bucky Brill

Kimberly Britt; "Kim"
Cheerleading 9, 10, Band 11, Drum Major 12, Key Club 9, 10, Teen Counseling 11, 12, Senior Board of Directors 12, Orchestra 9, 10, 11, 12, (Vice President 12)



And Here She Is . . .

"And the winner is . . ." For a contestant in the Miss Potomac Pageant, those four words meant inner panic. With eyes closed, fingers crossed and breath held the girls waited in anticipation. As the sentence was finished one girl could give a sigh of relief and cry tears of joy all at the same time. At the second annual pageant that one girl was senior, Kim Overton.

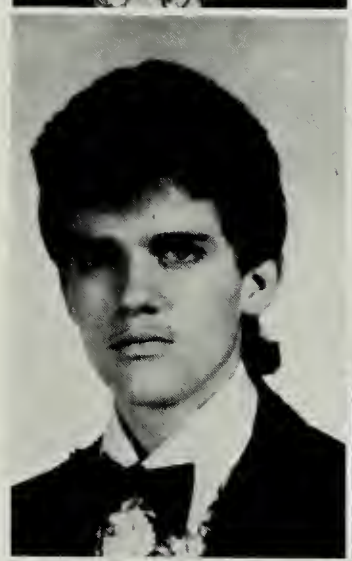
Former Miss Potomac, Josee Dionee, crowned Kim as her successor. The crown she received was the original crown worn by Josee and will continue to be handed down each year. In addition to capturing the Miss Potomac crown, Kim has also won the title of East Coast Junior Miss in the Little Miss and Mr. American Pageant.

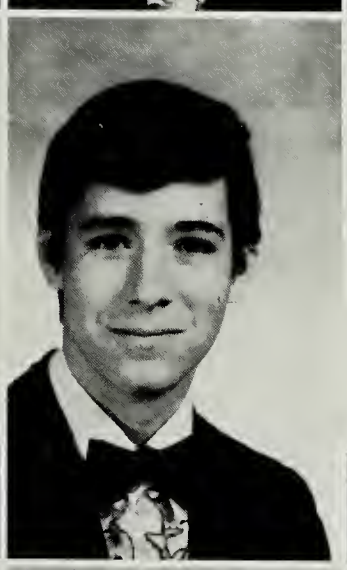
Finalists in the Miss Potomac Pageant were: Valla Dee Simpson, first runner up; Denise Thorlton, second runner up; Dawn Swecker, third runner up; Eva Morgan, fourth runner up. Kim, the new Miss Potomac also was named Miss Photogenic.

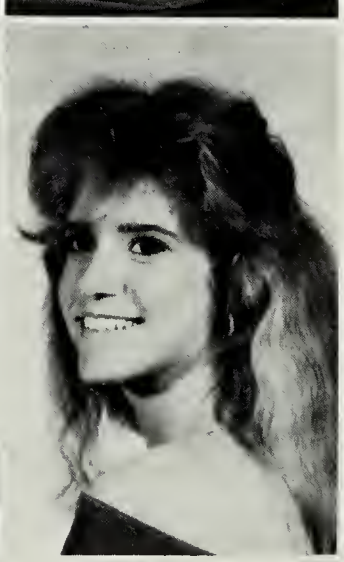
Newly selected Miss Potomac 1984, Kim Overton is all smiles as pictured here with Josee Dionne, the first Miss Potomac.

The ten semi-finalists are: Valla Dee Simpson, Lynda Mersing, Eva Morgan, Kim Overton, Lisa McKinney, Mia Alexander, Dawn Swecker, Denise Uber, Denise Thorlton, and Shawn Purcell.

A proud Valla Dee Simpson displays her first runner-up trophy. Being in the Miss Potomac Court is an honor, especially for a freshman.







Patrick Broderick

Peyton Broderick

William Brown; "Bill"
Football 9, Symphonic Band 9, 10, 11, 12, Marching Band 10, 11, Orchestra 10, 11, 12

Alisa Browning
FBLA 12

Geoffrey Browning

James Browning; "Burton"
Football 9, 10, Track 9, 10, 11, Photography Club 9, 10, 11, 12

Daniel Bruinma
Tennis 11, 12, Cross Country 12, Foreign Language Club 10, National Honor Society 11, 12

Sharon Bryan
Soccer 9, 10, Cheerleading 10, Junior Civitans 9, 10, Powder Puff Football 11, 12, Teen Counseling 11

Suzette Buchanan
DECA

Deborah Buckner; "Debbie"
DECA 9, 10, 11, 12 (Treasurer 11)

Christina Bugge

Kathleen Byrne; "Katie"
Soccer 9, 10, 11, 12, Junior Civitans 9, 10, 11, Float Committee 11, 12, Powder Puff Football 12

Women In Power

For one week each year a new "state" called Virginia Girls' State sponsored by the American Legion Auxiliary comes into being. Last summer Sheila Griggers and Michele Olio attended Girls' State at Longwood College.

The purpose of the gathering was to provide citizenship training and government study. Through role playing candidates received experience inside politics and discovered how and why it works. The delegation was divided into twelve "cities" where each set up its own local government. The cities joined to form municipal governments that regulated the activities of all Girls' State citizens.

In addition to role playing, the girls learned valuable lessons from many guest speakers, including Governor Charles Robb, Attorney General Balibes, Dr. Janet Greenwood and Mr. Reggie Smith. The topics of the lectures ranged from roles in government to the importance of leadership.

Girls' State was an enlightening experience for all who attended. The friends that were made and the experiences shared will last for many years. A new understanding of patriotism and national pride were two valuable rewards.

The American Legion provides a way for students to participate in Girls' State and have a feeling of being a member of Congress. Last summer, Michele Olio and Sheila Griggers represented Potomac at Girls' State 1984.

Ralph Carter; "Trip"

Travis Carney

Tonya Cartmill; "Tonja"
Teen Counseling 12, SADD 11, Dalelites Drum Corps

Kate Cervarich
Swimming 9, 10, 11, 12, Literary Magazine 11, 12, SADD 11, 12, Signet 9, 10, 11, 12

Jim Champion
Track 9, Tennis 9, 10, Symphonic Band 12, Choir 12, Sophomore representative

Lori Chichka; "L.C." "Cheech"
Foreign Language Club 10, 11, 12, SADD 12, Rifles 9

Gary Christiansen

Mike Cobb
Soccer 10, 11, 12, (Captain 11), Jr. Civitans 11, 12, Computer Club 11, 12, (President 12), SADD 11, 12, Math Honor Society K12, Teen Counseling 12, Homecoming Escort 12, Boys' State 11, Class representative 9, 10, Mock election 12, Who's Who 11, 12

Brascal Cole III; "B"
Crew II, SADD 12, VICA

Paul Colletti
Football 10, 11, 12, Wrestling 9, 10, 11, 12

David Comerford
Wrestling 12, Art Club 12, (Sergeant at Arms)

Lori Conatser

Sean Connolly
Soccer 10, Cross Country 10, 12, Track 11, 12, Indoor Track 11, 12, Photography Club 11, Computer Club 12, Literary Magazine 12

Cathy Cousins

Christopher Cox

Sharon Cox; "Sheri"
Foreign Langauge Club 9, Drama 10, Scrabble Club 11, SADD 12, Literary Magazine 12, National Honor Society 11, 12, Homecoming Float 11, Homecoming Hall 12, Teen Counseling 12

Shawn Coyle

Michael Creegar

Elizabeth Critzer; "Liz"

Cindy Cunniff
Volleyball 9, 10, Softball 9, 10, 12, Jr. Civitans 11, 12, Drama 9, 10, 11, 12, Debate and Forensics 12, Literary Magazine 12, Newspaper 10, 11, SCA 11, 12, Teen Counseling 11, One-act festival 10, 12, Powder-puff 12

Scott Dadson
Soccer 9, Indoor Track 11, SADD 11, 12 (President 11), Art Club 11, Debate and Forensics 12, Teen Counseling 11, 12, Senior Class President

Kenneth Daniels

Deborah Cornwell

Haynes Davis; "Tad"
Photography Club 9, 10, 11, 12, Archery 9, 10, 11, 12

Roy Davis; "John"

Louis Dean
Foreign Language Club 10, 11, 12, Drama 9, 10, 11, 12, Camerata 12, Literary Magazine 12, Debate and Forensics 10, All-city Chorus 9, 10, 11, 12, Regional Chorus 10, 11, 12, All-State 12, Boy's State 11

Tasianna Delaney

Raul Delao
Cross Country 9, 10, 11, 12, Indoor Track 11, 12, Track 9, 10, 11, 12

Kathleen Delmore
Freshman Class Secretary, Jr. Civitans 9, 10, Homecoming Princess 12

John Dickinson

Noel Dickover
Chess Club 9, SCA 9, 10, 11, 12, Orchestra 9

Todd Dill

Andrew Dodson; "Andy"

Falene Donofrio

David Dorton
Foreign Language 9, 10, Key Club 11, 12, National Honor Society 11, 12, Marching Band 9, 10, 11, (Drum Major 10, 11), Boys' State 11

Rebecca Douglas; "Becky"

Katherine Dowling; "Kathy"
Soccer 10, Foreign Language Club 9, 10, 11, 12, Junior Civitans 9, 12, Teen Counseling 12, Powder Puff Football 11, 12

Michael Doyle; "Mike"
Wrestling 9, Cross Country 10, Football 9, 12, Key Club 9, 10, 11, 12 (Vice President 11), Signet 9, 10, SCA 9, 10, 11, 12, Miss Potomac Escort 11, 12, Senior Class Play 12

Paul Dulaney
Wrestling 9, 10, 11

Steven Dunlap; "Steve"
Yearbook Staff 9, Key Club 10, 11, 12, Literary Magazine 12 (Editor 12), Science Fair (3rd Place Winner — 11)

A Fair Exchange

Our visitors from other countries give us a lesson in geography showing on the map their native countries. L to R They are: Jose Martinez, Paivi Harjula, Torunn Andersen, and Henrik Johansen.

What did Torunn Andersen of Norway, Henrick Johansen of Denmark, Paivi Harjula of Finland, and Jose Martinez of Mexico have in common? They all attended Potomac High School this past year as members of the Foreign Exchange Program sponsored by Youth for Understanding. The common impression of the four was that everything is so much bigger and done on a larger scale than in their respective countries.

Torunn, who resided with the Reeves family justified this comment accurately when she told us that there are only 250 students attending her school verses the almost 2000 at Potomac. While she was amazed by this, Henrik, who stayed with the Dorton's, was impressed by the size of our stores. According to Henrik, in Denmark there is one store for each item.

"If you wish to buy cheese, for example," he said "you must go to a cheese shop. If you want milk, you go to a milk shop, and so on."

Another opinion shared by both Torunn and Henrik was that students at Potomac dressed up more than students from their respective schools.

Paivi Harjula and Jose Martinez did not experience an intense cultural shock. Paivi did tell us however, that school in America was easier than those in Finland, where students take as many as fourteen subjects a day.

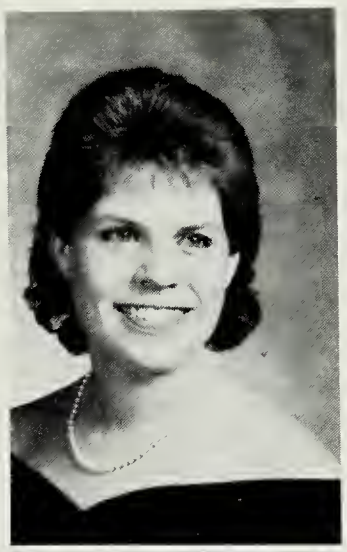
One thing the two found somewhat different was our social life. Paivi told us that people in America tend to go out more while Jose described how surprised he was when he attended his first American school dance.

"Everyone danced with one steady partner!" In Mexico the muchaches and muchachas go to the dances separately and when the music plays everyone can be found on the dance floor, with or without a partner.

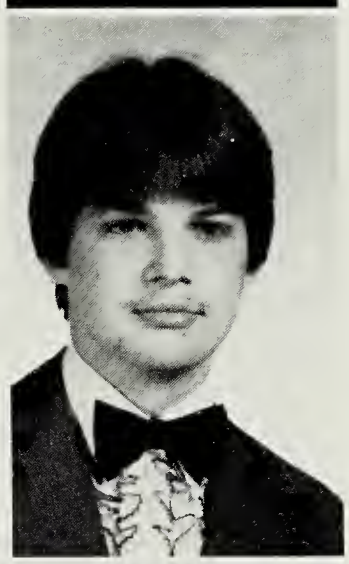
Paivi resided with the Stuber family during her stay in America, and Jose lived with the Rinker's.

These four students came to a foreign country, lived with strangers, spoke a language rather unfamiliar to them, and succumbed to the customs and traditions of America for a whole year. For this they were respected and admired by many. When they left, a part of them remained here with us and they took a part of all who touched their lives back home with them. That is what the Foreign Exchange Program is all about.

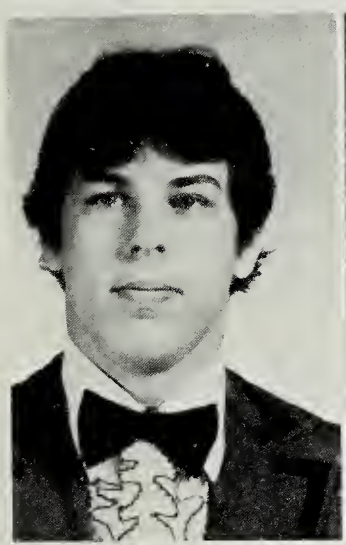
Dancing with his American mother, Mrs. Dorton, Henrik Johansen seems to have adjusted well to American life. Though schools here are different from those in his native land of Denmark, he is really enjoying the change.

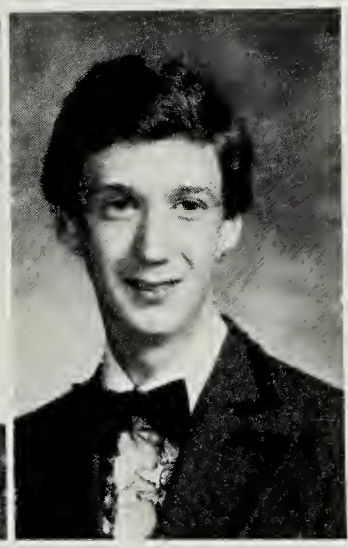


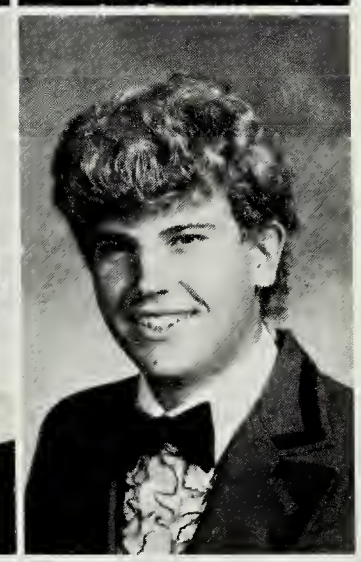
Cathy Dutton
Pantherettes 10, 11, 12, (Officer 11, 12), Key Club 9, 10, 11, 12, Jr. Civitans 10, 11, 12, (Treasurer 12), SADD 12, Computer Club 12, Teen Counseling 11, 12, Signet 9, 10, 11, 12, Who's Who 11, 12



David Dwyer
Football 10, 11, 12, Newspaper 10, 11, 12, (Sports Editor 12), Intramural Basketball 11, 12







Timothy East; "Tim"

Roger Embrey

Kimberly Evans; "Kim"
Cheerleading 9, Pantherettes 10, 11, 12, (Officer 12), Jr. Civitans 9

Tina Evans
Cheerleading 9, 10, 11, (Co-Captain 9), Pantherettes 12, Jr. Civitans 9, 10, 11

Kimberly Feltault; "Kim"
Volleyball 9, 10, 11, 12, Basketball 9, 10, 11, 12, Softball 9, 10, 11, 12, Jr. Civitans 9, 10, 11, 12, Key Club 9, 10, 11, 12, Powder-puff Football 11, 12, Class Secretary 11, Board of Directors 12

Alecia Ferguson
Jr. Civitans 12, SADD 12, Foreign Language Club 9, Advanced Orchestra 9, 10, Homecoming Class Committee 11

Lisa Ferrell

Norman Fertsch

Matthew Fetherolf; "Matt"
Marching Band 9, 10, 11, 12

Rhonda Finley

Kelly Fisher
Volleyball 9, 10, 11, 12, Basketball 9, 10, 11, 12, Softball 9, 10, 11, 12, Jr. Civitans 9, 10, 12, SADD 11, 12, SCA 11, 12, Powder-puff 11, 12, Teen Counseling 12

William Fiske; "Bill"
Track 9, 10, 11, 12, Cross Country 9, 10, 11, 12, Indoor Track 9, 10, 11, 12, (Most Valuable 10, Most Improved 9), Jr. Civitans 9, 10, Boy's State 11, Who's Who 12

Derric Fitzgerald

Rency Forehand
Crew 9, Track 10, Pantherettes 11, Wrestling Manager 11, 12, Foreign Language Club 9, DECA 12, Jr. Civitans 10, 11, Powder Puff 12, Journalism 11

Diana Forsythe

Julie Fowler
Crew 12, Jr. Civitans 9, 10, 11, 12, SADD 11, SCA 12, Powder Puff Football 11, 12, Homecoming Float Committee 11, 12, Symphonic Band 9

Thomas Frasier; "Tom"
Freshman Football, Wrestling 9, 10, 11, 12, DECA

Shelby Freeman

Tony Freeman

Chris Fullerton
Photography Club 9, 10, 11, 12, Newspaper 9, Marching Band 9, Literary Magazine 9

Eric Fulton

Mandy Gaddy
Cheerleading 9, 10, 11, 12, Jr. Civitans 9, 10, National Honor Society 11, 12, Teen Counseling 11, 12, Board of Directors 11, Powder Puff Football 11, 12, Senior Class Vice President

Michele George

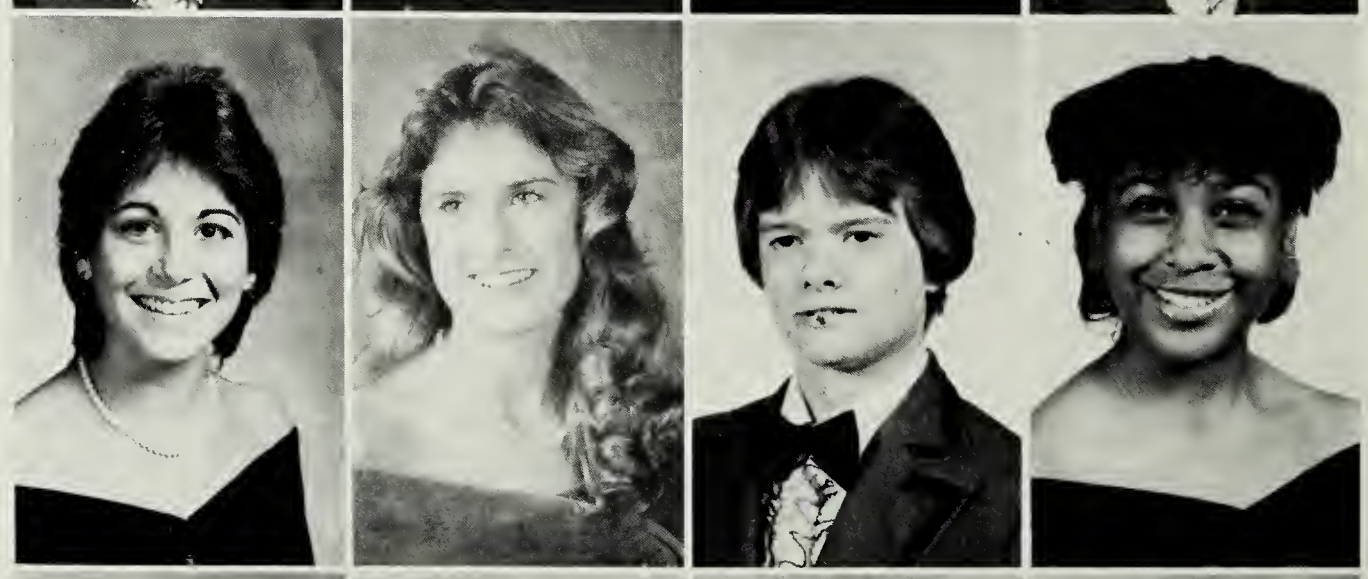
Joseph Gerace

Lisa Giglio
Boys Basketball Manager, J.V. and Varsity 10, Pep Club 10, 11, Jr. Civitans 11, 12

Ann Gilbert
Cheerleading 9, Pantherettes 11, 12, Treble Choir 9, DECA 12, SCA Homecoming Committee 12, Powder Puff Football 12

Mark Gilbert

Lisa Gill



Shaun Gleason

Micheal Glynn
National Honor Society 11, 12, Computer Club 12

Michelle Goodrich
Softball 9, 10, 11, 12, Drama Club 9, 10, Foreign Language Club 9, Scrabble Club 11, Key Club 12, SADD 12, Powder Puff Football 11, 12, Teen Counseling 11, 12, SCA 9, 12, Girls' State Alternate 11, Leadership Award 10, Prom Committee 11, Float Committee 12

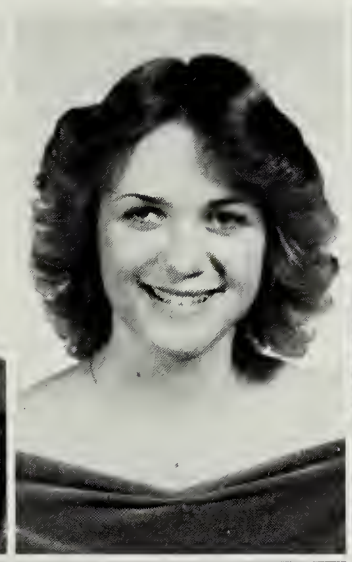
Lana Gordon

Attending Boys' State were: Mike Cobb, Louis Dean, David Dorton, Roger Embry, Bill Fiske, Doug Misenko, James Miller, Conrad Woo, Bobby Vitek, Kevin West, and John Willis. Who knows, maybe one of these eleven will go on to become President of the United States.

Where the Boys Are

The purpose of Boys' State was to inform young men about to enter the senior year more about the government of Virginia through experience. Boys from all over the state participated in a realistic approach workshop dealing with the running of the state government. Each participant was placed into one of twelve cities where he became a delegate. The boys could run for offices within their city, or they could campaign for state offices. They ran for mayor sheriff, city council and even garbage men. If they chose they ran for governor, lieutenant governor or attorney general. They also were elected to the House of Representatives and State Senate where laws were made for the whole group to follow during the week.

At night and during the afternoon the delegates attended lectures given by various guests. The president of Lynchburg College, the Director of Admissions from Virginia Tech, the Lieutenant Governor from North Carolina, and Charles Robb, the Governor of Virginia were some of the guest speakers. When the boys were not working developing their own government or not attending lectures, they spent their free time attending classes in parliamentary procedures, CPR, and public speaking. If they chose they could participate in city sports including softball, tennis, racquetball, and basketball. The caliber of leadership represented from across the state was impressive.

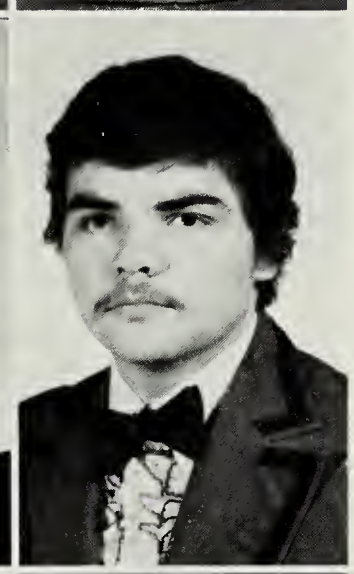


Kathleen Grafmuller

Rickey Gresham

Aura Griffey
Volleyball 9, 10, 11, 12, Basketball 9, 10, 11, DECA

Audra Griffey
Volleyball 9, 10, 11, 12, Basketball 9, 10, 11



Roberta Grindle
SADD 11, 12, SCA 9, Concert Band 10, Symphonic Band 11, 12, Marching Band 10, Orchestra 11, 12

Sandra Griffith; "Sandy"
Junior Civitans 12, SADD 12, Powder Puff Football 11, 12, Teen Counseling 11, 12, Yearbook 12

Sheila Griggers
Gymnastics 9, 10, 11, Soccer 10, 11, 12, SADD 12, Marching Band 11, 12, Symphonic Band 9, 10, 11, 12, Girls' State 1984

David Grimsley

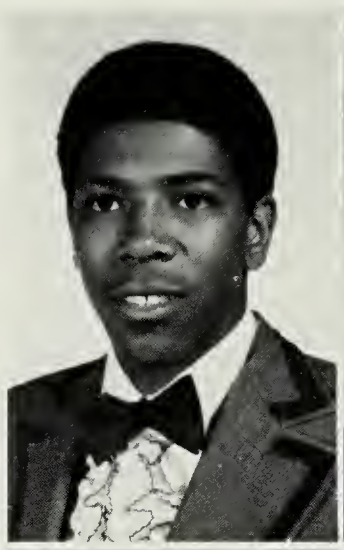
Jennifer Hall

Wendy Hall
Volleyball 9, 10, 11, 12, Basketball 9, 10, 11, 12, Softball 9, 10, 11, 12, Photography Club 12

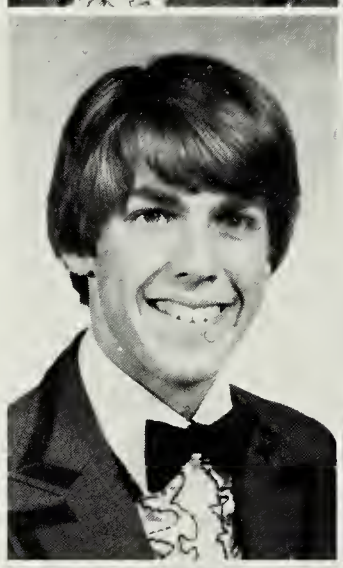
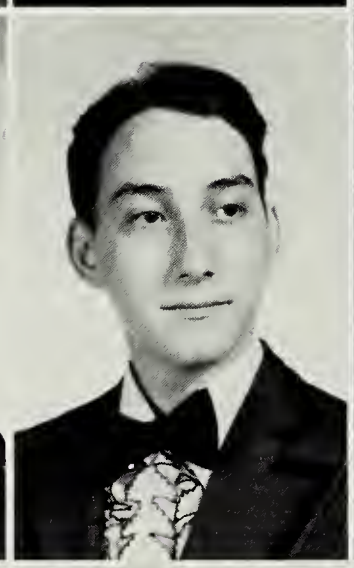
Laura Hambrick
Softball 9, Basketball 9, SCA 9, 10, 11, Junior Civitans 9, Homecoming Float Committee

Angela Hammons; "Angie"
Volleyball 9, Basketball 9, Softball 9, 10, Boys Basketball Manager 11, Foreign Language Club 9, 12, German Club 11, 12, SADD 11, 12, Powder Puff Football 12

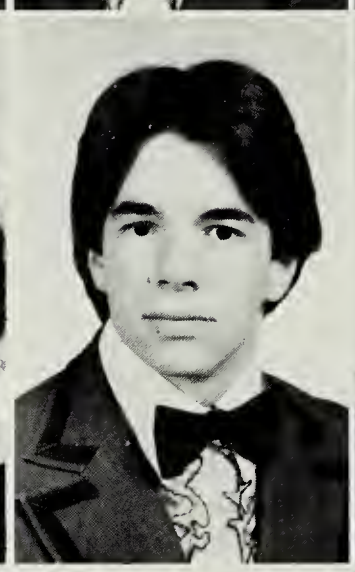
Michael Hargrave: "Mike" "Bosefuss"
Football 9, Baseball 9, 10, 11, 12
Harjula Paivi
Dana Harp; "Mini"
Gymnastics 9, Drama 9, 10, FBLA 9, Marching Band 9, 10, Rifles 9, Teen Counseling 11, 12
Bryan Harper
Rubik's Cube Club 9, DECA 10, VICA 12



Dale Harris
Baseball Managers 11, 12, Soccer 12
Gary Harris
Chess Club 9, Foreign Language Club 9, 10, 11
Kimberly Harris; "Kim-Kim"
Drama Club 9, 10, 11, 12, Photography Club 12, Marching Band 9, 10, 11, Symphonic Band 9, 10, 11, 12, Orchestra 11, Talent Show Emcee
Joseph Harrison

Susan Harrison
Crew 9, 10, 11, Pep Club 9, Crew Club 10, 11, FBLA 12
James Harvey; "Jay" "Dreamer"
Football 9, 10, 11, 12 (caption 12) Junior Civitans 12, Weightlifting 9, 10, 11, 12, THE PARTY BEASTS 11, 12
Amy Hawkins
Pep Club 9, Art Club 12, Treble Choir 9, 10, Camarata Singers 11, 12, Concert Choir 11, 12, All Count Choir 9, 10, 11, 12, Regional Choir 10, Honors Choir 12
Tracy Hebert
Foreign Language Club 9, 10, 11, 12, Key Club 12, Junior Civitans 12, Powder Puff Football 11, 12



Antony Hildreth; "Brian"
VICA 12, Junior Civitans 11, 12
Kelly Hilton
Volleyball 9, Softball Manager 9, 10, Art Club 11, Junior Civitans 9, SCA 10, 11, Homecoming and Prom Committees 11, 12, Yearbook 12 (Freshman editor) Powder Puff Football 12, Art 9, 10, 11, 12

Newcomer, Mildred Thames assists with preparations for the mock election. The election was held as a government class activity.

Lisa Hise
Linda Hollar
Foreign Language Club 10, FBLA 12, Foreign Language Festival 10

Election '84

Seniors Christine Wolter and Julie Fowler register voters at the Mock Election. The Senior Class pulled together to make our Mock Election a great success.

The American Government classes staged a Mock Election in order to give the students at Potomac a feeling of how a real election works. As the preparations for the mock election progressed and the real 1984 election drew near, seniors involved in these classes became very interested in who was the best candidate for each political position. Topics of the deficit, abortion, tax cuts and the economy were even debated between seniors at their lunch tables; where anything but weekend activities were rarely discussed.

The mock election was held at Potomac on Tuesday, October 30, 1984. Seniors arrived at the school an hour and a half early to set up the dessert table which was filled with cookies, brownies, and punch to be served to the many expected guests. They were also responsible for registering people to vote and for passing out mock ballots.

During the election, volunteer students represented the various candidates by presenting speeches concerning the major issues. Each person in attendance cast his ballot upon leaving the building. The result was an overwhelming Republican victory.

The effectiveness of the mock election proved to everyone the ability of the senior class to work together. The class of 1985 received many favorable comments on their efforts.

Antonio R. Howard

Valerie D. Howard

Laura Hudak
Track 9, 10, National Honor Society 11, 12, Teen Counseling 11, 12, Key Club 10, 11, Yearbook 12, Art workshop 11, 12, SCA 10, 11

Karen Hudson
Junior Civitans 9, 10, 11, Powder Puff Football

William J. Immel
Foreign Language Club 11, Literary Magazine 12, Mural Painting 12

Jacqueline T. Jacobs "Jackie"
Pep Club 9, 10, 11, 12 (Vice-President 11, President 12), Journalism 12, Debutante 12

Kelly Januszewski

Todd M. Jenkins
Basketball 9, 10, 11, 12

Todd Jennings

William Jennings
Football 9, 10, 11, 12, Orchestra 9, 10, 11, 12

David M. Jensen

Henrik Johansen
Cross Country 12

Personalized Panthers

Displaying your personality can be done in many different ways. One way is by the car you drive. At Potomac Senior High School, the personalities of many different seniors were shown through personalized license plates and the car itself be it the color, make, year or condition (interior or exterior). Bandanas, shoes, stuffed animals and various other things were found dangling from the rear-view mirror. Bumper stickers with slogans and team names were items found on the cars. Whatever was used, cars became another way to identify the seniors at Potomac.

After so much work, whether it was earning money or just plain being a good kid, one takes pride in his car. The seniors at Potomac decided that their cars were worth the extra money it takes to get personalized tags. Besides, a little more publicity never hurts! Right, Aaron?

David Johnson
Foreign Language Club 9, Drama Club 10, 11

Kelly Johnson
Cheerleading 9, 10, 11, 12 (Co-Captain 9, 10, 12), Gymnastics 11, 12, Crew 9, SADD 11 (Secretary), Teen Counseling 11, Junior Civitans 9, 10, 12, Class President 10, Class Vice-President 9, 11, Board of Directors 12, Yearbook 12, Who's Who Among American High School Students 11, 12

Michael Johnson
D.E., Art Club

Robin Jones
DECA 9, 12, Pep Club 10, 11, FBLA 11

Tizon Jones
Baseball 10, 12, Wrestling 9, 12

Michele Kanche
Soccer 9, Cheerleading 9, 10, 11, 12, Key Club 9, 10, Junior Civitans 9, 10, 11, 12 (Secretary 11, Historian 12), Debate and Forensics 12, Drama Club 9, 10, 11, 12 (Vice President 12), Newspaper 10, 11 (Assistant Feature Editor 11), Powder Puff Football 11, 12, Class Representative 11, Homecoming Committee 11, 12

David Katzoff
National Honor Society 11, 12, Symphonic Band 9, 10, 11, 12, Marching Band 9, 10, 11, 12, State Orchestra 11, 12, All-Regional Band 10, 11, All-County Band 9, 10, 11, 12

Eric Keaton
Baseball 9, 10, Newspaper 10, 11 (Assistant Sports Editor — 12), Intramural Basketball 11, 12

Vicky Kearns

Ardis Kendall
Pep Club 9, 10, 11, FBLA 12

Jewell Kendall

Brian King

Darren Kirk

William Kirk; "Bill"
Football 12

Kenneth Klemm
DECA 11, 12, Foreign Language Club 10

Jeffery Klopp; "Jeff"
Football 9, 10, 11, 12, Wrestling 9, Teen Counseling 12

April Koontz
Softball 9, 10, Junior Civitans 12, Powder Puff Football 12, Homecoming Court 10, 11

John Koutsounadis
Track 9, 10, DECA, Art Club 9

Jeffery Kreger; "Jeff"
SCA 11, 12, Homecoming Committee 11, Homecoming Escort 12

Paula Kron
Art Club 9, 10, FBLA

Catherine Kroman; "Cathy"
Art Club 9, DECA 10, FBLA 12, COE 12

Robert Krucelyak
Orchestra 9, 10, 11, 12, VICA 11, 12

Stacy Lauder; "James"
Baseball 9, 10, 12, Junior Civitans 12

Robert LeDoux

Daniel Lee; "Danny"
Track 9, Drama 9, 10, 11, 12, Photography 9

Robert Leeper; "Robbie"
Golf 10, 11, 12, Basketball 1, Computer Club 11, 12

Michelle Leonard
Gymnastics 9, Crew 10, Junior Civitans 9, 12, Key Club 12, SADD 12, Homecoming Committee Float Chairman 12, SCA 12, Powder Puff Football 12

Raymond LePage
Baseball 9, 10, 11, 12

Janet Lester
FBLA, DECA

Todd Lewis
Football 9, 10, 11

Craig Liming

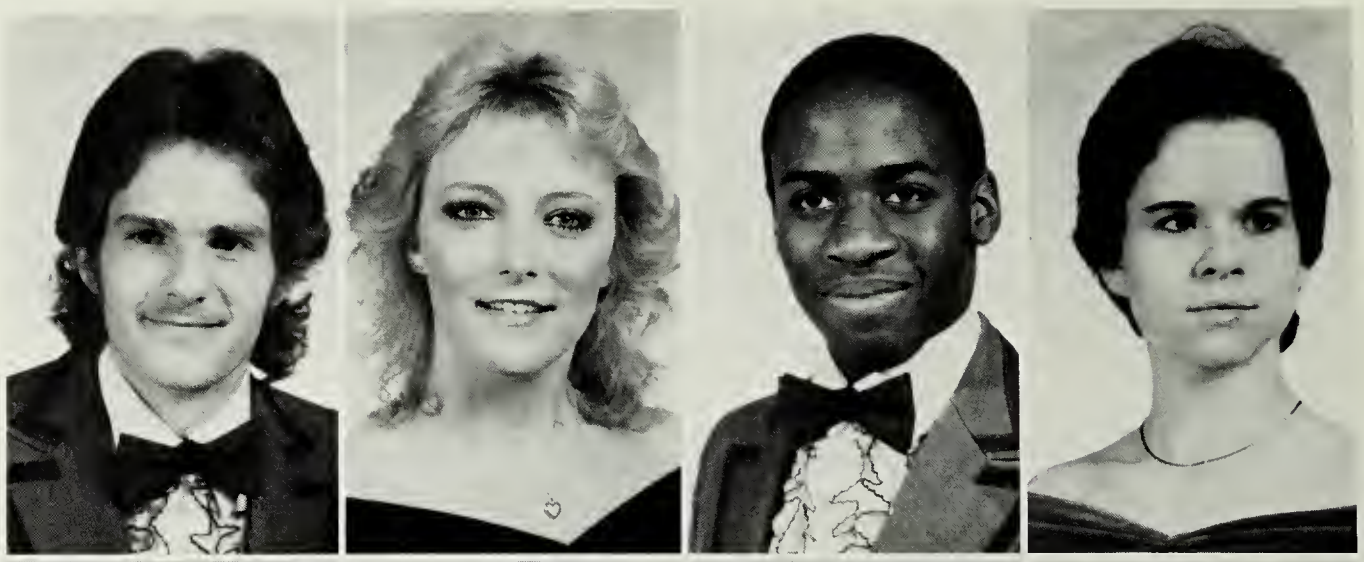
Lisa Londino
Pantherettes 11, 12, Foreign Language Club 9, 10, 11, Junior Civitans 10, 12, SADD 11, 12, National Honor Society 11, 12, Drama Club 12, Teen Counseling 11, 12, Concert Band 9, Symphonic Band 10, 11

Jody Long
Football 9, VICA

Deborah Lough; "Debbie"
Softball 9, 10, 11, Junior Civitans 9, 10, FBLA 10

Wayne Lovelace; "Flash"
Football 9, 10, 12, Basketball 9, 10, 11, Wrestling 9, Track 9, 10

Cynthia Loveland; "Cindy"
Pantherettes 10, 11, 12 (Co-Captain 12), Volleyball 9, 10, Symphonic Band 9, 10



Joanna Loy-Arrington

Susan Luedtke
Soccer 9, 10, Volleyball 9, 10, 11, 12, Key Club 9, 10, 11, 12, Junior Civitans 11, 12 (Secretary 12), Powder Puff Football 11, 12

James Lupo
Baseball 9, 10, 11, 12

Christopher Lyons

David MacIver; "Whipped" "Big Man"
Football 9, 10, 11, 12, Powder Puff Football Coach 11, 12, Weightlifting 9, 10, 11, 12, Party Beasts 11, 12

James Maclean; "Jim"
Soccer 9, 10, 11, 12, Junior Civitans 12, SADD 11, 12, Computer Club 12, Homecoming Float 12

Janice Maddox

Christine Malloy
Track 11, 12, Flags 9, 10, Treble Choir 9, 10, Concert Choir 11, 12, Camerata Singers 11, 12, Musical "Wonderful Town" — 10, Teen Counseling 11, 12 (Team Leader — 12)

Maruca Malloy; "Boozooka" "Balluca"
Soccer 10, Foreign Language Club 9, 10, 11, 12, Powder Puff Football 11

Leonard Mandroc; "Lenny"
Golf 9, 10, 11, 12, Key Club 9, 10, 11, 12, FBLA, Computer Club 11, 12

David Manvell
Golf 9, 10,RVICA, Computer Club, Marching Band 9, 10

Jennifer Marshall

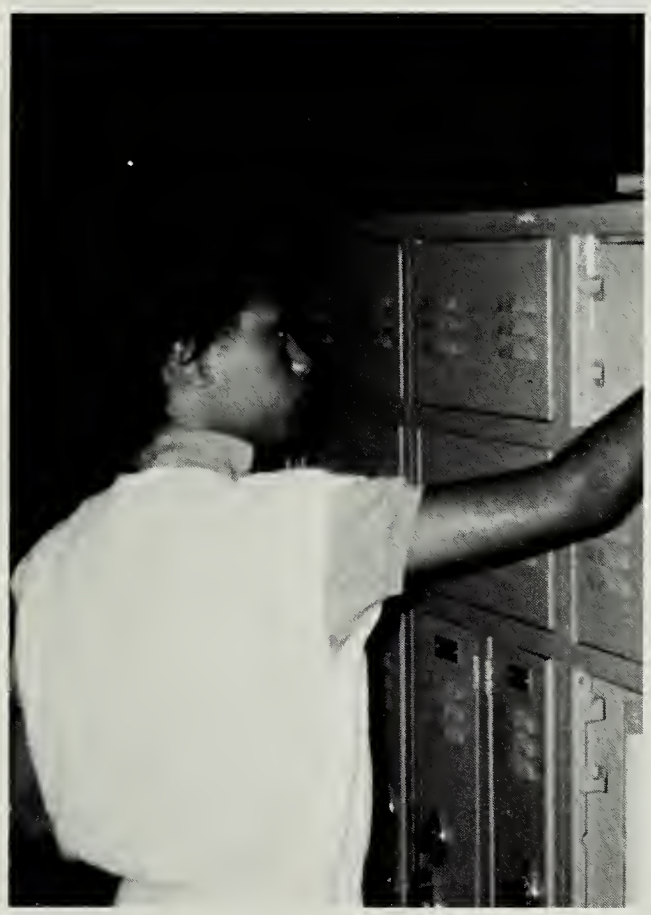
Jeff Martin

Ronald Martin

Larry Mason

Shannon Matherly
FBLA 10, 12, Teen Counseling 11, 12, COE 12

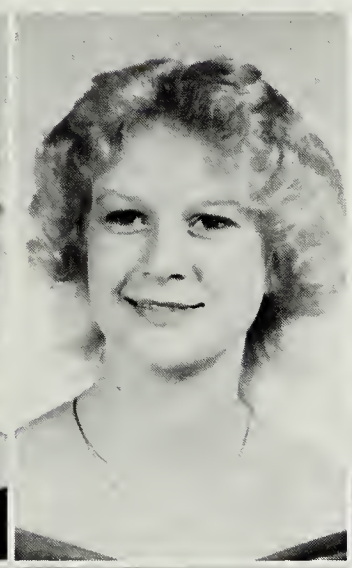
"So that's what happened to that bologna sandwich!", exclaimed Shawn Ta Sterns as she searched the deepest and darkest corners of her locker for books and things for class. At the end of the year, some students are amazed at what they find after cleaning out what has filled their locker for the school year.



Home, Sweet, Home! Some Seniors chose to make the school day less dull and tiresome by adding a "homey" touch to their lockers. Decorating your locker with pictures of friends and reminders brightens up the day.

A High School Necessity

"Do you remember me? I was probably your biggest necessity in high school. (No, not your mother!) I was your trusty locker. Have you ever wondered what you would have done without me? I was your home away from home. I held all your books, clothes and whatever else you threw into me. For those of you who suffered from fatigue from no sleep the night before, I was a place to lean on so you would not fall down. But most of all, I was your permanent excuse when you were late for class. How many times did you say, "My locker wouldn't open!" At least ten, but who's counting? Okay, I agree, maybe I wasn't big enough for you and maybe I was sometimes hard to open, but we all have our faults and you couldn't have made it through the school year without me!"

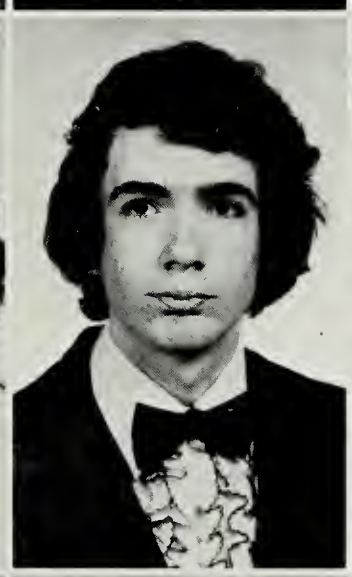


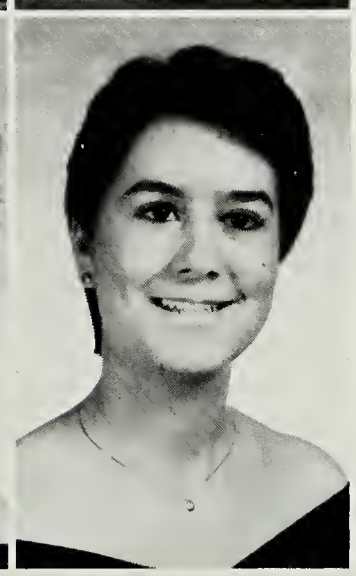
Keith Mayfield
VICA, Photography Club 9, 10, Science Club 9, 10, 11, 12, Drama Club 12

Linda Maziekus
Cheerleading 9, Pantherettes 10, 11, SCA Representatives 9, 10, 11, 12

Marie McDonald
Junior Civitans 9, 12, FBLA 9, 10, 11, 12 (Officer 12), Crew Club 10, 11

Tracy McGinnis
Volleyball 9, 10, 11, 12, Softball 9, 10, 11, 12, SADD 11, 12



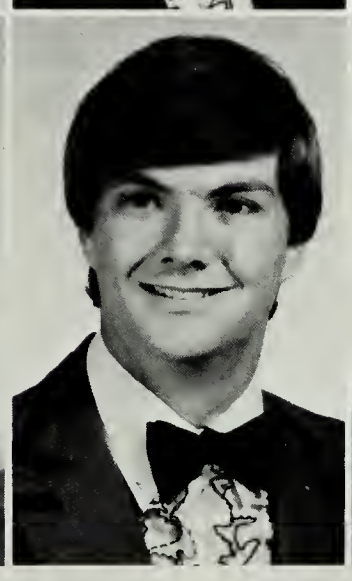


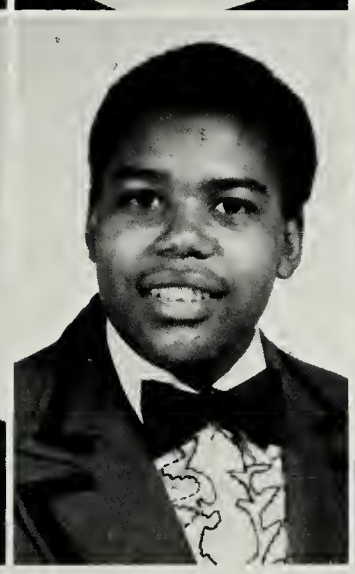
Virginia McNells

Clifford Meadows

Lynda Mersing; "Shellie"
FBLA 12, Treble Choir 9, 10, 11, Miss Potomac Pageant 11

Christine Michelini; "Gumby"
Cheerleading 10, 11, 12, Junior Civitans 10, 11, 12, National Honor Society 11, 12, SCA Representative 11, Teen Counseling 11, 12 (Team Leader 12), Signet 10, 11, 12, Powder Puff Football 11, 12, Who's Who in American High Schools 12





Robin Mickett
Art Club 9, 10, 11, 12

Arthur Milbert: "Artie"
Football 9, 10, 11, 12, Indoor Track 10, 11, 12, Outdoor Track 9, 10, 11, 12, SCA 10, 12, SADD 11, 12, Teen Counseling 11, 12

James Miller II; "Ducie"
Football 9, 10, Junior Civitans 11, 12, Debate and Forensics 12, Computer Club 12, Who's Who Among American High School Students 12, Powder Puff Football Cheerleader 11, Class Treasurer 11, 12, National Honor Society 11, 12 (Vice President — 12), Boys' State 11

Jennene Miller

Sean Miller
Drama Club 11, 12, Concert Choir 9, 10, 11, 12

Douglas Misenko; "Doug"
Basketball 9, 10, 11, 12, National Honor Society 11, 12, Junior Civitans 11, Computer Club 12, Who's Who Among American High School Students 12, Class Representatives 12, Class President 11, Class Vice President 10, Powder Puff Cheerleader 11, 12, Boys' State 11

Jewell Mitchell
FHA 9, 10, 11, SADD 11, Drama Club 9, DECA 9, 10, 11, 12, Concert Choir 9, 10, 11, 12, Treble Choir 9, 10, 11, 12

Scott Moberley
Science Club 11, 12 (President 12), Marching Band 11, 12, Symphonic Band 9, 10, 11, 12, Stage Band 11, 12

Arnold Molinari; "Scott" "Penguin"
Football 9, 10, 11, 12, Key Club 9, 10, 11, 12 (Sgt. at Arms 11, President 12), Class Representative 12, Teen Counseling 11, Weight Lifting 9, 10, 11, 12, Party Beasts 11, 12

Richard Moran
Football 9, Chess Club 9

Julie Morley
Junior Civitans 9, 11, 12

Elizabeth Morris; "Bess"
Pantherettes 10, 11, 12, SCA 9, 10, 11, 12, Junior Civitans 11, 12, DECA 12

Carrie Moss
Track 9, 10, Tennis 10, 11, 12, Homeroom Representatives 10, Junior Civitans 12, Band 9, 10, 11

Jeannette Mullany; "Buffy"
Cheerleading 9, 10, 11, 12, Soccer 9, 10, 11, 12, SCA 9, 10, 11, Junior Civitans 9, 10, 11, 12, Pep Club 9

Pamela Murphy
VICA 12

Brian Nary
VICA 11, 12, DECA 10

Francais Nary

Anthony Nattania; "Tony"
Wrestling 9, 10, 11, 12, Football 9, 10, 11, 12

Arthur Newman

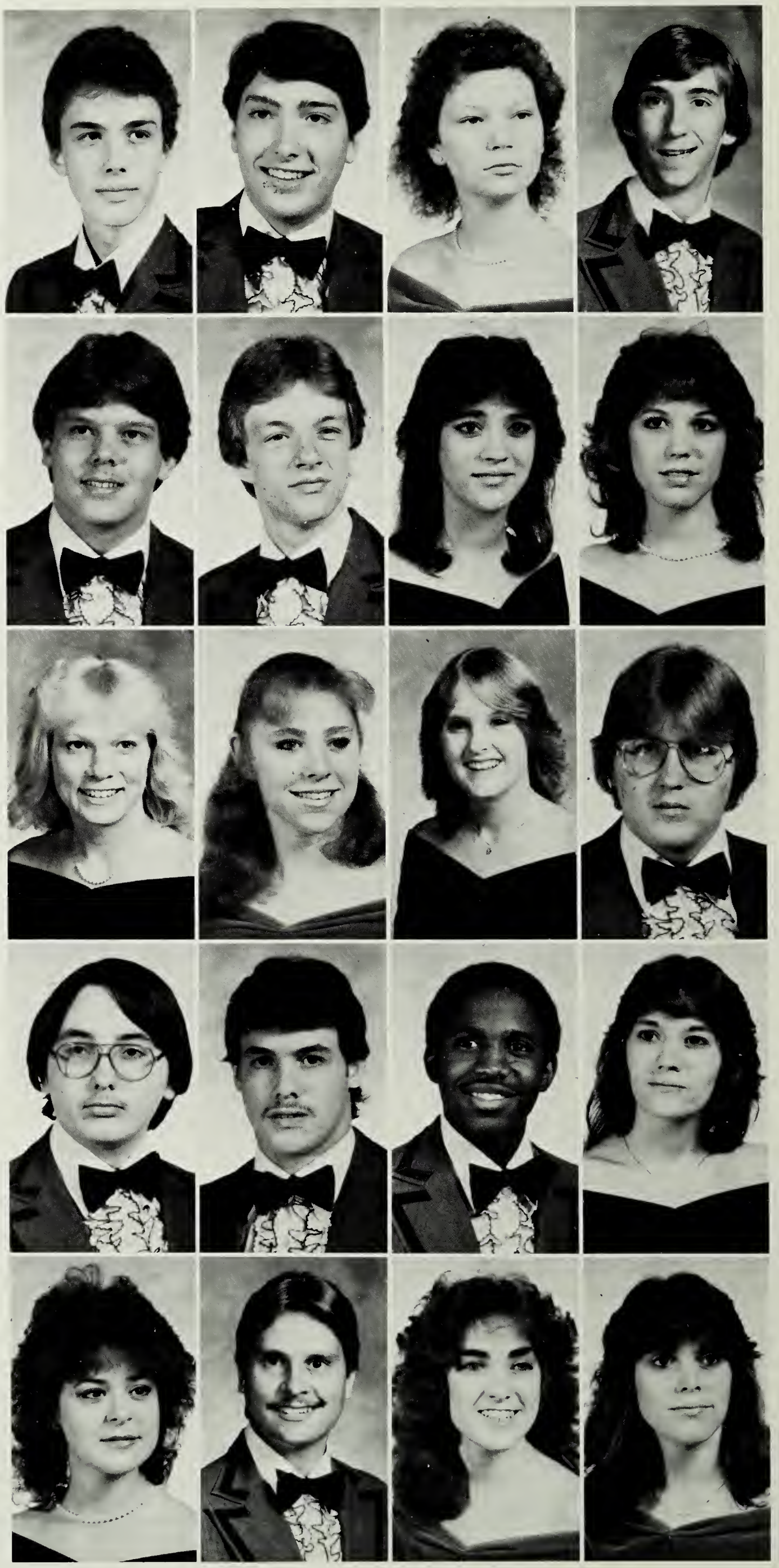
Katherine Nicely; "Kathy" "Kat"
Flag Corps 9, 10, Photography 11, FBLA 12

Lisa Nicolosi

Mark Novitsky; "Ski"
D.E. 10, 12

Angela Nutton; "Angie"
PowderPuff Football 11, Statistician 11

Megan OBrian
Tennis 10, 11, 12, Junior Civitans 10, 11, 12



Mike Ausley poses beside his Cherokee piper at the Woodbridge airport. This senior enjoys the hobby of flying.

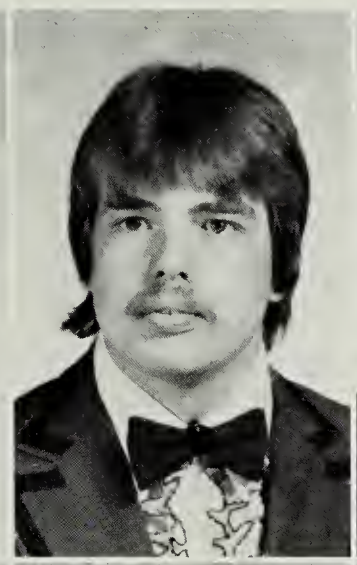
Flying High

Among the many interests of the Senior Class, flying seems to be unique. However, for seniors Mike Ausley and Scott Moberly, flying is a way of life.

Mike began flying lessons at the age of fifteen and flew for a year with an instructor. Then, the following year when he was sixteen, he received his student license which enabled him to solo. Finally at seventeen, he was able to take others for a ride after he received his private license. Mike now flys a Beechcraft Bonanza V-35 and hopes to become a professional pilot.

Scott began taking lessons when he joined the Quantico Flying Club. However, all of his ground school was self-taught. About his flying lessons he said, "It was fun when I started flying with an instructor, but the *real* experience was soloing for the first time." Scott, like Mike, also received both his student license and his private license.

Scott and Mike have experienced the feeling of freedom that only the skies can offer. This freedom has them flying high.

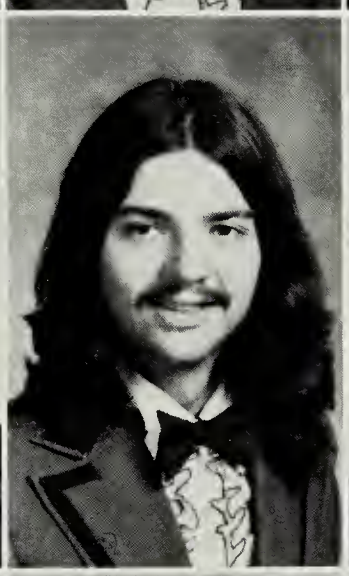


Kelly O'Connor
Soccer 9, Track 10, 11, 12, Cross Country 11, Indoor Track 10

David O'Donnell

Sean O'Donnoghue
Junior Civitans 11, Computer Club 10, 11

Michele Olio
Soccer 10, Junior Civitans 9, 10, 11, 12 (President 12), Key Club 11, 12, National Honor Society 11, 12, Teen Counseling 11, 12, Senior Class Secretary 12, Powder Puff Football 11, 12, Who's Who Among American High School Students 12, Girls' State 11

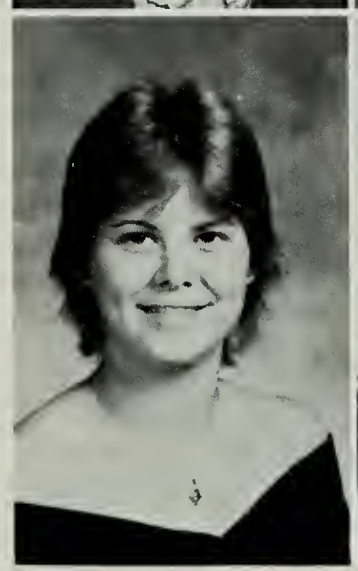


Robert O'Neill; "Robbie"
Drama Club 9, 10, 11, 12 (Vice-President 11, President 12), SADD 11, 12, Varsity Choir 10, Concert Choir 11

Michael Oravec; "Mike" Foreign Language Club 9, Computer Club 10, Yearbook 11

Kevin O'Sullivan

Kimberly Overton; "Kim"
Drama Club 9, 10, 11, 12, National Honor Society 11, 12, SADD 11, 12, Treble Choir 9, Concert Choir 11, Teen Counseling 11, 12, Miss Potomac 1984



Brenda Owens
Volleyball 9, Softball 10, 11, 12, SADD 12, FBLA 12, Powder Puff Football 12

Veronica Owels; "Vicky"
Flags 9, 10, Key Club 10, Teen Counseling 11, Junior Civitans 12, SCA 12, Powder Puff Football 11, 12, Homecoming Committee 11

Teresa Pague
FBLA 12

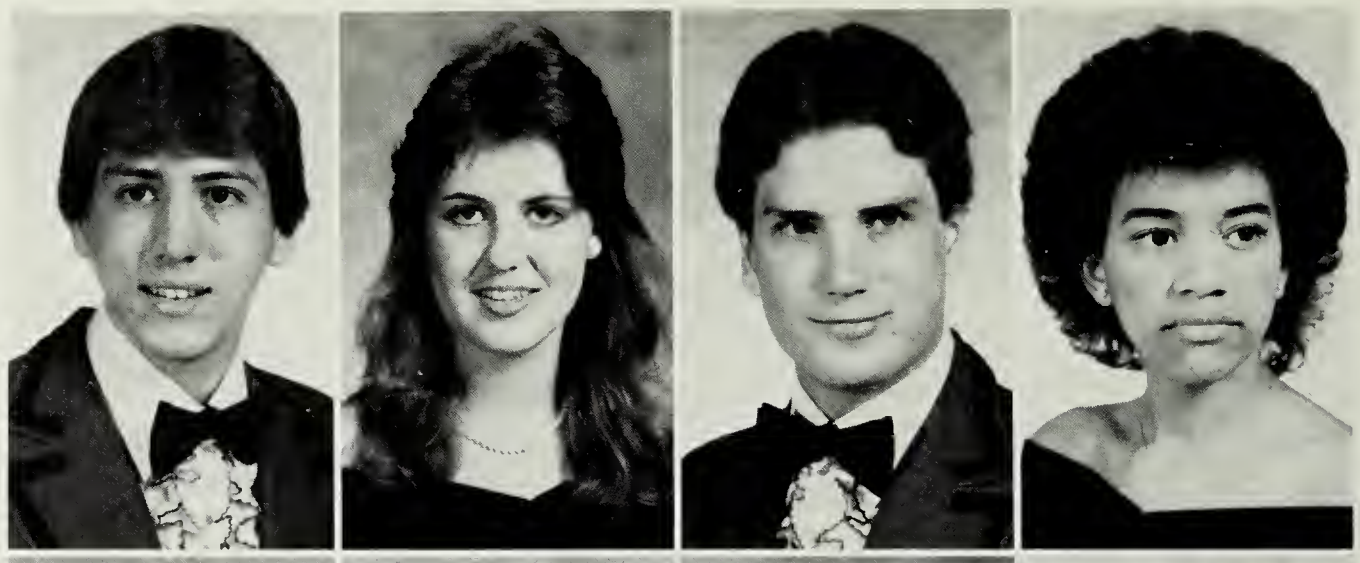
Peter Pandazides; "Pete" "Petey"
Football 9, 10, 11, 12, Wrestling 9, 10, 11, 12, Powder Puff Football Coach 11, 12

Kevin Parker
Soccer 9, 10, 11, 12

Julie Patton

John Payton; "Smajic" "Rambo"
Football 9, 10, 11, 12, Basketball 9, Photography Club 12, Powder Puff Football Coach 11, 12, Weightlifting 9, 10, 11, 12, Party Beasts 11, 12

Angie Peguese
Pantherettes 10, 11, 12, Foreign Language Club 9, 10, 11, Junior Civitans 10, 11, 12, Key Club 12, SCA 12, SADD 11, 12, Teen Counseling 11, 12



Sean Peters
Football 9

Debbie Petersen; "Debs"
Foreign Language Club 9, 10, 11, Junior Civitans 10, SCA 9, 10, 11, 12, National Honor Society 11, 12, Foreign Language Festival

Jennie Pieski; "Jen"
Art Club 10, DECA 11, 12

Karen Piwowarski; "KP" "Porkchop" "Pork"
Volleyball 9, Junior Civitans 9, 10, 11, 12 (Sgt. at Arms 12), Powder Puff Football 11, 12, SCA 10

Elizabeth Poland; "Beth"
Drama Club 9, 10, 11, 12

Jennifer Polland
Orchestra 9, 10, 11, Foreign Language Club 10, 11, Drama Club 11, 12

Matthew Pope; "Matt"
Baseball 9, 10, 11, 12, Wrestling 9, 10, Yearbook 12

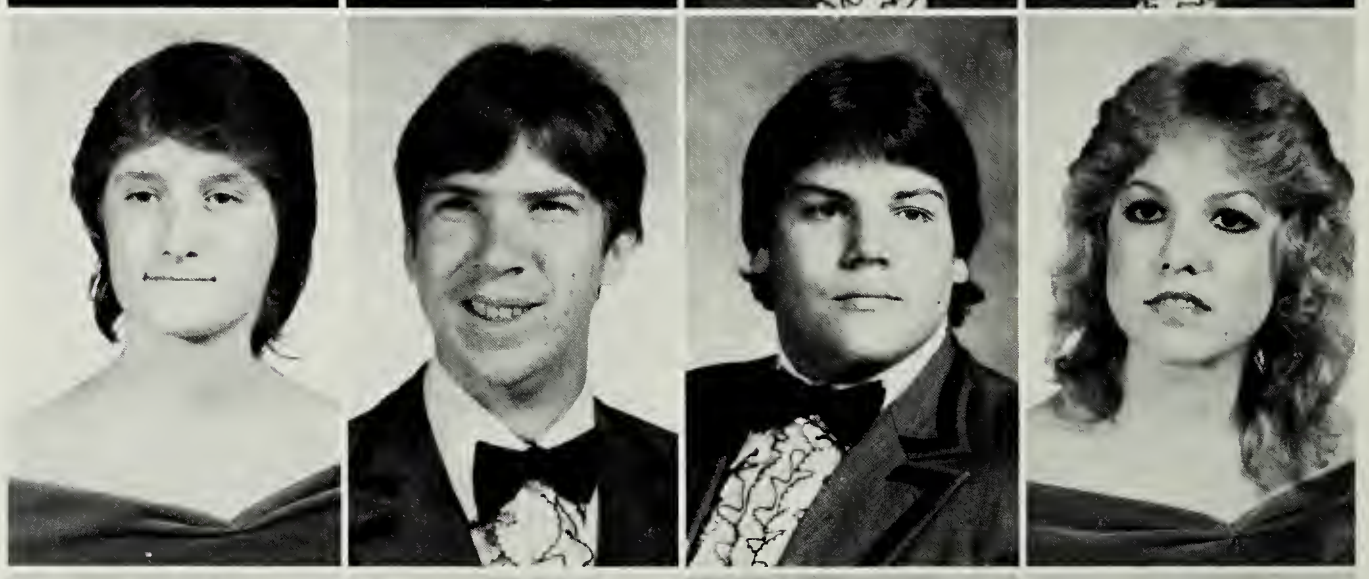
Jeffery Porter; "Jeff"
Soccer 9, Baseball 10, 11, 12, National Honor Society 11, 12

Laura Porteus

Doug Potvin; "Pottamus"
Basketball 9, 10, 11, 12, Track 9, 10, 11, 12, FBLA 12, COE 12, National Honor Society 11, 12

Steven Pregenzer; "Steve" "Ginny"
Football 9, 10, 11

Kimberly Pulen; "Kim"
DECA 10, FBLA 12

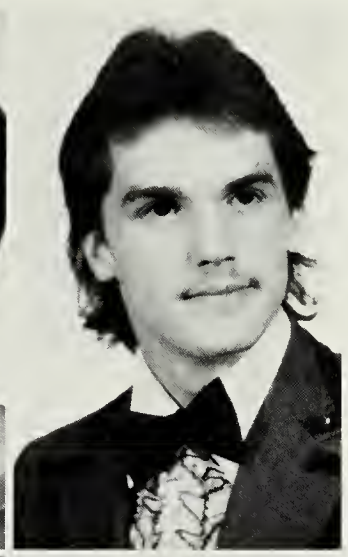


Bridgett Purvis
Basketball 9,10, DECA 9, 10, 11, 12, Pep Club 9, 10, 11, 12, ICT

Anthony Qualls; "Tony"
Football 9, 10, 11, 12, Basketball 9, 10, 11, 12

David Queen
Photography Club 12

Beatrice Quintavalli; "Bea"
Track 9, 10, SCA 9, Key Club 9, 10, Foreign Language Club 11, 12



Bonnie Reed
Gymnastics 9, Drama Club 9, 10 (Secretary 10), SCA 12, Literary Magazine 12, Talent Show 10, Foreign Language Club 10

Roxi Reeves

Yolanda Reynolds

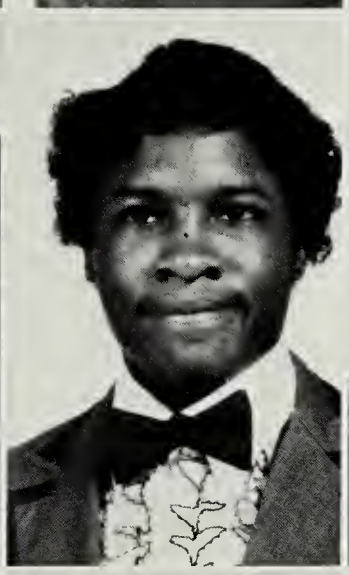
Sean Rice
Football 9, 10, 11, Wrestling 9, Powder Puff Football Coach 11, 12

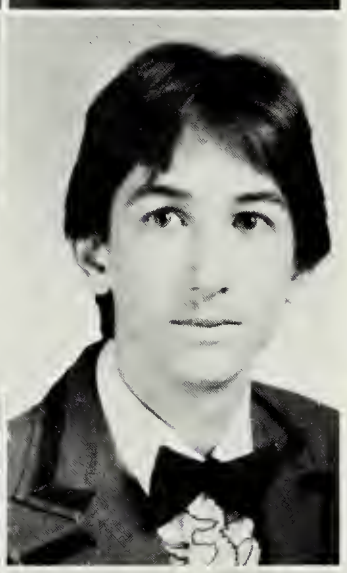
Ira Richardson
Football 10, 11, 12, VICA 9, 11

Sara Richardson; "Sallee"
Track 9, Concert Choir 9, 11, Treble Choir 10, Yearbook 11, 12 (Editor-in-Chief 12)

Irene Ries
Drama Club 9, Public Speaking 9, 10, Choir 9, 10, 11

Zina Riggs
FBLA 12, Miss Potomac Pageant 11





Betty Roberts

David Rodriquez

Kirk Rogerson

David Ross
DECA 10, Concert Choir 9, 10, 11, Madrigals 12

Mylene Rowe; "Mylo"
Volleyball 9, 10, 11, 12, Basketball 9, 10, 11, 12, Track 9, 10, 11, 12

Christy Rowen
Drama Club 9, 10, 11, 12, FHA 9, SADD 11, 12, Teen Counseling 12

Sean Ruf; "Ruff"
Football 9, 10, 11, 12, Soccer 12, Baseball 12, DECA 10, 11, 12 (Vice President 11), Junior Civitans 11, 12, Math Club 12, Powder Puff Football Coach 12

Michael Rule; "Mike"
Football 9, 10, 11, 12, Track 10, 11, 12, Basketball 10, 11, 12

Tammy Rutkoskie
Drama Club 9, 10, 11, Literary Magazine 12, Yearbook 11, Varsity Choir 10, Concert Choir 11, 12, Treble Choir 12

Thomas Saemann; "Tom"
Basketball 9, 10, 11, 12

Duane Sampson
Football 10, 11, Drama Club 10, 11, 12, VICA 11, 12, Camerata Singers 12, Concert Choir 10, 11, 12, Choir Musical 10, 12

Anthony Scallan; "Tony"

Traci Schrack
SCA 12, Jr. Civitan 11, 12, FBLA 11

Deborah Scott
Softball 9, 10, 11, 12, Volleyball 9, FBLA Game, All County Art Exhibit

Sean Senko

Stephen Shepard
Tennis 10, 11, 12, Key Club 10, 11, Gifted and Talented 11, Homecoming Court Escort 11, Prom Committee 11, Who's Who Among American High School Students 11, Model United Nations 11, Mock Democratic Convention 11

Karen Shetley
FBLA 9

David Shive
Track 9, 10, 11, 12, Cross Country 10, 11, 12, Indoor Track 10, 11, 12, Junior Civitans 12

Scott Simpson
Golf 12, Foreign Language Club 12 (Vice-President), German Club 10, 11, 12

Betty Sines
Volleyball 9, Treble Choir 9, 11, Distinguished Honored High School Students of America 10

Jaqueli Sinkoski

Bevel Smith

Donna Smith

Eric Smith
Football 9, 10, Baseball 10

Kelvin Smith

Leslie Smith
Junior Civitans 9, 11, 12, SCA 10, 11, 12, SADD 11, 12, Homecoming Committee 11, 12, Powder Puff 12

Thomas Smith

Renae Smoot
Track 9, National Honor Society 11, 12 (Secretary 12), Junior Civitans 9, 10, SCA 12, SADD 11

Angela L. Spooner
Pep Club

Danny Stanley

Steven Stanley

Adam Stapor
Football 9, 10, 11, 12, Wrestling 9, SCA

Nicoel Steagall
Track 9, 10, Cross Country 9, Pep Club 9, Foreign Language Club 10, 11, Art Club 12, Cheerleading 10, 11, NHS 12

Bob Stefko

Shellie Ann Stennick; "Shell" "Maybell-Jean"
Fall Crew 10, Girls Varsity Soccer Manager 11, Gang 04, no, 3!!?, Powder Puff 12, Homecoming Committee 11, Prom Committee 11, Class Representative 11, VCU Art Workshop

Robert Sterbutzel

Shawn-Ta Sterns
FBLA 9, DECA 10, Class of '85 12, DECA Competition 10

Ray Storey
VICA

Angela Stotler

Tracie Sweeny; "Shorty"

Benjamin Szenas

Dee Tainter
Track 9, Photography 9, Computer 11

Brannen Taylor
Crew, Key, Computer

Ernie Terrazas

Michelle Theriault
Track, FBLA 12, Junior Civitans 12

Kimberly Thomas; "Kim"
DE 9, 10, Pep Club 9, 10, 11, 12

Tina Thomas
Pep Club 9, 10, 11

Jeanna Tillman
Junior Civitans 11, 12, SADD 11, 12, Pantherettes 10, 11, 12 (Captain 12), Superstar Nominee 12, Homecoming Court 12, Powder Puff Football 12

James Trent; "Jamie"
Football 9, 10, 11, 12, Basketball 9, 12

Joanne Triano
Soccer 9, 10, Junior Civitans 9, 10, 11, 12, Pep Club 9, 10

Dale Triplett; "Trip" "Red" "Flame"
Crew 10, 11, 12, Chess Club 9, 10, 11, 12, Science Club 9, 10, Newspaper 10, 11

Dennis Tucker

Kim Turner
Track 10, 11, Cross Country 11, Indoor Track 11, 12

Tammy Valentine
Cheerleading 10, Pantherettes 11, Junior Civitans 9, 10, Powder Puff Football 12, Teen Counseling 11, Boys Varsity Soccer Manager 9

Paul Valis

Jeffery VanFleet; "Jeff"
Wrestling 9, 10, 11, Football 9, Key Club 9, 10

Pamela Van Straden

Donald Vaughan

Tina Viehmeyer
DECA 12, FBLA 11, 12

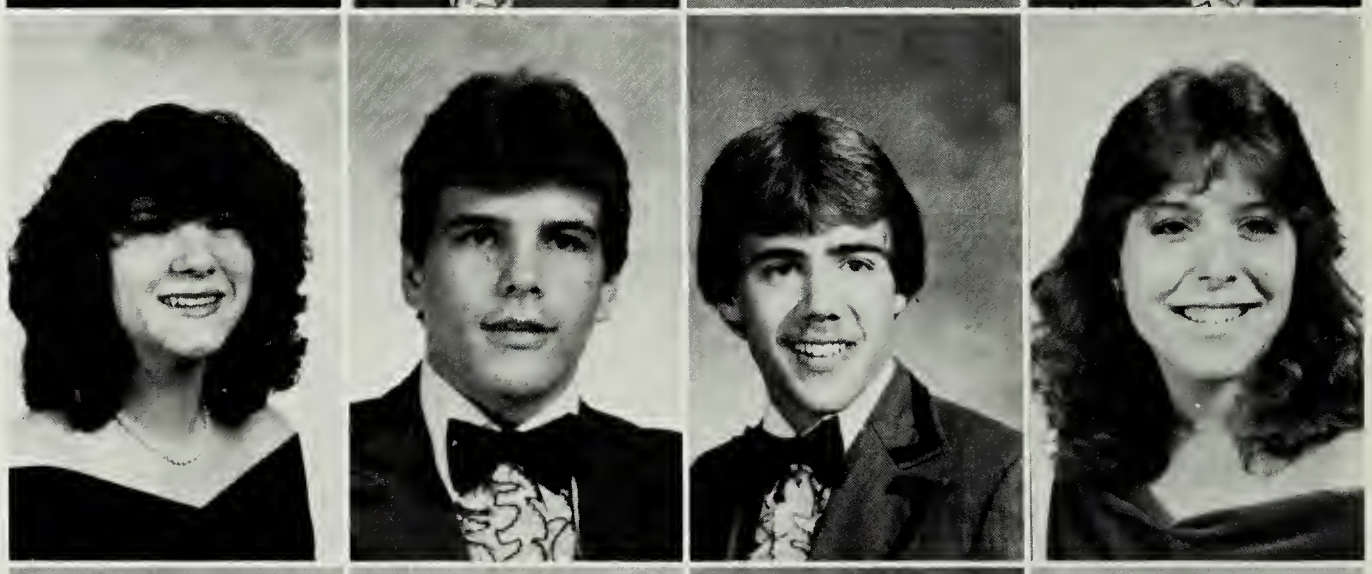
Robert Vitek; "Bobby" Baseball 9, 10, Basketball 9, 10, 11, Junior Civitans 11, SADD 11, 12, SCA 12, Powder Puff Cheerleading 11, 12, Homecoming Float 11, 12

Renee Voegtly
Basketball 9, Drama Club 9, 10, 11, 12, Yearbook 9, 10, 11, 12, Treble Choir 12, Powder Puff Football 12

Mark Vowell
Football 9, 10, 11, 12, Wrestling 9, 10, 11, 12, Soccer 9, 10, 11, 12, Junior Civitans 10, 11, 12, SCA 9, 10, 11, 12 (President 12)

Harry Vrenderburg

Karen Waggoner



Robert Wallace

Amy Wallich; "Pink Panther" "Spot"
Sadd 11, 12, SCA 11, Orchestra 9, 10, 11, 12 (Publicity Manager 12), Marching Band 12, PWYO 9, 10, 11, 12, All-County Orchestra 9, 10, 11, 12

Michael Waniel; "Mike"
Soccer 11, 12

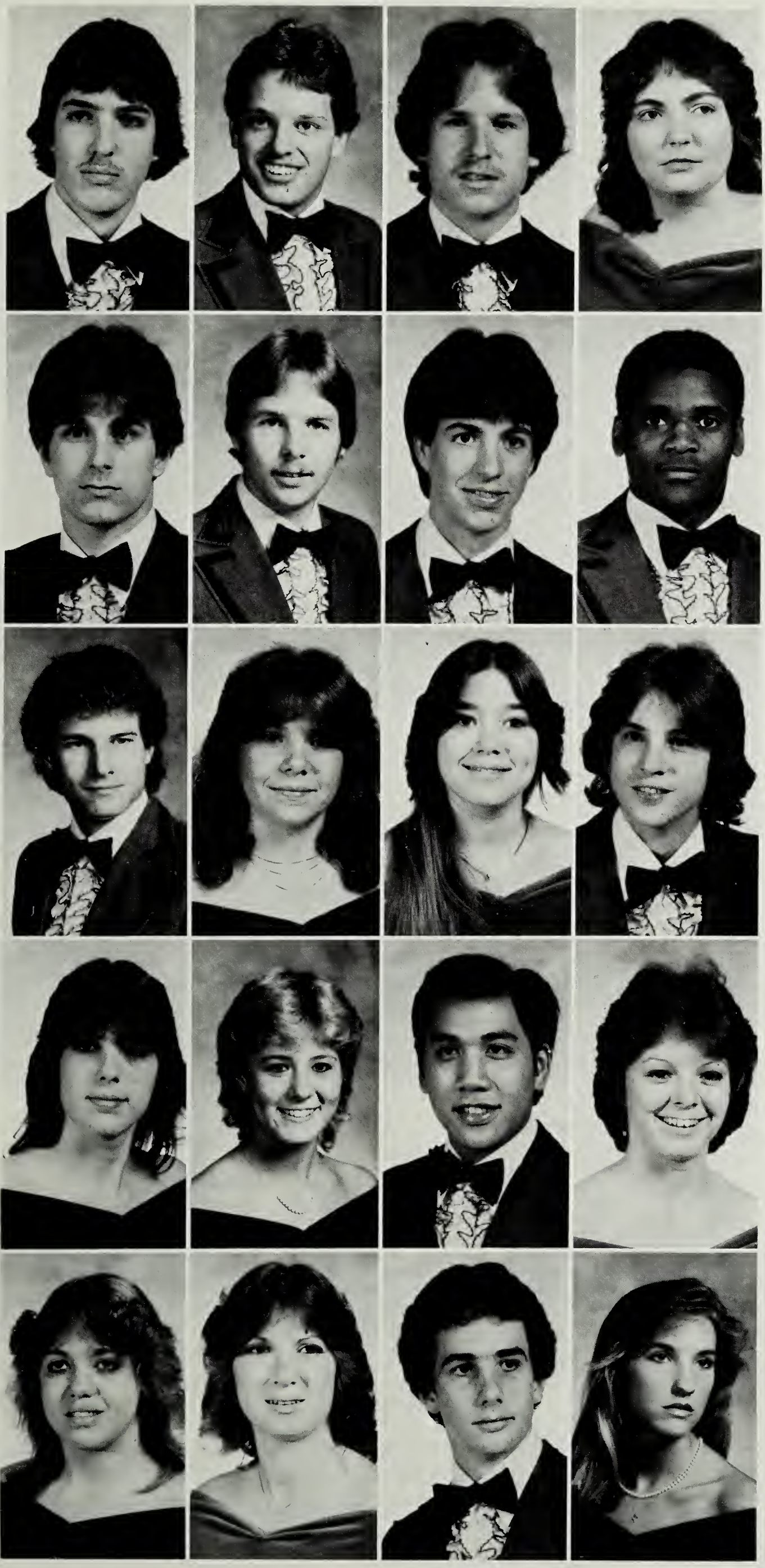
Renee Warner
Signet 9, 10, Homecoming Committee 11, 12, SADD 12

Kimberly Watson; "Kim"

Maria Weis
Foreign Language Club 11, 12, Drama Club 9, 10, 11, 12, SADD 11, 12, National Honor Society 11, 12, Pantherettes 10, 11, 12 (Captain 12), Teen Counseling 11, 12 (Team Leader 12)

Karl Wertz
Wrestling 9, 10, VICA

Carmen Wessolleck
DECA



Keith West
Varsity Soccer Manager 9, 10, Printing Club

Kevin West
Football 9, 10, 11, 12, Wrestling 9, 10, 11, 12, SCA 9, 10, 11, 12, Senior Class Board of Directors, Teen Counseling 11, 12, Weightlifting 9, 10, 11, 12, Boys' State 11

James White

Anita Williams

Doug Williams
Football 9, 10, 11, 12

Joe Williams
VICA

John Willis
Soccer 10, 11, 12 (Captain 12), National Honor Society 11, 12 (Treasurer 12), Computer Club 11, 12 (Vice President 11, 12), Junior Civitans 11, 12, SADD 11, 12, Math Honor Society 12, Senior Board of Directors, Class Representative 9, 10, 11, Teen Counseling 12

Lee Wilson; "Full Power"
Football 9, 10, 11, 12, Track 9, 10, 11, 12, Wrestling 10, 11, 12, Key Club 9, 10, 11, VICA 11, 12 (President 12)

Scott Wilson
Soccer 9, 10, 11, 12

Stephanie Wise
Tennis 11, 12, Debate Club 9, 10, Key Club 11, 12, Teen Counseling 11, 12, Treble Choir 9, 10, Madrigals 11

Tammy Witherspoon

David Wittig

Wanda Wolfe

Christine Wolter
Volleyball 9, Pantherettes 10, 11, Soccer 9, 10, 11, Junior Civitans 10, 11, Powder Puff Football 11

Conrad Woo
Science Club 11, 12, Debate and Forensics 11, Crew Club 10, SCA 9, 10, Boys' State 11, Science Fair 9, 10, 11, 12, Talent Show 10, Homecoming Hall Committee 12, Homecoming Float Committee 12

Sherry Woodward
Basketball 10, FBLA 10, 12

Betty Woolfrey

Patricia Woolls; "Patty"
Drama Club 9, 10

Matthew Wright; "Matt"

Lisa Zawoiski
Cheerleading 9, Pantherettes 10, 11, Crew 9, Key Club 9, 10, 11

Continuing To Lead As the Most Spirited Are . . .

Juniors

Junior Leadership

If no one else could do it, the Class of 86 surely could. With all of the student support backing them, the Junior officers were able to accomplish a great deal. Heidi Hinkamp played the always necessary leadership role of President, and, her right hand helper, Susan Vowell did an excellent job. Also voted into office were Cindy Ruffner as Secretary, and Missy Cadigan as Treasurer. This all-girl team did the Juniors proud this year at PSHS. It always gives us a good feeling to have competence at the top.

Heidi Hinkamp acted as Junior Class President throughout the year. Her two previous years of office holding experience were definitely an asset.

Vice-President is a position of importance, and Susan Vowell was fully qualified to fill it; and fill it well.

Secretary is a busy role and Cindy Ruffner did a fine job of splitting her time between cross country running, school work, and her Class position.

Holding onto the money is always the Treasurer. Missy Caddigan was also seen holding onto positions in volleyball, basketball, and softball throughout the year.

David Agatone
John Albers
James Alexander
Lisa Alonao
Damon Alvarez
Kathy Anderson

Patricia Anderson
Mark Anglin
John Apperson
Jim Atkins
Nancy Bagato
Michelle Bailey

Michelle Banks
Todd Banks
Steve Barber
Susan Barger
Chris Barko
Mindi Barrett

Anne Bartosch
Nikki Bas
Ann Beamer
Jeff Belcher
Mike Belforte
Cesar Benavides

Bill Bennett
Laura Best
Cheryl Beyer
Rick Biama
Diana Biddle
Joe Blake

Richard Blanchfield
Kimo Bockon
Tracy Bombalski
Robert Boonstoppel
Theresa Boulden
Windy Bowman

Paula Boykin
Nina Bradshaw
Tami Brandt
Johnna Branham
Keith Brown
Maria Brown

Tracy Bruggen
Renee Brunson
Nickie Bryan
Garnetta Bumbrey
Lori Burchard
Jessee Buroess

Winners Take All

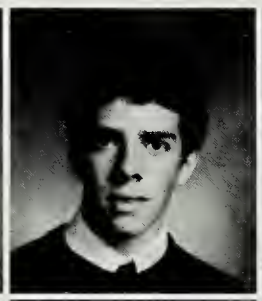
"And the winners of Spirit Week are The Class of 1986 — the Juniors!" Accepting for the class during half time at the homecoming game, was Junior Class Vice President Susan Vowell. Awarded was a plaque which accumulates the winners each year, and one hundred fifty dollars.

Classified as the most spirited group to enter Potomac, the class of 1986 certainly deserved to win the spirit award during the week of homecoming. The events leading up to this award were the purchase of spirit links, dress up days, the homecoming floats, and the decorating of the halls.

Each class was given the opportunity to purchase spirit links for a nickel during spirit week. The links were hung up on a designated wall in the cafeteria, with each class having their own wall. By the end of the week, the wall most "link-covered" was that belonging to the Juniors, who also managed to outdress everybody else. They wore their best, grubbiest, most gangster-like, and school colors to whip everybody in that competition too. Then, there was also the homecoming float, which portrayed a black panther pointing a machine gun at a yellow jacket, representative of Osbourn Park, and the hall decorating contest set to the theme of gangsters, in which the Juniors also stole sweet victory.

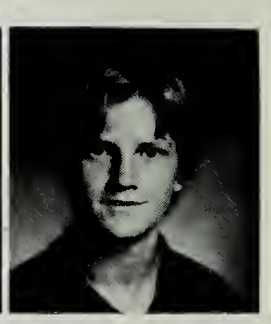
Responsible for all the activities undertook by the class were Mr. Wesley Jones, who has been a sponsor of the Junior Class for three years, and Mrs. Polombo, co-sponsor for her first year. They, along with officers Heidi Hinkamp, Susan Vowell, Unhi Chi, and Missy Caddigan, and the cooperation of class members have made the class of 1986 a big winner.

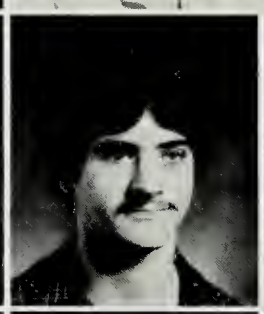
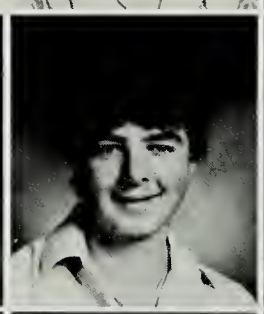
Junior Homecoming Princess, Stacy Talbot is escorted by her parents during the halftime ceremony of the Homecoming game.



Melissa Burke
Erika Burkey
Tim Burrows
Winnie Butler
Lito Cabading
Missy Caddigan

Christy Callihan
Lynn Campbell
Crystal Caperton
Steve Cappolla
Amy Cassady
Patrick Chaffin



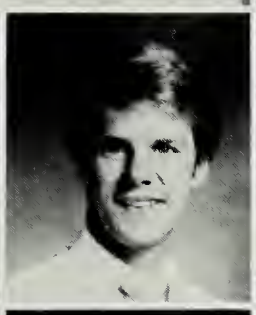



Unhui Chi
Amy Chilson
Tom Cho
David Christman
Eddie Coaly
Judy Coffenberry

Alice Coffman
James Coker
Fred Coleman
Paul Connaughton
Connie Conner
Brigid Connolly

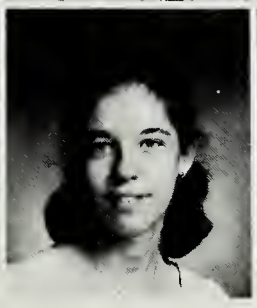
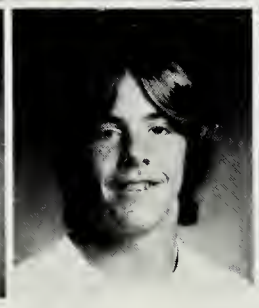
Toni Cope
Shawn Copley
Kara Cosgrove
Mark Craig
James Crawford
Staci Crawford

Donna Cregger
James Currin
Stacey Darr
Diana Davis
Linda Davis
Mary Davis

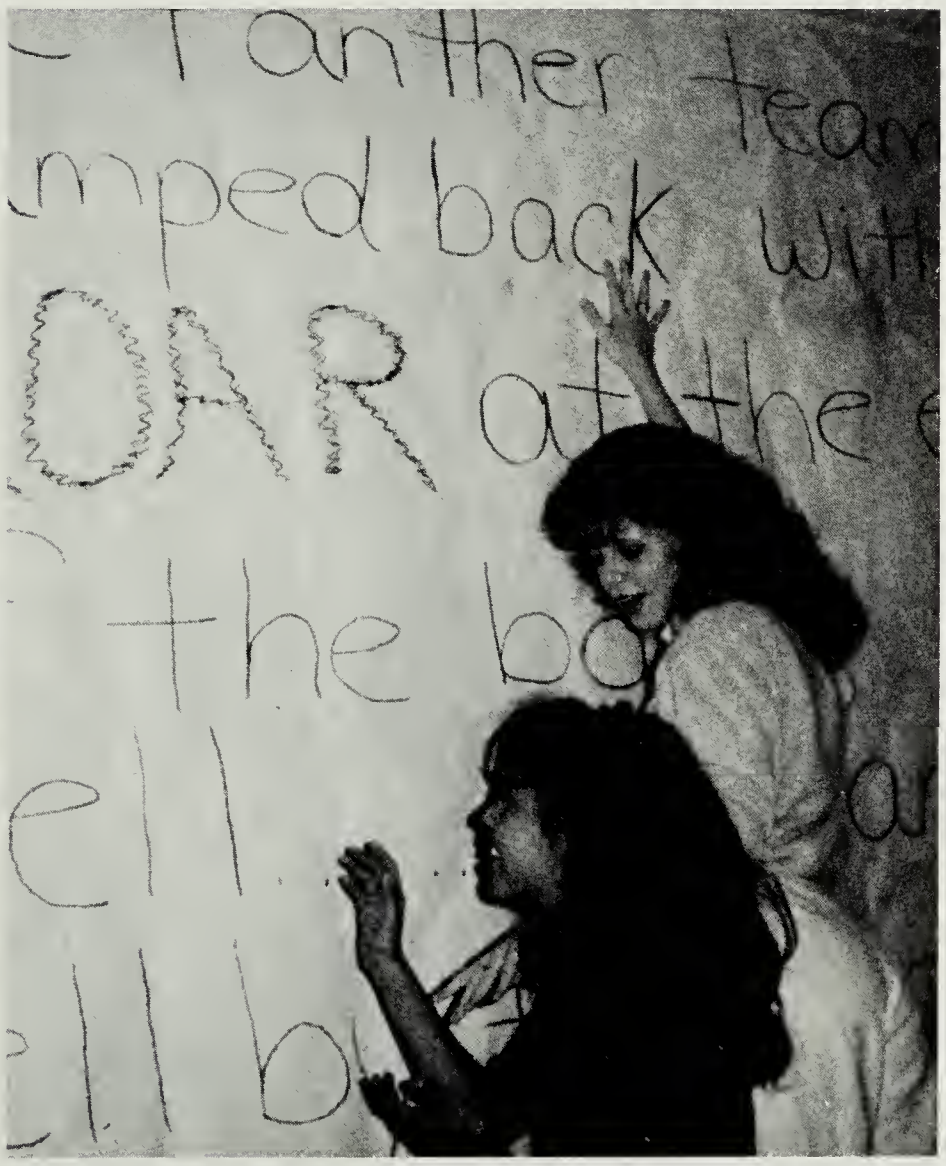


Nelson Davis
Paul Deahl
Andy Dearing
Karl Decker
Jamie Deemer
Sheila Dent

Diane Dodson
Keith DePersia
Jeri Dickinson
Tony DiGennar
Stacy DiRisio
Donald Dixon

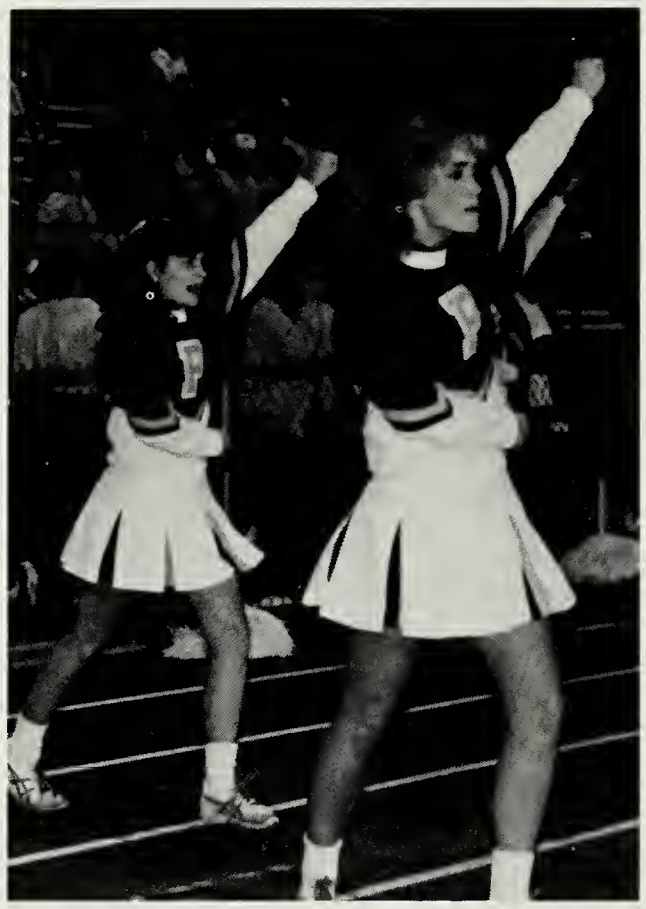
Susan Doyle walks along beside the junior float during halftime of the homecoming game. The Junior float was voted a winner in the parade by the judges.



Kim Sivells and Lisa Lazar put up posters in the Junior Class hall during Spirit Week. The hall decorating contest was one of the many spirit contests that the juniors won.

Stacy Talbott and Staci Crawford show the crowd their best smiles. They were chosen as the Junior Class princesses for Homecoming.

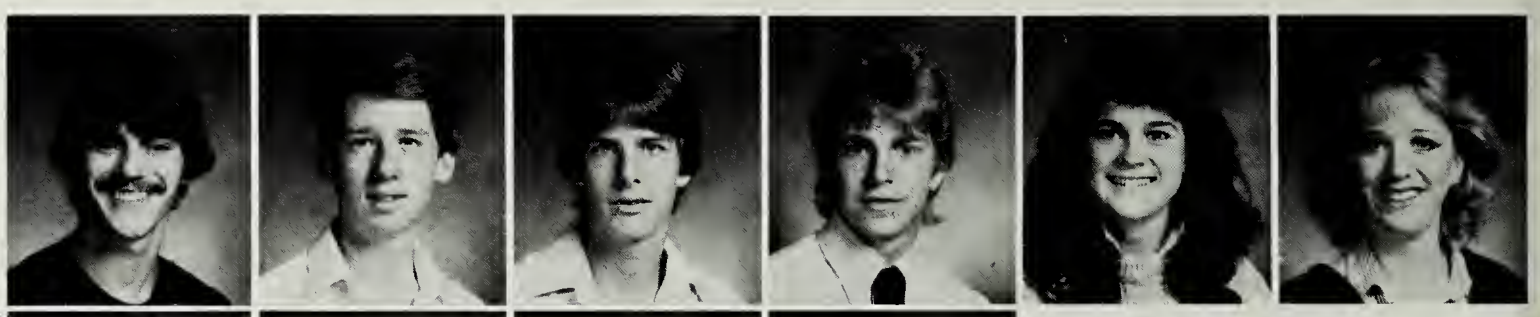
Knowing how to stay warm during a Friday night football game is by showing spirit. Stacey Talbot, a junior, does just that.



Watching intently, junior Ann Beamer catches a glimpse of the pep rally. Juniors proved that they had much spirit during pep rallies.

Cheering on the sidelines, junior varsity cheerleader Donna Dorton promotes spirit for those in the stands. The class of 1986 was very supportive of athletics.

Chip Consla
Randy Consla
Mike Cook
Kevin Dohse
Donna Dorton
Kim Dowd



Susan Doyle
Robert Drennan
Michelle Drolet
Tad Dulaney
Robert Dulin
Trisha Dunlap

Richard During
Bruce Earnhart
Paul Edelstein
Jeff Eden
Cheryl Elliot
Cliff Emerson

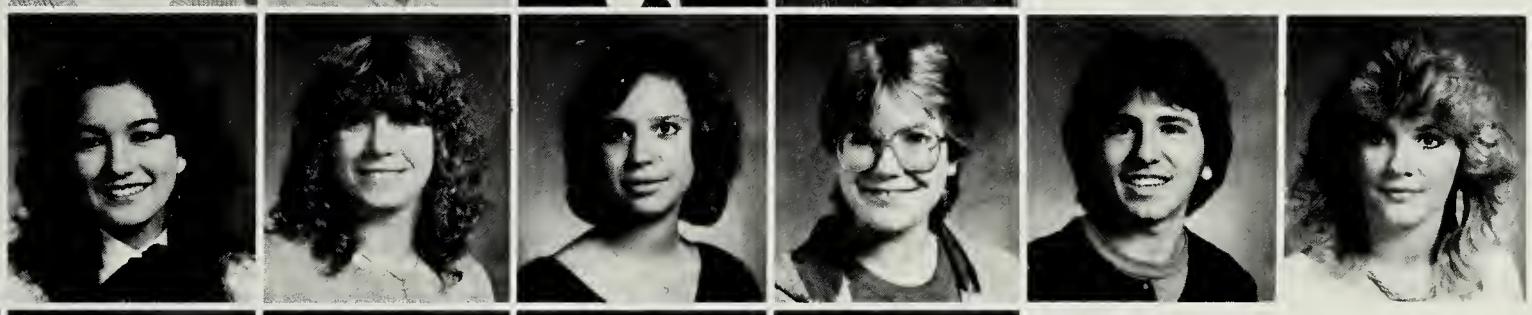
Rodney Emmons
Theresa Ervin
Jennifer Evans
Eddie Feilds
Eric Fink
Terri Fitzgerald

The Spirit Of '86 Shines

"We've got spirit, yes we do! We've got spirit, what about you!" That was a cheer often heard echoing across the gym during both pep rallies and various sports events this year. An excited group of juniors could always be counted on to show their panther pride with sounding cheer. The Class of 86 has proved themselves to be a competitive class throughout 84-85. For the second year in a row they have dominated Potomac's annual Spirit Week. By winning first place in the float, hall, and spirit link contests, the juniors made their determined spirit shine. They have grown into a class that is worthy of respect. Here's wishing them the best in their last year at Potomac High.

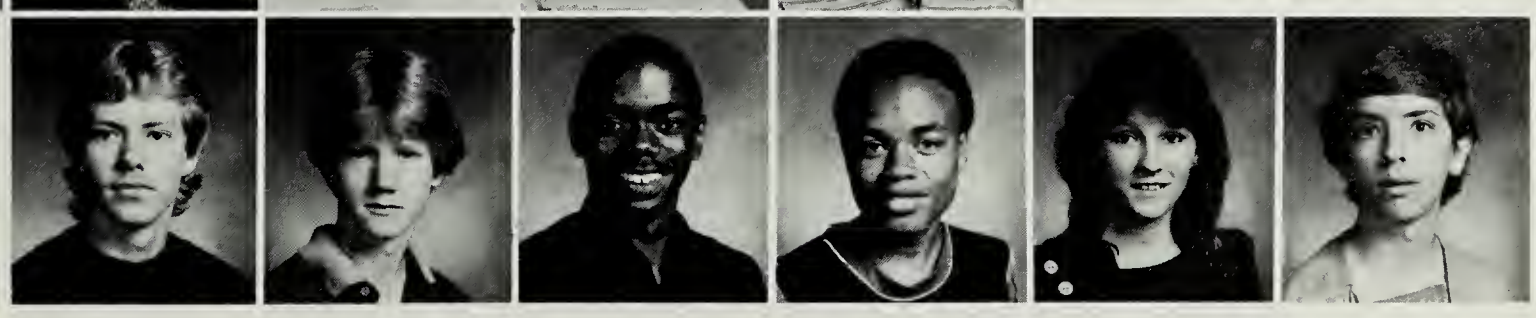
When the class of '86 came to Potomac, they brought with them, as Freshmen, a spirit like never seen before at this school. Today as Juniors, they are still showing a spirit that has escalated over the years.

Pete Flemming
Tony Flippo
Karen Flynn
Mike Flynn
John Folliard
Dennis Foos



Mary Forsythe
Danielle Fortis
Ann Fortuna
Betty Francis
Benjamin Francois
Paula Frye

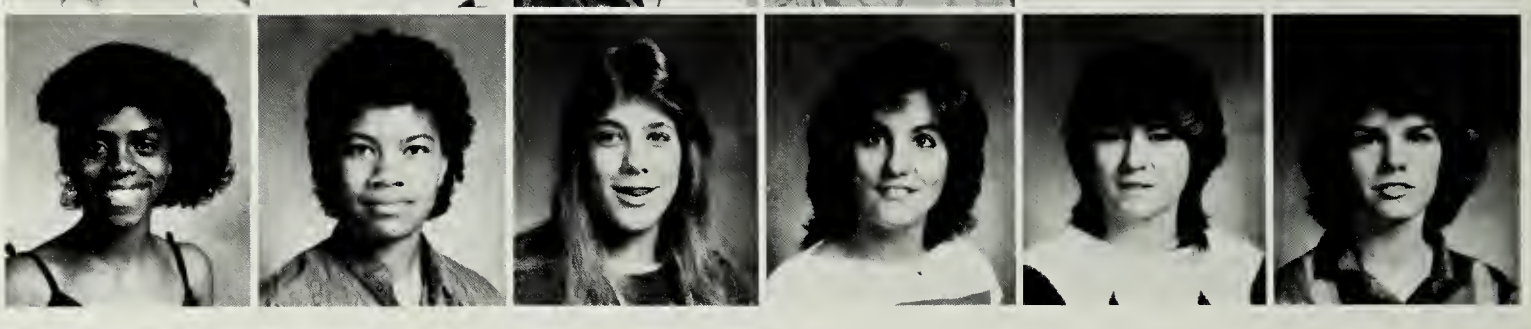
Clifford Furman
Jeff Furnia
Erin Gahn
Dan Garbett
Mike Gardner
Gary Garrison

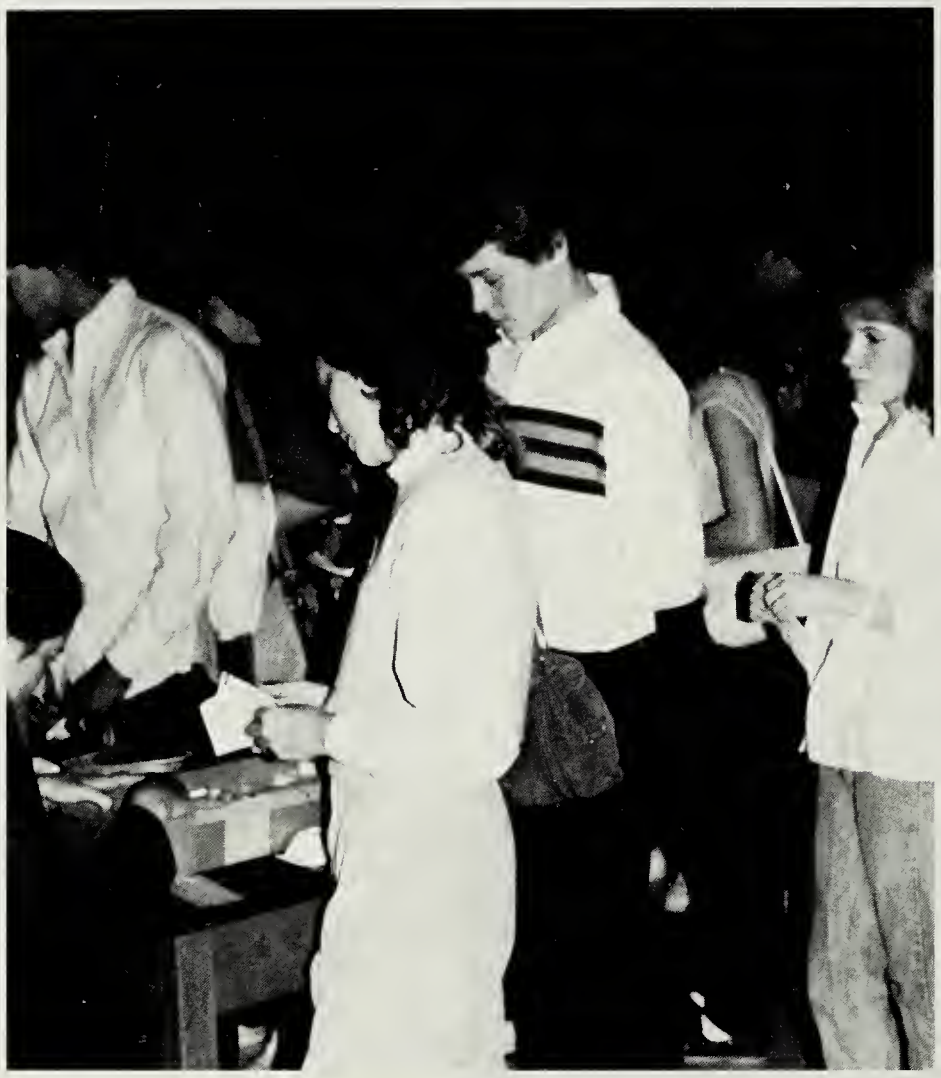


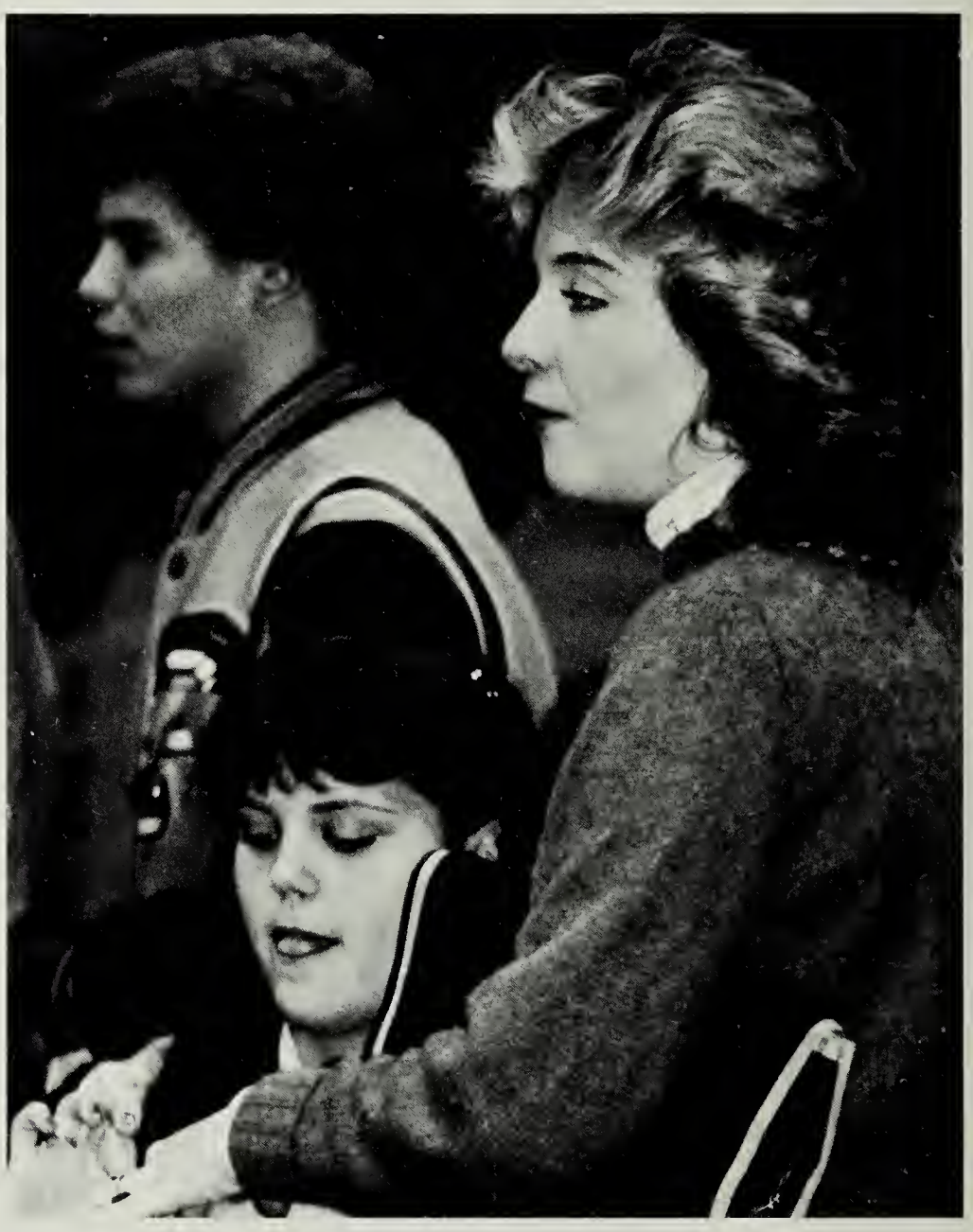
Mark Genden
James Geyer
James Gholsen
Darryle Gibson
Teresa Gibson
Stuart Gilkison

Glenn Gordon
Marie Grandy
Paul Grasso
Jennifer Graves
Kevin Grayson
Tonia Greck

Wanda Grier
Lani Griffea
Amy Griffin
Stacy Gudgel
Evelyn Haizlip
Becky Hale







Jennifer Michelini, Brian Singstock, and Becky Sloan are patiently waiting to get their first glance at their ring. "Let's just see if it fits!", said one eager Junior.

Angela Stuber is turning the new ring of Sarah Kern. It seemed to take a certain amount of patience to get those rings turned the full 86 times. Quite a few Juniors gave up, or did not bother to even try.

Kristy Hall
David Haller
John Haneklau
Robinetta Hanifan
Elizabeth Hansen
Tracy Hansen

Chuck Hansohn
Michelle Hansohn
Michael Harrison
William Hatfield
Heather Haworth
Shannon Haworth

Scott Heiser
Yolanda Herd
Melanie Hernandez
Brian Hillegrass
Alfred Hills
Heidi Hinkamp

Lisa Hinkle
Ernest Holbrook
Carol Holtzhauer
Randy Huggin
Bill Hughes
Gregg Hughes

Rings, Rings, Rings

Anticipation was evident on the faces of the Junior Class members as class rings were ordered in September. They looked forward to December when their rings would be seen for the first time. Immediately after the rings were handed out, the tradition began. Special thought was put into choosing both the first and last person to turn their ring.

Choosing the one special design that displays your personality is a one time experience. It is the most personal purchase students make in high school. This is because one is able to put a touch of him/her self into a unique ring.

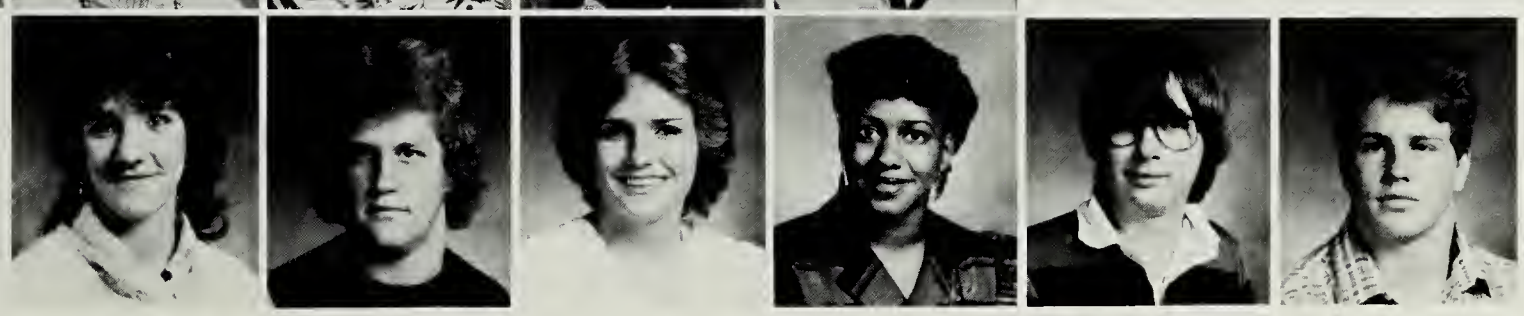
But beware Juniors!! Ask just about any Senior how simple it is to lose your little piece of gold or silver. Or, perhaps, have someone lose it for you. Many people will experience losing a ring before they make it to graduation.

Whether or not you go all out, or decide to keep the expense of your ring to a minimum, choosing a class ring is one of the special things you do in high school. It is a Junior tradition that most everyone looks forward to.

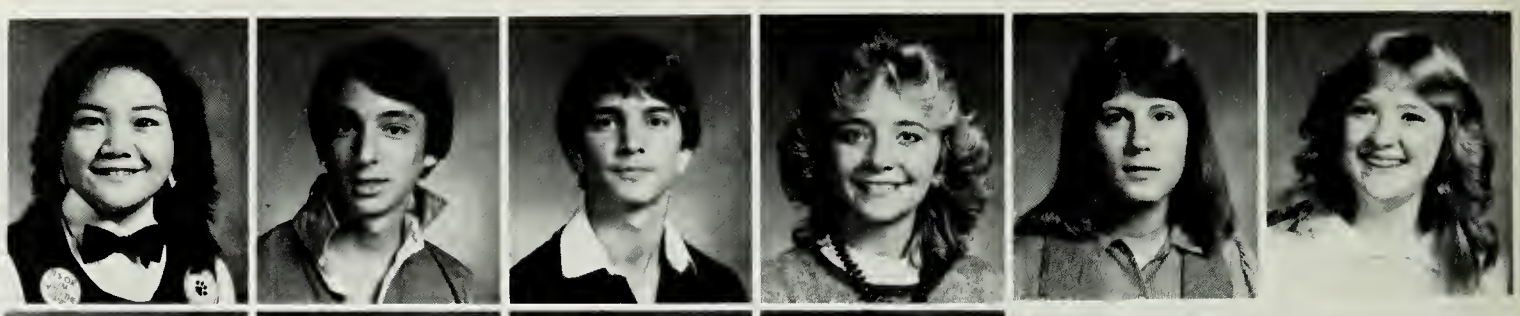
This hand is valued at well over $1,100! Class rings can be quite expensive, but Juniors don't seem to care too much, especially when Mom and Dad are paying!

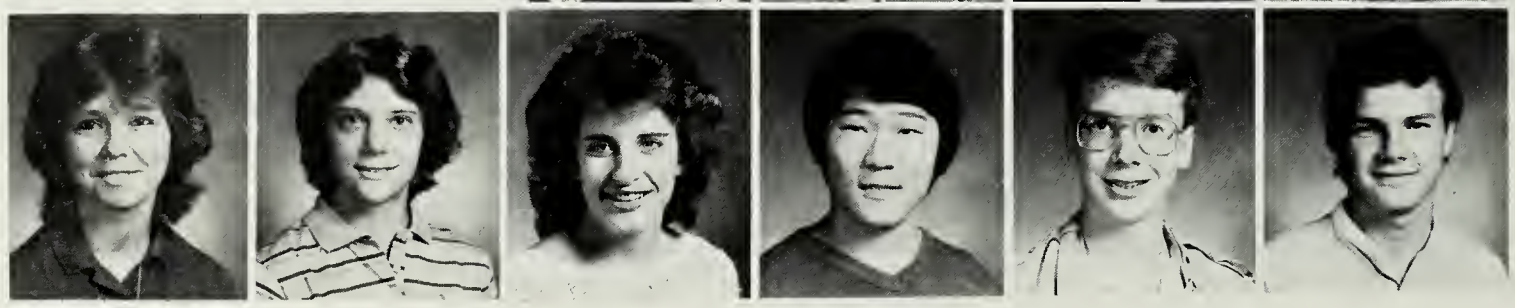
Kevin Humphries
Laura Hupka
Suzanne Hyre
Rita Jack
Sean Jackson
Andrew Jacobson

Jewell Jennings
Gary Johnson
Krista Johnson
Vivian Johnson
Michael Jones
Robert Joseph



Alice Kalaskas
Tony Katsrelis
Mario Kepus
Sarah Kern
Teri King
Melanie Kline

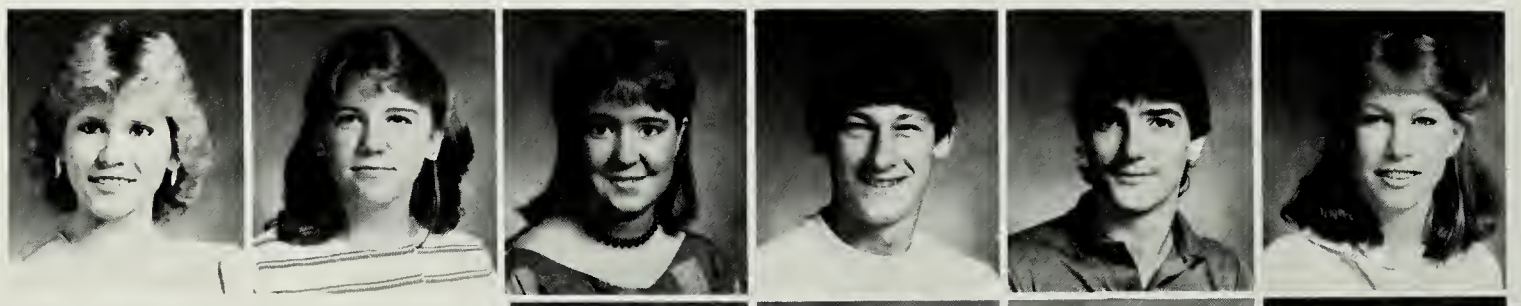




Nancy Knecht
Jenifer Knill
Deborah Kondash
Chol Kong
Ed Kroman
John Kulik

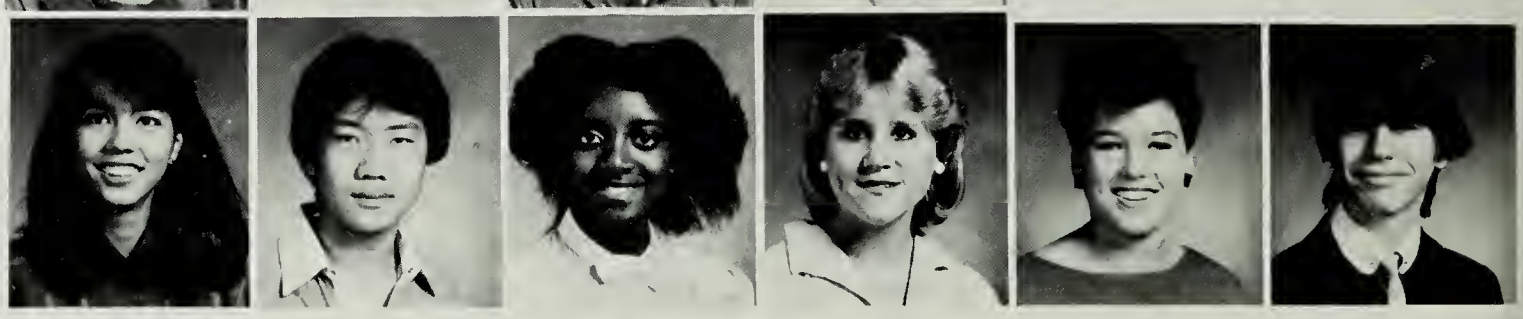
The Junior class sponsored the sale of "Valograms," a PSHS valentine tradition. Missy Caddigan, Caroline Holtzauer and Cindy Ruffner go over the final results of the sale.

Students listen attentively as they are instructed about things concerning the fundraisers.



Racheal Kvenberg
Laura Lansing
Lisa Lascody
Frank Lash
Chris Law
Liz Lawlor

Lisa Lazar
Hank Lee
Shannon Lemons
Janine Leonard
Kelly Lepage
Paul Lerner

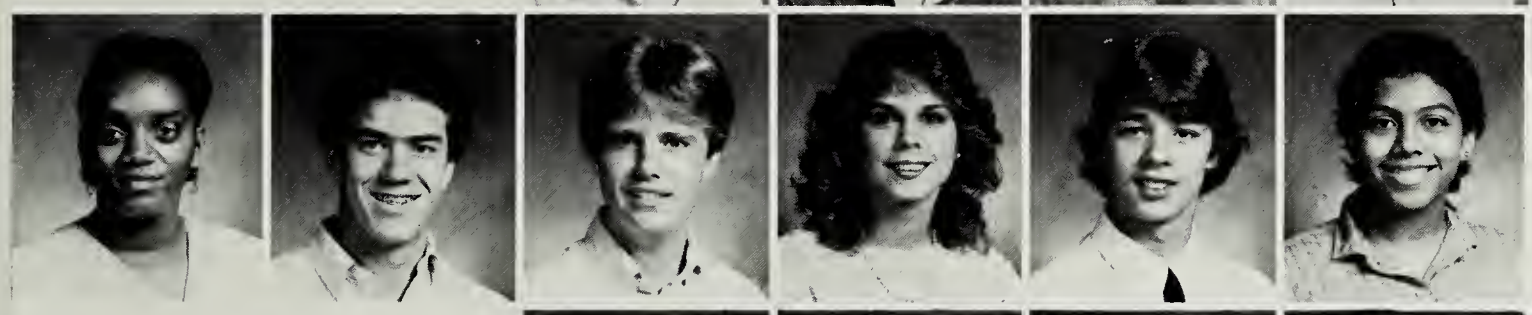


Working Toward Their Goals

Homecoming proved to be a successful money making project for the juniors. Andy Dearing, a junior, and his date were one of the many supporters of the traditional dance.

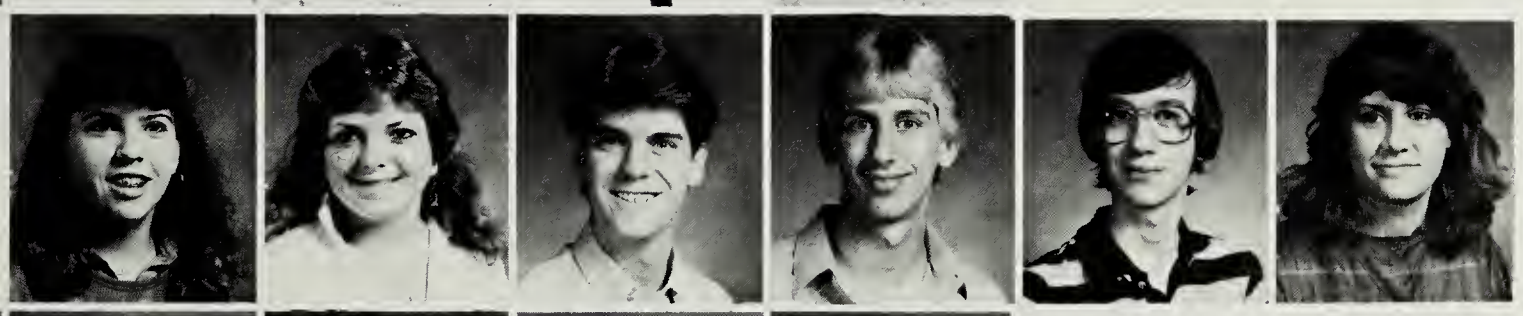
Baked sales brought in lots of money for the juniors. Because the home baked food was often better tasting then pre-packaged snacks sold at school, most of the food went fast!

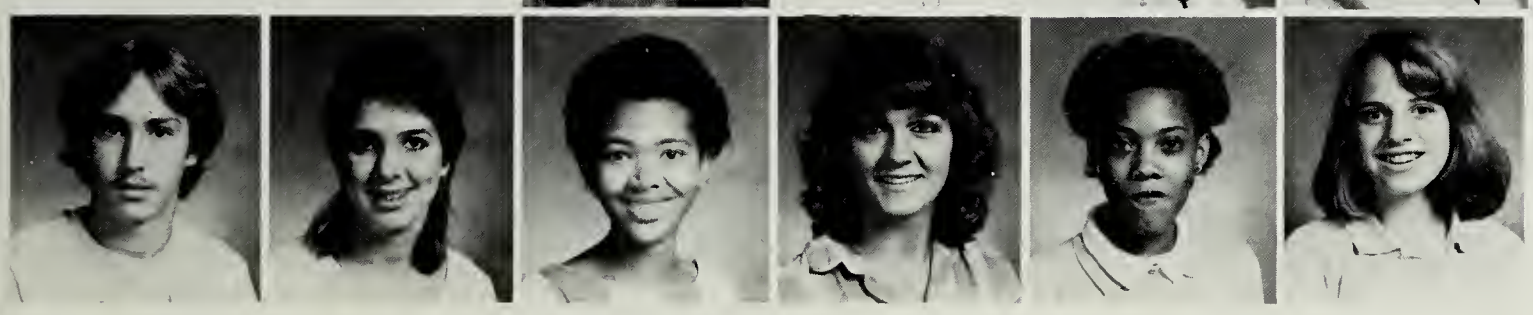
Debbie Lesko
Jack Leverstein
Nashay Lewis
Pete Lewis
Todd Lohman
Lisa Lott



Lawan Lucas
Larry Lynott
Billy MacPherson
Katrina Madagan
Mike Maddox
Maria Mairena

Glorianna Malloy
Kelly Mansey
Steve March
Greg Margheim
James Marsden
Kathy Marshall

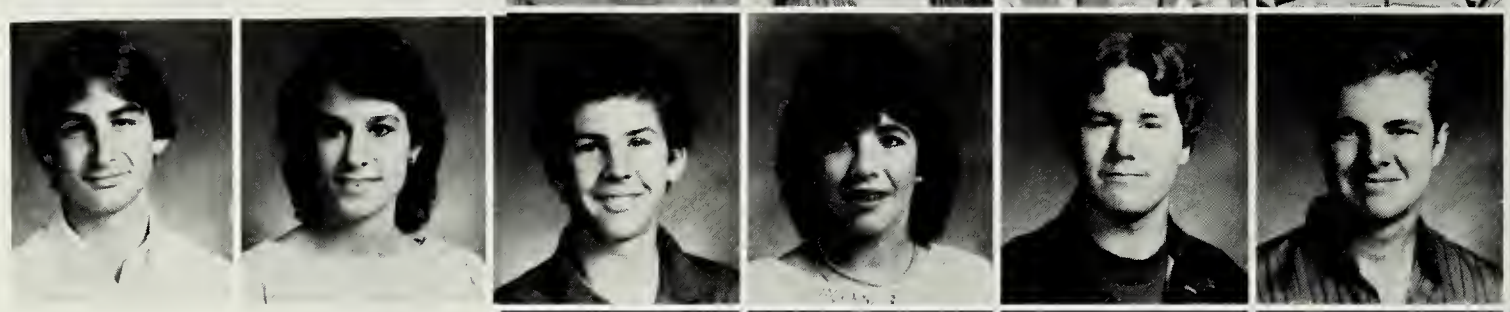




Dale Martin
Erica Martin
Shelly Martin
Tracy Maruschak
Brenda Mason
Cathy Mattijetz

Len Mauck
Nicholas McBride
Keith McCamey
Elaine McCarty
Kelly McClincey
Shari McDonald

Arlene McGann
Christine McKnight
Utrina McMichael
Bryan McMillen
Shane Mellott
Matt Mensinger



Michael Mestrovich
Jennifer Michelini
Mike Millsads
Janet Madrowski
Ricky Monk
Wayne Moore

Aaron Morgan
John Morgenstern
Cindy Morrone
Robin Moser
Gayle Muller
Walter Munn

What Will Become of Them?

College, Business school, work, marriage? Which one should it be? These were just a few of the choices juniors faced. Although they still had one more year of high school left, many decisions must be made early. This year was no exception.

Juniors questioned whether or not to go to college. If they did decide to go, then questions of where to go and whether grades and SAT scores were high enough came into being. More than half of the juniors planned to attend college and the most common thought of majors were law, fashion, medicine, and business. Others felt that they would like to take a break and just "bum" around for a while. Still others decided on working, apprenticeships and even marriage. With these choices, juniors received a small taste of reality and what was in store for them in the years to come.

We wish the juniors the best of luck and hope that they make the right choice to lead them to a happy and successful future.

One of the careers being pursued by juniors is music. Paul Pasek, David Agatone, and Robert Drennan, all members of Potomac's band, have thought about careers in music.

Krista Johnson listens as a guidance counselor briefs students on career possibilities. The school works extra hard assisting students with their future plans.

Some students plan on attending college. Those that do go must have at least a "C" average. Jennifer Evans, a college bound junior, works to maintain her outstanding grades which can be very beneficial in getting an acceptance to the college of your choice.

By taking mechanical drawing, Frank Ward works toward his chosen career. Many courses offered to students are a diversion from basic academics and at the same time, assist them with their future goals.

Michelle Munn
April Murray
Kelly Myer
Greg Neilsen
Sarah Nevarez
Dawn Newman

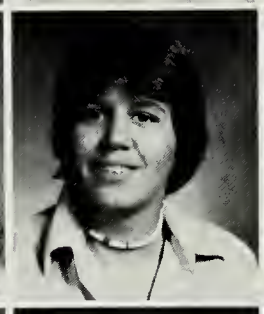
Paul Newman
Vendella Newson
Dung Nguyen
Tim Norman
Bryan Nunes
Matt Oakes

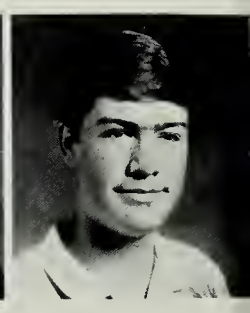
Emma Oertly
David Osborne
Sean Owen
Emily Pagan
Matt Palme
Jill Parish

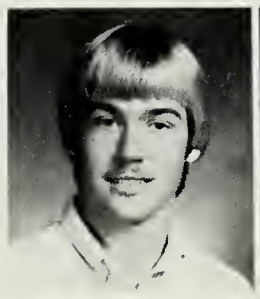
Paul Pasek
Suzanne Paszly
Kim Paxton
Claudine Pelletier
Brook Pennington
Amber Perry

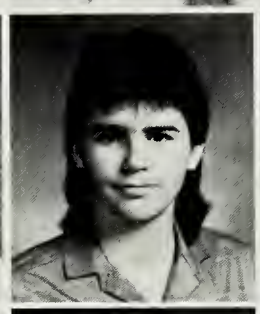
Maryanne Piccoli
Julie Pierson
Brian Pinckard
Susan Pisanchin
Kara Polk
Mike Pope

Lisa Potvin
Eric Prevatte
Sandy Proffitt
Corey Puckett
DeeDee Purvis
Dean Raat



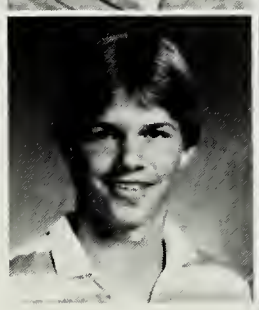
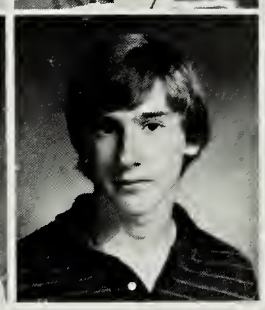


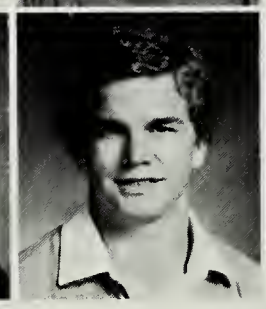




Bill Raines
Christine Ramsey
Pete Rasmussen
Joe Reed
Paul Renzo
Carol Rice

David Richardson
Paul Ricks
Rosie Robinette
Mark Riley
Regina Rollings
Nicole Romano

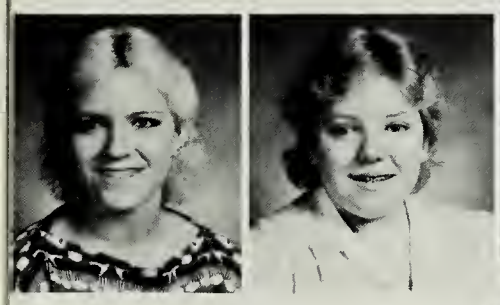



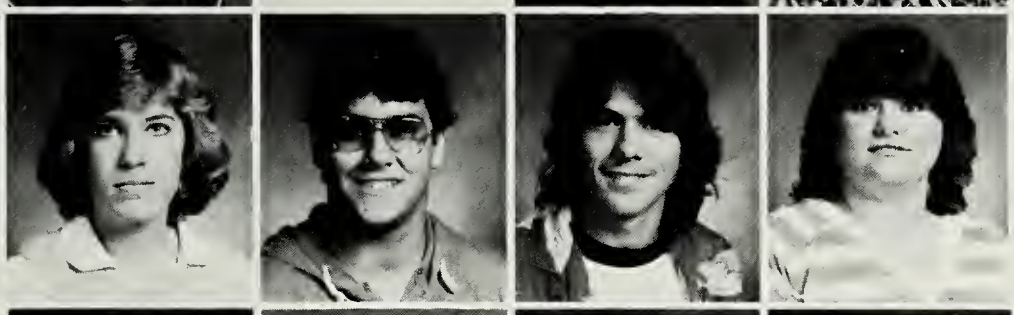


The money earned during the school year often goes toward summer plans and other vacations. Here, Un Hui Chi shows one of her favorite vacation spots, the North Eastern Shores.

One of the hobbies enjoyed by students during the summer is swimming. Michelle Hanson shows her skills in the cool water of Virginia Beach.

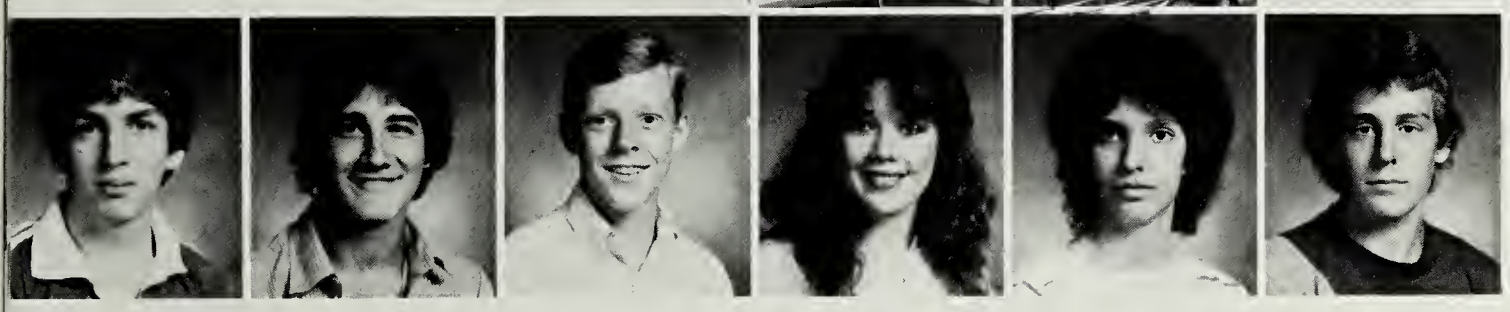
George Rooks
Katie Ross
Vicky Ross
Diana Rubenstein
Cindy Ruffner
Ronald Saaudan





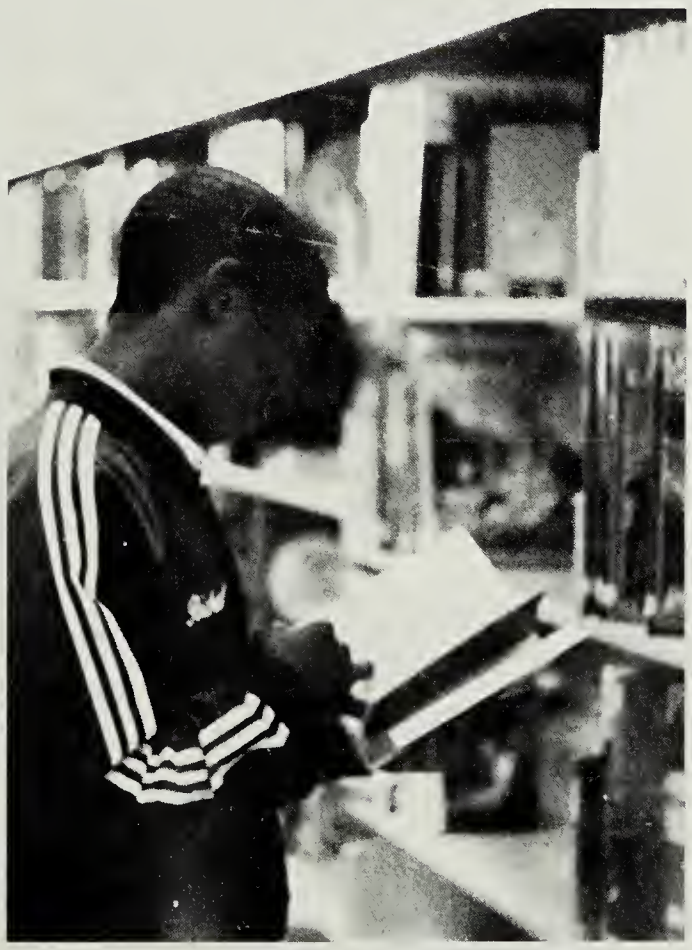
Valerie Santo
Cindy Saylor
Peggy Schulken
Perry Schwab
Jim Schwan
Missy Scites

William Scites
Ronald Scott
Sondra Scott
Dorey Searle
Shawn Sebren
Scott Sentz



Mike Shaw
Joe Shearer
Tim Sheets
Cathy Sheridan
Sandra Siligato
Brian Singstock

Working Hard and Playing Easy



One requirement of Liz Lawlor's job is to assist Santa's arrival in Occoquan. Dressed as an elf, Liz passed out candy to children.

Working in the library everyday can be helpful as well as educational. Richard During works in the library checking out books, and as seen here, filing books.

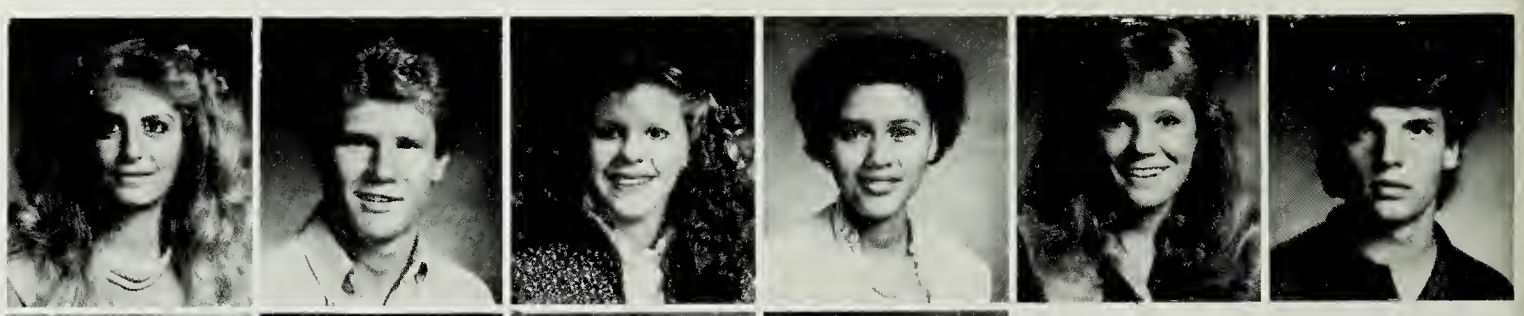
"WANTED: Students to work, short hours of easy work with high pay, no experience necessary"

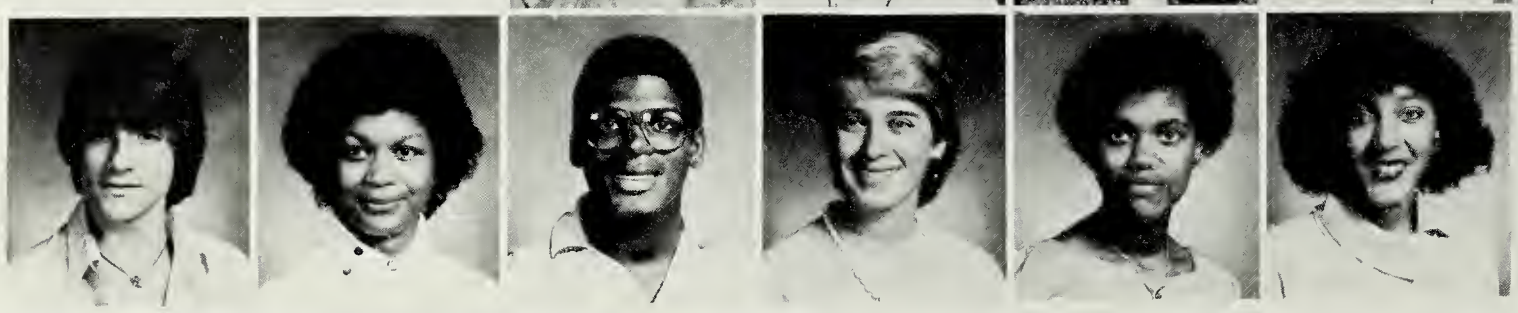
This ad was unfortunately left unfound by most students. Despite the many unemployed students, a few held jobs with fast food restaurants and movie theaters.

Very few with part-time jobs had plans to continue working after school let out. Students, especially the juniors who had just come of working age, felt that having a job that required much time, took away from their last few teenage years.

The most important factor that students with part-time jobs value is their pay check. These earnings went toward savings for college, cars, clothes, dating, summer activities; the basic necessities of high school life. One junior said, "I'm working during high school mainly for money because with the education I have now, the selection of jobs opened to me is not satisfying." Though most jobs may not be the pefect one everyone dreams of, they are helpful with future careers and good job experience.

Elissa Singstock
Mike Sink
Kim Sivells
Lisa Skinner
Rebecca Sloan
Bryan Smith



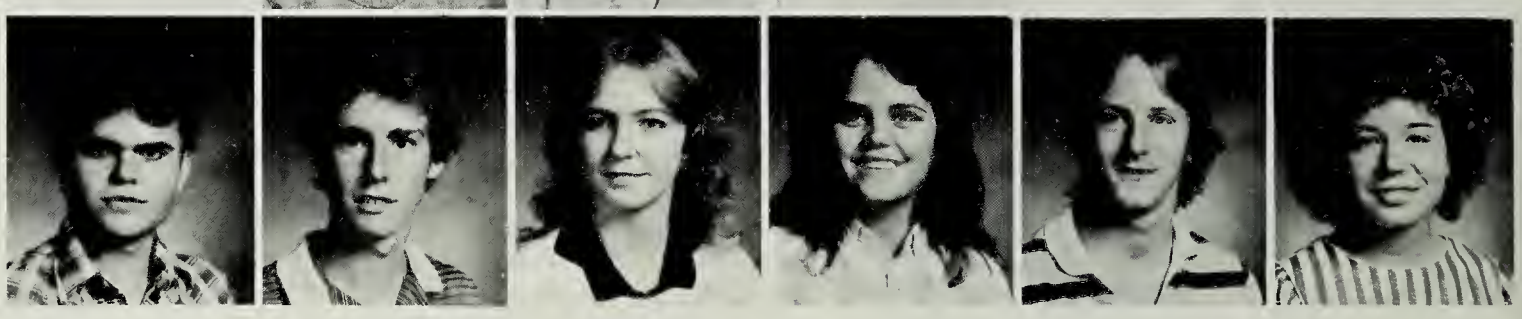


Brian Smith
Danielle Smith
Morgan Smith
Regina Smith
Tonya Smith

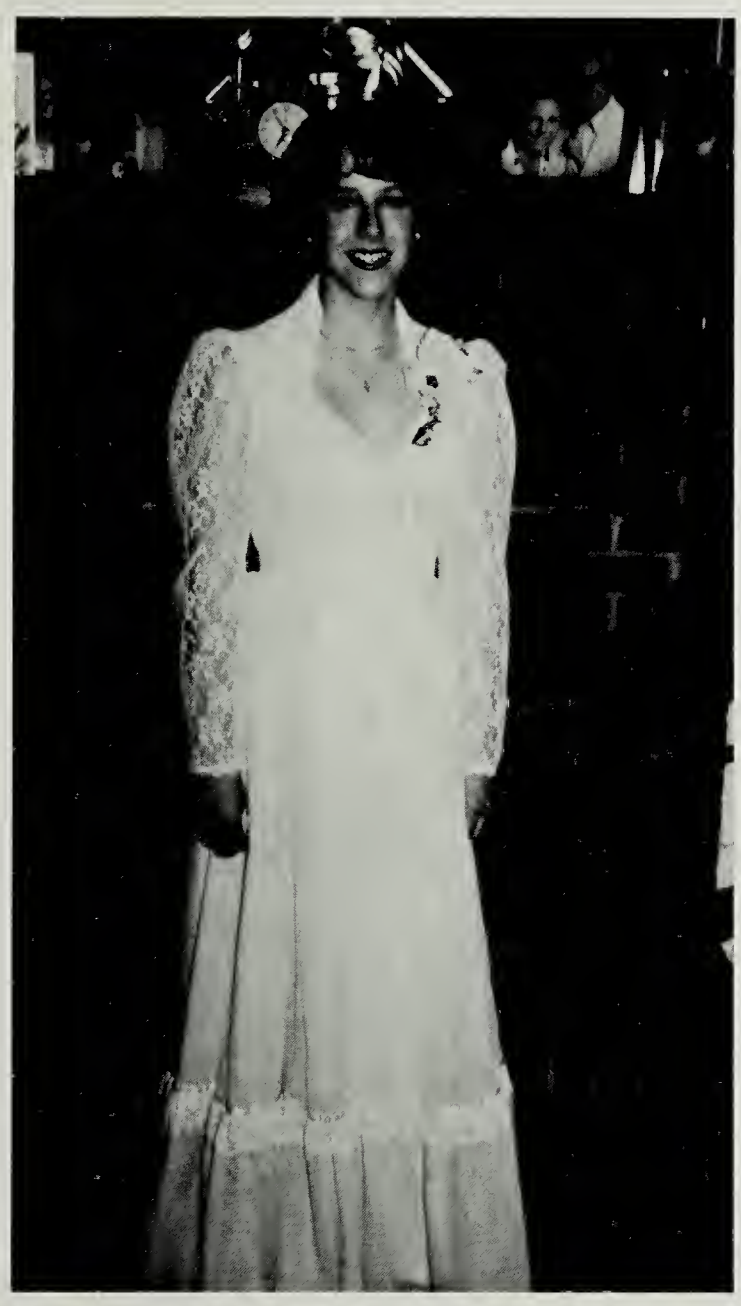
Prom time is the one time of the year when students can dress up and not get teased by other students. Here, Dawn Newman and a date, dressed elegantly, prepare to leave for dinner before the prom.
Ms. Palumbo one of the junior sponsors conducts a meeting to plan the prom. These meetings, though necessary, are sometimes long and boring, but Ms. Palumbo seems to keep it lively.

Truin Smith
Tanya Smythe
Rachel Sommers
Lisa Sprouse
Tim Stalcup
Preston Stanley

Tim Steidel
Brent Steighner
Tracy Stetson
Angela Stuber
Joseph Sturgell
Vicky Summerfield



Acting as the model of the ritual photosession before the prom is Denise Uber. Moms and Dads never seem to know when to quit, right Denise?



Almost Paradise

Susie and Bob: A Night to Remember

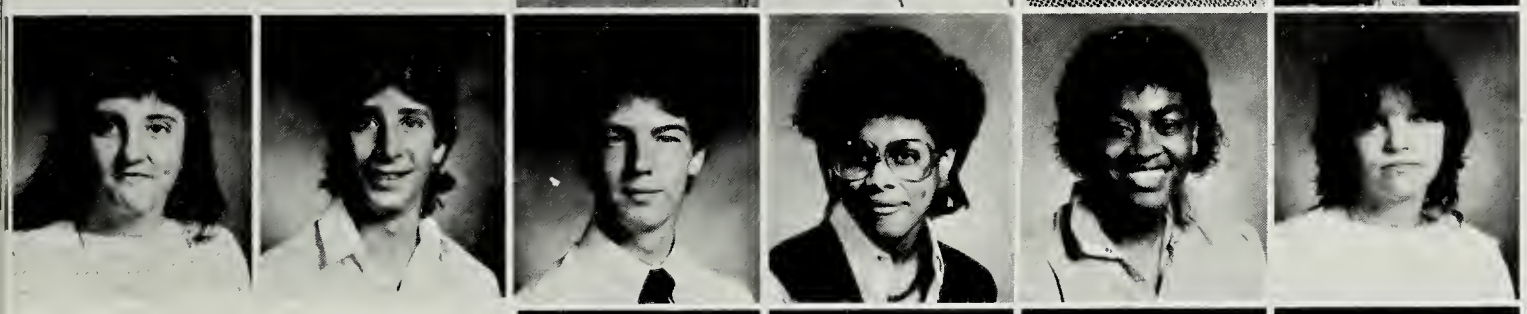
	SUSIE	*BOB*
9 a.m.	Susie awakes with butterflies in her stomach.	Bob is sleeping.
10 a.m.	Susie last minute shops, looking for pink earrings to match her pink dress and shoes	Bob is still sleeping.
11 a.m.	Susie files her nails and paints them pink.	ZZZ!
1 p.m.	It's lunch time but Susie wants to fit into her dress, so she doesn't eat.	Bob awakens!! He pigs out on pizza and popcorn.
2 p.m.	Susie gets her hair styled.	Bob watches "Tarzan" re-runs.
3 p.m.	Susie cries at her hair style.	Bob watches MTV.
5 p.m.	Susie dresses and stares at herself in the mirror.	Bob falls asleep watching "Leave It to Beaver."
5:30 p.m.	Susie is still staring.	Bob wakes up; hops into shower.
6 p.m.	Susie waits for Bob, looking out the window; getting mad.	Bob dresses, splashes on Dad's "Brut" and grabs the pink wrist corsage mommy brought home for Susie.

6:30 p.m. Bob finally arrives. Bob gives Susie her corsage. Susie is angry with Bob because he is late. She accidentally sticks Bob's boutonniere to his skin, not his jacket. "Sorry!"
6:45 p.m. Bob and Susie argue on the way to dinner.
7:30 p.m. Bob and Susie arrive at "Costalot" for dinner.
7:45 p.m. Susie tries to figure what she has been served. Bob pigs out, telling Susie that she had better like it for the money it was costing him.
8:45 p.m. Susie and Bob arrive at the prom. Immediately Susie sees a girl dressed in an identical dress as her own.
8:47 p.m. Susie and Bob go to see a movie instead.

Although this is just a humorous way at looking at all things that have to be done for a prom, there is much time and effort put into the preparations weeks before as well as on the day itself.

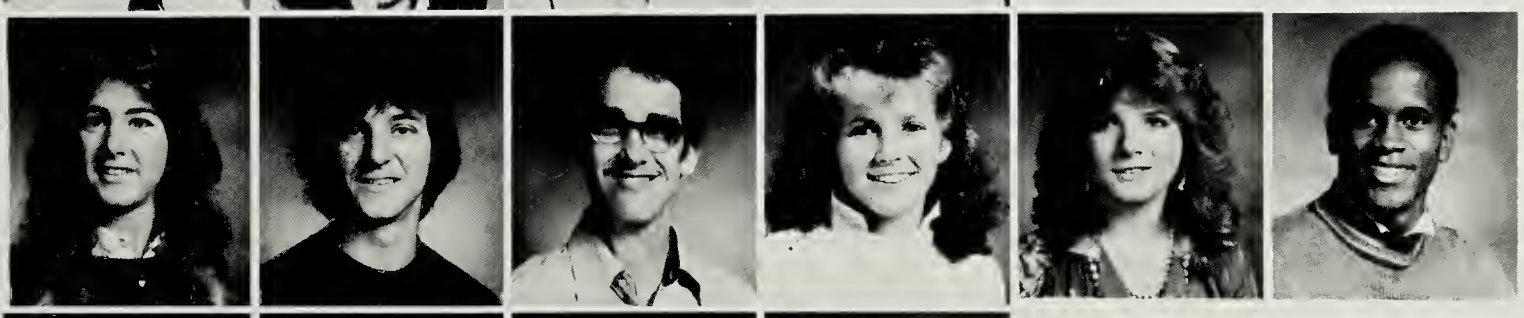
The junior class had the responsibility of putting together the prom for Potomac. They had to decide where and when it would take place, who would provide the music, what refreshments should be served, the decorations . . . and the list went on. To pay for all this, the junior class had to have a number of fundraisers, including candy sales, and dances. They put a lot of hard work into it and those who attended the prom saw this. Thanks Juniors!!

Tim Sweatman
Mike Szady
Stacy Talbott
Andre Tardiff
Eddie Taylor
Ray Terczak



Theresa Testa
David Thomas
Donald Thomas
Helen Thomas
Michelle Thomas
Patricia Thomas

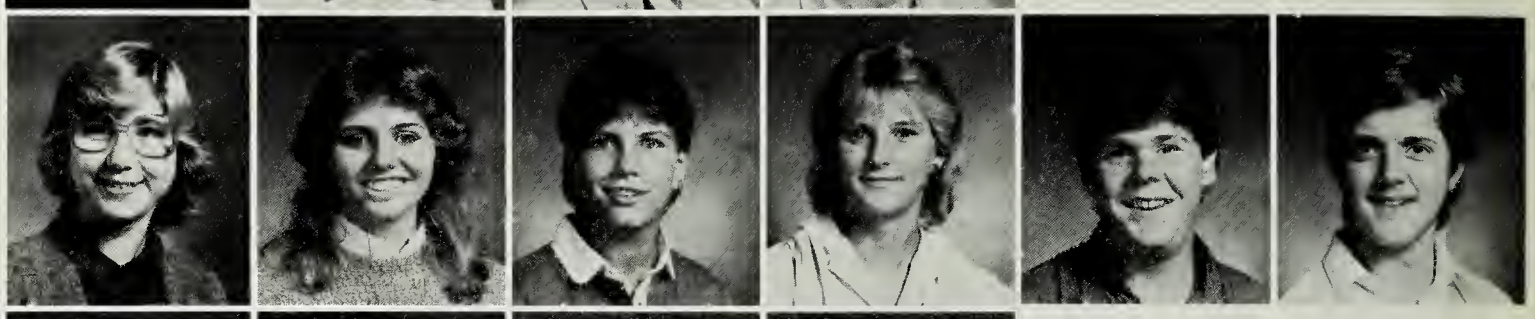
Denise Thomas
Tim Thompson
Lloyd Thurston
Elizabeth Teirney
Laura Tiplady
Donald Tisdale

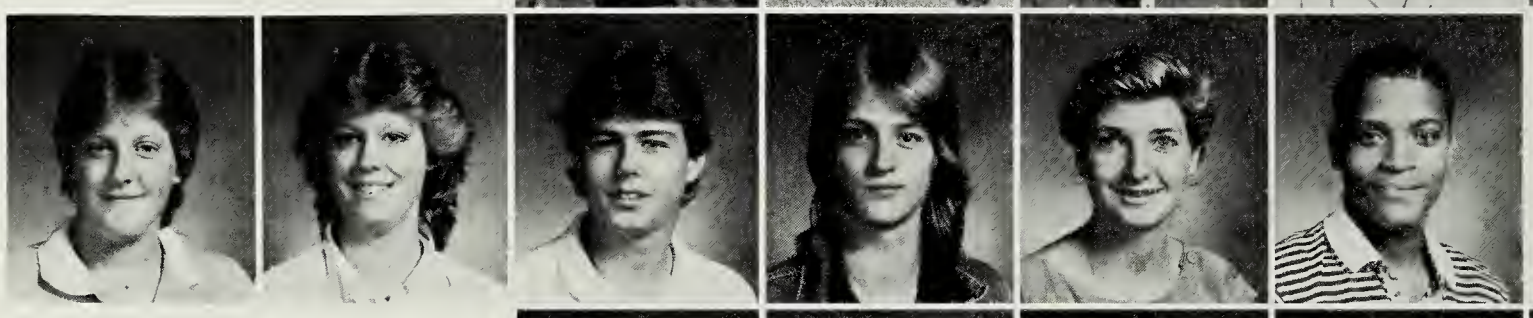


Angela Toman
Andy Trent
Kim Trowen
Donna Troxel
Kelly Trumpower
Michelle Trumpower

Lisa Turner
Mark Turner
Robert Tyler
Denise Uber
Bryant Vause
David Velasquez

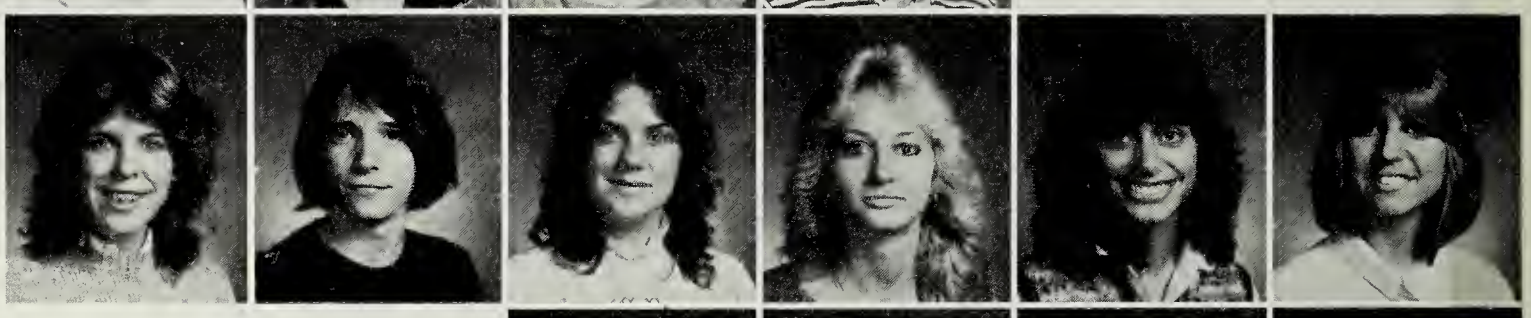
Mary Voegtly
Susan Volk
Susan Vowell
Beverly Williams
William Waldman
Brian Wallich





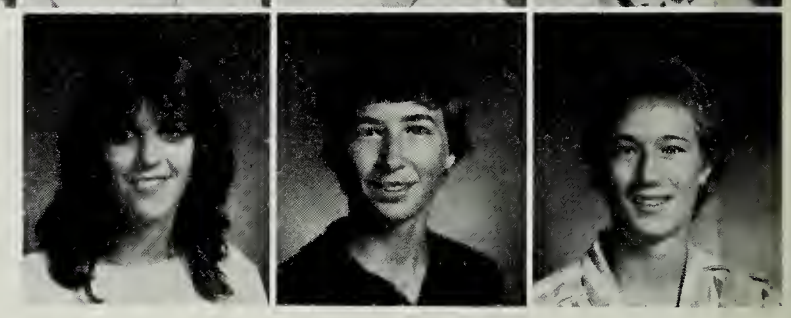
Melina Wallace
Cherish Wangner
Richard Ward
Frank Ward
Carol Watkins
Nathan Watson

Jennifer Weaver
Mark Weaver
Wendy Weaver
Lisa West
Annette Widener
Marianne Wilburn



Julie Wheat
Lisa White
Shawn Wright
Kenneth Yaeger

Greta Yentsch
John Young
Daneen Zehner



Moods Moods Moods

"I'm tired.", "What's your problem?", "Party!!!", "You sure do look nice today.", "Did you study?!", "I feel sick.", "Oh, how cool!!", "This is definitely not my day.", "What are you laughing about?", "Why me?", "This is wonderful!", "Now I'm REALLY mad!", "It wasn't *that* funny.", "BUMMER!!", ". . . Like . . .", "Hey, Baby!", "I'm never on time.", "How was your weekend?", "She's crazy!", "I'll never get this done.", "How embarrassing!!"

Throughout a typical day the mood of a student can range from dead tired to ecstatic. Negative moods can be provoked by a number of things, such as sleeping in late, missing the bus, a faulty locker, getting a tardy or two, not having your homework done, achieving unsavory grades, sitting next to a troublemaker, winter-time fire drills, and the plain fact that it's Monday morning, again! On the positive side, a pleasant to awesome mood can be brought on by a snow day, or teacher workday, receiving the rare A, or maybe even a B. Classroom parties, gossip in the halls, jokes during class, the lunchtime entertainment, (as when the dropping of a tray echoes throughout the cafeteria), and that final bell on a Friday afternoon.

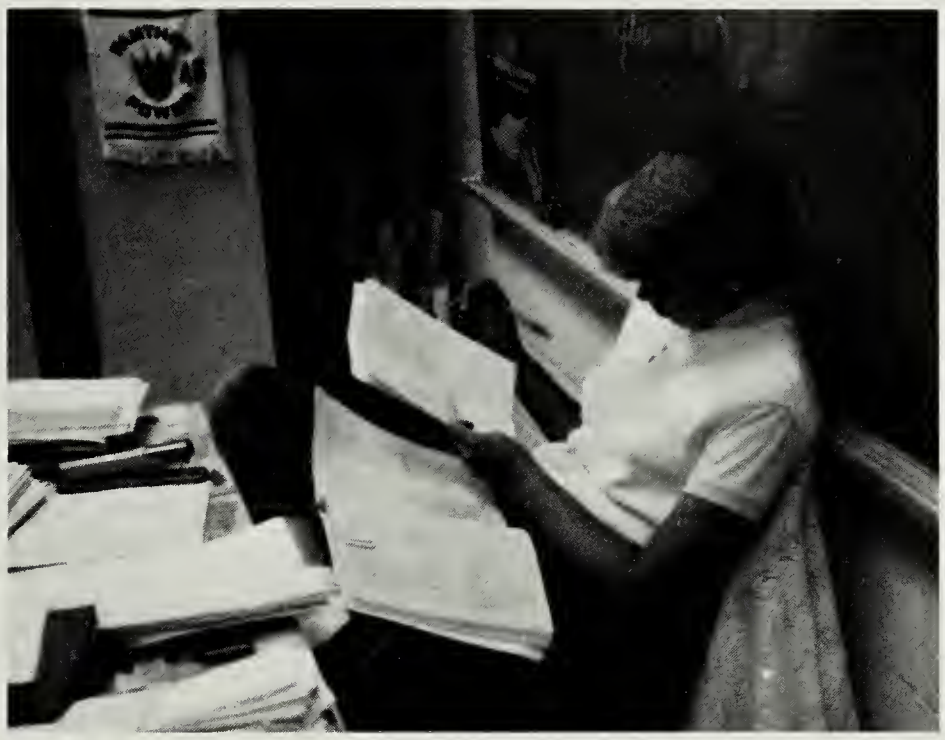
Well, whatever the moods, or the cuase of them, one thing is for sure . . . everybody experiences them. Good or bad, they put an extra spark into an otherwise zombie-like day.

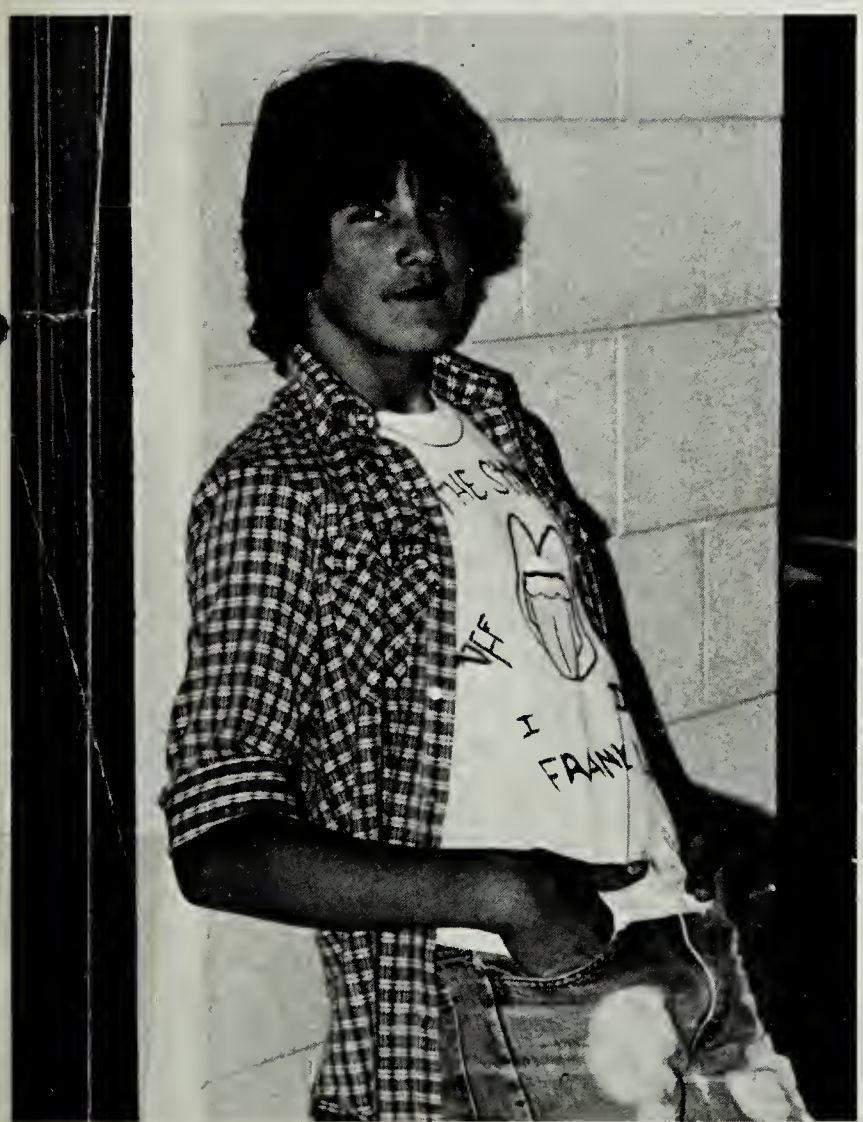
"What can I say?", says Missy Caddigan during a science lab. A feeling of heightened spirits is often present when students grab a chance to goof off.

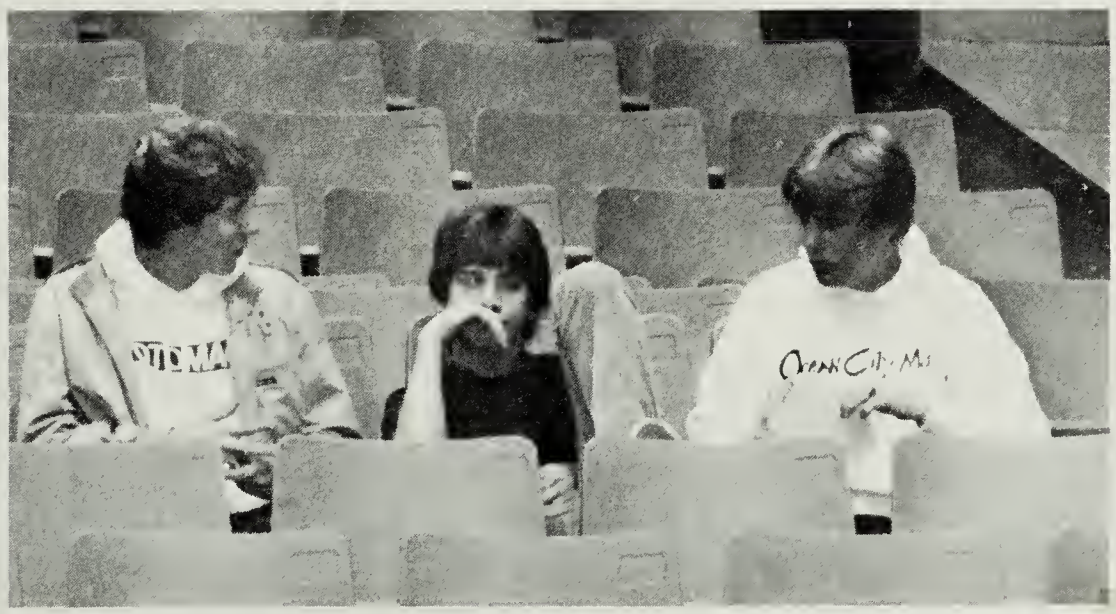
Sometimes jokes are funny. Judging from her expression, the one just told to Kelly Lepage must have been hilarious.

Concentration is a necessity in school. Morgan Richards is grading papers for a teacher, and trying to get it done correctly.

Nickie Bryan, Melanie Hernandez, and Becky Sloan are all lined up, and ready to get involved in some further gossip. Finding out who's going with who and what so-n-so is wearing is a never ending passtime in the halls of Potomac.







Demonstrating the not uncommon "laid back" look is Joe Shearer. Juniors are constantly seen relaxing in the halls. Holding up walls seems like it must be a Junior hobby.

Dennis Foos, Jamie Hochmuth, and Kevin Humphries are engaged in an interesting conversation as they patiently await the passing out of their "86" rings.

DRIVER EDUCATION
SERVICE
CONVINCER

Building A Proud Reputation Are The . . .

Sophomores

Stretch — 1, 2
Bend — 1, 2

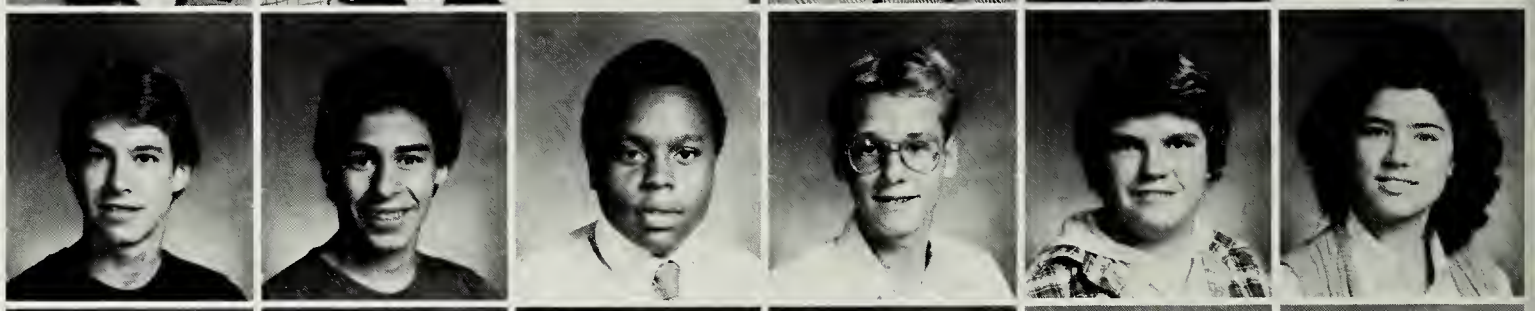
Physical education — these very words conjure up images of steamy locker rooms, smelly sneakers, clouds of hair spray and physical fitness tests. The sophomore year is the last time many students have the opportunity to take part in an organized physical fitness program or to learn the rudiments of organized sports.

The need to keep our bodies in good physical shape and release many mental frustrations does not end in the tenth grade as evidenced by the number of health clubs and spas found in our neighborhoods across the country. People who cannot afford the money or who live too far from the health clubs may take advantage of physical fitness programs via one of the exercise programs on television or plan their own program at home by purchasing a cassette or record usually accompanied by an instruction book. The most prevelent problem is that many of us need someone physically present to encourage, badger or drag us through the exercise ordeal no matter how strongly we believe it is for our own welfare.

These students compete for the chance to return the volleyball to their opponents. Physical Education offers the opportunity to build coordination and flexibility while having fun competing against your peers.

Tim Abel
Carolyn Adams
Richard Adams
Jodie Agatone
Wendy Alachnowitz
Manuel Alfonso

Matt Allen
Julian Alvarez
Eric Anderson
Erik Anderson
Alex Antonik
Joan Apperson



Brian Applegate
Tammy Armstrong
Tom Asbery
BJ Bain
Ivina Ballard
Jenelle Ballard

Stephanie Bamberger
Veronica Ban
Tony Barnes
Shannon Barowich
Stacey Barowich
Robert Bates

Chris Beckman
Ervin Beekman
Christine Bell
Brian Benczkowski
Thomas Berta
Angela Bird

John Blackshear
Randy Blaydes
Joseph Bohn
Tina Bohn
Lisa Bulk
Darlene Bond

Silvan Bongi
Michael Boyd
Carol Bridgett
Kim Brigham
Tim Brigham
Adam Britt

Allen Britt
Angie Brooks
Ann Brown
Dennis Brown
Stephen Brown
Stephanie Browning

Rick Bruinsma
Karen Buchanan
Becky Buckler
Philip Bugge
Kelly Burke
Arley Burnette

Amanda Burnham
Mike Burrill
Jeanne Callahan
Scott Callantine
John Camm
Lisa Camm

Lee Canine
Michael Canup
Darlene Carney
Michelle Carney
Warren Carter
David Chapman

Push-ups become a daily routine as a warm-up before strenuous exercise. Exercise helps keep mind and body fit.

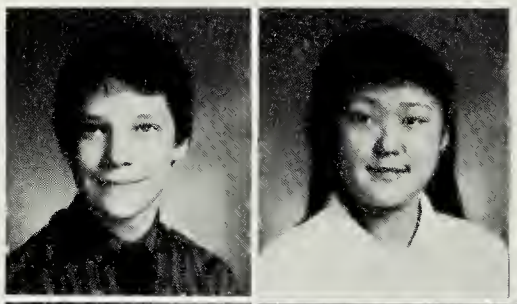
Made to Fly

One of Sophomore Ervin Beekman's more interesting hobbies is building and flying radio controlled model airplanes. Ever since the first kit he received from his father as a child, Ervin has been building model aircraft. All are constructed from kits because building one from scratch is too time consuming. As it is now, he hardly has time to work on those from kits because school takes up most of his time. The model he is currently working on has been under construction for the past year and a half. He has only one radio controlled airplane but plans to build others in the future. He also has others that do not fly; they are merely for display.

These airplanes can be flown in any open areas, mainly parks, abandoned farms and fields; however, permission must first be gained before flying them in park areas. There are other restrictions on flying these aircraft. There is a legal limit to the size of the airplane, depending on the state. The average wingspan is 15 feet and the craft is powered by a 020 engine or a chainsaw engine. When asked if he had ever lost any, Ervin said that it had happened a couple of times. They got caught in drafts or thermals and drifted out of radio-range, to be carried off into oblivion. Model aircraft can be flown in competition, but Ervin hasn't yet. He prefers to fly them purely for sport. Says Ervin of his hobby, "It's what you make of it. If you do a lousy job on a plane, it will fly lousy."

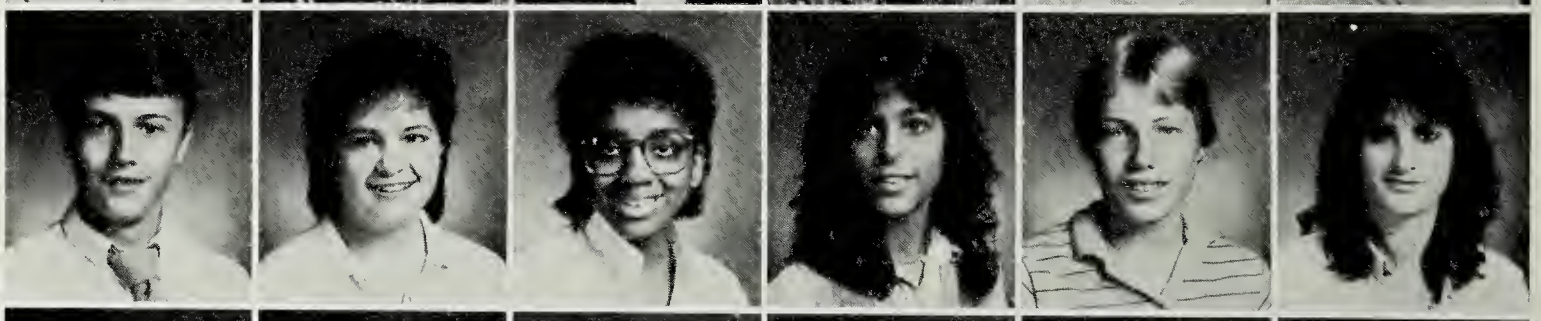
Sophomore Ervin Beekman has a hobby of a different kind; he is shown here putting some finishing touches on the body of a radio controlled airplane.

William Chapman
Carol Chase



Jonathan Chireix
David Chunn
Charles Clancy
Kevin Clark
Beverly Clements
Noel Cleveland

John Cole
Meredith Cole
Shana Coleman
Vanessa Colletti
Danny Collins
Denise Collins



George Collins
Bernie Conatser
Teresa Conway
David Cook
Jeff Cook
John Cook

Heather Cooper
Loretta Corbin
David Cordell
Robert Costa
Steve Costello
Holly Coughenour

Chris Garcia
Luanne Garcia
Bryan Gardner
Kim Gardziel
Chris Gates
Jaimie Gerace

Charles Gilliam
Gina Gombar
Alison Goodrich
Dion Gore
William Graham
Jennifer Grassler

Joanne Greene
Floyd Griffin
Eric Grundeman
Melissa Guyett
Cathy Hadley
Eric Hager

Leigh Ann Haizlip
Millicent Hale
Brad Hall
Kathie Hall
Kenny Hargrave
Trone Hargrove

James Hartnett
Tommy Harmon
Michele Harris
Robert Harris
Adina Harrison
Herbie Harrison

Sean Harrison
Dion Hartt
Jenny Harvey
Patrick Hecht
Sherry Hecker
Robert Helms

The sophomores class officers are, in the front row: Wendy Alachnowicz, treasurer, Rob Willis, vice-president. In the back row: serving as president is Candy Covington and as secretary is Vicki Ellis.

A Matter of Life and Death

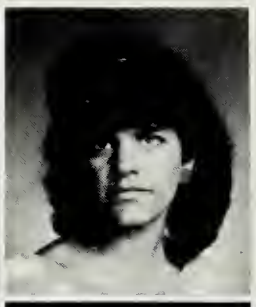
CPR, cardio pulmonary resuscitation, is a procedure taught to support the two basic functions of life, which are breathing and circulation. Here at PSHS, CPR is taught in P.E. 10 to all Sophomores. The students are given a chance, through book work and actual practicing on "dummies" to become certified in CPR.

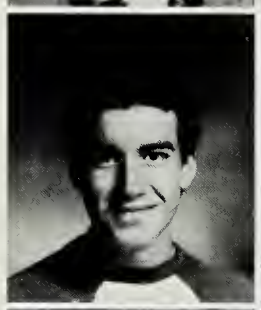
The class was conducted in two parts. First, the students read and answered questions in the CPR book, and second they practiced the procedure learned in that chapter. They would then demonstrate the procedure to the teacher so that they would receive credit for what they had learnerd. Upon successful completion of the class, a student could receive an official CPR card.

Students who wish to be employed as life guards or camp counselors are usually required to be certified in CPR, so they found it advantageous to take the class. Others took the class for personal knowledge and experience.

Britt Frank and Kirsten Kelly work as partners on a CPR "dummy" to learn the technique and gain experience. While one partner reads the steps of the procedure from a book, the other practices on a working mannequin.

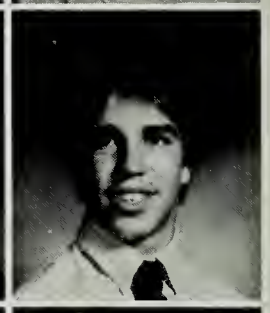
Chris Hendrickson
Katy Hernandez



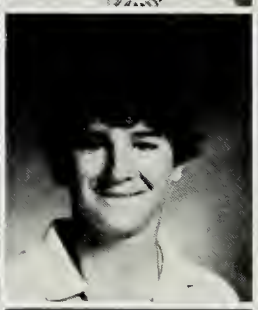


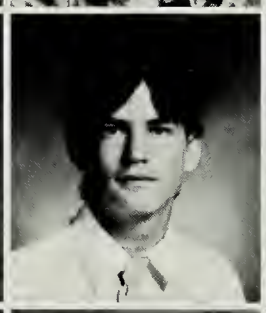
Mark Hitchcock
Donnie Hobday
Kathryn Holderman
Paula Hollar
Steve Holloway
Tracy Holloway

Wendy Holtzman
Jennfier Hoopes
William Horner
Chris Hircik
James Huber
Steve Hudak

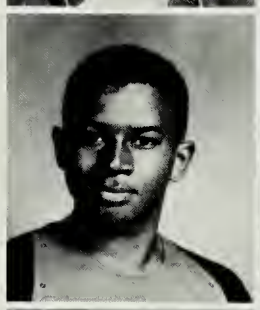


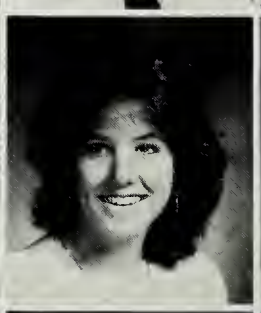
Charles Hudson
John Hurst
James Ingle
Kyle Jackson
Teresa Jackson
Norman Jacobowitz

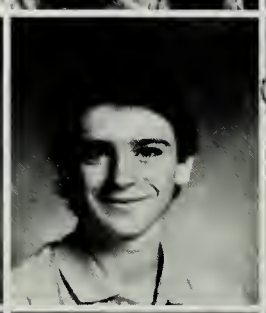




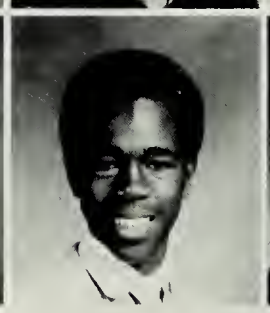
Charles Johnson
Jason Johnson
Kim Johnson
Kristin Johnson
Paul Johnson
Tyrone Johnson

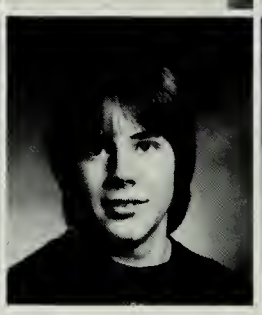






Yvette Johnson
Diane Johnston
Byron Jones
James Jones
Regina Jones
Teresa Jones





Tom Jones
Mary Kabza
Alice Kalaskas
Myung Kang
Beth Katzoff
Patrick Keady

Kirsten Kelly
Leo Kenney
Thomas Kenny
Christina Kepus
Tony Khanna
Ken Kile

Ted King
Cheryl Kirkpatrick
Stephen Kiser
Joe Komisar
Kathleen Lafferty
Darcy Lamb

Lori Lambert
Dawn Lang
Melissa Lanier
Mary Larock
Mike Larrabee
James Lascody

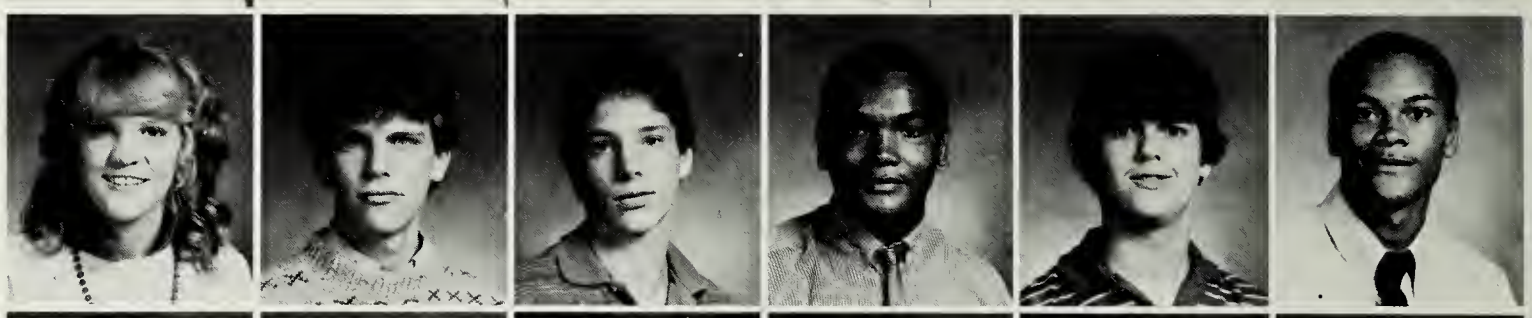
Mary Lavelle
Deanna Law
Wyndy Ledford
David Lee
Hyunmee Lee
Linda Lee

With Angie Birch and Tammie Crawford assisting, Steve Reza finds the correct placement of the hands for CPR. If done incorrectly, this procedure could cause serious internal injuries — thus the need for certified training.

Mary Lee
Shannon Liming
Kim Little
Brian Loefstedt
Aimee Longwitz
Patrick Lowery

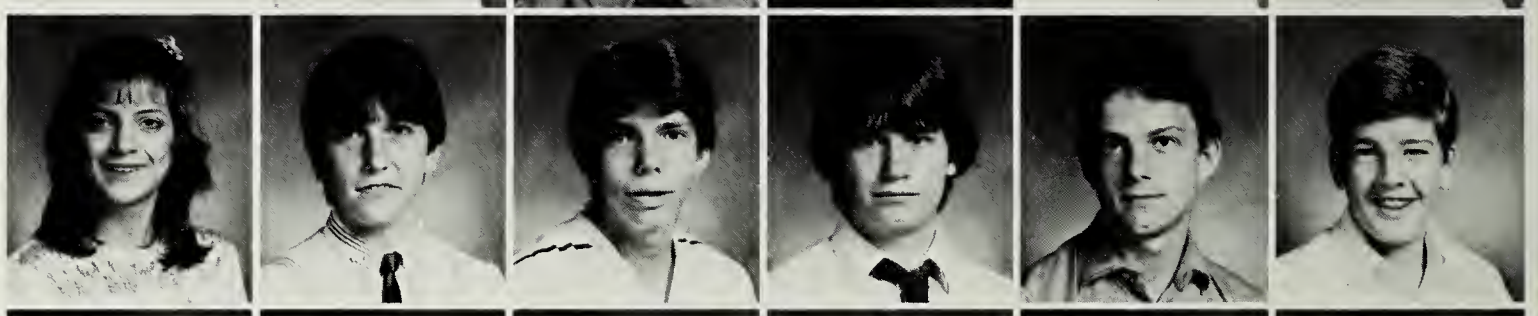
Maggie Loy
Lisa Lucas
Dirk Lueders
Tara Lukasavich
Charles Marbaker
Cindy Marbaker

Kelly March
Ken Marek
Brian Martin
Brian Martin
David Martin
Gary Martin

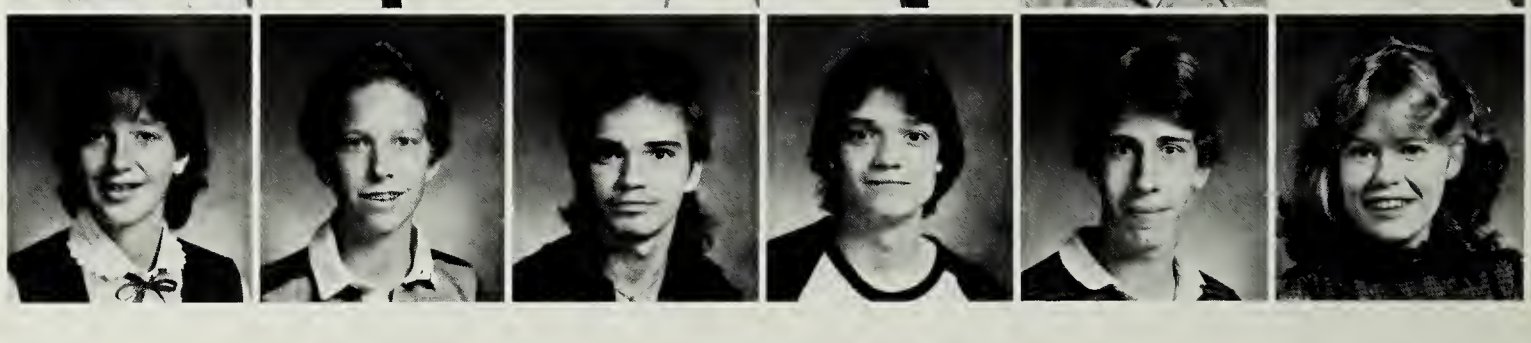


Robery Martin
Sean Martin
Jose Martinez
Angela McClure
David McDonald
John McElwain

Ursula McNamara
Sean McNelis
Shawn Meade
John Merritt
Mark Milam
Kent Millsaps



Lisa Miller
Jeff Misenko
Glen Montgomery
James Montgomery
Courtland Mooney
Wendy Moraski



Hit The Road!

"Where are the brakes?"
"The key goes where?"
"I only knocked down ten cones!"
"Mr. Gardziel said you drove like who?"

Driver's education was an experience that many sophomores will always remember, but for many, it was an experience that they would rather forget! Driver's Ed. began in the classroom during physical education, where students learned about speed limits, road signs, and traffic signals. However, the real excitement did not begin until they hit the road. For some, that was exactly what happened, but it was not the road that actually got hit.

The driving range was the first driving experience for many sophomores. While on the range, student drivers learned the techniques of driving forward, the very tricky business of going in reverse, and the finer points of parallel parking.

They also learned that the radio stations were much more entertaining and less nervewracking than the driver's ed. teachers barking from the observation tower, "We aren't in Europe, car number three. We drive on the right side of the road here!" Beware! This action could result in being banned from driver education and not receiving your driver's license sometime in the near future.

After completing the number of hours required on the driving range, sophomores tested their driving abilities on the open road. They drove in cars specially marked "Student Driver," for the safety and sanity of others on the road. It was here, where most driver's ed. teachers, more than once, were known to break into a cold sweat and see their lives pass before their eyes.

Seeing many students proudly display their new licenses from the Virginia DMV gives evidence to the fact that the majority of Potomac's student drivers pass the class and go on to become responsible drivers.

Waiting for her ride to be over, Maria Natale sits strapped in the "Convincer," a new facility this year to teach drivers the importance of seatbelts.

Matt Oakes gains valuable experience in knocking cones over on the driving range. After completing the range phase of driver's education, students will venture out into the streets.

Mike Murphy
Debbie Mussomele
Maria Natale
Kathe Neary
Kelly Newman
Shadon Nejati

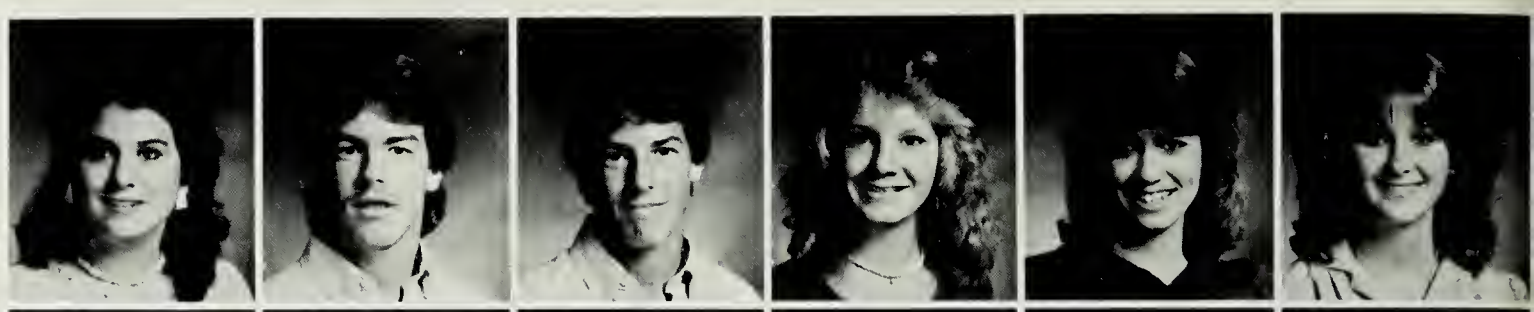
Norma Nicely
Dominec Nicolosi
Siriehai Ningehar
Brian Notvest
Wayne O'Brian
Brendan O'Donnoghue

Jeff O'Hara
Michael Orr
Vincent Oswald
Kelli Overholser
Bob Owles
Jeff Pague

Peter Palmadesso
Sherri Patton
Michele Peirce
Tim Peas
Mickie Pegler
David Pender

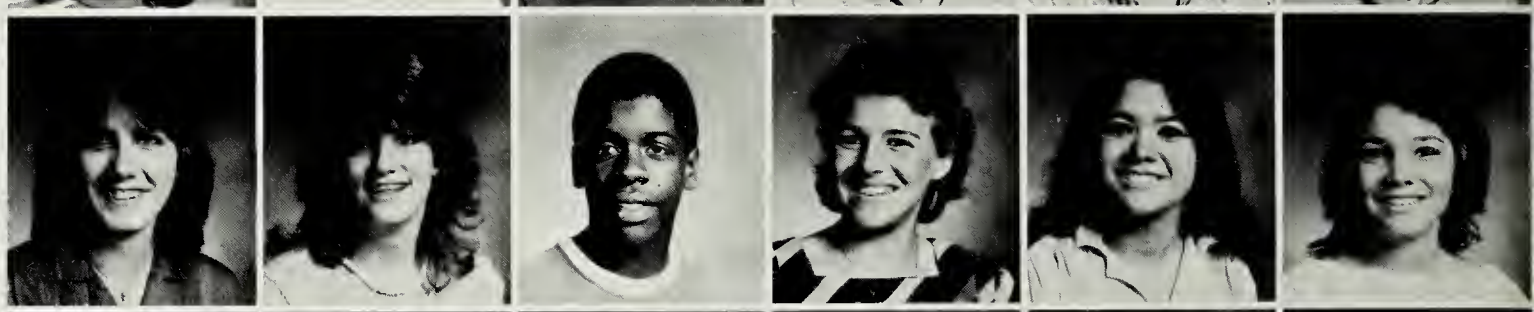
Kathy Perry
Michael Peverill

Lisa Pittman
Brent Phillips
Derek Phillips
Kelly Phoenix
Chrissie Pilkintone
Kristin Pinckard



Samantha Plaisted
Annick Pontious
Edward Porto
Peggy Pasek
April Posey
Karmon Primas

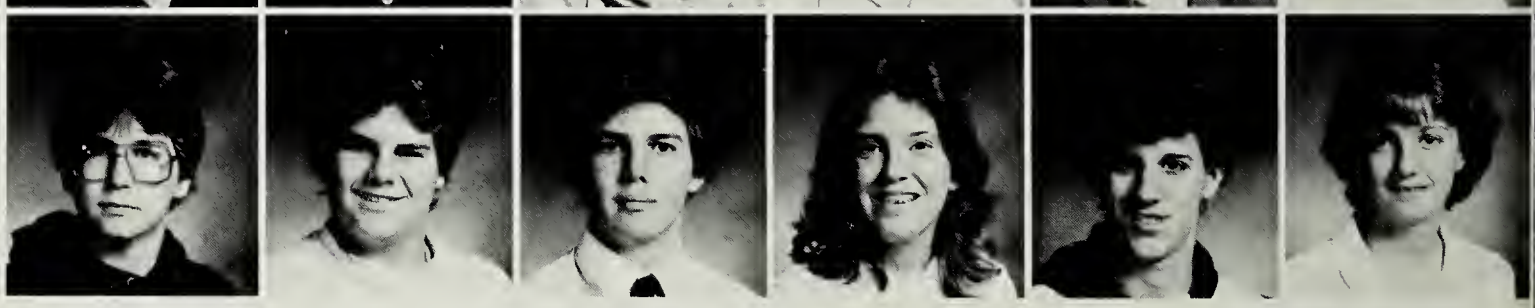
Susan Propps
Tricia Prudot
Tyrone Qualls
Kim Rader
Michele Raley
Angie Reed



Anna Reid
Stacy Reid
Michelle Reynolds
Cathy Rhoades
Tim Riggs
Amelia Robinette

James Robinson
Sabrina Roche
Judith Rogers
Randy Rogerson
Corey Rowe
James Rowen

Pat Rutkoskie
Todd Sampson
Jeffery Sauntry
Michelle Saup
Mark Scarpinato
Elise Scott



Strike Up the Band

Basement bands are becoming more and more popular in high schools across the nation. The students of Potomac have formed quite a few of these bands of their own.

Although talent is an important aspect of success, it isn't the only thing that is needed to have a good band. When you're in a band at such an early point in your life, it's important to get an early start so that you can develop your skills. The sophomores in the heavy metal band "Blitzkrieg" have done just that. They feel that the early start they had will really help them in the future.

Three of the band's members attend PSHS. They are: bassist, Bernie Conatser; guitarist, Dave Martin; and drummer, Steve Zacharias. Scott Bennett, the band's singer, goes to Langley High in McLean, Virginia. The distance between Scott and everyone else hasn't ever stopped the practice sessions or the big plans for the future.

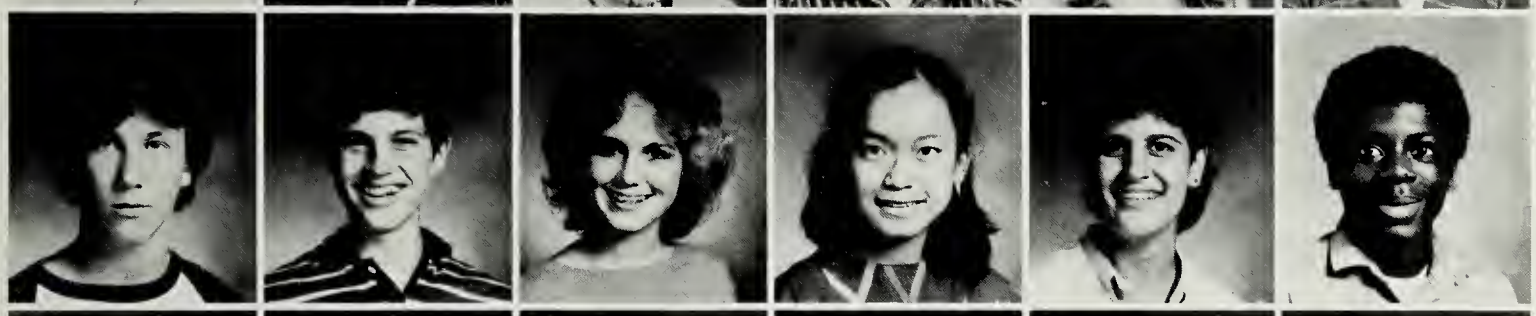
The band places a heavy emphasis on original material, but they also perform songs that they copied from some of the bands that have influenced their style the most.

"It's more fun to play a song that you created than to sing something that belongs to someone else," agreed the whole band.

They hope to eventually perform for money even though they haven't had that opportunity yet. It is already quite evident, however, that "Blitzkrieg" is a bright spot in the talent of the class of '87.

"Blitzkrieg" spends an afternoon in Bernie's basement at yet another practice. Although practicing is hard work, the band members enjoy long jam sessions.

Stephen Secord
John Setunsky
Steven Sheffield
Anne Shelton
Wendy Silverstrand
Barbara Simmons



Mark Simmons
Chris Simpleman
Valla Simpso
Devi Sinva
Patty Smith
Reginald Smith

Sandi Smith
John Snyder
Greg Solt
Roger Sommers
Christine Sowala
Christine Spade

Christina Spitler
Peter Stapor
Cindy Stebbins
Linda Strawderman
Mark Strawn
Richard Strohl

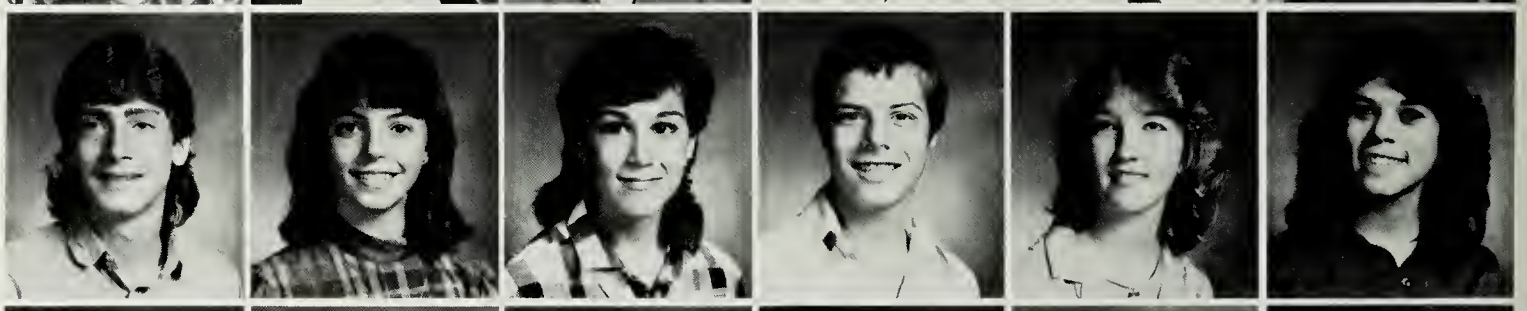
Tina Summa
Erika Suski
Dawn Swecker

The timing is essential in the quality of a song. Bernie Conatser concentrates on keeping his bass line in time with Dave's guitar part.

Performing one of their originals are Steve Zacharias, Scott Bennett, and Dave Martin. The majority of the band's time is spent developing original material.

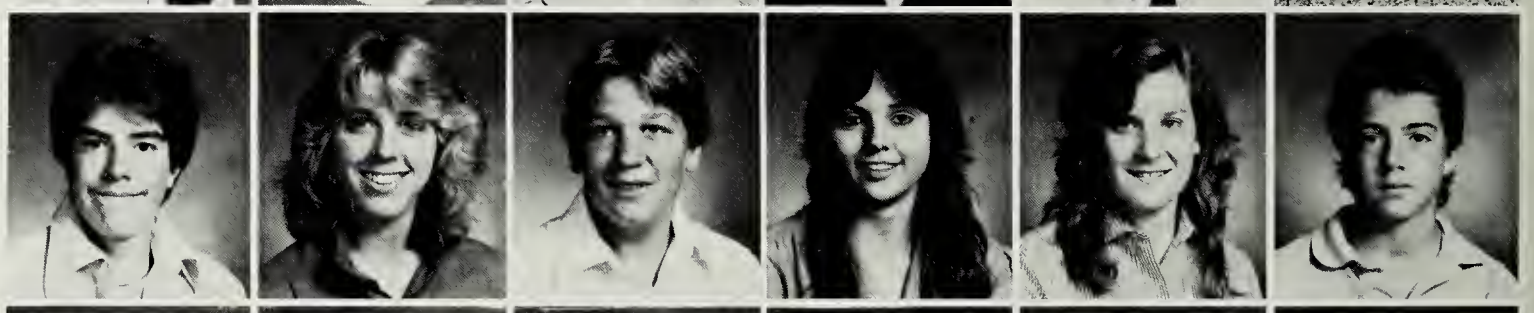
Melissa Switzer
Kevin Szady
Ken Tayloe
Joe Taylor
Pat Taylor
Thomas Taylor

David Thomas
Kristin Thomas
Alyssa Thompson
Louis Thurston
Chris Toney
Alexandra Touloumes

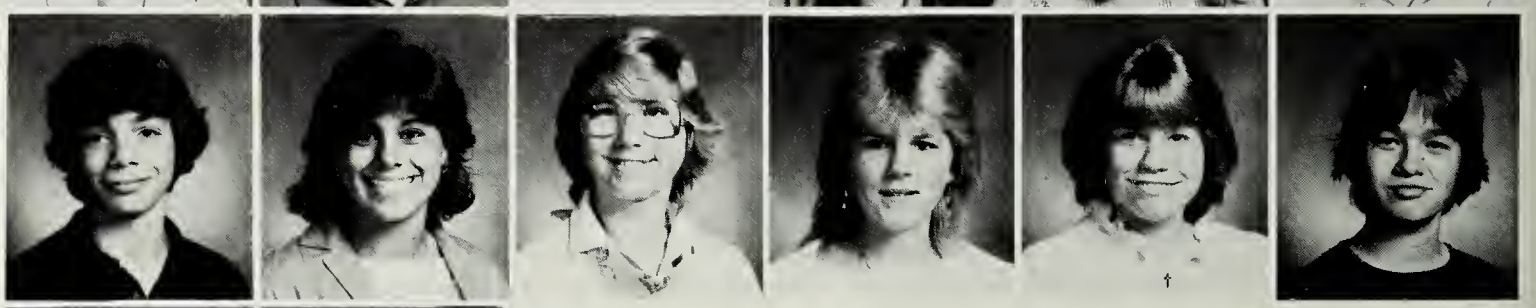


Tina Townsend
Katrena Treakle
Annie Triano
Jeff Tribe
Michael Tull
Marsha Turner

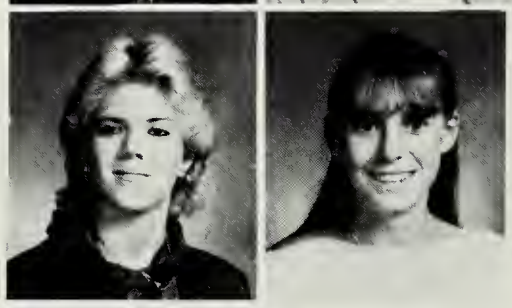
Robert Underwood
Eleanor Updike
Michael Urbanek
Sherri Valastek
Tamara Valis
Kevin Viau



Robbie Viehmeyer
Connie Vitek
Mary Voegtly
Lisa Wagner
Robin Wagner
Bill Walker



Tricia Walton
Angelique Wangner

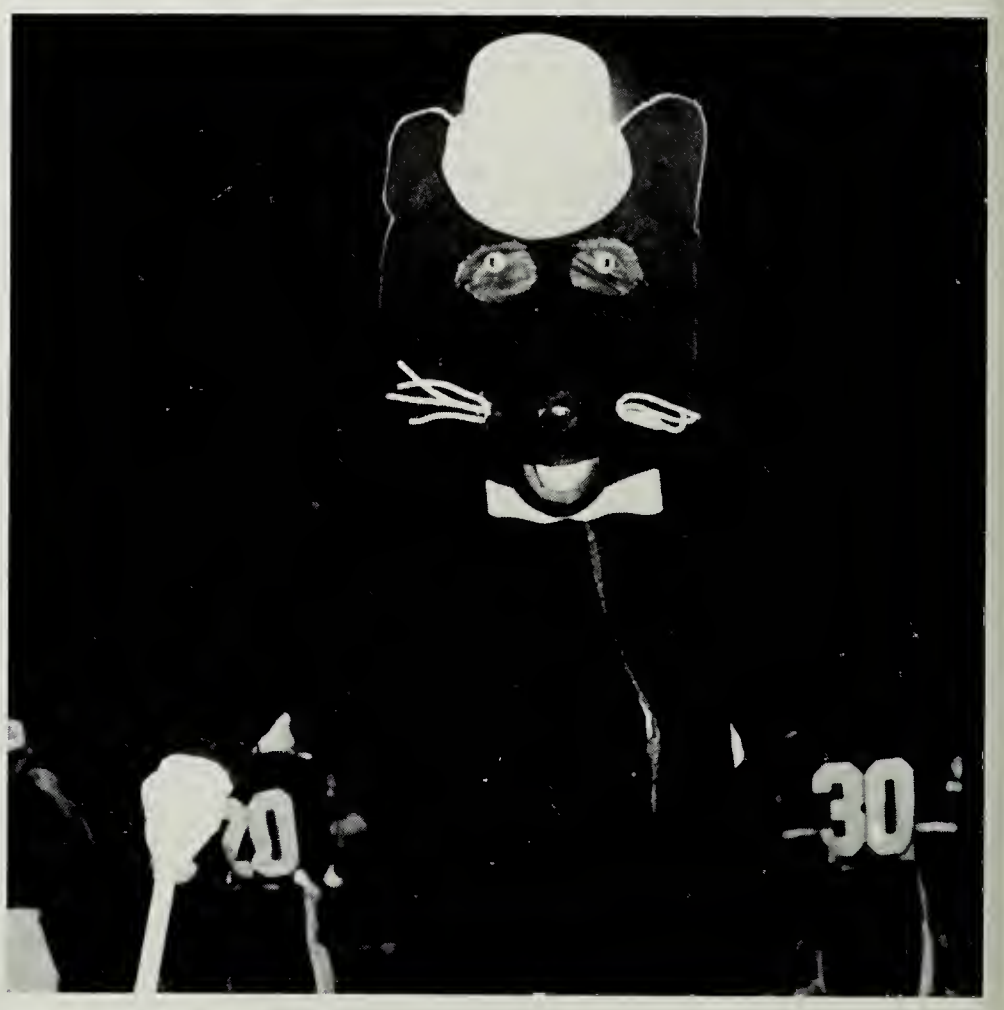


A Little Extra Spirit

"Who is our fine, furry friend?" Many fans have wondered this as they watched our school mascot, the Panther, cheer with enthusiastic crowds at football games and pep rallies. For those who do not know, our masked panther was Sharon Zeetes, a sophomore. When asked why she wanted to be the school mascot, Sharon replied, "I wanted to represent the school. It was a lot of fun and quite an experience."

Sharon remembers the first football game of the season. She said, "The cheerleaders had no idea who the panther was going to be. I ran onto the field and surprised them all."

While cheering the crowd and team on to victory was exciting, it was not always very comfortable. In the panther costume it gets very hot and the wire mouth can be almost unbearable at times. But it was all worth it for Sharon, especially when people came to her for her autograph! She hopes to be the mascot again next year.



Hidden behind the panther mask, Sharon Zeetes, our school mascot excites spirit in fans at our varsity sports games.

Besides being the school mascot, Sharon Zeetes has many other interests, among them, playing the guitar

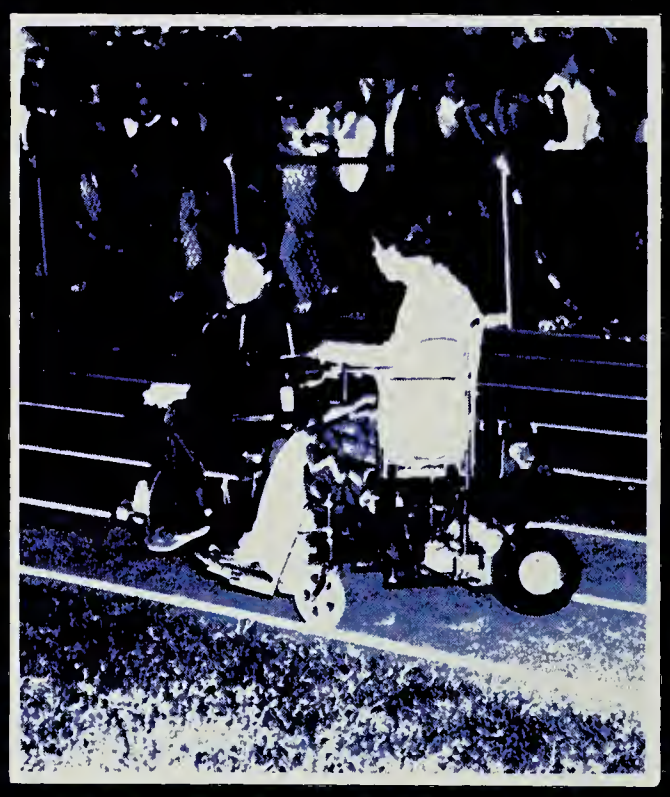
Jackie Watson
John Wayne
Jeff Weaver
Travis Welpott
Chrissy Weston
Christine Wharton

Pat Wicklien
Joell Wiggins
Leslie Wilfong
Marjorie Willard
Leonard Williams
Marc Williams

Paula Williams
Sid Williams
Evelyn Willingham
Ben Willis
Rob Willis
Shalane Willis

Jeff Wise
Karen Wolson
Jeff Wolter
Denise Woods
Lori Woolls
Nicole Worthy

David Wylde
Kim Ylisela
Steve Zacharias
Christine Zagars
Sharon Zeetes
Jeff Zovak

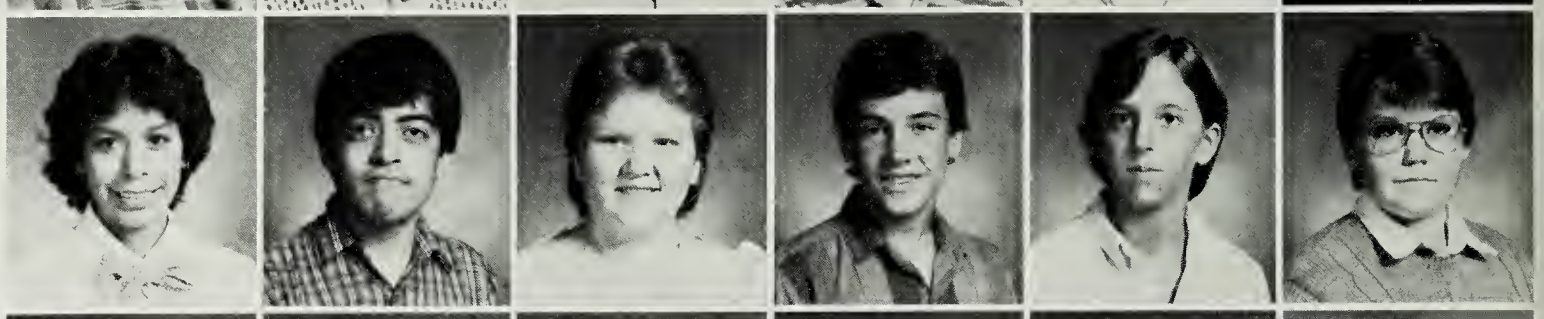


We Welcome Our Pride And Joy The . . .

Freshmen

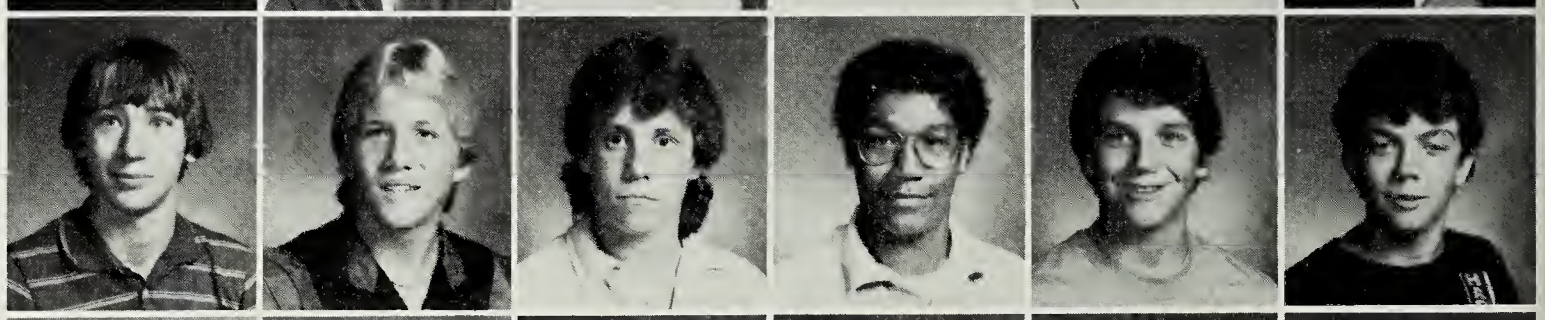
Donna Abel
Stacia Acker
Max Acker
Mia Aitizer
Mike Alberts
Alleyne Ignacia

Johnica Alverez
Mariano Amezquita
Bobie Analin
Andy Anderson
Kris Anderson
Lisa Anderson



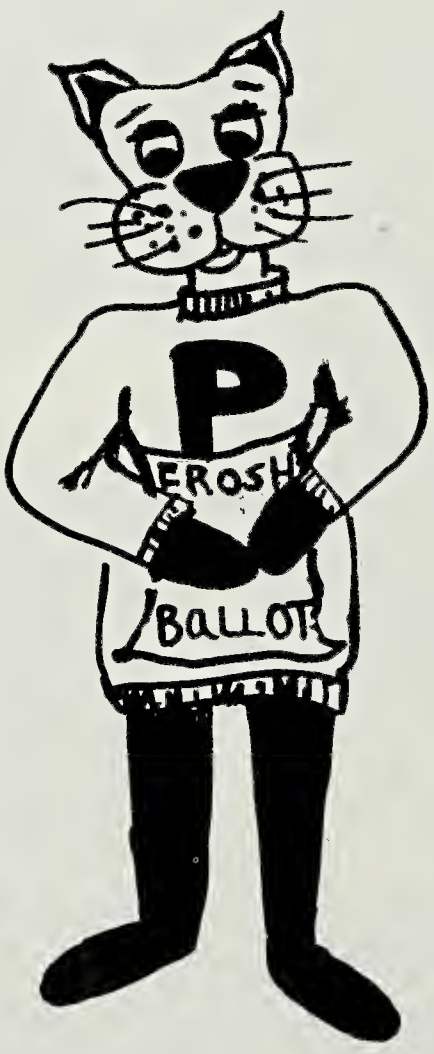
Mike Anderson
Brian Andrews
Michelle Antonik
Mike Arnold
Tammy Arrington
Frank Austin

Joe Austin
Steven Baggott
John Bahorich
George Baily
Mike Bailey
Virgil Bailey



Chris Baker
Tina Baker
Nicole Baldwin
Kim Ball
Veronica Ban
Darlene Bardon

Freshman Fave's



It's always interesting to see who the most-liked singers, songs, radio stations, and T.V. shows are. The members of the Class of '88 were polled this year about the things that have a lot to do with being a teenager. Here are the results: The most liked . . .

. . .radio station — 105 WAVA
. . . rock group — Duran Duran
. . . song — Jungle Love
. . . T.V. show — The Cosby Show
. . . soap opera — General Hospital
. . . '84 movie — Beverly Hills Cop
. . . actor — Eddie Murphy
. . . actress — Heather Locklear
. . . fast food restaurant — McDonald's
. . . pro. football team — The Washington Redskins

The poll had very good response with almost every freshman returning his ballot. It showed that even though the opinions are very different, everyone has his or her own opinion about everything.

Right: Freshman class officers Christy Lavelle and DeAnna Clemmar discuss some class business. Being a class officer takes a lot of time and effort.

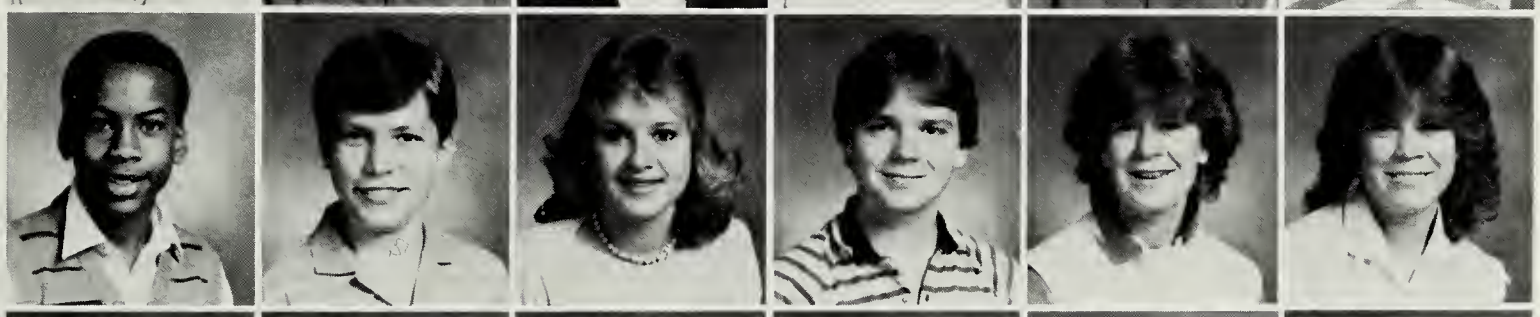
Below: Taking time out to help in the library is Richard During. Because of the heavy workload on the librarians, student help is always welcome.

Tami Barker
Mike Barko
Jeff Barrows
Craig Basham
Chris Basinger
Mike Basso

Steve Basso
Chrissy Beaman
Tina Beaner
Raymond Beard
Mike Beckman
Ervin Beekman

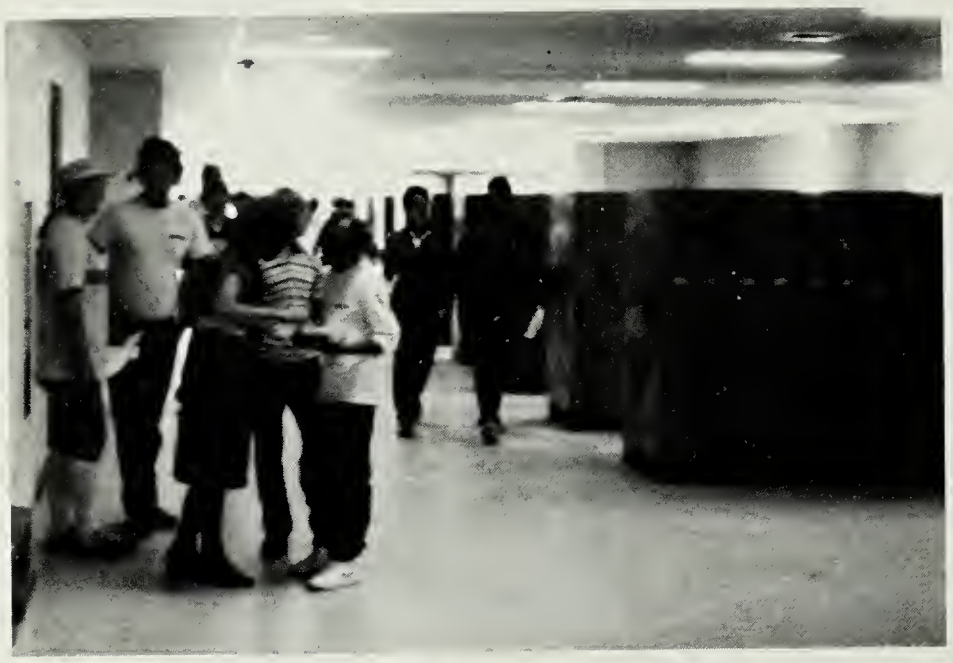
Jeff Bell
Andy Best
John Best
Stacey Bishop
David Blackwell
Patricia Blair

David Blake
Davide Blakenship
Virginia Blanton
Stephen Booker
Candice Bouslough
Krista Bouslough



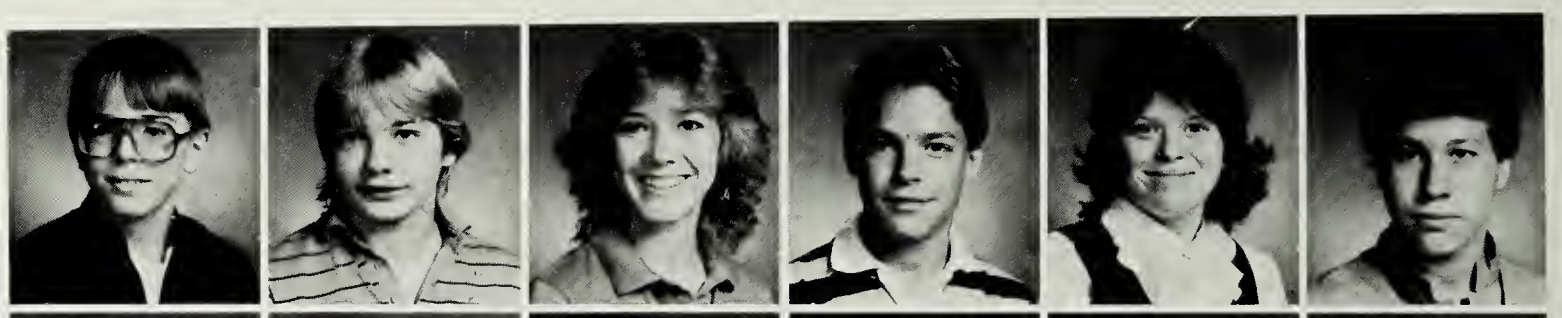
Michelle Boyd
Alex Boykd
Ruby Brawdshaw
Diana Breeding
Renee Bridgett
Denise Briggs

Teachers and upperclassmen help freshmen find their classes.

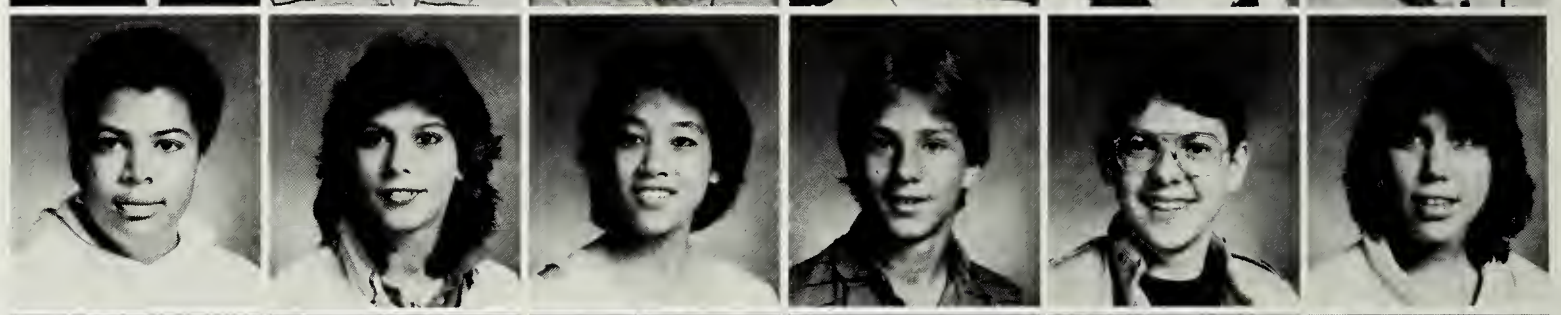


Freshmen meet in the auditorium to receive instructions.

David Broyhill
Mike Broyhill
Amy Brueggen
Edward Brunner
Crystal Burkhammer
Travis Burks



Pete Butler
Deanna Byerly
Maria Cabading
John Caliendo
Doug Cameron
Susie Camou



Eric Campbell
Vincent Capron
Wendy Carder
James Carl
Matt Cervarich
Aqua Chapman

Raymond Chapman
Nai Chiang
Frank Chimento
Karen Christenson
David Christman
Sharron Chochowski

Mike Clark
Daniel Clarkson
Jean Cleary
Dallas Clem
Darrell Close
Billy Coker

Susan Coleman
David Coleman
Charles Coles
Christopher Colletti
John Collins
Mike Comerford

Cindy Condrey
Michelle Conley
Teri Connolly
Cheri Conrad
Michael Cook
Charles Coonradt

Don Corbin
Kevin Cornwell
Jonathan Covey
Eric Coyle
Mike Coyne
Duane Davis

Leon Davis
Stephen Davis
Tommy Davis
Patrick Dean
Christopher DeChene
Patricia Decca

Brenda Dennison
Cheryl Dent
Kristine Denton
Cynthia DeSena
Jennifer Dewindi
Bill Dodson

Chris Dodson
Ian Doiron
Anne Doss
Mike Drennan
John Driscoll
Karen Droiet

Alan Dudley
Lisa Dupree
Terry Durst
Buddy Earnhart
Guin Easterwood
Andrew Edwards

Lost and Found

"Where's the gym?" "How come Room 330 is on the second floor?" "Who's Miss Jones?" "Look at these lockers!" "Boy, I'll never find my way out of here!"

These were just a few of the cries of anguish and desperation heard when the freshmen first confronted the intricacies of PSHS. Entering high school for the first time can be a frightening experience to freshmen. To alleviate the confusion, the freshmen had the school all to themselves on Orientation Day. It gave the newcomers a chance to get lost without being subjected to the sneers and jeers of the upperclassmen.

After hearing a welcoming address by the principal, Mr. Ferrebee, they were given a copy of their schedule of classes, met with their teachers, told how much work is in store for them, and then were sent home to recuperate and ponder the mysteries of high school before coming back to work in earnest. It was a great opportunity for them to become acquainted with their new home away from home.

Danny Jones, Ann Gillette, and Jimmy Thrall discuss the differences in high school and middle school classes.

Pamela Falk
John Farrell
Rachel Ferenschak
Richard Field
Chrissie Fields

Robert Finch
Jeremy Finley
Nancy Fitts
Tiffany Fonte
Jennifer Foos
Kellie Fortune

Laura Fournier
Sandy Fox
MIchael Fox
Thomas Frawley
Kelly Freeman
John Friend

Mark Fulton
Tina Gardner
Laura Garza
Raquel George
Claudia Gibb
Marie Gibbs

Rob Gibson
Frank Gifford
Ann Gillette
Christine Glynn
Laura Goad
Susan Goble

Byron Gooley
Tami Gore
Ben Gosney
Dawn Graham
Ricky Graham
James Gregory

FRESHMAN CLASS OFFICERS — Front: Deanna Natle, President; Christie Levelle, Vice President. Back: Renee Brown, Secretary; Amy Koontz, Treasurer.

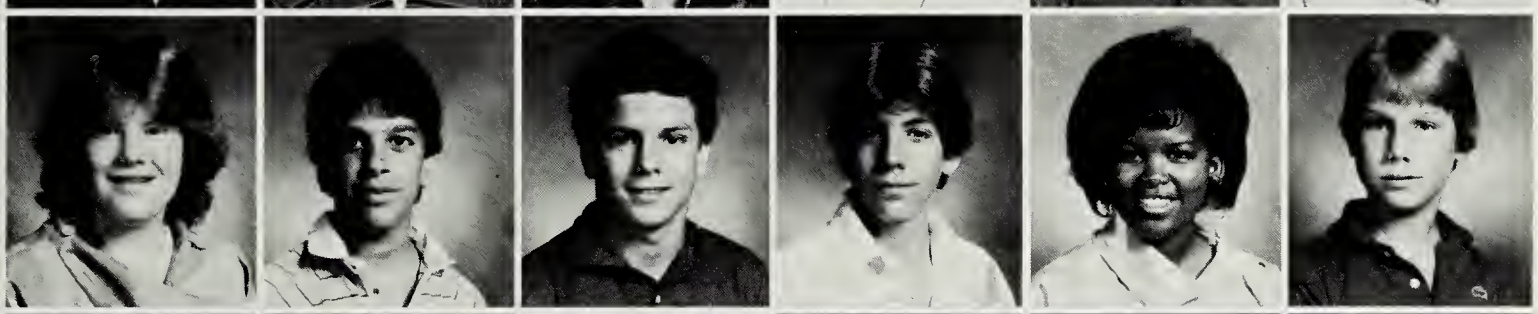
Jim Greubel
Joe Griffen
Ralph Griggers
Christina Grove
Todd Grover
Ann Guthrie

Denise Haggart
Tony Hale
John Hambrick
Tabitha Hamm
Ashlie Hampton
Nicole Hanna

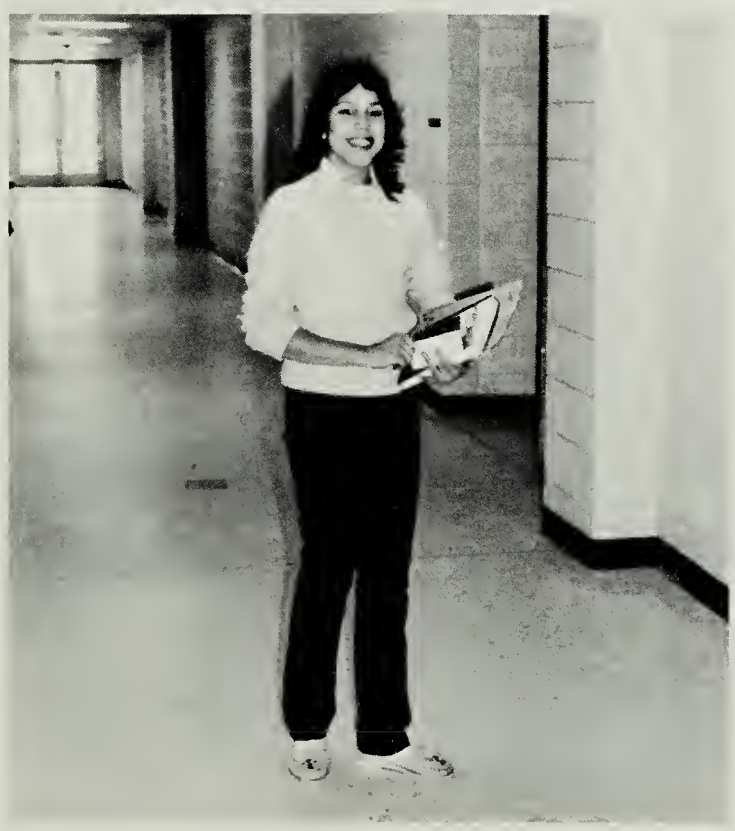
Joe Harkom
Jennifer Harris
Jim Harris
Darrin Harris
Tom Harrison
Chelsea Hart

Grant Hartnett
John Hansonn
Ben Hauser
Joely Hebert
Dewayne Heck
Mike Helm

Stacey Hembra
Jeff Hernandez
Mark Hernandez
Ashton Hildreth
Miranda Hills
Hans Hinkamp



Jennifer Hitchcock
Jennifer Holderman
Nichole Holley
Kay Hopper
Christopher Horne
Greg Hudson



To the Freshmen

I just thought, as I looked back through my past four years, that I would tell you about high school. It gets better!!!

I remember all the teasing from upperclassmen. The endless "So you're a freshman." I thought "freshmen" was a disease. But it gets beter!

I remember being lost: boy was I lost! For the first month of school, I carried a map. But it got better!

Then the fun began such as club initiations. Because I was a freshman, the upperclassmen were more "creative" with their slaves. But it got better!

I remember thinking, "I will never be a Senior. I won't make it." But look at me now. I made it! Those big upperclassmen weren't so bad, once I became a sophomore.

Now I'm a big Senior. I worked for this title. I endured so much to get here. But it's kind of ironic. I'm here, but I don't feel big. This year has been fun, but scary too. There are so many decisions to make; school, jobs, money, and they all must be made before graduation.

But the worst part of being a Senior is that next year, you're a freshman again!

I'll tell you, freshmen, there's nothing like being a Senior. The glory doesn't last too long, but it's worth waiting for. So hang in there and good Luck!

Sincerely yours,
A Senior

Wandering the halls during a class is Susie Camou. Pass-checking teachers were hard to get around this year at Potomac.

Our Future Stars

Freshman sports or athletes aren't given very much attention, but they are much more important than a lot of people realize. The ninth graders that are on the Freshman and J.V. teams now, but will one day be on the varsity team. They will be the new winners after the older ones have graduated and moved on to other things.

Starting early is important so that athletes can become skilled in their sport and get ready for the competition that they will encounter as they get older. Sports teach from the very beginning about how to handle competition and pressure. They also help you to teach yourself to have discipline. The Class of '88 has shown that they are dedicated athletes. Keep up the good work! You're the future of varsity sports at Potomac.

right: Carol Shirley performs one of her routines at a meet. Carol was one of the team's outstanding freshmen.

Andrea Huges
Brian Hughes
Rodney Hughes
Heather Hynson
Kim Hyre
Siri Insisiengmay

Thir Insisiengmay
Michael Jackson
Alana Jacobson
Kimberly Jacobson
Mike Jagoda
Chris Janke

Thomas Jarman
Debbie Jarvis
Joyce Jefferson
Matthew Jensen
Danny Jones
Lisa Jones

Craig Jones
Eric Jones
Brad Johnson
DeeDee Johnson
David Johnson
John Johnson

Robin Johnson
Shawn Johnson
Stacy Johnson
Andy Jumbercotta
John Kalland
Jin Kang

Kelly Kasper
Bob Keeler
Anthony Kelley
Walter Kendall
Paul Keresse
Mark Kingston

Cheering for a victory are Michelle Boyd and Katie Trainor. The freshman cheerleaders were an important part of the support for freshman sports.

Practicing one of her floor routines, Tracey Roy shows her grace. Tracey was one of the many talented members of the '84-'85 gymnastics team.

Ron Kinley
Paula Kirkpatrick
DeAnna Klemmar
David Kline
Kevin Kline
Michelle Klopp

Lisa Knecht
Joe Kosimar
Chi Kong
Amy Koontz
Kyri Koutsoundadis
Matt Kreger

Mike Lacey
Rick Lannam
Mary LaRock
Christy Lavelle
Ben Lawson
Derek Lazaroff

Kim Lear
Cindy Lee
Shannon Leeper
Johnathan Lerner
Michelle Leverstein
David Lewis

Patrick Lewis
Kerri Little
Louis Littles
Pennie Lohman
Larry Lookabill
Malka Looney

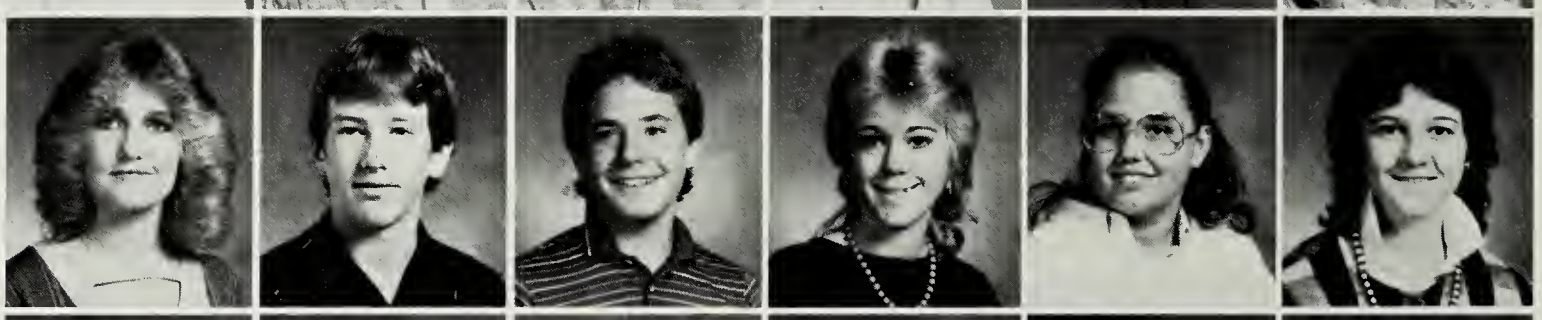
Sandi Lupo
Corinne Lutkoski
Sandy Markbarker
Kim Marsh
Robin Marsteller
Traci Marrandette

Aurdy Mack
Lisa Madaris
Lan Mai
Shannon Malone
John Martin
Jeff Martin

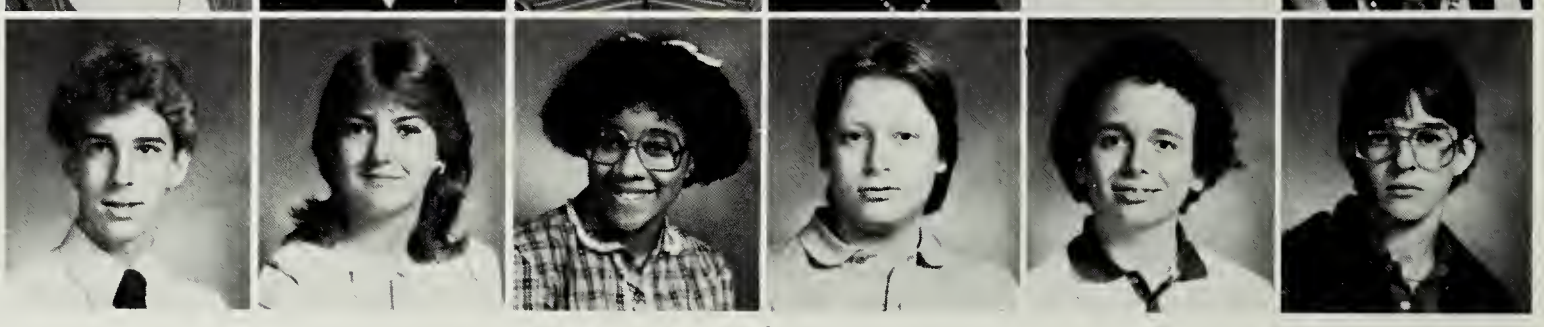
Katie Martin
Kathy Martin
Renee Martin
Tina Mast
Brenda Mastrippetto
Matthew Matsuoka

Stephanie Mattijetz
Holly Mavracic
Patrick McBride
Robyn McBride
Douglas McCown
Melissa McCreary

Lisa McCrosker
Michael McCloskey
Jay McDonald
Dawn McGabey
Shirley McGann
Kelli McGee



Chris McGowen
Michel McKellar
Kriste McLarghlin
Robert McRoy
David Meadows
Jeff Meadows



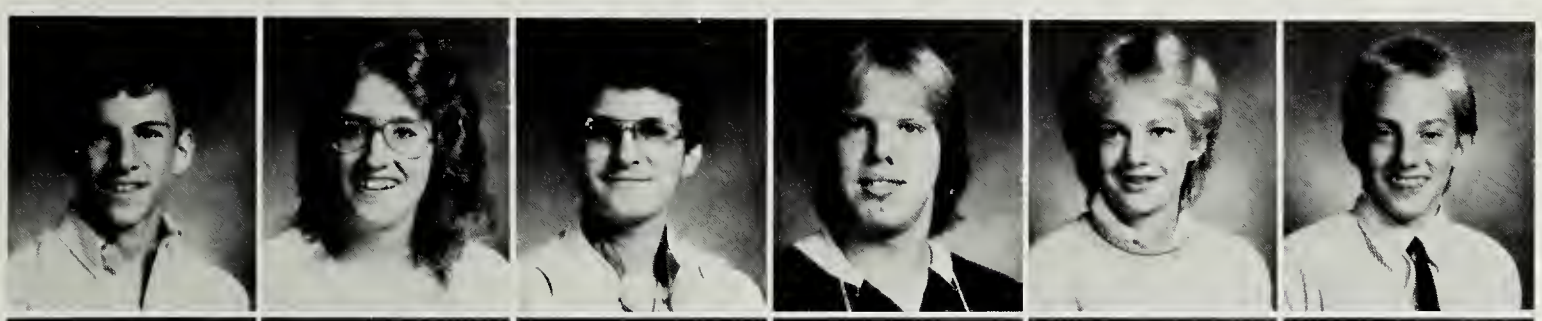
All of Those Questions!

What are freshmen most famous for? All of the questions they ask! Freshmen seem to have a natural talent for asking questions, especially at the beginning of their ninth grade year. Things like: "Where's room 201?", "Why is this bathroom locked?", "What time is lunch?", "What's I.S.S.?", "Do we have to take showers in P.E.?"

Although the upperclassmen think that most of the questions are pretty ridiculous, they are usually tolerant about answering them. After all, it wasn't very long ago that they were wandering around asking the exact same questions. So have hope, freshmen! Pretty soon you'll be answering those questions instead of asking them.

Some of Miss Jones' freshmen spend a day doing research in the library. Many students spent a great amount of their time in the library this year.

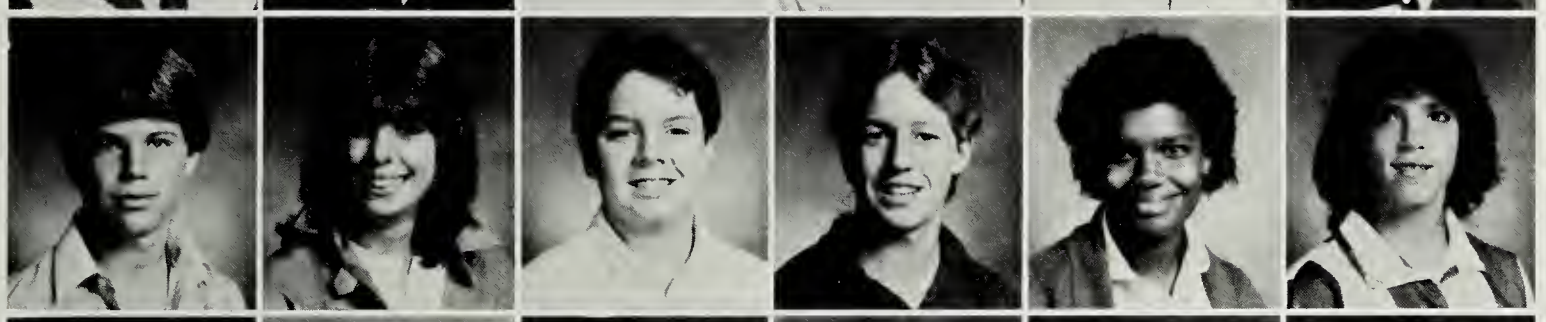
Electronics seems to be more play than work for this group. Although this course is a demanding one, there are a few relaxed days every now and then.



William Mercadowill
Tami Mercer
Donald Metzler
Joe Milam
Tina Miles
Turner Miles

Kim Milne
Charles Minor
Tim Mobley
Karl Mohle
Scott Monaco
Glenn Moore

Heather Moore
Donald Morgan
Pennie Morris
Sarah Morrison
Alex Morse
Willard Mountjoy



Brian Meuller
Kris Munnikhuysen
James Myers
J. J. Myles
Alexander Napolean
Deanna Natale

Sonia Naylor
Senatra Newell
Jennifer Newey
Tho Nguyen
Chris Nichols
Siriluck Ningchar

Brian Norton
Melissa Nutton
Allison OBenshain
Chris O'Connor
David O'Connor
Kenny Odom

Derek Ohlander
Patrick O'Leary
Chris Olio
David Oliver
William Orr
Steven Pagan

Jim Palmer
Darrell Parker
Dave Patterson
James Pemberton
Nikki Peters
Angie Phelps

Tim Phillips
Rob Piccoli
Kevin Pigott
Won Pilkinton
Michele Pitt
Samantha Plaisted

Ruth Pollack
David Pope
Michael Porten
Joseph Porto
William Powell
James Price

Scott Priestly
Santo Purcell
Jeff Purdy
Lisa Ramey
Kevin Rankine
Paul Rasmussen

Tin Grins Are In

There are many common sights that are found in the halls of all high schools. Among the lockers and books are the familiar football jerseys, cheerleading uniforms, sweatshirts, and jean jackets. But did you ever consider the one thing that many students must tolerate at one time or another in their high school years? Yes, braces can be seen everywhere. For the most part, they can be found among the underclassmen, but there are always those few Seniors that can't seem to get rid of them.

From the day that they go on, the countdown starts to the day that they will come off. For some, it may take just a few months for their teeth to become perfectly straight, but for an unlucky many, the braces may be what seem like a permanent smile for years to come. Said one freshman, "Getting your braces is really depressing, but the future looks brighter when you think of how your smile will look when they come off."

Patience is a virtue which is needed when braces are concerned. The agony of orthodontist appointments, retainers, mouth pieces, and not being able to chew gum will seem very worthwhile when the day comes that you can show off your new smile.

Andy Warren and Michelle Velasquez flash their silver smiles. As always, braces were a common sight among freshmen this year.

Brent Redder
Charma Redenburg
Lori Reed
Sandra Regalado
Jamie Reid
Jim Reid

Kevin Reingard
Steve Reza
Ralph Rice
John Richards
B. J. Riden
Tim Ridgley

Carole Riley
Sean Riordan
Janet Roberts
Randy Robertson
Rita Robinson
Donna Roessing

Todd Rogers
Calli Rohrabacher
Carri Rohrabacher
Tracy Roye
Tracy Ruff
Michael Ruffing

Scott Ruhren
David Ruppel
Jennifer Rydstrom
Kris Santos
David Sawler
Stanley Schlegel

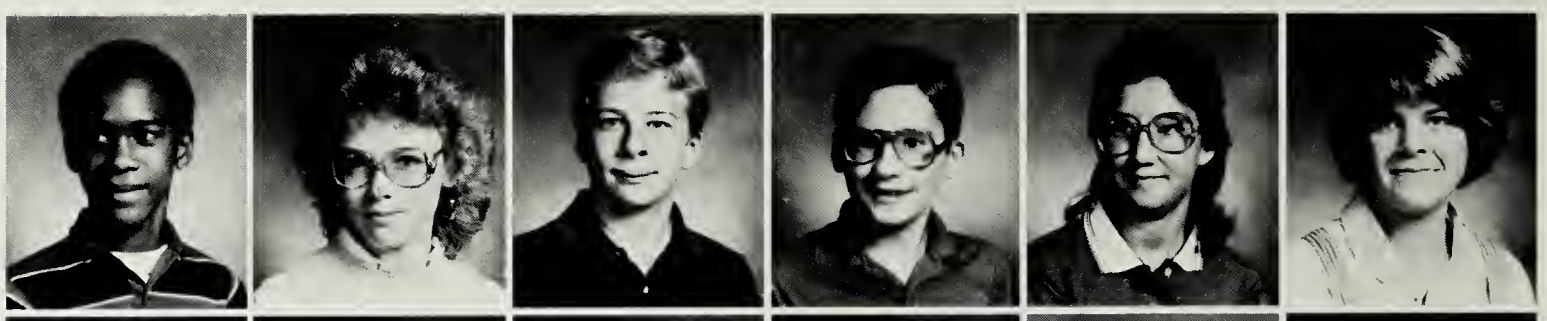
Kay Schultz
Tina Scites
Angie Scott
Reggie Scott
Jeff Scrogum
Todd Sentz

Not everyone who has braces always smiles, as Michael Drennan proves. The best thing about braces is that when they come off, there's a noticeable change in a person's smile.

Sitting beside Mary Beth Sines, Katie Trainor waves hello in the homecoming parade.

Freshmen cheerleaders practice the routines for the homecoming festivities.

Jerry Smith
Laura Smith
Casey Solum
Aaron Speca
Lori Sprouse
Krista Staley

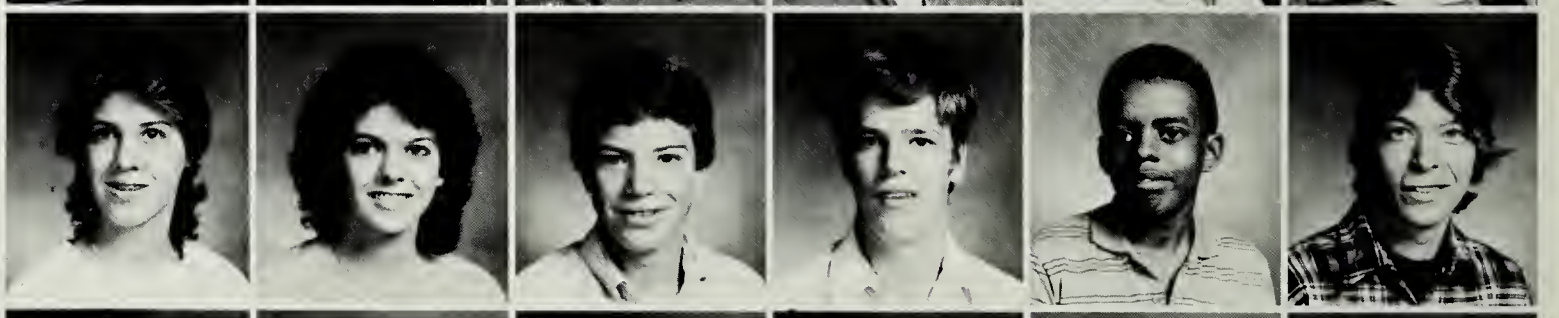


John Starnes
Amee Steelberg
Jolie Stepnowski
Kevin Stoher
Lisa Storey
Brad Strawn

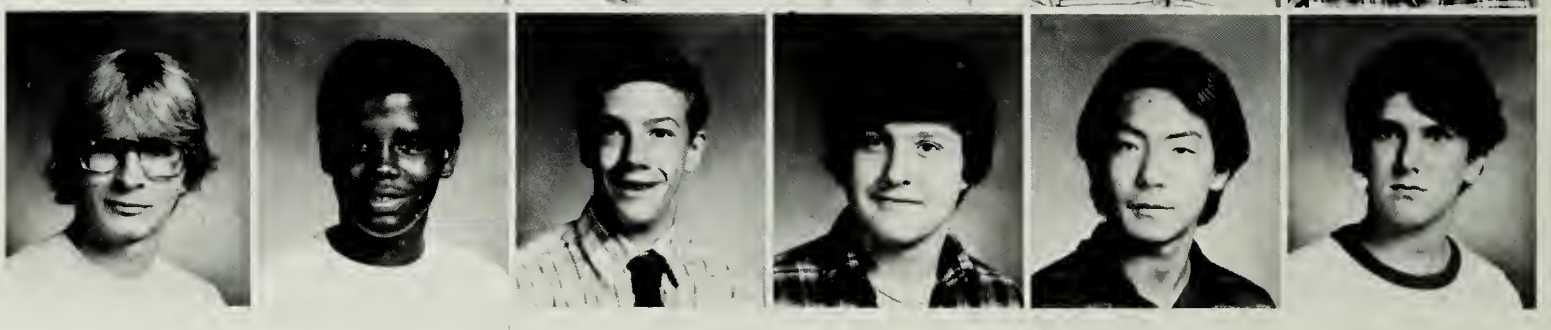
Susan Stross
Mike Sullivan
Richard Sullivan
Krista Sullivan
Christopher Sztanko
Troy Taylor

Brad Teague
Sharon Teeler
Jean Tennant
Mike Tesdahl
Rose Testa
Pam Tharp

Jennifer Theroux
Laura Thieling
Michael Thomas
Robert Thomas
William Thomas
David Thompson



Michael Thompson
William Thompson
Jim Thrall
Stanley Timmons
David Torra
Tom Tornollan



Katie Trainor
Michael Trumpower
Lisa Tuck
Carla Turner
Debra Turner
Michelle Underwood

Mike Underwood
Christine Vanderburg
Blakesline Vanhoutan
Dana Vanmetre
Kevin Viau
Phyllis Vejar

Michelle Velasquez
Chris Wade
Bill Wakefield
Greg Wall muller
Jon Walraven
Heather Walters

Andy Warren
Troy Washington
Brian Watkins
Willette West
Kimberly Whitehurst
Andre Williams

Hiedi Williams
Kimberly Williams
Leonard Williams
Michelle Williams
Shantel Williams
Wendy Winneberger

Pat Won
James Woolfrey
Sandra Woolfrey
Greg Wright
Mike Yauss
Andy Yentsch

New Spirit

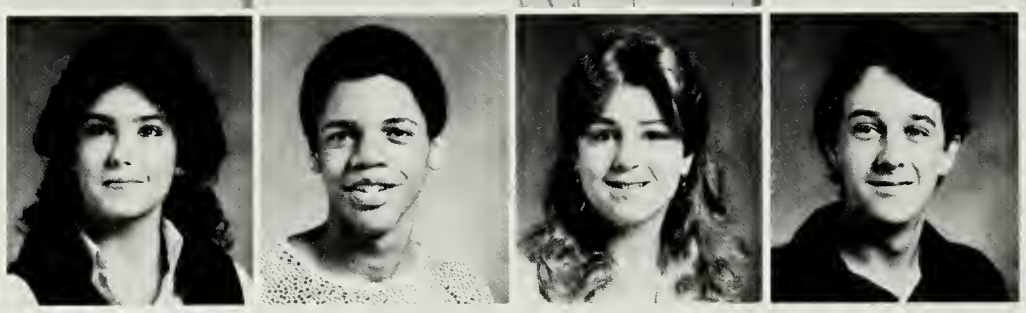
The freshman class showed their spirit with true originality and potential for their future at Potomac, during Spirit Week. Working side by side, and gaining much experience, the class of '88 acquired their first of Panther Pride just in time for Homecoming.

Here freshmen show their love of Potomac with their homecoming Float, featuring two caged Osbourn Park Yellow Jackets.

Some of the participants threw candy to fans while walking alongside the float.

Tracey Bradley
David Brawner
James Brown
Renee Brown
Jenny Caesar
Julie Clarridge

Kimberly Cunningham
Darren Davenport
Jenifer Dewindt
Clifford Dodson



Newcomers and Re-Takes

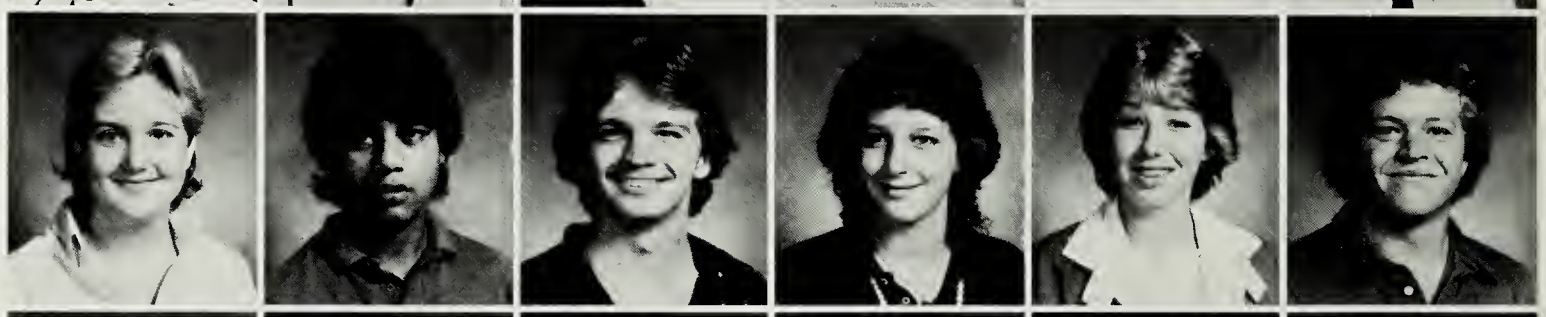
Many new Freshman faces were seen in the halls of Potomac this year. Adjusting to high school may be difficult, but it can seem twice as hard when you are a "new kid in town." Fitting in with peers, finding friends, and getting involved in activities are ways to adjust to a new place. One new Freshman said, "One thing I remember about my first day at Potomac was all the friendly people who helped me to find my way around and feel welcome."

Most newcomers will agree that entering a new school is a scary experience. Many different anxieties are felt, such as the fear of being alone and not knowing anyone. Coming to a new school can also be a chance to meet more people and make new friends. Stated one freshman, "I was afraid that I would not have many friends at school, but I proved myself wrong! I've made plenty of friends at Potomac."

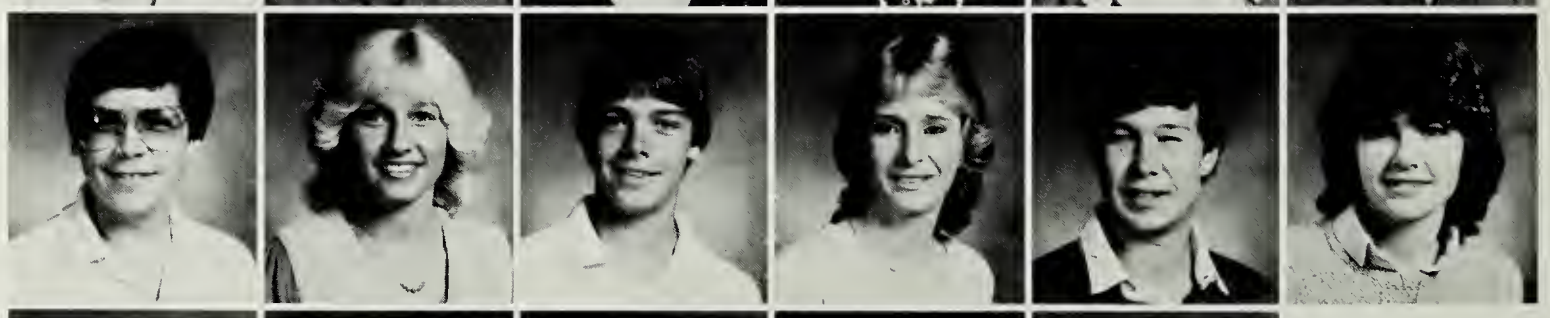
Potomac has shown itself to be a friendly school to old and new students alike. Once a student finds people with whom he or she feels comfortable, "new kids in town" make themselves at home.

Karen Drolet
Joseph During
Summer Frost
Stacy Lichtenfels
Wendee Neubauer
John Nix

Judy Parish
Asif Shaw
Anthony Shahan
Debbie Shepard
Carol Shirley
Waymon Shrewsbury



Chad Sisneros
Mary Sines
Willia Skillman
Debbie Smith
Stephen Snyder
Sharon Teeler



Paul Tzivani
Sherrie Ward
Pattie Yow
Kari Zehner
Susan Zovak

Autographs!

Autographs!

Autographs!

Very Important To Our Future Are . . .

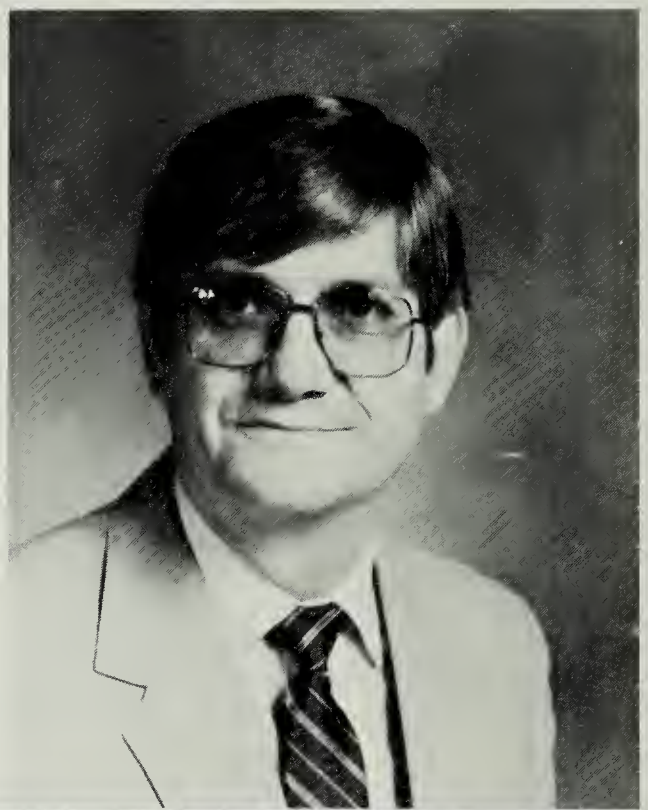
Academics

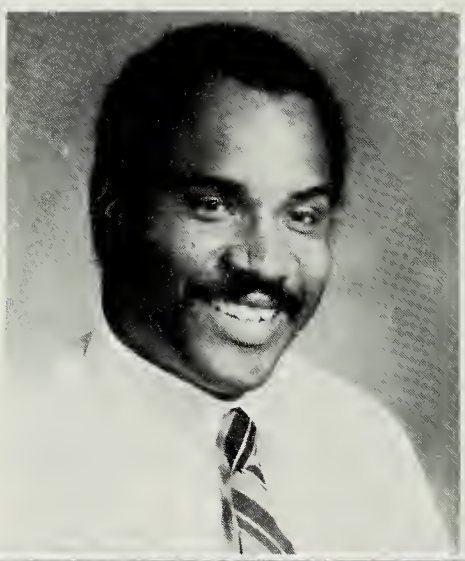
New Kid on the Block

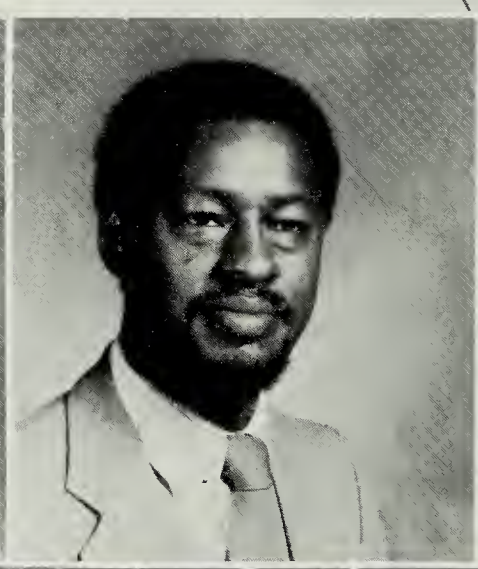
Mr. Carlos Hamlin was new at Potomac, but certainly not new to the field of education. He has been involved in teaching and administration for twelve years. In those twelve years he has had experience with students from various backgrounds. Teaching four years at Georgetown Middle School, he worked with children of several politicians, including President Carter's daughter, Amy. He also taught at Lincoln Junior High School in the District of Columbia which had the area's highest crime rate. Mr. Hamlin explained, "There were times when I actually feared for my own safety, and I had volunteered to be there!" Before coming to Potomac he served as assistant principal at Woodbridge High School. Comparing Potomac to Woodbridge, Mr. Hamlin stated, "Potomac students come from a broader range of backgrounds, but other than that, kids are basically the same everywhere." When asked about his first impression of Potomac he remarked, "I thought the school was much too small!" Mr. Hamlin's one key to success is: "Be fair yet firm and the kids will respect you for it." Potomac was fortunate to receive an administrator with his experience and positive attitude.

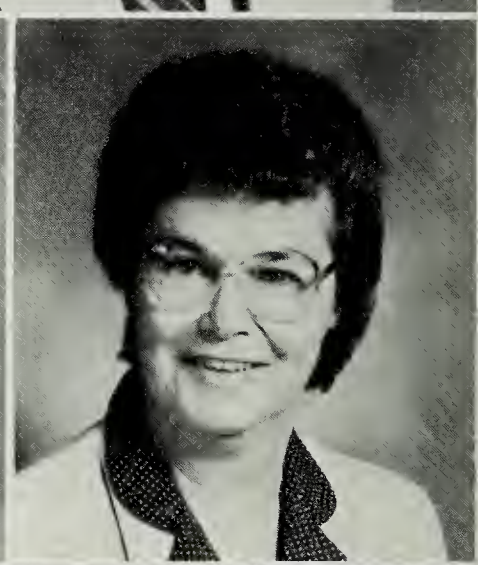
Mr. Hamlin shows his Potomac spirit as he shows who is number 1! Potomac was very fortunate to have Mr. Hamlin as our new administrator.

Mr. Robert Ferrebee — Principal









Carlos Hamlin — Assistant Principal
Aaron Jordan — Assistant Principal
Ann Lockett — Assistant Principal

Bridget Abler — English
Mike Babuschak — Art
Carolyn Baker — Guidance
Fran Bacon — Special Education
Anita Barnhart — Science

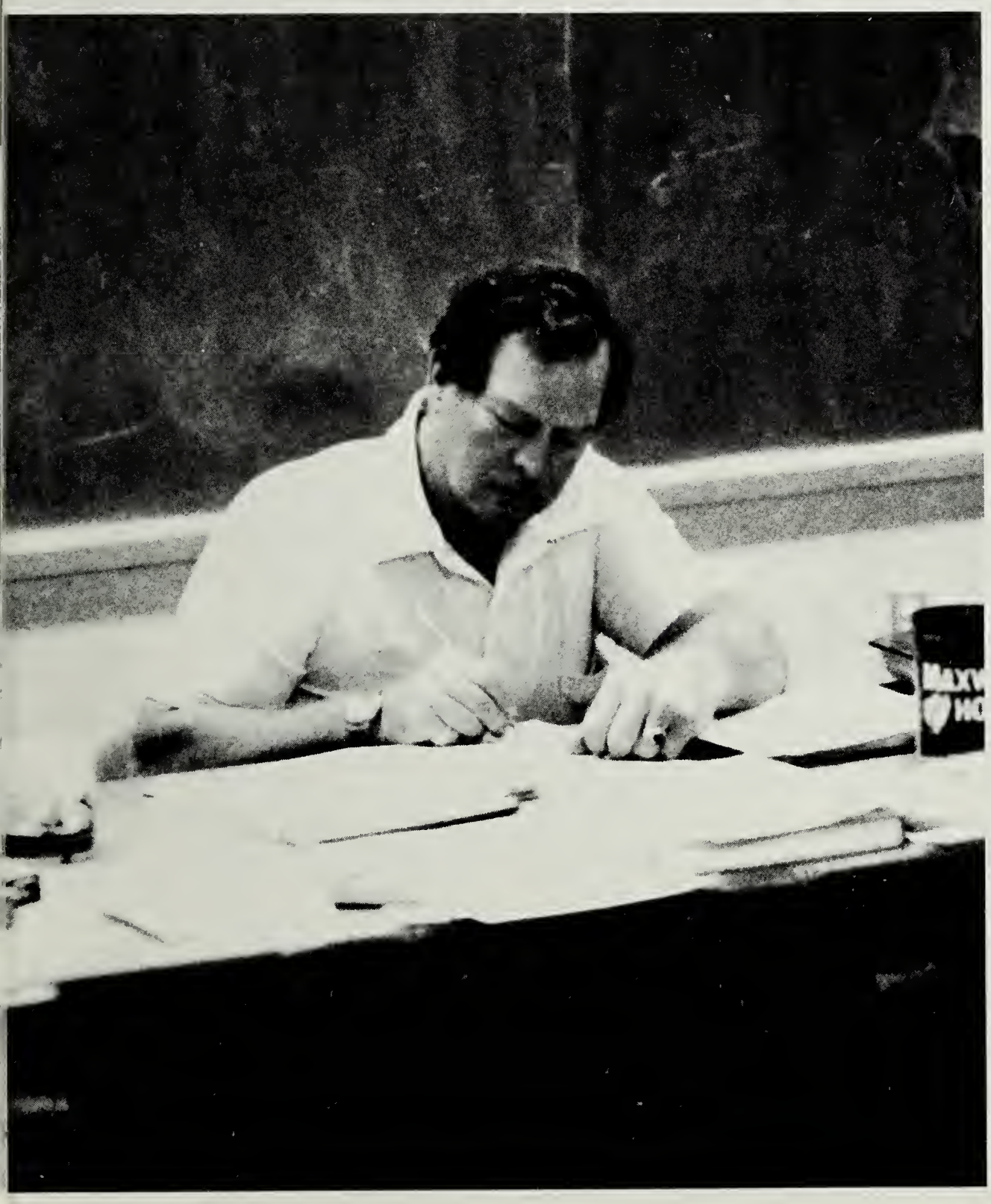
Gloria Barrett — Math and Science
Tim Bass — Science
Joe Bengier — Math
Jessie Blalock — I.S.S.
Russ Bowling — Auto Body

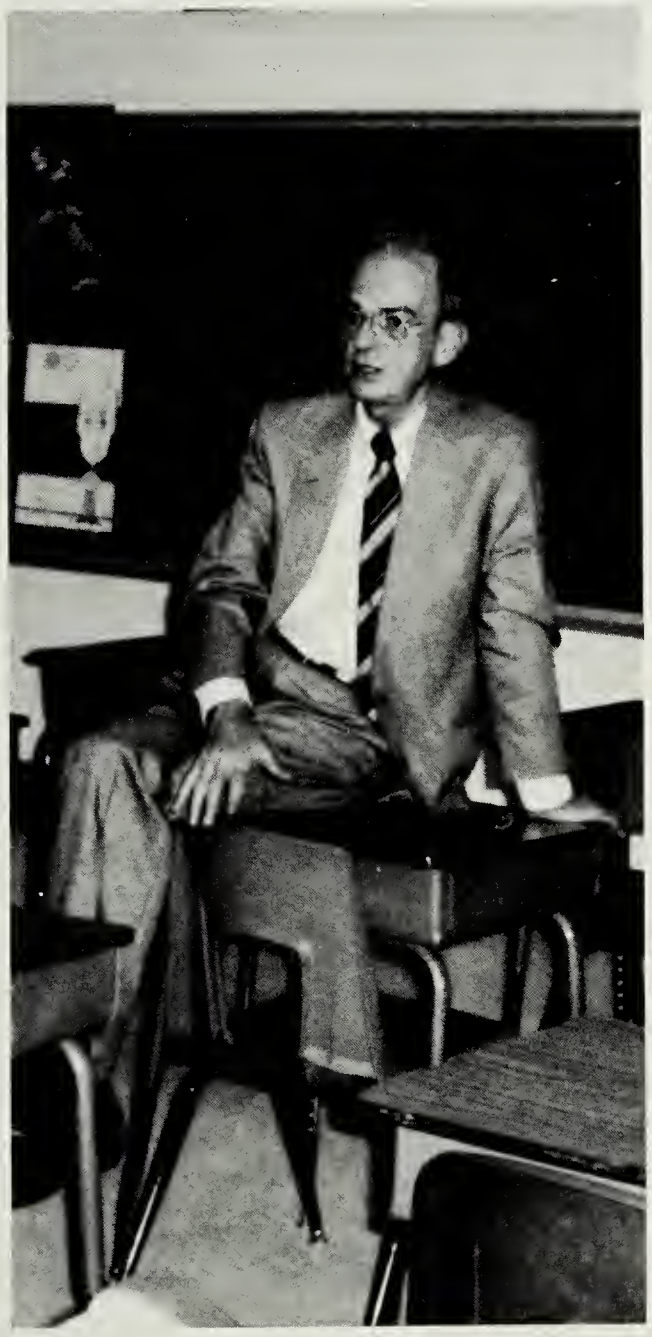
Bill Brown — Health and Physical Education
Jean Cahall — Distributive Education
Pamela Cakora — Foreign Language
Bill Cameron — Health and Physical Education
Ed Campbell — Health and Physical Education

Dave Carr — Distributive Education
Pat Carter — Bookkeeper
Larry Casey — Music
Gloria Cash — Foreign Language
Ron Clarke — Health and Physical Education

Claudia Cunningham — Math
Cheryl Decker — Business Administration
Richard Dill — Music
Pat Droves — Guidance Counselor
Janet Dunivin — Library Secretary

Al Eaton — Industrial Arts
Lisa Eaton — Social Studies
Harriet Eden — English
Dwight Edmonds — Industrial Arts
Pattie Emmons — Social Studies





Teaching in a relaxed and calm manner, Mr. Kite speaks to his students. This relaxed manner made his students feel comfortable.

Writing in his grade book is Mr. Leggett, who teaches construction. This was Mr. Leggett's first year to teach at Potomac.

Jane Feret — Math
Diane Ferree — Science
Janice Findley — Business Education
Evelyn Fleming — Home Economics
Floyd Freeze — Business Education
Marion Frizzle — Business Education
Diane Fontana — Foreign Language
Jack Frost — Math
Bill Fulp — Science
Jerry Gardziel — Drivers Education/Mechanical Drawing

Sarah Garrigues — English
Jean Gaudet — Librarian
Pat Ghiloni — Science
Heidi Ginsberg — Foreign Language
Melvin Goodwin — Music

A Special Lady:

Aside from having pride in the students at Potomac Senior High School, our pride is also showing in our faculty. One person in particular, Miss Pat Droves, takes a great deal of pride in her work.

You would be getting more than you bargained for to ask who Miss Droves is or what she does at Potomac. Not only is she a great counselor, but she is also the sponsor of both the Pantherettes and the Teen Counselors. Miss Droves was also responsible for starting Junior Civitans at Potomac.

Outside of Potomac, Miss Droves was President of Delta Kappa Gamma, an International Honor Society for Women Educators and a night school coordinator for NVCC. When asked whey she involves herself in so many activities, Miss Drove replied, "I like the excitement of working with people of all ages."

Furthermore, she feels that student involvement adds to high school education and personal growth. She enjoys seeing students involved in activities and contributing to their school. Those who know Miss Droves now find it hard to believe that she was ever shy.

Miss Droves received her MA in counseling at the University of Va. "The hardest thing to face about being a counselor is the fact that you cannot solve students' problems for them, but only help them to help themselves," she says.

Although being a counselor may not always be easy, Miss Droves enjoys being one. She feels she is a good judge of character, and that she has the right frame that is needed to deal with teenagers.

Being involved in so many activities and being successful at it is not a simple task. It takes time, determination, and the will to succeed, as well as the desire to help others. It takes a special person to do all these things. It takes a special lady; that lady is Pat Droves.

A counselor's work is never done. Counselors, as well as giving advice to all students, have to spend much time with seniors and their college preparation.

Ms. Droves along with Fran Bacon shared a joke at the Friday night football game. These two ladies took the time out to sponsor the Pantherettes among their other duties this year, as in previous years.

Taking time out from teaching auto body, Mr. Boling displays his pleasant personality. Auto body is a two period class that students take to learn how to do body work on cars.

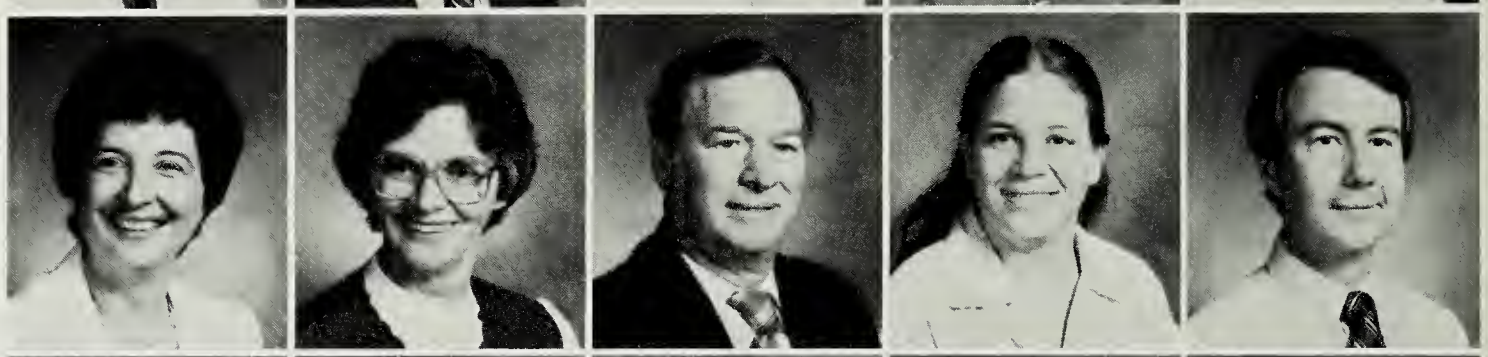
Nora Hall — Math
Cliff Hardison — English
Liz Harley — Physical Education
Susan Haun — Business Education
Kendall Hayes — Physical Education

Linda Higgins — English
Faith Holcombe — English
Robert Holley — Science
Yvonne Holsclaw — Health and Physical Education
Vivian Ivey — Librarian

Rosalind Jacobs — Special Education
John Jenkins — Social Studies
Geoge Jett — Industrial Arts
Peggy Jones — English
Wes Jones — Math

Chris Kadis — Industrial Arts
Dave Kite — Social Studies
Diane Kirchner — Math
Penny Lake — English
Nancy Lanza — Math

Rose LaTulipe — Administrative Secretary
Carolyn Leggett — Art
Clarence Leggett — Industrial Arts
Leslie Levy — Math
Barry Maguire — English



Betsy Maloney — English
Marc Maloney — Social Studies
Jane Manderville — Business
Ed Mary Ann Margheim — Guidance Secretary
James McCoart — Social Studies

Teacher, Coach, Friend

Aside from just teaching at Potomac, many teachers take an active part in the community and in the lives of their students. One such teacher was Mr. James McCoart, better known to some of his students as "Guido."

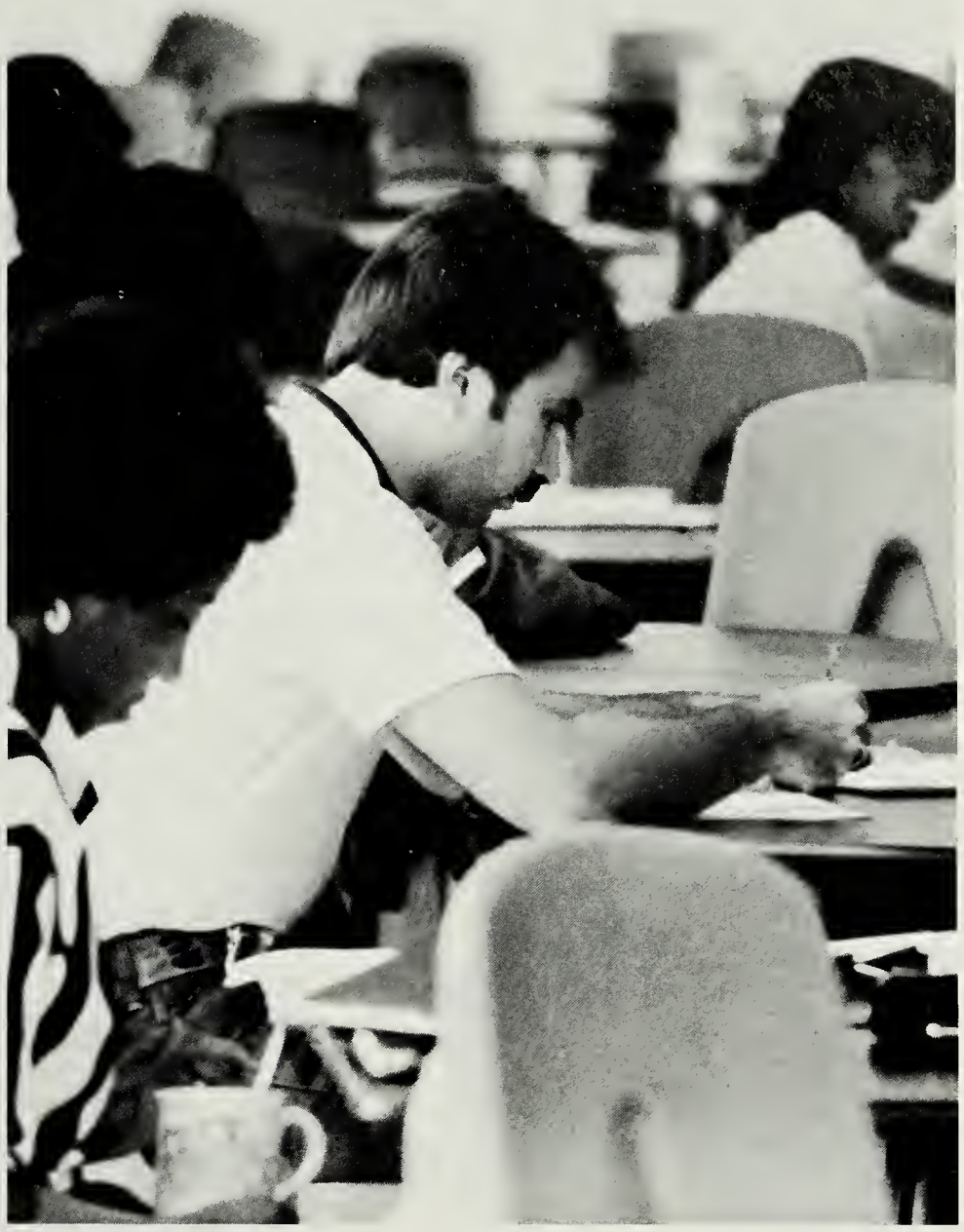
Mr. McCoart came to Potomac in 1982. He taught Senior government and was assistant coach for Freshman football and basketball. His classes were considered fun and much knowledge was gained. He excited students about learning.

Mr. McCoart's opinion of his students was high, "Oh, they're really good kids," he often commented. His concerns for his students' well being was constant. Every Friday, "Have a nice weekend and drive safely" was neatly written on the board. He cared for his students and they cared for him.

Mr. McCoart served as Prince William County's District Chairman to the Boy Scouts of America, was the President of both Dale City Little League and PTO. He was an active member of his church and was a youth leader of the CYO. In 1975 he was selected as the Jaycee Citizen of the year; in 1980 he was named the sixth most influential person in Prince William County. For several years he had been a contributing editor for the "Potomac News."

On April 8, 1985, Mr. McCoart died of a heart attack at the age of 53. He will be sorely missed.

A caring disposition radiates. Mr. Jim McCoart took time to attend many student activities.



Playing the part of Lucy Manette in Charles Dickens' *A Tale of Two Cities,* Ms. Sandy Moller spices up her English 12 class and involves the students in the story.

Shown here is Mr. Al Eaton accounting for the students' presence in class. Many students found that taking study hall gives them a chance to relax, catch up on homework, or to catch up on lost sleep from the night before.

Erline Merriwether — Special Ed
Sandy Moller — English
Robert Moore — Guidance Director
Sandy Munnell — English
Chris Murch — Office Secretary

Zelda Oelrich — Math
Irma Ova — Special Ed.
Loraine Palumbo — Social Studies
Marianne Parker — ISS
Toni Payne — Special Ed.

Patricia Pearsall — English
Wanda Petersen — Social Studies
Roger Plumsky — Science
Jan Polk — Social Studies
Greg Prifti — Industrial Arts

Steve Prifti — Industrial Arts
Jim Qualls — Athletic Director and Driver's Education
Louvenia Quash — Special Education
Diane Ramer — Foreign Language
Patti Riviere — English

Bridget Rice — Foreign Language
Joyce Roach — Math
Margaret Scoleri — Business Administrator
Kathy Scott — Math
Carol Secord — English

Melonie Shipman — Science
Randi Smith — Special Education
Millie Sokol — Secretary
James Sorrell — Driver's Education
William Stephens — Physical Education

What kind of person would take a cut in salary to do what he does best — teach? Or what kind of person would give of his time freely to be at every home sports event to act as the announcer and keeps score? The kind of person to do this would have such qualities as kindness, selflessness and most of all, dedication. These are the qualities displayed by Mr. David Kite.

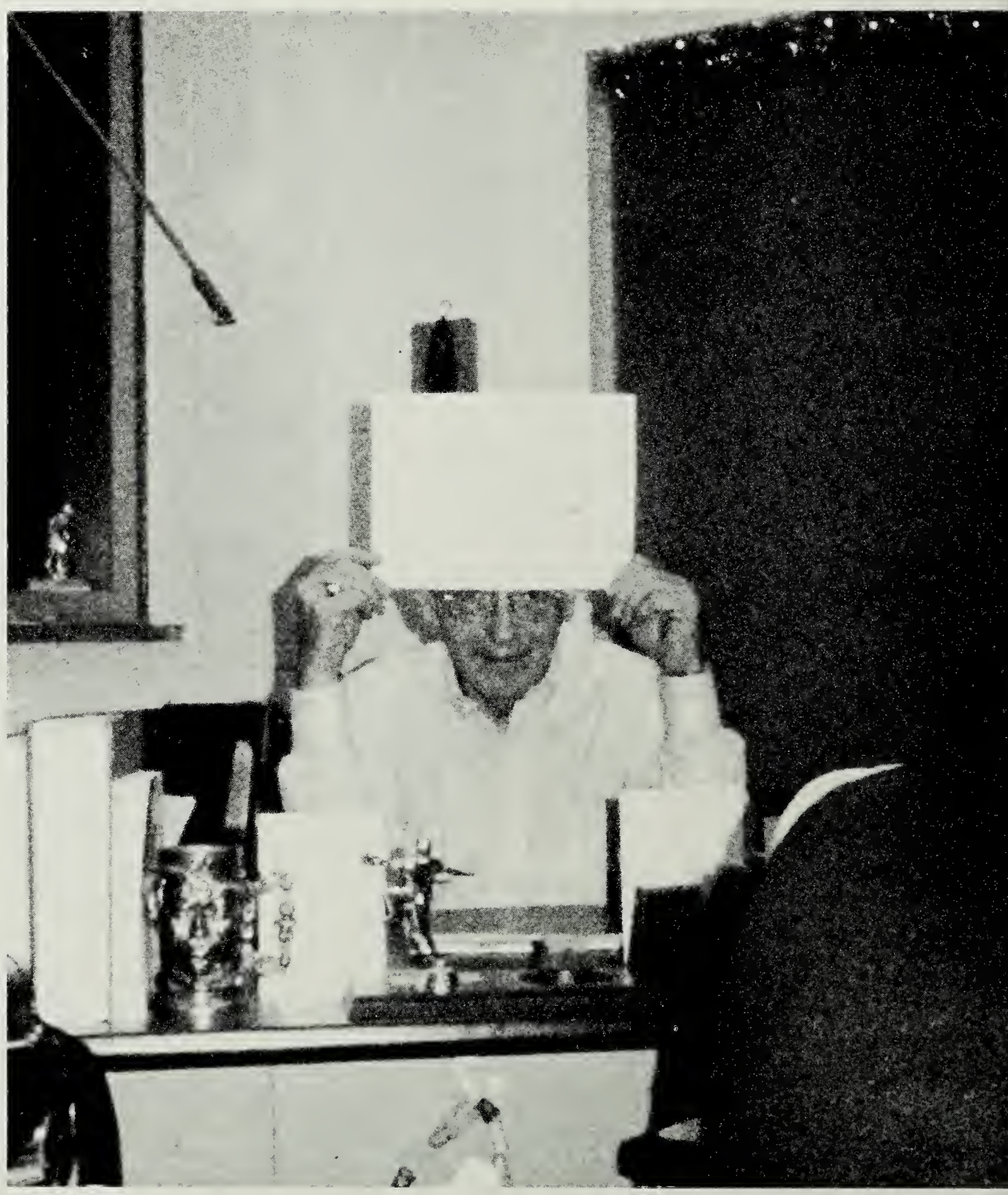
Born and raised in Virginia, Mr. Kite attended Shenendoah High School and later went on to Berea College in Kentucky. He did his post-graduate work at James Madison University.

Before his graduate work, Mr. Kite went back to his high school and taught social science. He eventually found his way to northern Virginia and taught sixth grade at Occoquan Elementary. He then became the principal of Featherstone Elementary School. After serving as the principal for nineteen years, Mr. Kite decided that his heart was still in teaching, and that's when Potomac first encountered this fine gentleman.

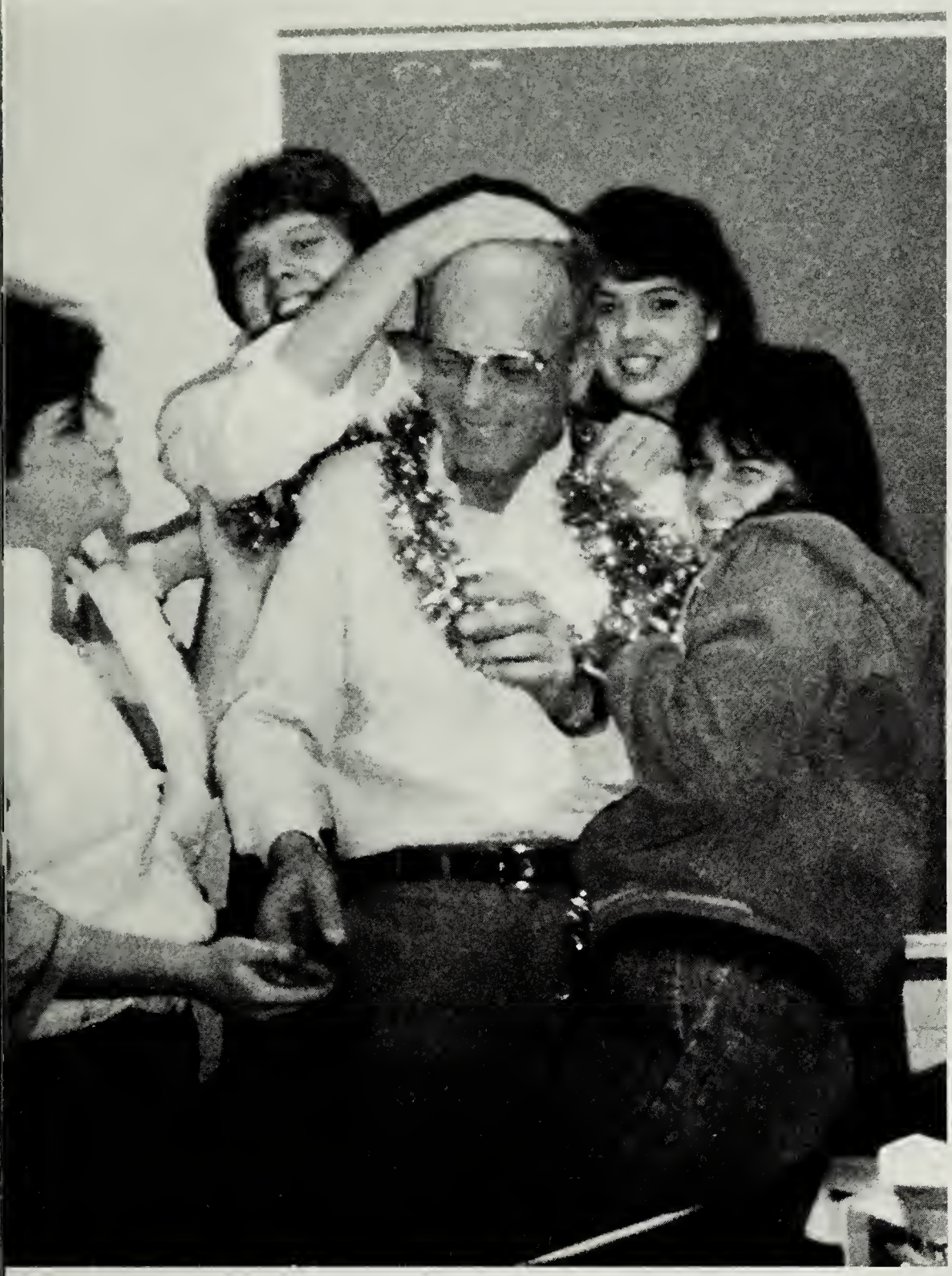
In 1980, Mr. Kite came to Potomac Senior H.S. and began teaching World History. When Potomac finally had juniors and seniors, he taught American Studies I and Sociology and continues to teach these subjects at present.

Mr. Kite conducts his classes with strict control. He lays down the rules at the beginning of class and expects students to follow. Although he is strict, he communicates with the students helping them to understand what he is trying to get across. This technique also helps the students to feel comfortable to express their opinions and debate topics in his class.

Although there are times when he stands corrected and times when he begs to differ, one has found that there is a fine line between a teacher and a friend. Mr. David Kite has proven to be a friend to the students and an asset to Potomac Senior High School.



Mr. Kite peeks out from underneath a card given to him. His desk is neatly arranged with a wide assortment of knick-knacks and momentos.



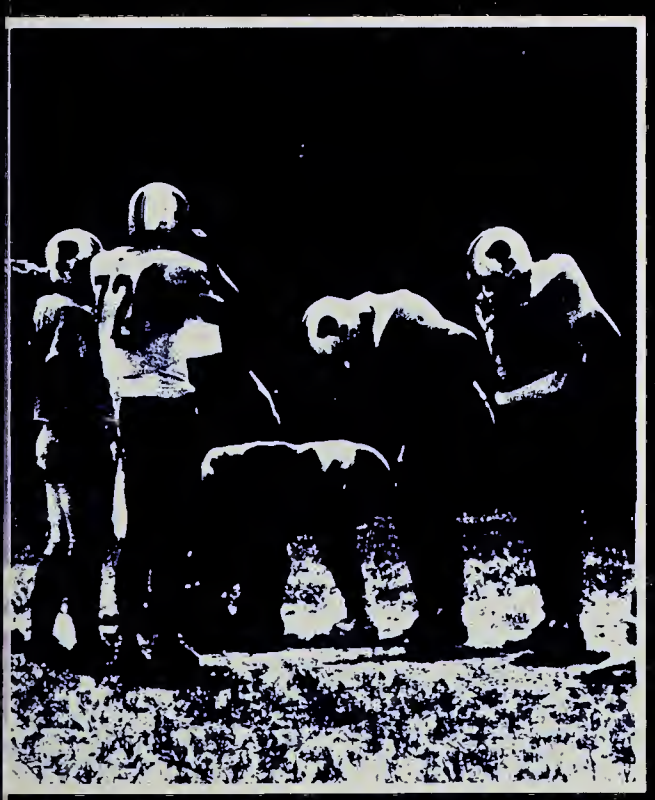
Receiving a good pat on the back, Mr. Kite takes time out with his students.

English can become monotonous when one teaches it five hours a day, but Mrs. Maloney proves just the opposite and makes it enjoyable for herself and her students. She has taught here at Potomac for three years.

Dianne Stevens — Business Education
Dottie Stevens — Guidance Secretary
Charlotte Stultz — Social Studies
Margaret Szady — Math
Paul Szymonski — Social Studies
Fran Thompson — Office Secretary
Evelyn Vlatas — Foreign Language
Grover Wade — Industrial Cooperative Training
Carol Wakefield — Guidance Counselor
Brian Whetzel — Science
Eliana Whittington — Foreign Language
JoAnn Willis — Guidance Counselor
Jewel Winebarger — Office Secretary
Jean Zimmerman — Business Education

Building Our Pride And Sportsmanship Are . . .

Sports

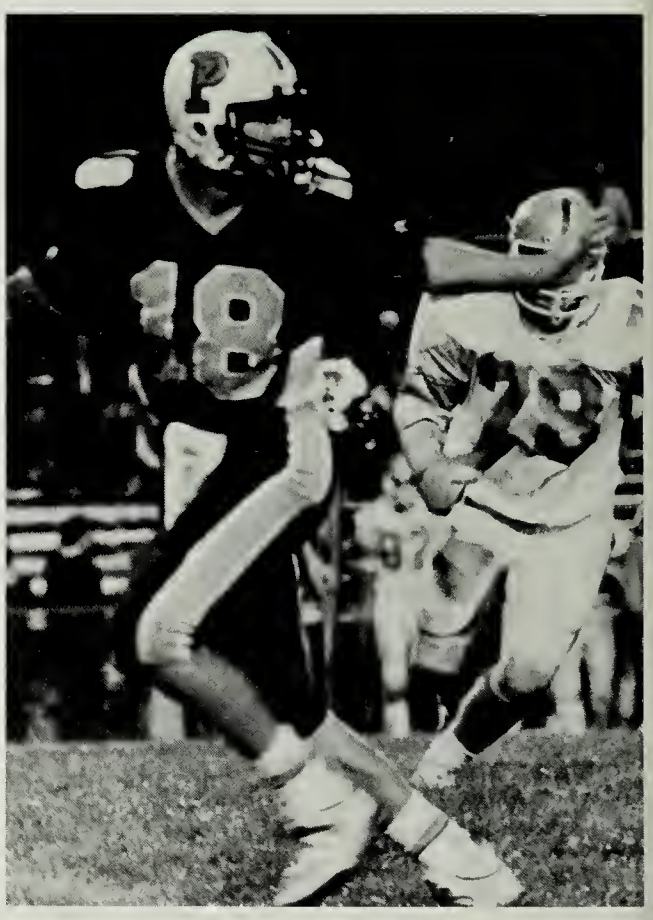


Passing Under Pressure

The 1984-85 Varsity Football team had another successful season with a record of 8 wins and 1 loss during the regular season of play. They began the season under much pressure as it was predicted by several newspapers that Potomac would end with an undefeated record. This caused each game to be intense for the team as well as exciting for the Panther fans.

The team was the first to go to the regional play-offs, where they unfortunately lost to a very strong team from Pulaski. Coach Bill Brown explained, "It was difficult because the boys had to travel five and a half hours to get there, and because of the tremendous facilities at Pulaski; who had a home crowd of ten thousand fans." Although they did not win in the playoffs, the team could still be proud of their regular season due to the fact that their defense allowed the least amount of points scored against them in the district.

At the sports banquet many of the players were presented with various awards including: Most Outstanding Offensive Player — Quarterback, Mike Berry; Most Outstanding Defensive Player — Defensive back, Larry Mason; Most Improved Player Award — William Jennings; and "Mr. Panther" — Lee Wilson.



"You take it, I don't want it," exclaims senior quarterback Mike Berry as he hands off to his running back. Mike received the award for the Most Outstanding Offensive Player for his achievements.

COACHES — Standing: Marc Maloney, Joe Bengier, Eddie Campbell, Steve Prifti, Greg Prifti, William Stephens. Kneeling: Head Coach Bill Brown.

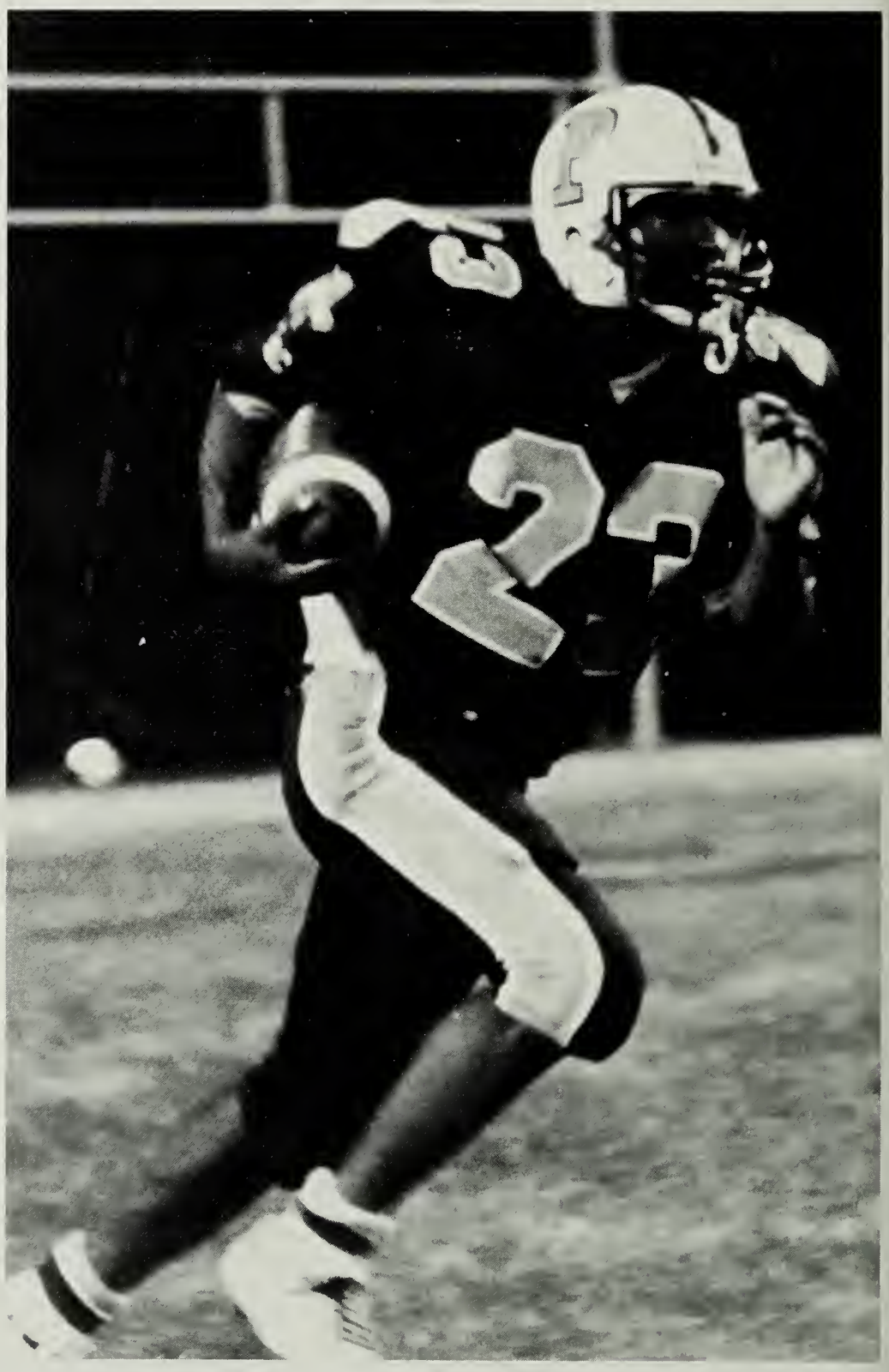
VARSITY FOOTBALL

PSHS	18	Petersburg	15
PSHS	20	Albermarle	6
PSHS	28	James Wood	6
PSHS	3	North Stafford	0
PSHS	0	Stonewall	21
PSHS	21	Woodbridge	0
PSHS	23	Osbourn Park	0
PSHS	20	Gar-Field	0
PSHS	14	Fauquier	6

Wins 8 Losses 1

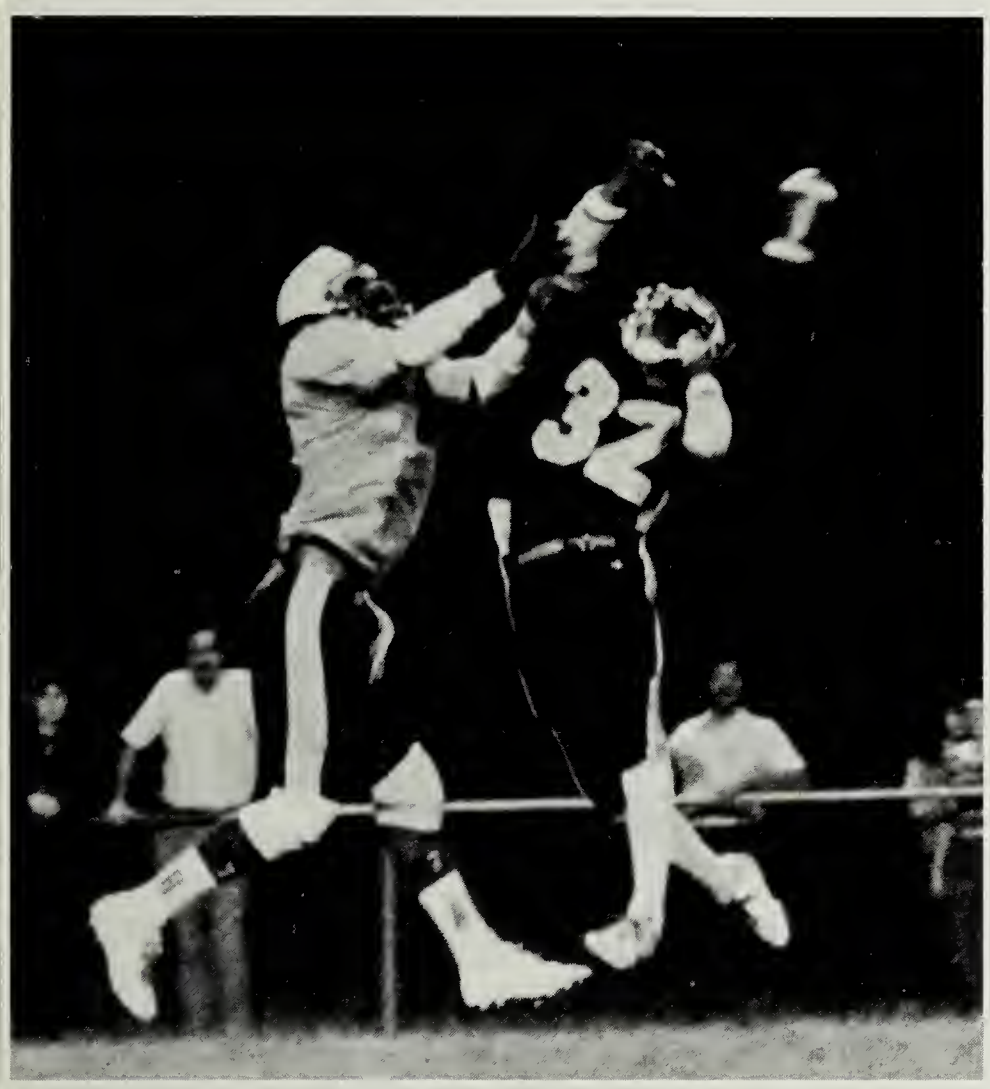
PLAY-OFFS

PSHS 7 Pulaski 21

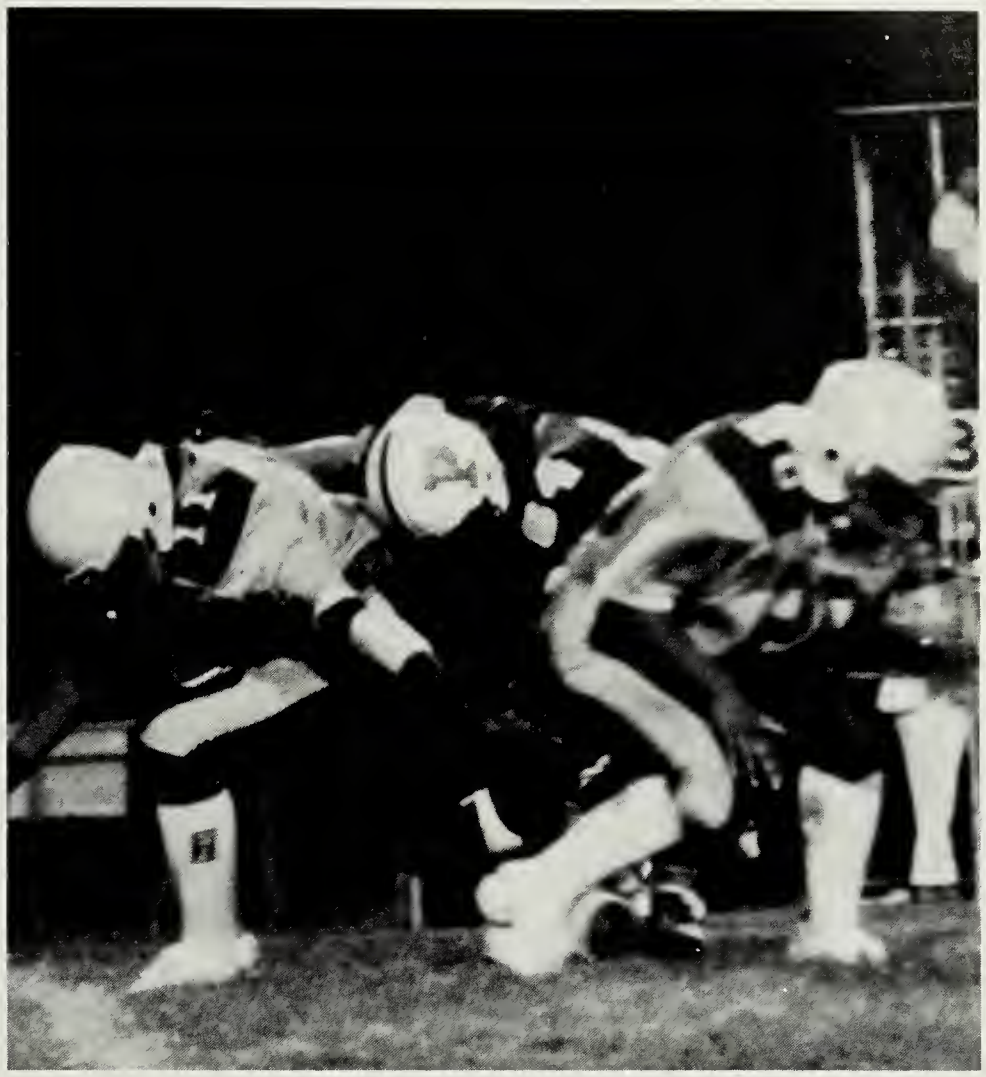


Eat your heart out Tony Dorsett! Here comes Leonard Williams displaying his outstanding running ability.

With perfect timing, defensive back Donald Tisdale knocks the ball away from his opponent. Donald was one of the many players who played both offense and defense.



Finders keepers, losers weepers . . . And that's exactly what happens as Pete Pandazides recovers a fumble and scrambles into the end zone for a touchdown.



In on that tackle — the Panther defense! The Panther defense had the impressive district record for allowing the least amount of points scored against them during the season.

Front Row: Greg Craine, William Jennings, Mike Doyle, David Dwyer, Sean Ruff, Tim Norman, Ceasar Benevides, Tim Anderson, Kevin West, Adam Stapor, Larry Mason, Art Milbert. *Row 2:* William Hatfield, Tony Nattania, Lee Wilson, Ira Richardson, Steve Pregenzer, Donald Tisdale, Kevin Grayson, David MacIver, Jay Gholson, Tim Sweatman, Wayne Lovelace, Scott Molinari. *Row 3:* Derek Fitzgerald, Mark Vowell, Jay Harvey, Tim East, Paul Colletti, Tyrone Baker, Teddy Joseph, Bill Kirk, Scott Berry, Jeff Klopp, Leonard Williams, Pete Pandazides, Joe Walker. Back Row: Mike Rule, Jamie Trent, John Payton, Larry Lynott, Greg Margheim, Mike Berry, Mike Szady, John Beckman, Sean Copley, Kevin Lohr, Rodney Arrington, Tony Qualls, Richard Asbery.

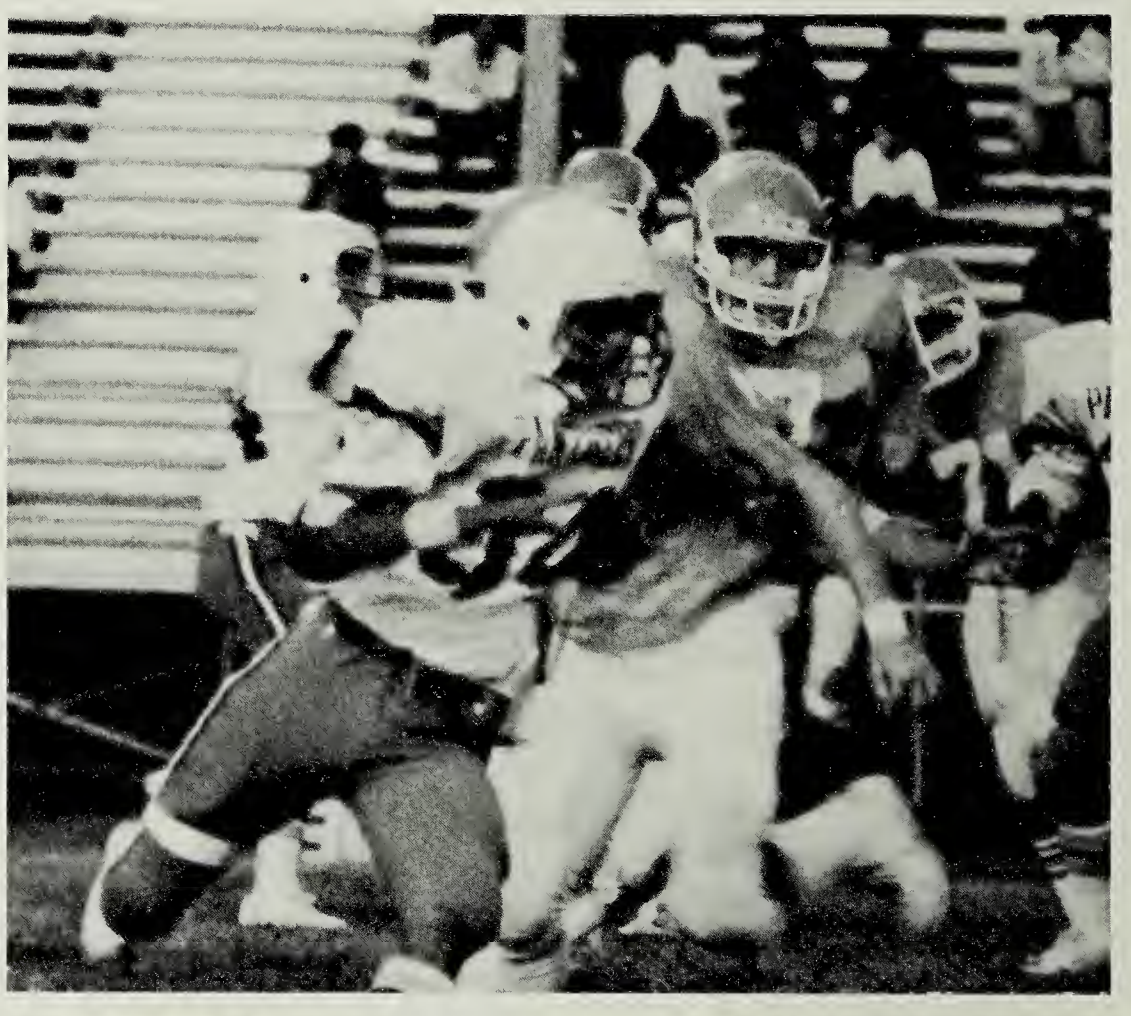
A Winning Season

The 1984 Junior Varsity and Freshman football teams had much in common. One of these things was the fact that both teams ended their seasons with a record of 4 wins and 3 losses. Maybe this was not the best record, but as Junior Varsity coach, Joe Bengier commented, "it was a winning season."

The freshman team was coached by Ron Clarke and assistant coaches, Dave Carr and Jim McCoart, who provided a great deal of help making the season a worthwhile experience. Team members spent about two hours practicing each day throughout the season, something which was a new experience for them. As players for high school they had to face greater athletic competition and ability than that of middle school. Although the idea of freshman football was "to have some fun and hopefully learn a little something in the process," coach Clarke revealed, "we would like to have done better, but mistakes and a lack of concentration from time to time cost us some close ballgames." There were many outstanding players on the team, and Most Valuable Player went to Chuck Coles. Also noted for being an excellent kicker was Jerry Bahowich. Mr. Clarke feels that many of the players have a great deal of potential for the future, and that many have made great improvements through the year. "Potential is what is possible, and if these players will work hard, they can set their own goals." For most of them, their goal was to continue playing football next year; however, at the junior varsity level.

The J.V. team was described by coach Joe Bengier as "steadily improving throughout the year." Composing a brilliant defense for the team were Gary and Brian Martin, better known as the "M&M Connection." They contributed a great deal to the winning season as did Mark Milan, who, according to Mr. Bengier was an "outstanding athlete and a great quarterback," and Cujo Crain who also helped make up the "Sensational Sophomore Line." Usually, players who showed remarkable ability were moved up to the varsity level. Some team members, like Dan Dubreuil, felt that, "if we had practiced more by ourselves instead of practicing with the varsity, we would have had an even better season." Next year when these boys play varsity, they'll have better chance to prove themselves.

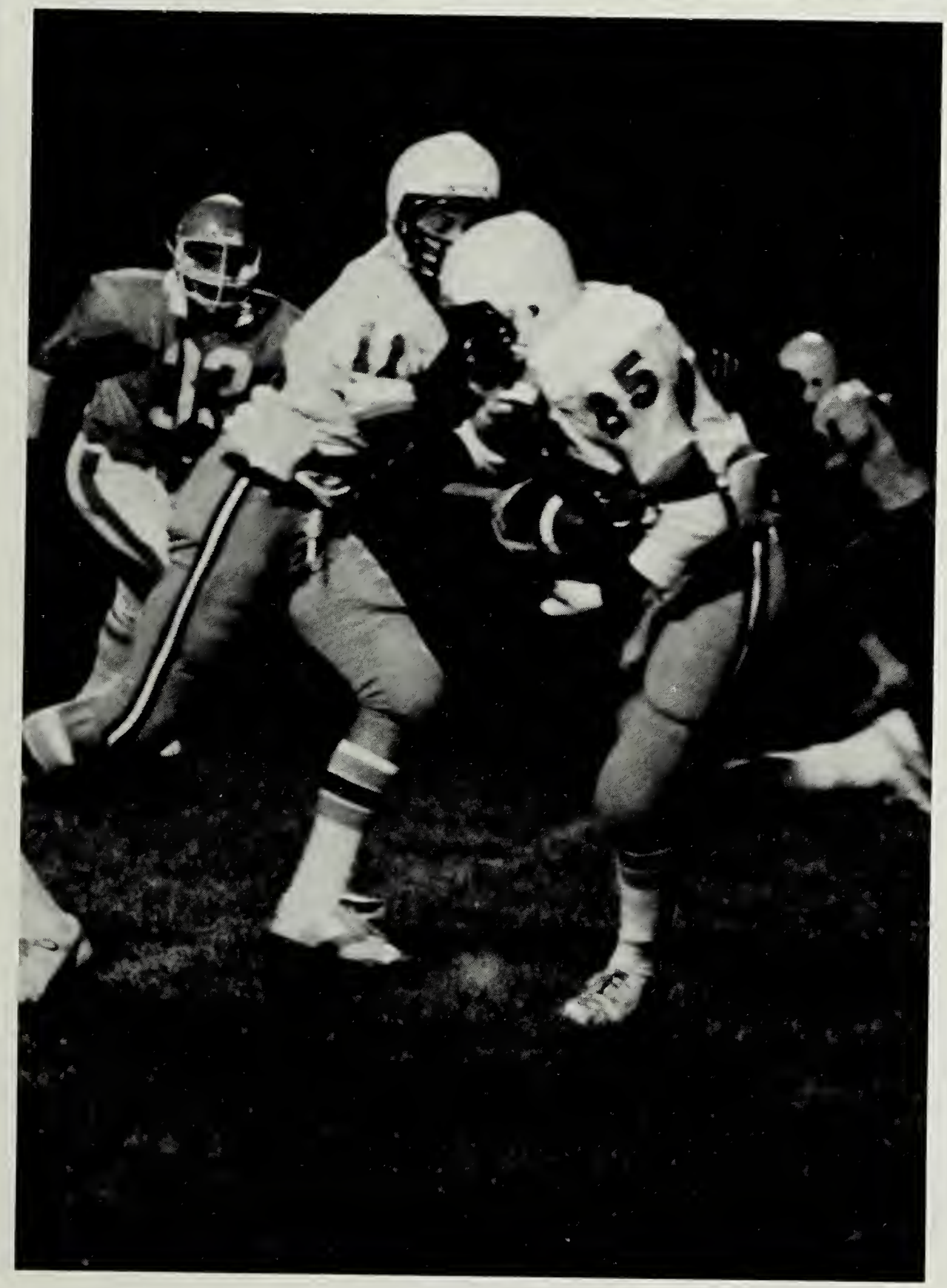
Right: **Running for another touchdown** is runningback, Devon Purcell. His running ability contributed a great deal to the freshman team.



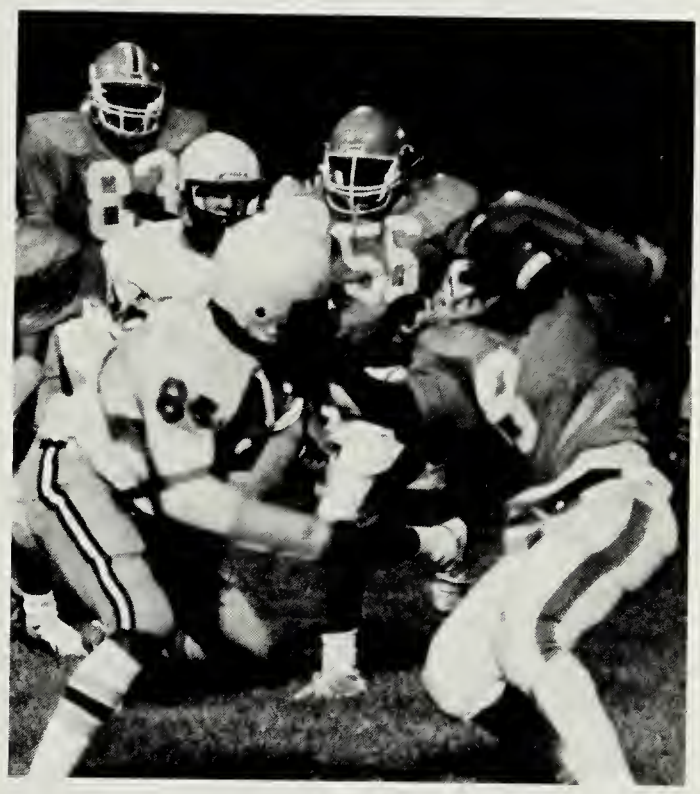
Executing a perfect pass is quarterback, Paul Kersee. Paul's leadership and talent helped lead the team on to a winning season.

Front Row: Charles Coonradt, Andy Yentsch, Pat McBride, Mike Jagoda, Craig Basham, Ken Odom, Darrin Harris, Glen Moore, David Collins, Leon Davis. *Second Row:* Devon Purcell, Chuck Coles, Brad Strawn, Troy Washington, George Bailey, David Lewis, Jeff Purdy, Stacey Johnson, Mike Comerford, Paul Kersse. *Third Row:* Coach Clarke, Mike Porter, Brian Mueller, Frankie Wonpat, Mike Anderson, Von Pilkinton, Walter Kendall, Chris Colletti, Jon Walraven, Shawn Johnson. *Back Row:* Coach McCoart, Alex Morse, Jon Covey, Mike Alberts, David Kline, Steve Snyder, Kelly Kasper, Ralph Rice, Darrell Close, Coach Carr.

First Row, L to R: Hudak, DiGinero, Lasch, Milam, Chapman, Burrill, Jones, DeHarde, Meade, Stalcup, Cole. *Second Row:* Forehand, Inges, Reza, Merritt, McNellis, Thomas, Holloway, Gore, Staplor, Weaver, Johnson. *Third Row:* G. Martin, B. Martin, Dempster, Johnson, Dempsy, Dearing, Brown, Dubrell, Ball, Kepus. *Back Row:* Qualls, Strawn, Santre, Turner, Asberry, Harrison, Bates, Carter, Helms, Luders.



Handing off to Gary Martin is quarterback Mark Milam. Teamwork such as this helped the J.V. team end with a winning season.



Making the play is Robbie Bates. His defensive skill led the team on to another victory.

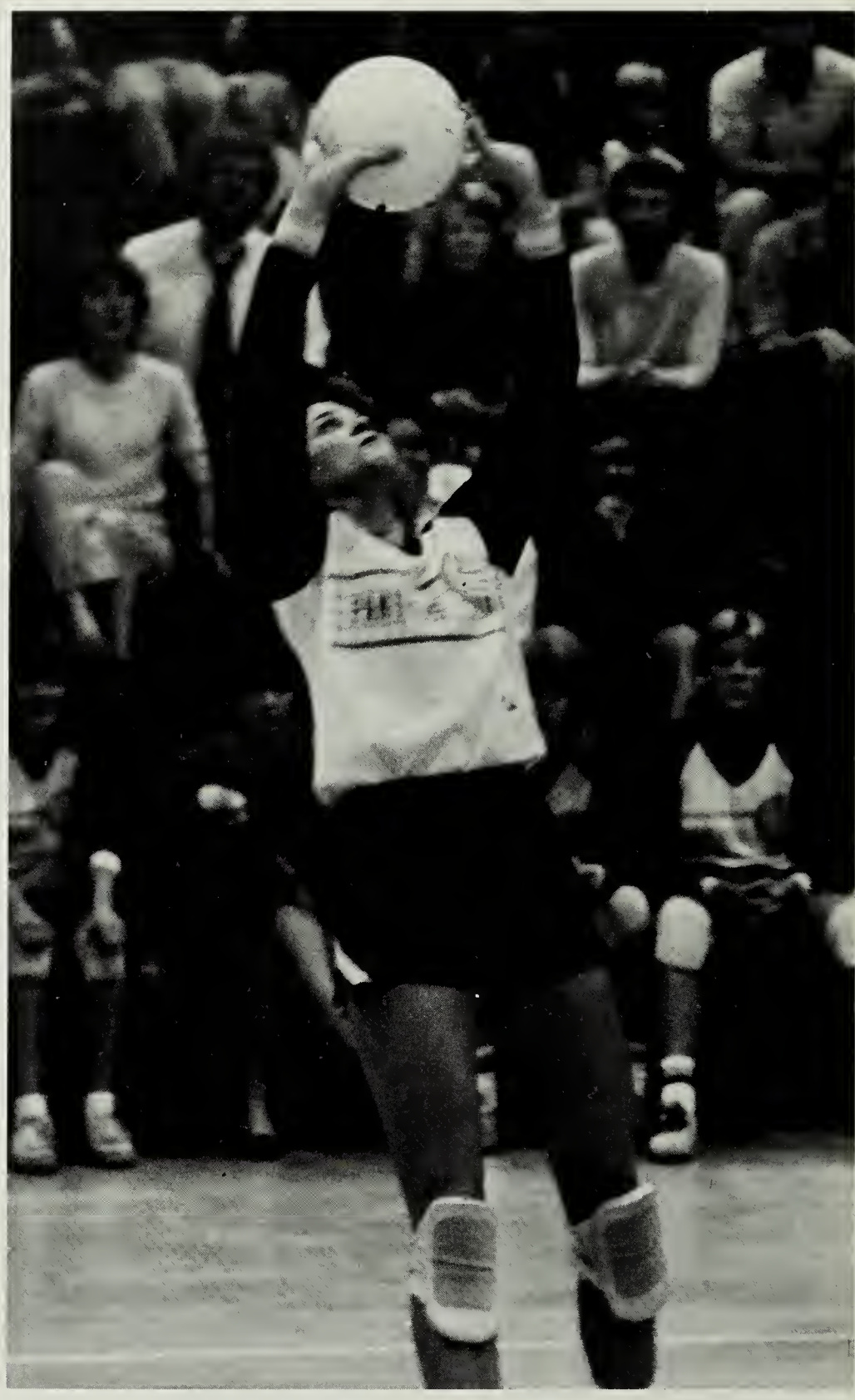
Once More In '84

The varsity volleyball team captured the Commonwealth District title and the Northwest Region title. They have won thirty straight matches taking sixty of sixty games. Their success did not come without an extreme amount of work.

The eight seniors, four juniors, and one sophomore spent a week during the summer at volleyball camp and began practice in earnest immediately after camp. Knowing other teams would be out to end the impressive winning streak, the girls practiced long and hard.

After another undefeated season, they went on to the regional play-offs and won the best two out of three games. Because of their impressive season, many team members received recognition awards including four first team places in District and All Area. Girls receiving those honors were: Kim Feltault, Mylene Rowe, Audra Griffey, who was also Channel 20 player of the week; and Aura Griffey, who also made the All Regional Team and was Player of the year. Tracy McGinnis made Commonwealth District second team, while Wendy Hall joined Commonwealth District — honorable mention and All Area — second team and Teresa Conway All Area Team — honorable mention. Congratulations to a well deserving team!

Displaying her talent Aura Griffey shows that skillful playing pays off. She was chosen by the Potomac News as Player of the year.

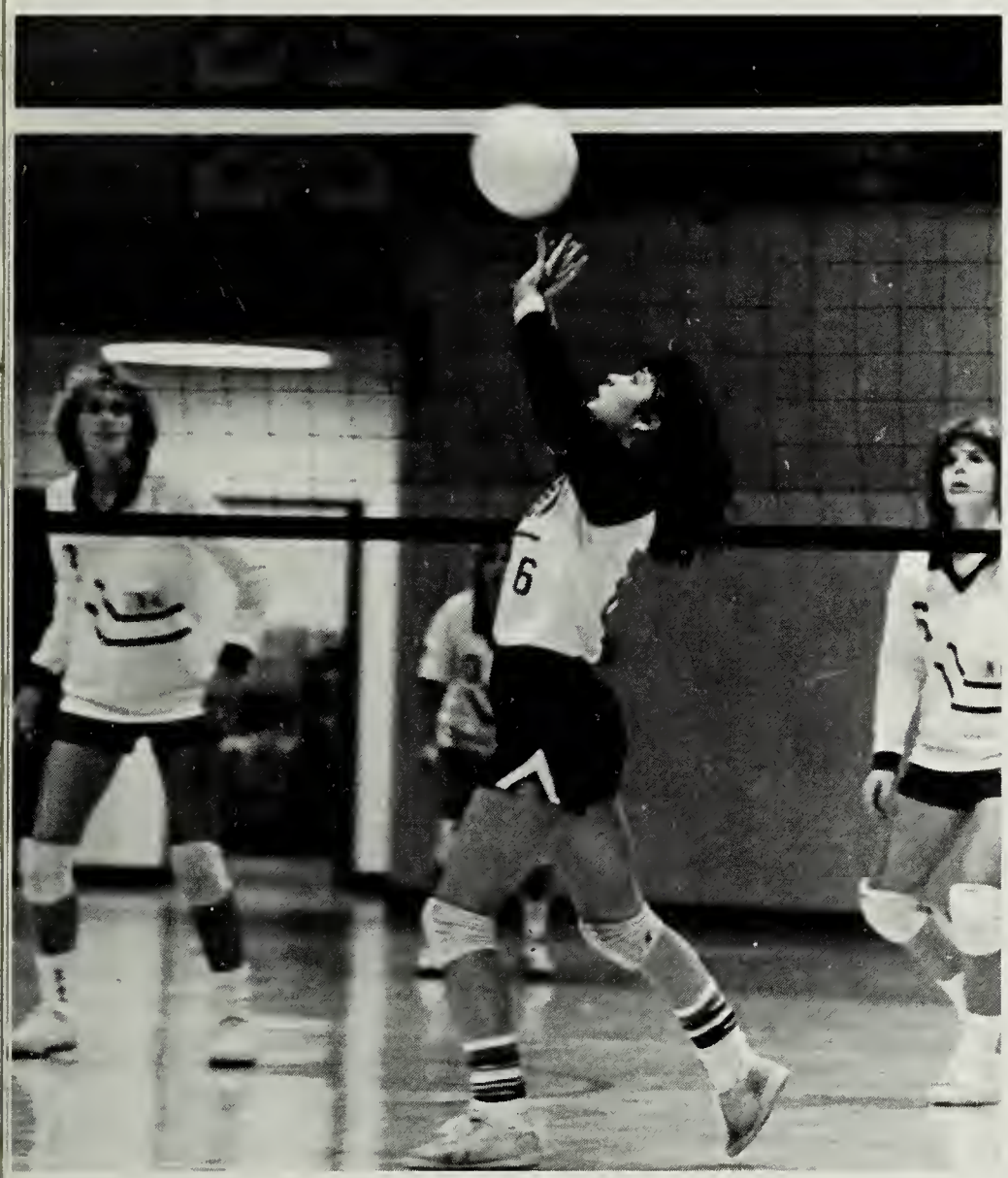


Senior Co-Captain, Wendy Hall serves the ball to get the game started. Wendy's humor helped ease the strenuous practices.

We did it! Showing that they were number 1 the girls give a jubilant cheer after a victory.

Digging to save the ball Mylene Rowe scores another point. Efforts such as this were a major factor in the success of the team.

Setting up the ball for another play, Kim Feltault aids in getting another point for the Panthers.



VARSITY VOLLEYBALL — First Row: Theresa Ervin, Susan Ludtke, Missy Caddigan, Wendy Hall. **Second Row:** Audra Griffey, Tracy Marushack, Kim Feltault, Theresa Conway. **Third Row:** Aura Griffey, Kelly Fisher, Tracey Hansen, Mylene Rowe, Tracy McGinnis.

Varsity Volleyball

PSHS	2	Stonewall	0
PSHS	2	Osbourn Park	0
PSHS	2	Woodbridge	0
PSHS	2	Fauquier	0
PSHS	2	Gar-Field	0
PSHS	2	Stonewall	0
PSHS	2	Osbourn Park	0
PSHS	2	Woodbridge	0
PSHS	2	Fauquier	0
PSHS	2	Stonewall	0
PSHS	2	Gar-Field	0
PSHS	2	Osbourn Park	0

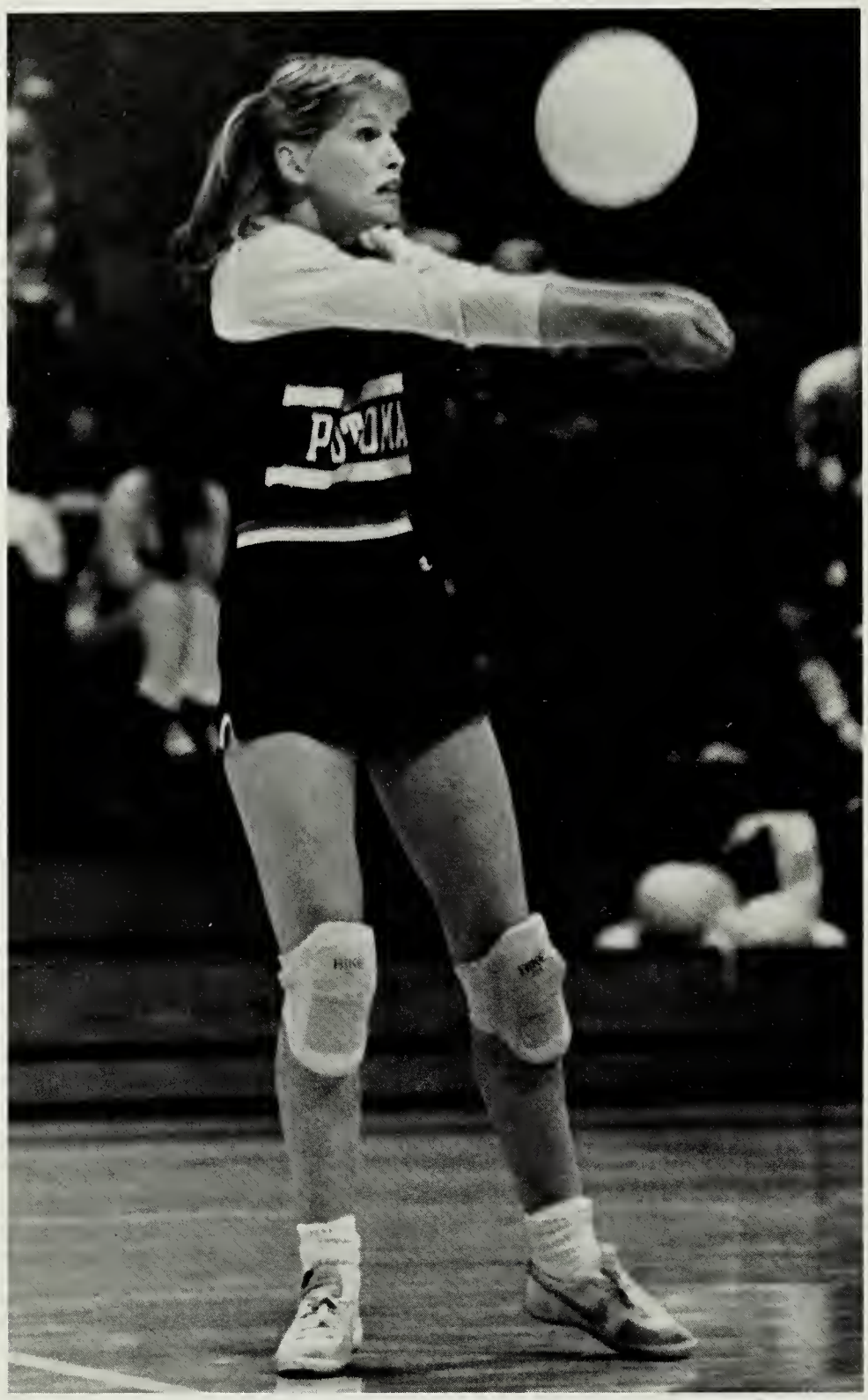
Districts

PSHS	2	Fauquier	0
PSHS	2	Stonewall	0

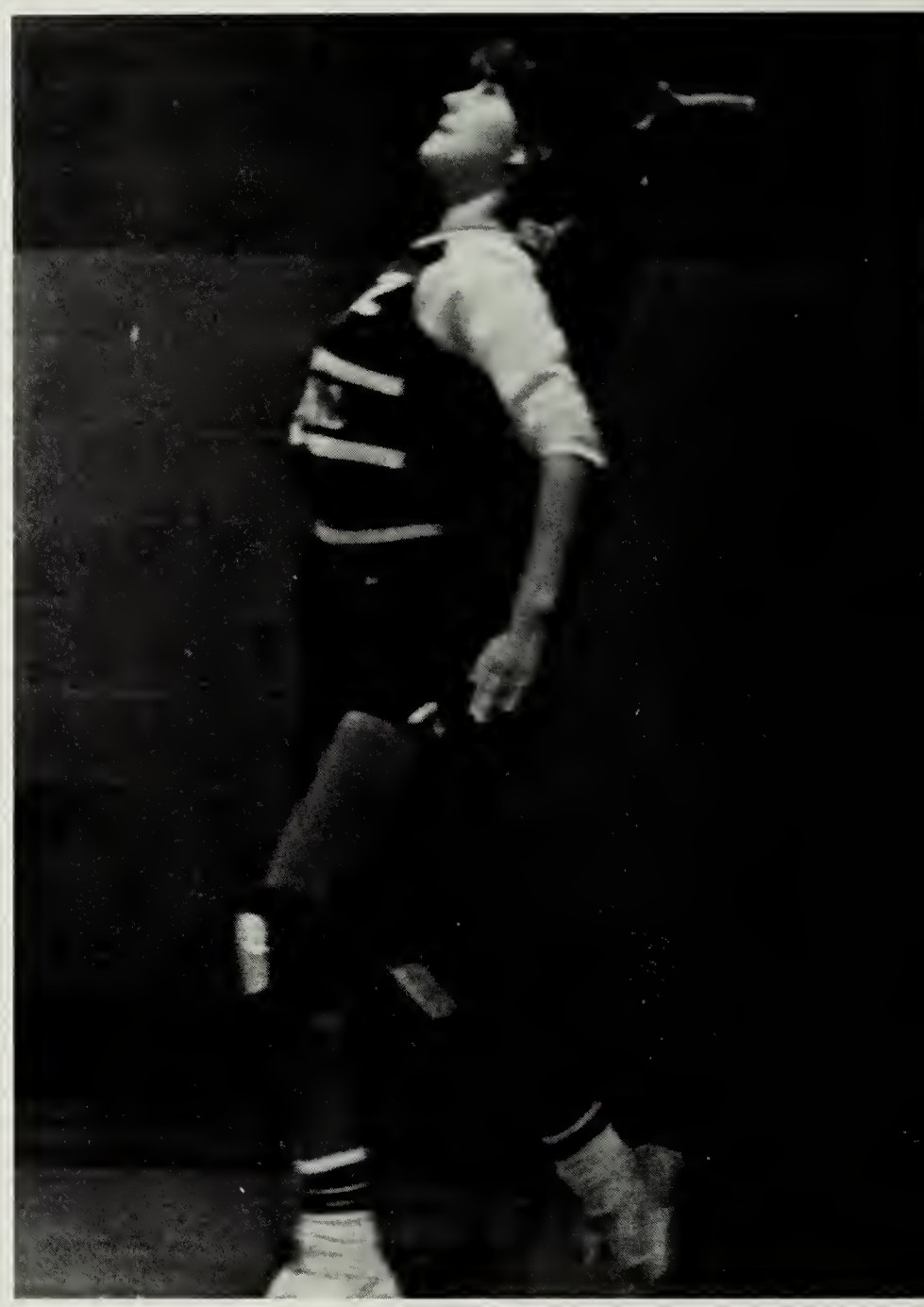
Regionals

PSHS	2	Albermarle	0
PSHS	2	Cave Springs	1

"Whatever you do, keep your eye on the ball," exclaims junior varsity captain Liz Lawlor as she "bumps" the ball to one of her teammates.



First year player, Sherrie Patton shows how to master the art of the over-hand serve. Her compatibility and willingnes to learn was an asset to the whole team.



Anxiously awaiting "the perfect set," Dawn Lang chooses to set the ball over the net. Being a hitter, Dawn has the option of setting the ball just over the tips of the fingers of her opponents block, or she can go for a spike.

Front Row: Sherrie Patton, Liz Lawlor, Ann Shelton, Kathy Perry. *Middle Row:* Kelly March, Jenifer Graves, Nicki Bryan, Leslie Wilfong, Shannon Dadson. *Back Row:* Coach Al Eaton, Amy Longwitz, Cathy Hadley, Heather Cooper, Dawn Lang, Christine Sowala.

Demonstrating that volleyball requires quickness of feet, Lisa Madaris sets the ball during a Freshman game.

Bumping Their Way to Victory

The freshman volleyball team of 1984 proved to be the most potent in years. With a devastating offense led by Shannon Malone and Lisa Madaris, the frosh team swept by its opponents without a loss. Rocky Anderson, recuperating from a sprained finger, came off the bench to team up with Carrie Rohbacher and Veronica Barr to form an unpenetrable defense. Other invaluable assistance was turned in by Deanna Klemer, Louise Jones, Charmaine Vrendenburg, Christy Lavelle, Tina Summerfield, and Dena Natale. Good work girls!

The JV volleyball team, with only four returning players, proved that new talent can be successful talent. Returning players were Nicki Bryan, Jenifer Graves, captain; Liz Lawlor, and Christine Sowala, but were closely followed by (captain and MVP) Cathy Hadley, Heather Cooper, Anne Shelton, Sherrie Patton, and Leslie Wilfong. Other outstanding efforts were put out by first year players Dawn Lang, and Amy Longwitz.

Starting practically from scratch, coach Mr. Al Eaton helped the team to work together, and to be the best that they could be. He was always encouraging, and that was one of the main keys to the success of the team's season. During the season, in the two matches against Stonewall Jackson, Potomac dominated in one game but were defeated in the other game. The lady Panthers challenged the Raiders to a third match to see, or rather prove who was the best, but Stonewall wasn't willing to take a chance on losing the loose hold of being tied with Potomac for first place. Congratulations girls, on a job well done!

FRESHMAN TEAM — *Front Row:* Carrie Rohrabacher, Deanne Natale, Amy Koontz, Veronica Barr. *Back Row:* Charmaine Vredenburg, Shannon Malone, Tina Summerfield, Kristie Anderson, Lisa Madaris. *Not Pictured:* Delores Klemmer, Louise Jones, Christy LaVelle.

"Bumping" the ball, Shannon Malone eyes it as it goes over the net. Shannon was named Most Valuable player for the Freshman Volleyball team.

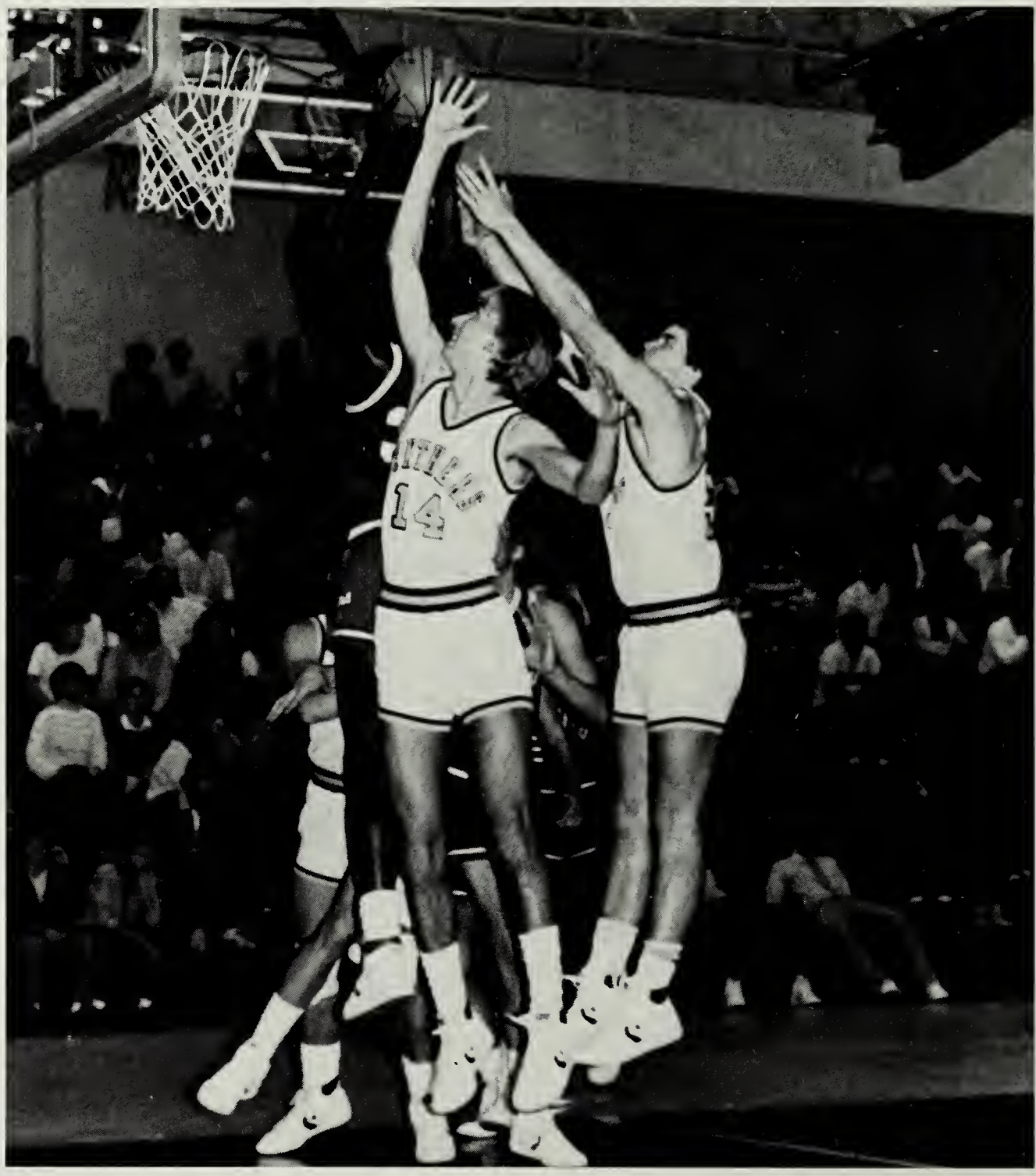
Shootin' Hoops

Attempting to steal the ball away from a Woodbridge opponent are Larry Lynott and Greg Margheim. Larry and Greg were two of five Juniors on the Varsity Basketball Team.

Although the Boys' Varsity Basketball team, coached by Ron Clarke, and Marc Maloney as a whole did not have a smashing season, there were many outstanding players and some very close games.

Leading the team were Seniors Doug Misenko and Todd Jenkins. Doug finished the season with a 23.4 point game average and is Potomac's all time career scoring leader with 867 points. In a game against the Woodbridge Vikings, which was lost by only one point, Misenko scored his career high of thirty-five points. His skillful playing led him to be named "Athlete of the Week" in the Potomac News in January. Todd finished the season with a thirteen point game average and was Potomac's first four year letterman. This was quite an accomplishment for a guy of 5'8.

Many young players also saw a lot of playing time this year. Two sophomores, Leonard Williams and James Hartnett, who was moved up from the J.V. team, started throughout the season, and Junior Eddie Fields came through to be the most improved player on the team.

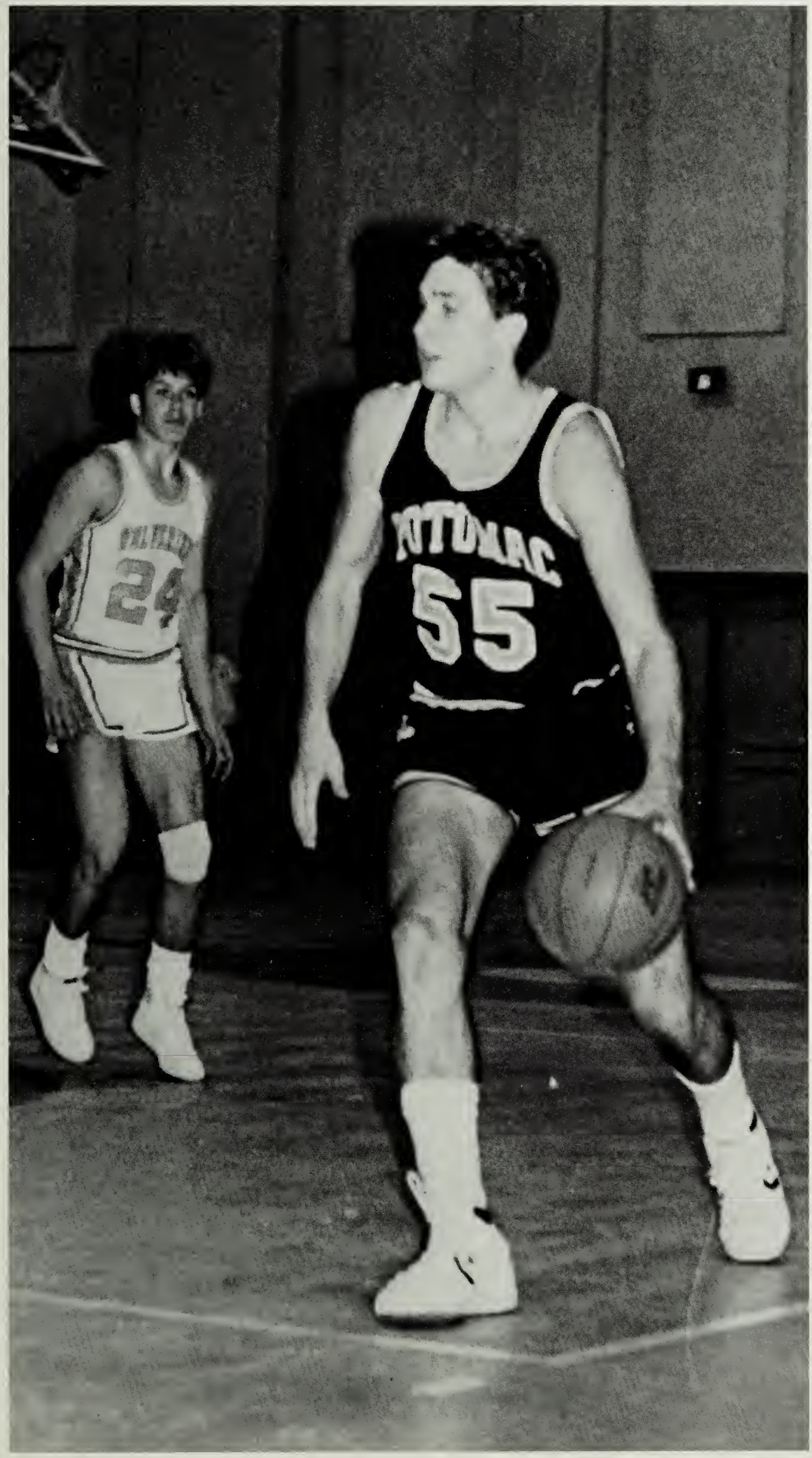


Senior Todd Jenkins maintains control of the ball as he heads down the court. Having served on the Varsity Basketball Team since he was a freshman, Todd was one of the top players of the team.

Front Row: Leonard Williams, Rob Dulin, Kevin Grayson, Tom Saemann, Todd Jenkins, Manager — Dean Raat. Back Row: Coach — Ron Clarke Eddie Fields, Larry Lynott, Greg Margheim, Doug Misenko, Rodney Arrington, Tony Qualls, Asst. Coach — Marc Maloney.

Awaiting the rebound are Larry Lynott and Rob Dulin. Getting the rebounds often lead to two more points for the Panthers.

Controlling the ball down the court is Senior Doug Misenko. Doug's great performance on the court led him to be named "Athlete of the Week" in the Potomac News in December.

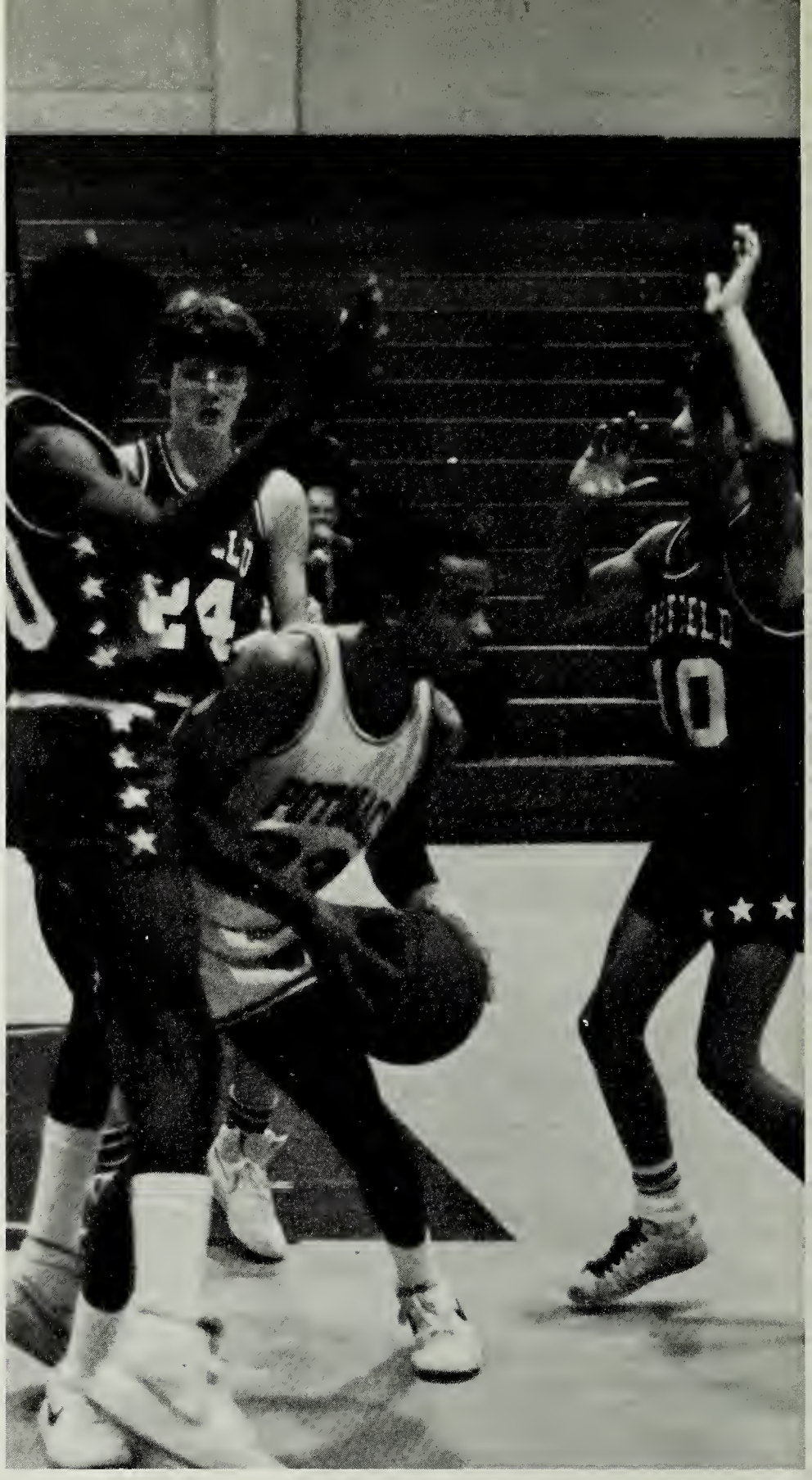


1985 Boy's Varsity Basketball

PSHS	80	Bishop O'Connell	66
PSHS	71	North Stafford	69
PSHS	60	Bishop O'Connell	68
PSHS	50	Gar-Field	56
PSHS	50	Osbourn	54
PSHS	75	Fauquier	57
PSHS	54	Woodbridge	82
PSHS	61	North Stafford	77
PSHS	63	James Wood	64
PSHS	62	Stonewall	65
PSHS	60	Woodbridge	61
PSHS	71	North Stafford	59
PSHS	72	Gar-Field	76
PSHS	52	Stafford	52
PSHS	60	Fauquier	64
PSHS	78	James Wood	68
PSHS	61	Stonewall	52
PSHS	61	Woodbridge	88
PSHS	64	Stafford	75
PSHS	48	Osbourn	69
PSHS	51	Woodbridge	80

Surrounded by Gar-Field players, Freshman Devon Purcell attempts to pass the ball to a fellow teammate. Good passing ability is essential in basketball.

"I dare you to take another step!" exclaims Freshman guard, Frank Chimento. Defensive plays helped to out-maneuver the opposing players.



Front Row: David Coleman, Todd Skillman, Blair Keeler, Frank Chimento, Mike Porter, Troy Washington. Back Row: Tony Williams, Chuck Coles, Steve Snyder, Mike Alberts, Todd Seutz, Devon Purcell, Joe During, Coach Brown. Not Pictured: Sean Johnson.

Dribbling to the Top

Front Row: Jon Hurst, Jeff Weaver, Tyrone Qualls, Mark Milam, Jeff Misenko, Robbie Harris. Back Row: Coach Hayes, Mark Kingston, José Martinez, Corey Rowe, James Hartnett, Mac Williams, Perry Horner.

The J.V. basketball team had quite a successful 1984-85 season, ending with a 10-5 record. There were quite a few outstanding players who comprised this year's team. Two outstanding players, James Hartnett and Mac Williams, were moved up to the varsity level during the season. Leading scorer was a 6′7 sophomore Corey Rowe, averaging 16 points a game. The best outside shooter for the team was Jeff Misenko, and the best ball handler was Mark Milam, Mark Kingston, a freshman, also performed well during the season. The team also had the unique experience of having a foreign exchange student play for them, Jose Martinez, from Mexico. Good work boys on a job well done!

Reaching for the sky is junior varsity player, James Hartnet. Good shooting, the result of an accurate aim.

Guarding his opponent is Corey Rowe. Corey's height was a tremendous asset to the junior varsity team.

Tracy Hansen defends Potomac's ball against Woodbridge Viking players. Good defensive skills are important to a successful basketball season.

Girl's Varsity Basketball

PSHS	48	North Stafford	34
PSHS	32	Woodbridge	60
PSHS	38	Fauquier	34
PSHS	47	Bishop O'Connel	37
PSHS	42	Far-Field	61
PSHS	45	Osbourn Park	24
PSHS	50	Fauquier	46
PSHS	57	Herndon	34
PSHS	55	Annandale	50
PSHS	50	Stonewall	59
PSHS	52	Far-Field	58
PSHS	39	North Stafford	33
PSHS	50	Osbourn Park	38
PSHS	51	Stonewall Jackson	45
PSHS	63	Woodbridge	62
PSHS	61	Stafford	39
PSHS	52	Woodbridge	59
PSHS	61	Stafford	40
PSHS	54	Fauquier	35
PSHS	53	Bishop O'Connel	38

128

During a game against Bishop O'Connell, Teresa Conway takes advantage of an opportunity to shoot while Kelly Fisher and Tracy Hansen observe, waiting to get the rebound if necessary.

Shooting for a Page in History

Looking for an open teammate as she prepares to throw the ball is Tracy Maruschak. A throw in to the right person at the right time can mean points on the board.

The 1985 Girls' Varsity Basketball team made history by ending their season with a 15-5 record, the best PSHS record in basketball since the school began. The team, was very proud to have had such a great season. Coach John Jenkins was especially pleased with the girls' performance in the Annandale Christmas Tournament, where they beat two high ranked teams, Annandale and Herdon.

Dominating most games was a 6′ 0 senior Mylene Rowe who maintained about a 12.5 point average through the season. She along with another senior Kelly Fisher and Teresa Conway were high scorers on the team.

Another factor contributing to the success of the team was Coach Jenkins, said senior member Kelly Fisher, "Mr. Jenkins is not only a good coach but a good friend!" He along with Assistant Coach Lorraine Palumbo helped the team become what it was . . . and will be. With 9 members returning next year, the best may be yet to come!

Keeping the ball away from her Woodbridge opponent is Sophomore Cathy Hadley. It is crucial that players be able to maintain control of the ball at all times.

Front Row: Cindy Condery, Kim Feltault, Christine Sowala, Tracy Maruschak, Leslie Wilfong. Back Row: Coach John Jenkins, Cathy Hadley, Tracy Hansen, Michelle Bailey, Mylene Rowe, Teresa Conway, Asst. Coach Lorraine Palumbo.

One of the best defensive players, Bev Williams, dribbles down the court while teammate, Sherri Patton, is ready to assist, if necessary.

Front Row: Kelly Newman, Paula Williams, Michelle Raley, Kim Edwards, Peggy Pasek, Lisa Camm. Back Row: Mr. Bass, Judy Coffenberry, Kirsten Kelly, Amy Longwitz, Sherri Patton, Kathy Perry. Not Pictured: Bev Williams.

Front Row: Robin McBride, Michelle Klopp, Deanna Natale, Chelsea Hart, Malinda Antonick. Back Row: C. Decker, Kelly McGee, Jean Cleary, Tina Summerfield, Michelle Leverstein, Darlene Bardon, Michael Smith, manager. Not Pictured: Kelvin Smith, manager.

Building for the Future

With a clenched fist and an anxious look on her face, Freshman Girl's Coach Cheryl Decker observes the game. Meanwhile, other members of the team sit on the sidelines awaiting their turn to play.

Following into the footsteps laid down by the Girls' Varsity Basketball Team, the Freshmen and J.V. teams both had successful seasons. It looks as though they will carry on this "winning tradition" in years to come.

With much enthusiasm, the Freshmen shared first place with the Woodbridge Vikings. Thanks to the encouragement from Coach Decker, the girls finished the season with a rewarding record of 10-1. All of the girls showed fine sportsmanship and attitude during each game. The girls played exceptionally skilled games and represented Potomac well, both in victory and defeat.

With a squad of ten players, the girls had their share of illness and injuries, but friendship pulled them together to make up for some of those hard times.

Darlene Bardon was considered the most valuable player with a total of one hundred seventy-four points for the year. The most improved player was Kelli McGee with her fine performances on defense.

The Girls' J.V. Team just pulled through their season to have a record of 7-6. They defeated the Fauquier Falcons, enabling them to end the season with a winning record.

Coach Tim Bass felt that this was one of two memorable games, the other one being against Woodbridge, which was "a very competitive and physical game.'

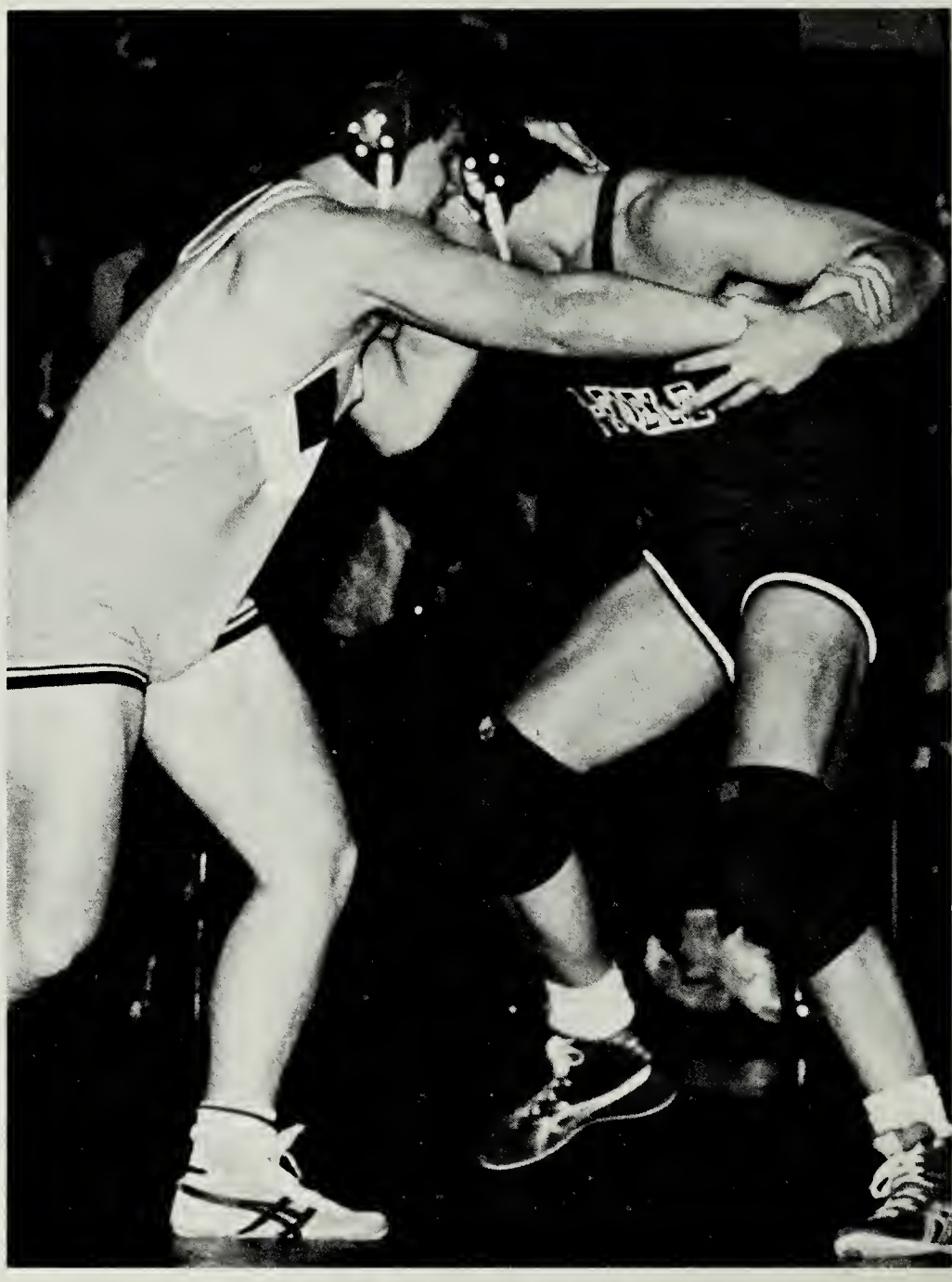
Mr. Bass was pleased with the season, especially considering it was his first year coaching a girls' team (previously, he had coached boys' teams.) In describing his team, Mr. Bass revealed, "We had a slow start but we improved through the stretch of the year." He lists the girls' strong points as rebounding, ball handling, and defense.

The team was initially made up of sophomores until girls were moved up from the freshman squad. Some outstanding players were Kelly Newman, who was high scorer and best ball handler, Bev Williams, who was the best defensive player, and Amy Longwitz, who was most improved and the best rebounder. In addition, the team had their own "private cheerleader," Michelle Raley.

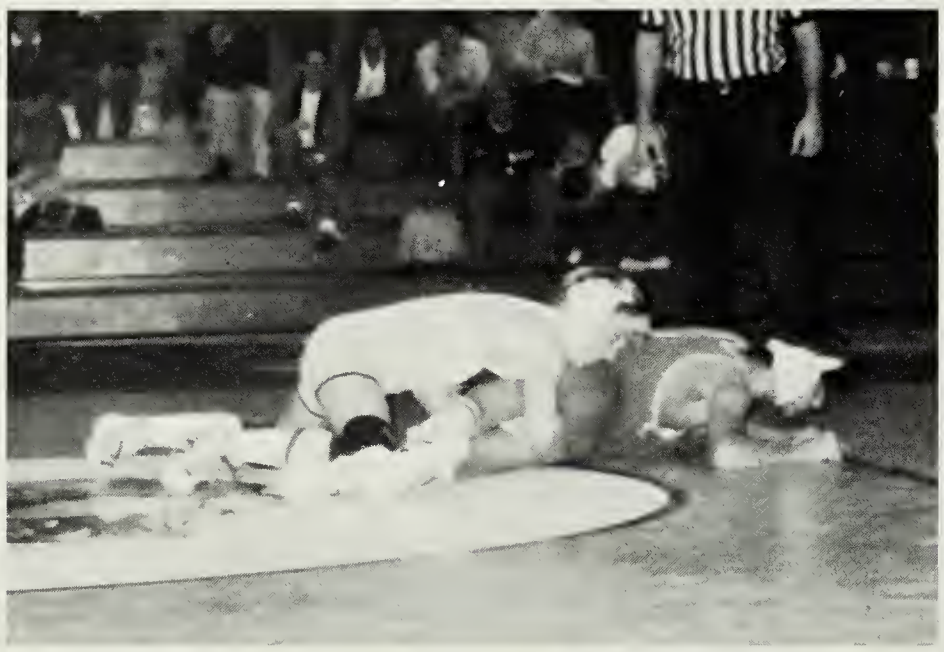
Freshman Deanna Natale attempts to make a pass while encountering opposition from Gar-Field players.

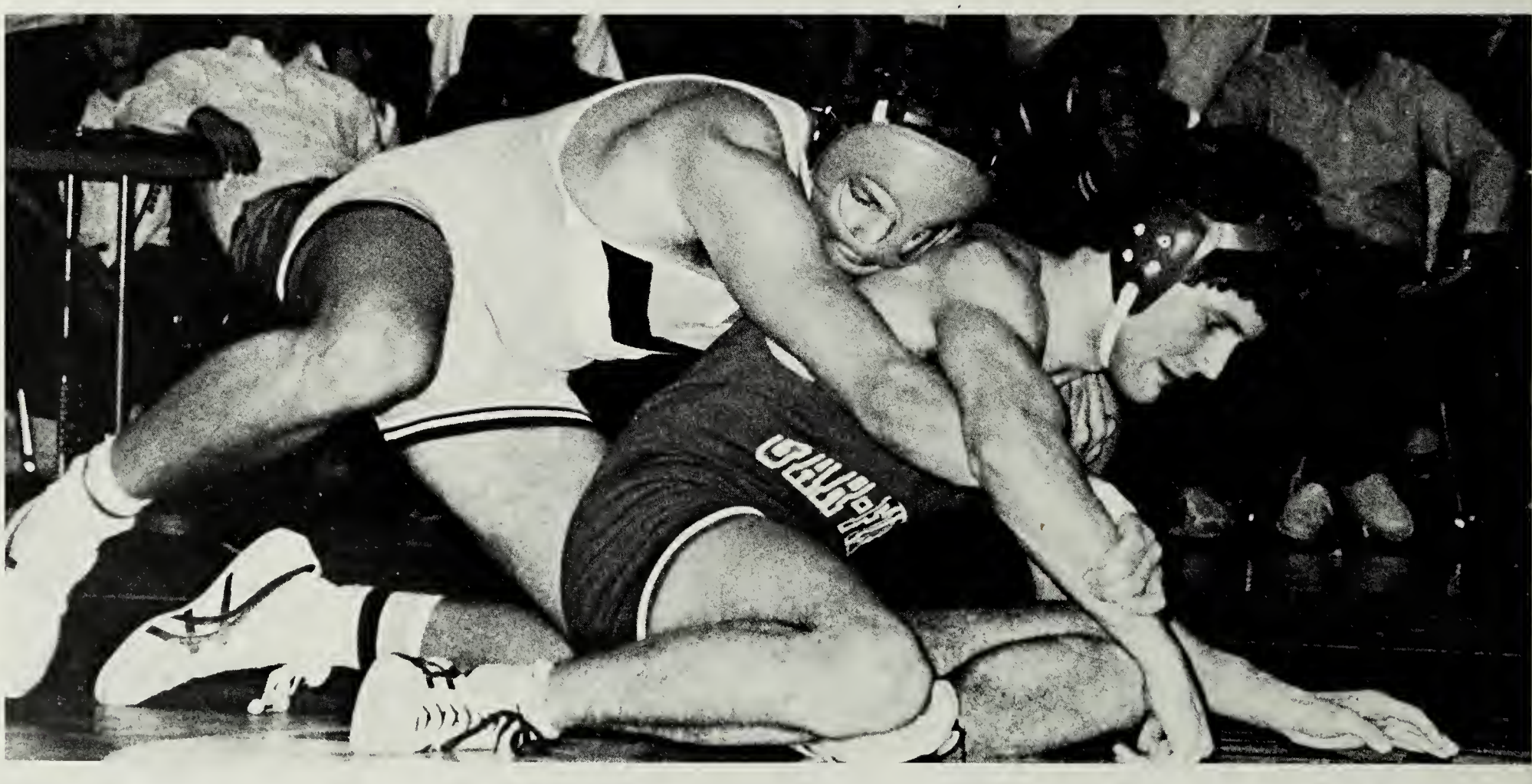
Wt. Class	Name	Record	District	Region
98	Travis Welpott	26-1	1st	1st
105	Scott Ruhren	18-10	3rd	4th
112	Paul Bartosch	23-4	2nd	4th
119	Joe Taylor	19-11	1st	6th
126	Paul Colletti	14-10	2nd	-
132	Bruce Earnhart	15-3-1	2nd	2nd
138	Tom Frasier	22-8	3rd	2nd
145	Pete Stapor	5-5	-	-
155	Mark Vowell	28-1	1st	1st
167	Mark Riley	22-8	4th	6th
176	Kevin West	20-3	injured the week before districts	
185	Teddy Joseph	22-6	2nd	4th
Hwt.	Gregg Craine	18-8-2	3rd	6th

Wrestling at 185 lbs. Teddy Joseph scrambles on the mat with his opponent from Gar-Field. Teddy was Potomac's leading pinner.



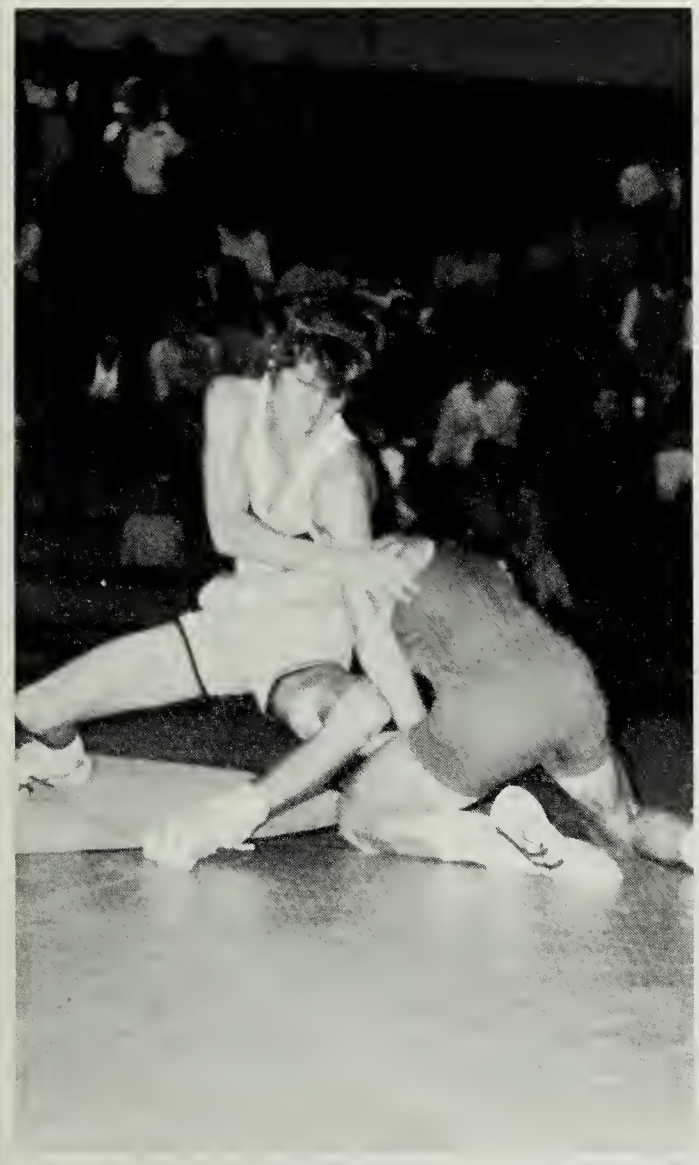
Mighty Mite Travis Welpott stays on top of his opponent as he works towards a pin. Psyching himself up before every match is the reason for Travis' successful season.





"Who is that masked man?" Kevin West dominates his Gar-Field opponent as he takes him down onto the mat. Kevin was varsity wrestling captain for the 1984-1985 season.

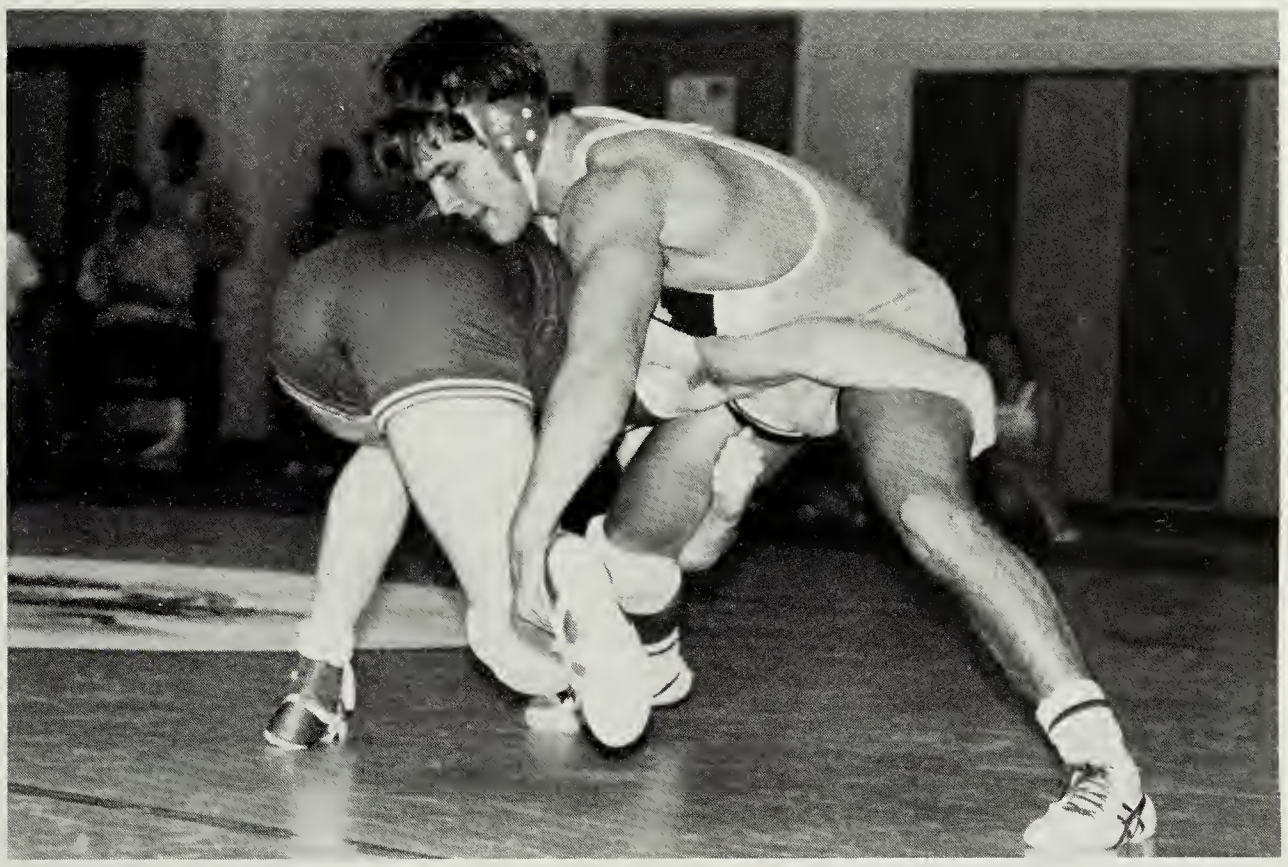
With his face showing pain, Paul Bartosch uses his devastating switch to obtain a reversal on his opponent. Paul showed much potential during the season this year.

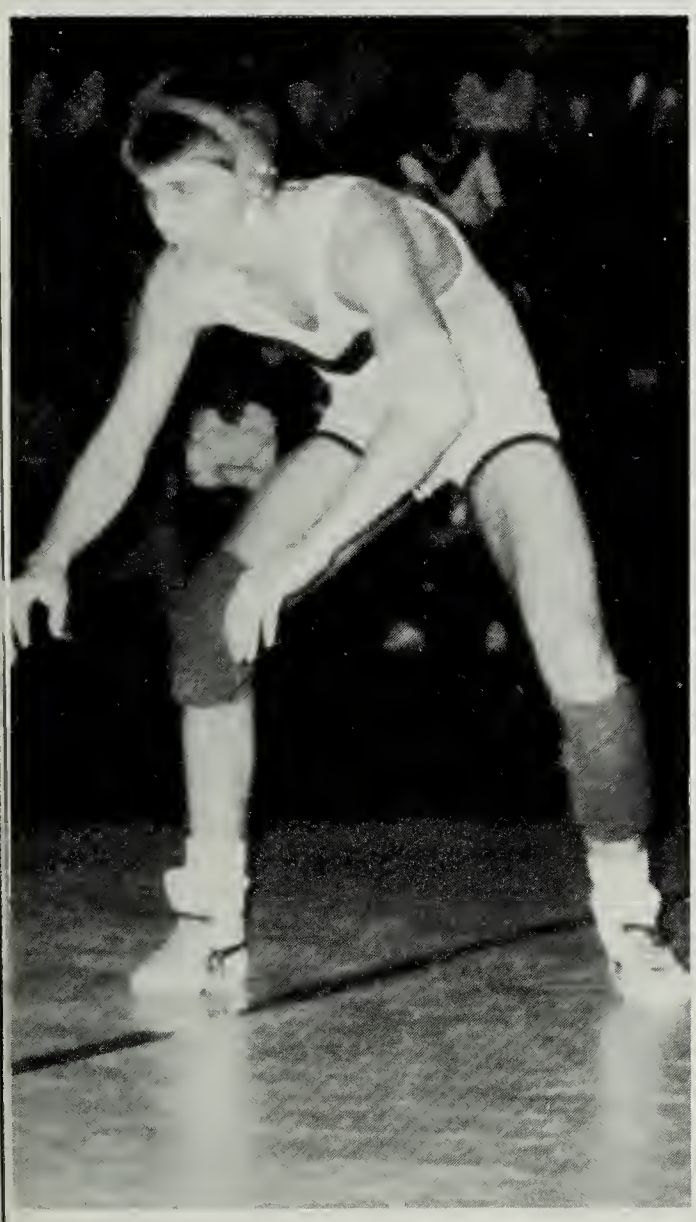


A Winning Tradition

This year's wrestling team started out with the pressure of living up to past year's standards. The 1982-83 team won the Commonwealth District and Northwest Region titles. The 1983-84 team won the District title again, but fell short in the region by a few points. The 1984-85 team did in fact hold up under that pressure, by winning both the Commonwealth District and the Northwest Region titles. In addition to the titles, the team compiled an impressive 16 wins and 1 loss dual meet record, losing only to James Wood. Also, they captured two invitational tournaments. These accomplishments were reached despite injuries and illness throughout the entire season. The Panther varsity wrestling team has established a winning tradition!

"This guy doesn't know what he's in for!" Using an ankle pick counter, opponent Mark Vowell takes his man down and beats him with a score of 26-5.





Using his unorthudox stance, Tom Frazier attempts to take down his opponent. Although his stance may be unusual, Tom used it to become a very threatening opponent.

Front Row: Paul Dulaney, Paul Colletti, Brian Martin, Paul Bartosch, Steve Halloway. Middle Row: Travis Welpott, Joe Taylor, Mark Vowell, Tizon Jones, Scott Heiser, Scott Ruhren. Back Row: Teddy Joseph, Cag Forehand, Tom Frazier, Greg Craine, Kevin West, Tony Nattania.

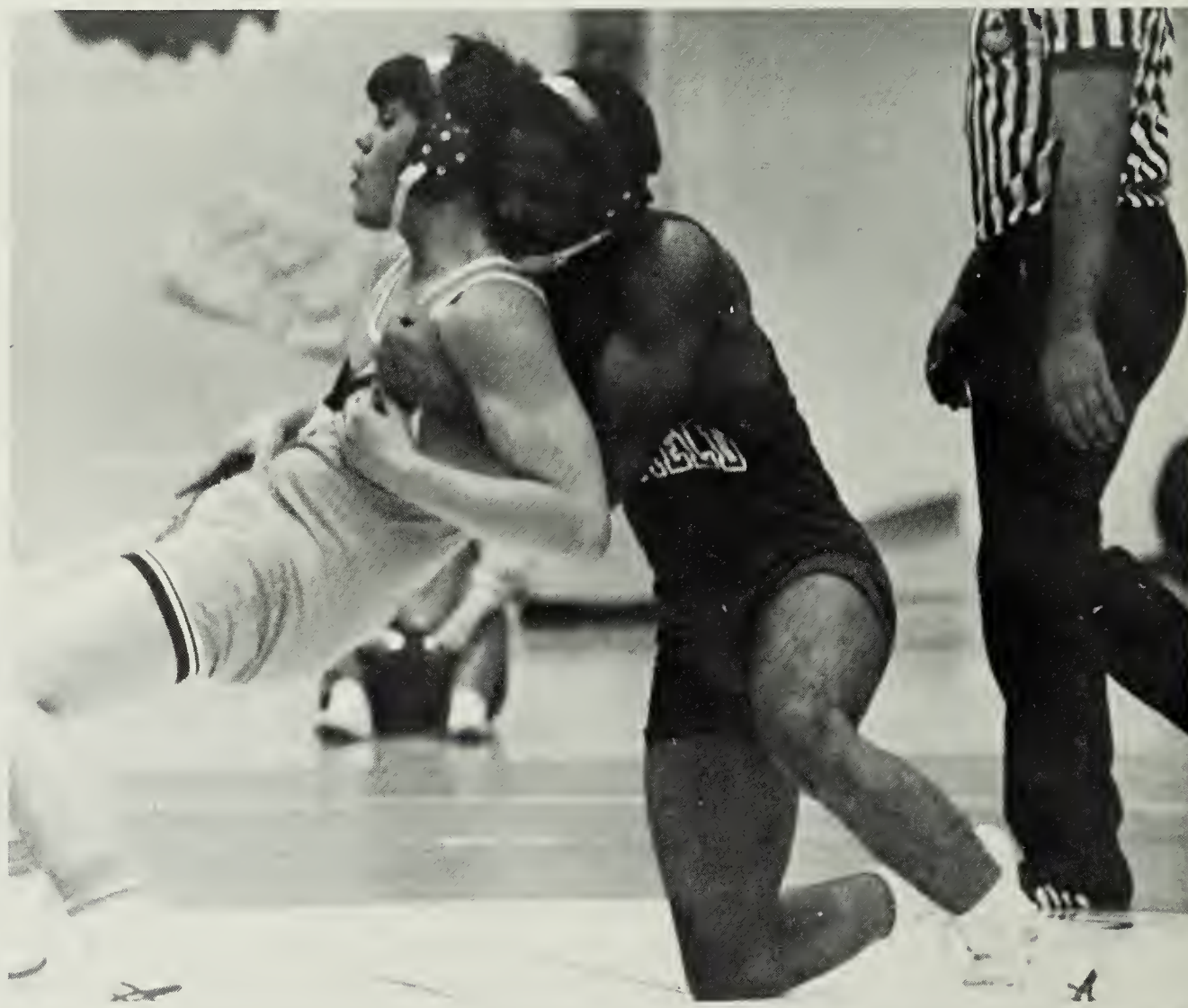
Pinning for a Victory

The Junior Varsity Wrestling team had an impressive season this year, winning twelve out of fifteen matches. While ten of the J.V. wrestlers were returning, the remaining members were either freshmen or first year wrestlers. Usually, the line up would consist of eight or nine of these rookies, who often wrestled opponents with more experience.

Aside from their regular matches, the team also participated in, and won, a sixteen team Christmas tournament, and performed well in both a "freshmen only" tournament and the J.V. tournament.

The future looks bright for many of these young wrestlers as they have gained valuable experience this year, and experience is the key to success in any athletic event.

David Comerford tries for an escape by "bending over backwards." A successful escape puts points on the board.

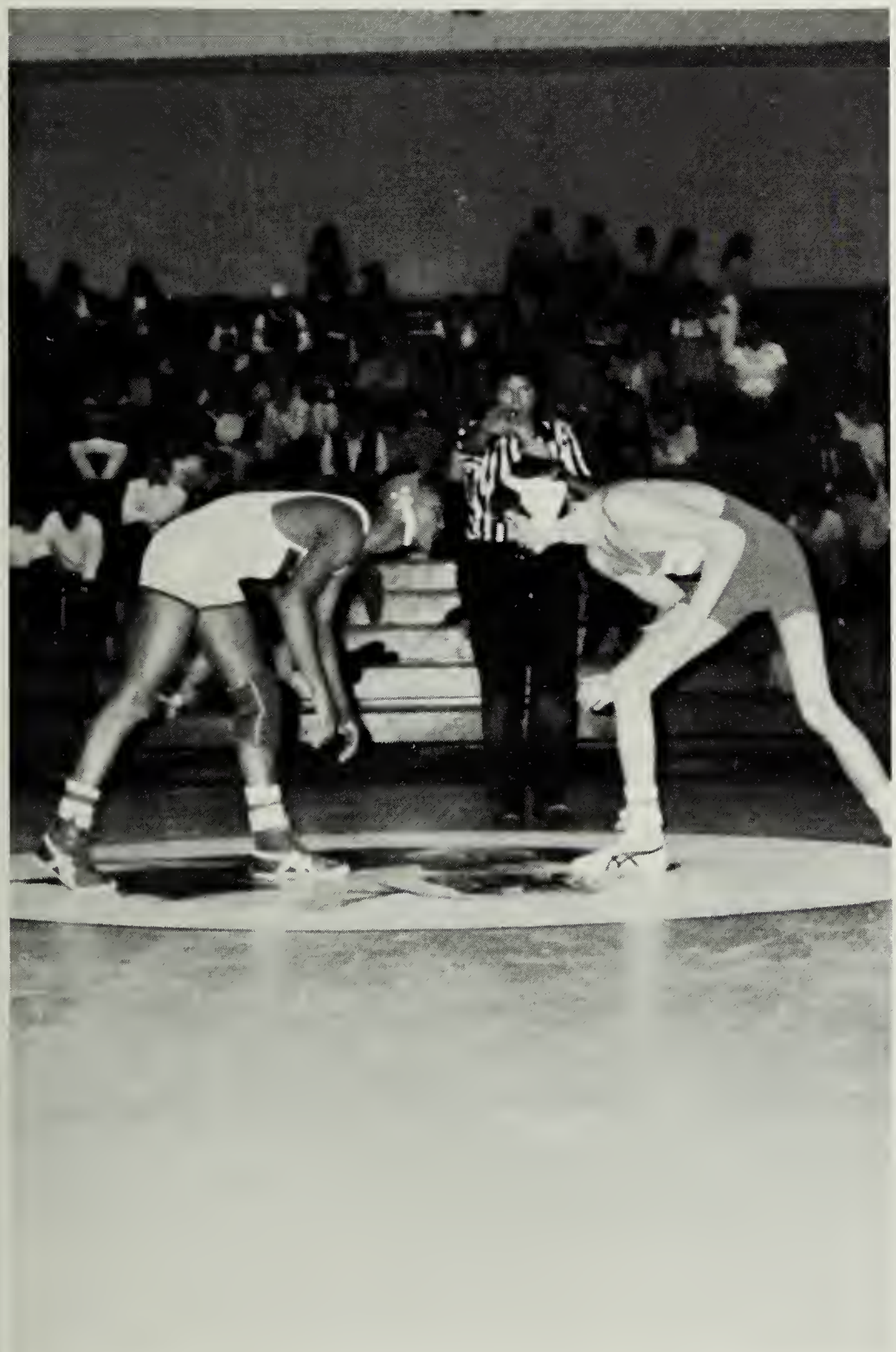


Going for the pin is Gary Martin. Because of his skill, Gary also participated in a few Varsity matches.

(In Alphabetical Order): Tim Ball, David Blade, Warren Carter, Chris Colletti, David Comerford, Mike Comerford, Jeff Cook, Jim Cord, Jon Covey, Andy Dearing, Chris DeChene, Charles Gillian, Steve Halliday, Ashton Hildreth, Brian Hughes, Brian Irvin, Andy Jumbercotta, Kelly Kasper, Paul Kerssee, Gary Martin, Turner Miles, J. J. Myles, Brian Singstock, Pete Stapor, Chris Stzanko, Perry Schwab, John Walraven.

PSHS	38	North Stafford	29
PSHS	58	Hermitage	8
PSHS	66	Hugh. Whythe	0
PSHS	42	Deep Creek	10
PSHS	54	Osbourn Park	20
PSHS	50	Manassas Park	19
PSHS	120	West Springfield	94
PSHS	24	Gar-Field	37
PSHS	54	Fauquier	31
PSHS	73	Edison	23
PSHS	57	Stonewall	21
PSHS	20	James Wood	51
PSHS	18	Woodbridge	41
PSHS	40	Stafford	18
PSHS	56	Brentsville	22

Attempting a reversal is Turner Mills, a freshman in the ninety-eight pound weight class. A reversal is a two point move.



Gary Martin gets ready to "take his opponent down." Martin, a sophomore, was considered to be one of the best wrestlers on the J.V. team.

Attempting a half-nelson is Brian Hughes. This is a common move used often by wrestlers.

"Gotta Tumble"

The 1984-85 Girls' Gymnastics team spent their season rebuilding. Six freshmen and only four returning lettermen comprised the small ten girl team. Along with the new freshman talent, the team also received two new coaches. Although the team was young, they improved with each meet. Finishing with a season high of 101.45 points, the team placed sixth in the Commonwealth District meet yet, they did not advance to the Regional meet. With only one senior graduating, the team will have nine out of the ten girls reurning next year. The experience and improvement of the returning girls will help the team become a strong contender of the District title.

Hugging their teddy bears for a little bit of good luck are Susan Vowell and Kelly Johnson. Susan and Kelly were two of the four returning lettermen.

Saluting at the finish of the vault is freshman Carol Shirley. Carol contributed greatly to the team with her talent on the vault and the balance beam.

Tracey Roye, Chrissy Beaman, Susan Vowell, Susan Strauss, Carol Shirley, Chris Toney, Jennifer Evans, Kelly Johnson, Maria Natale, Dee Dee Johnson. Standing: **coaches** Liz Harley and Lisa Eaton.

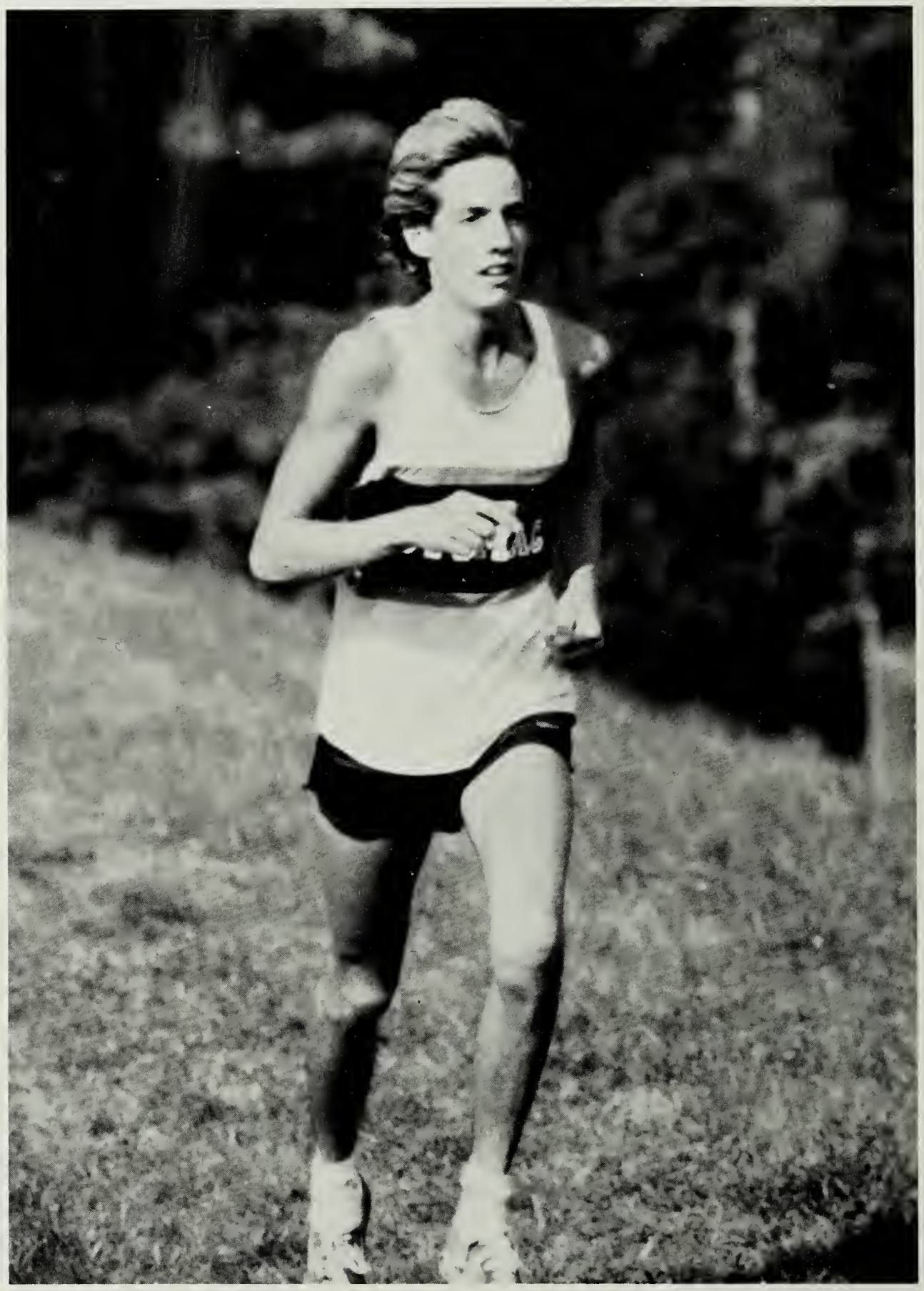
PSHS	80.15	North Stafford 89.50
PSHS	80.15	Gar-Field 78.8
PSHS	79.5	Osbourn Park 91.9
PSHS	82.0	James Wood 67.15
PSHS	84.1	Stafford 102.2
PSHS	81.06	Woodbridge 92.85

Posing on the beam is Maria Natale. Maria competed all-around for the team and was also a returning letterman.

Discussing the meet results with Coaches Ms. Eaton and Ms. Harley are Kelly Johnson and Susan Vowell. Ms. Eaton and Ms. Harley were coaches as well as friends to the girls.

All round runner, Cindy Ruffner, who also participates in varsity track, was a valuable runner on the cross country team this season.

With determination showing on his face, Bill Fiske runs his race with a steady yet powerful pace. Bill has been a member of both the cross country and track teams for 4 years.



Foreign exchange student Henrick Johansen attaches his number to his uniform before a race. Among his many accomplishments, Henrick was the first foreign exchange student to earn a letter in a varsity sport at Potomac.

Running to the finish line, John Haneklau obviously is proud to have finished his race.

Front Row: Mike Mestrovich, Chris Simpleman, Jeff Tribe, Brian Watkins, Tim Burrows, Eric Anderson, Eric Doiron, Chris Barko. *Middle Row:* Amy Cassady, Kelly O'Connor, Lani Griffea, Suzi Paszly, Cindy Ruffner, Jenifer Knill. *Back Row:* R. J. Blanchfield, Raul Delao, Henrick Johansen, Ken Yaeger, Paul Pasek, Dan Bruinsma, John Haneklau, Bill Fiske, Sena Connolly.

The ladies of the cross country team proudly display their George Mason Invitational Track Meet award. In the front row, holding the award, are Cindy Ruffner, and Jenifer Knill. In the back row are Katie Hernandez, Amy Cassady, Suzi Pazly, and Lani Griffea.

On the Run

Potomac's Cross Country Harriers once again enjoyed a delightful and successful season. The Potomac girls finished the season with an 8 and 0 tri-meet record, a win at the George Mason University Cross Country Invitational, a fifth place finish at the respected Handley Invitational and a third place finish at the District Meet. The girls went on to place fourth in the Regional Meet and compete in the State Meet (where only 16 teams in the State of Virginia qualify). The small but efficient team was comprised of Cindy Ruffner, Suzi Paszly, Amy Cassady, Jenifer Knill, Lani Griffea, and Katy Hernandez. The best thing besides the high acadmeic standards and athletic talents these girls possess is the return of these young ladies next year.

The boys also had a successful season while compiling their seven and one record for tri-meets. They won a championship at the highly renowned Georgetown Prep Cross Country Invitational, placed fourth at the William and Mary Invitational and qualified for Regionals. They also traveled to the Kinney Cross Country Championships in Charlotte, N.C. where they ran very competitively. The boys team showed, through lots of spirit and endeavor, that it was a respectable force in Virginia. Bill Fiske, Dave Shive, Raul DeLao, Sean Connolly, and Dan Bruinsma, as seniors, led the way. Kenny Yaeger, John Haneklair, and Erik Anderson proved this year that they are a present and future force with which to contend in Cross Country. Chris Simpleman, Tim Burrows, Jeff Tribe, Brian Watkins, Nelson Davis, Richard Blanchfield, Eric Doiron and Paul Pasek further represent a valuable and upcoming resource for the team.

Success Hasn't Spoiled Them . . . Yet!

The Varsity Baseball team had another successful season with a record of 15-2. The team had started the season with six consecutive victories, carrying over a twenty-eight game winning streak from the previous year. An unfortunate loss to Stonewall, however, ended this winning streak for them.

"It was disappointing, but we didn't let ourselves get discouraged," said Matt Pope, a designated hitter for the team.

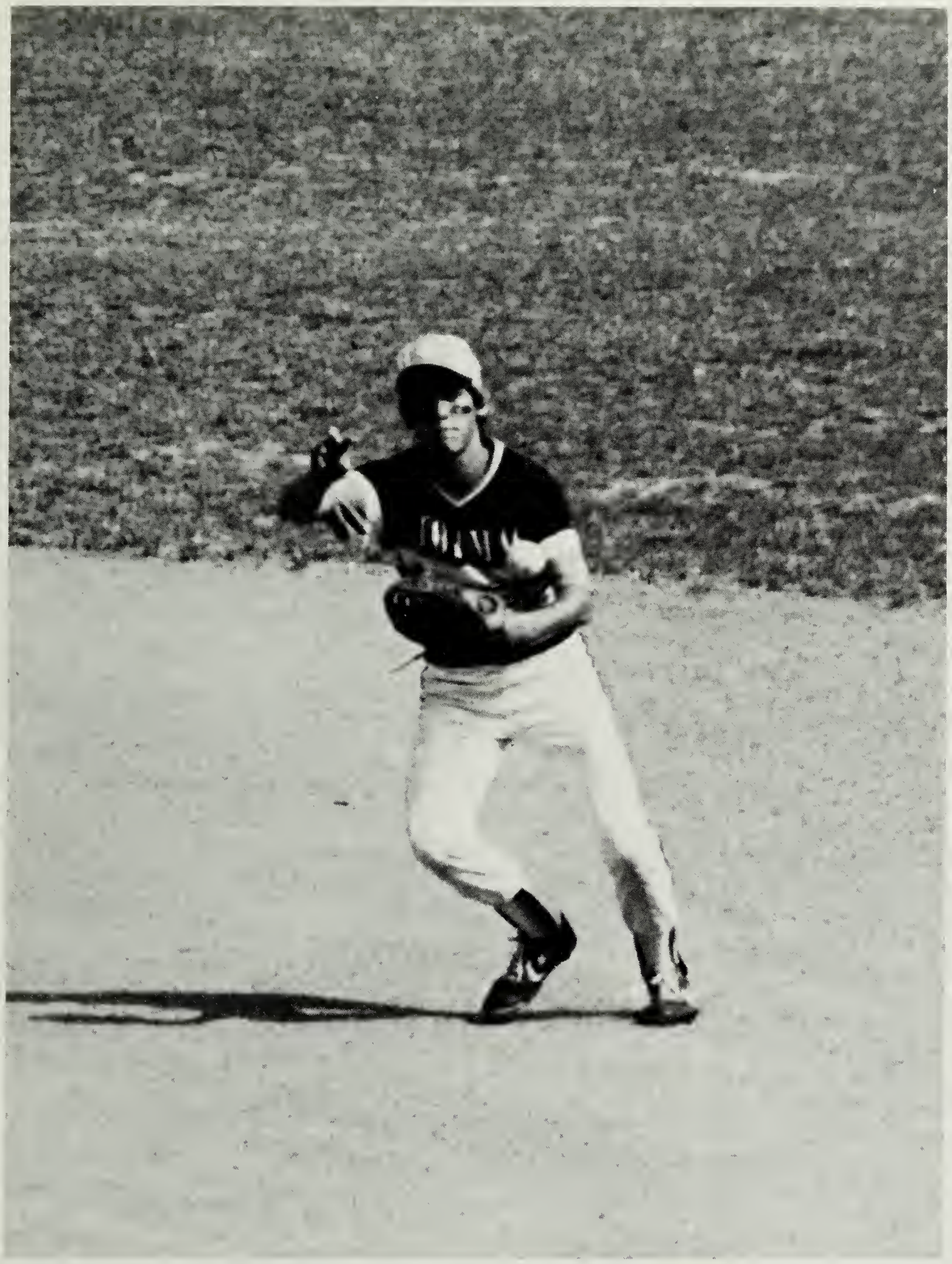
And discouraged they were not. The team advanced to Districts beating Fauquier, and then to Regionals taking Amhurst and Halifax.

Much of the team's success can be attributed to such outstanding players as Danny Raley, voted District's most valuable player; Bobby LeFleur, hitting three homeruns during the season, and Jeff Porter who ended the season with a 5-1 pitching record.

Fielder Wayne Gilbert was successful at bat as well as defensively in the field.

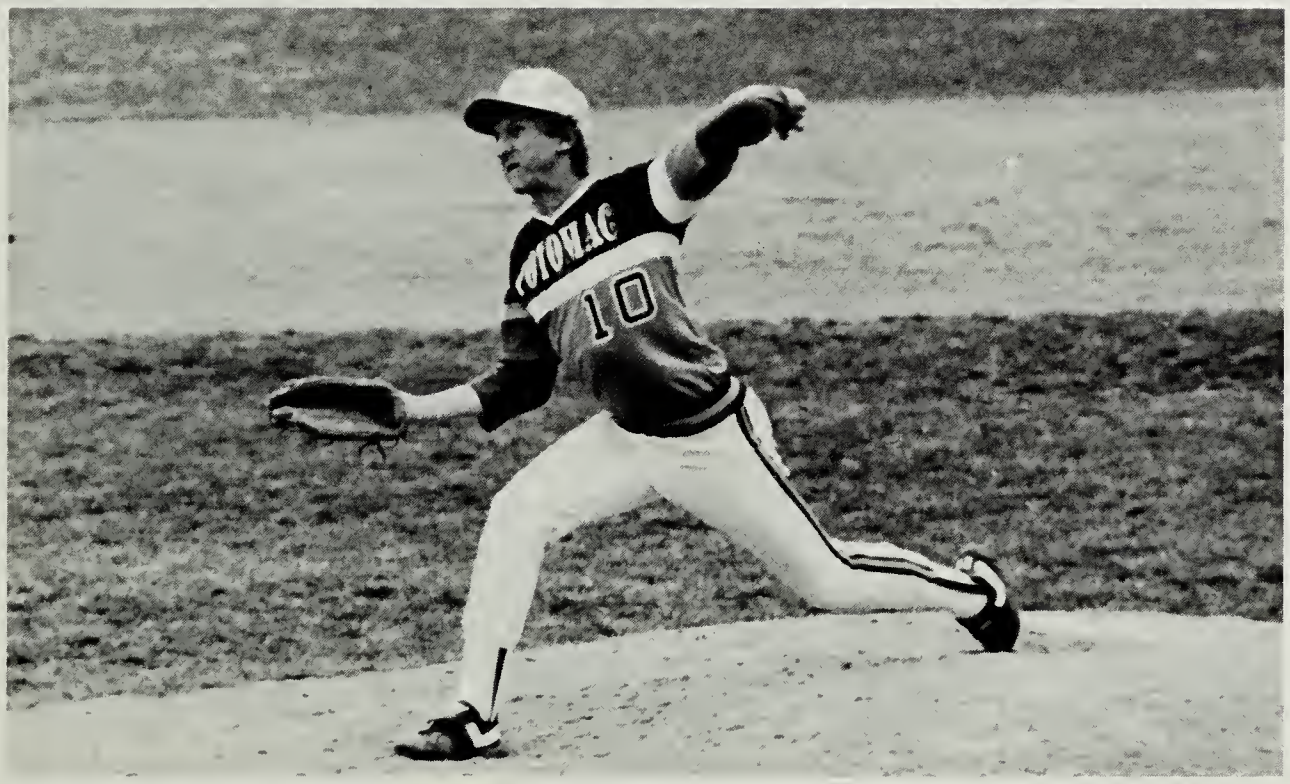
VARSITY BASEBALL — First Row: Matt Pope, Doug Johnson, Danny Raley, Wayne Gilbert, Jimmy Robertson. **Second Row:** Jeff Porter, Kevin Humphries, Brian Leudtke, Ray Lepage, Bobby Lefluer, Rodney Emmons. **Third Row:** James Lupo, Tony Howard, Greg Margheim, Kevin Kasper, Mike Hargrave, William Hatfield, Coach Gardzel.

As Mike Hargraves runs to home plate, Doug Johnson warms up for his turn at bat.



"I've got it!" Yelled Kevin Humphries as the ball was hit his way

Getting into the swing of things . . . Rodge Emmons warms up for his turn at bat.



A look of concentration on Jeff Porter's face shows the power and effort he puts into his pitches.

Varsity Baseball

PSHS	8	West Springfield	7
PSHS	9	U.S. Naval Academy	4
PSHS	5	James Wood	4
PSHS	2	Gar-field	11
PSHS	6	N. Stafford	5
PSHS	6	Stafford	3
PSHS	4	Woodbridge	3
PSHS	6	Stonewall	7
PSHS	1	Fauquier	0
PSHS	5	James Wood	2
PSHS	6	Bowie, Md.	4
PSHS	7	Gar-field	4
PSHS	14	N. Stafford	4
PSHS	5	Stafford	2
PSHS	5	Woodbridge	4
PSHS	6	Stonewall	5
PSHS	6	Fauquier	0
		Districts	
PSHS	9	Fauquier	2
		Regionals	
PSHS	7	Amhurst	4
PSHS	21	Halifax	15

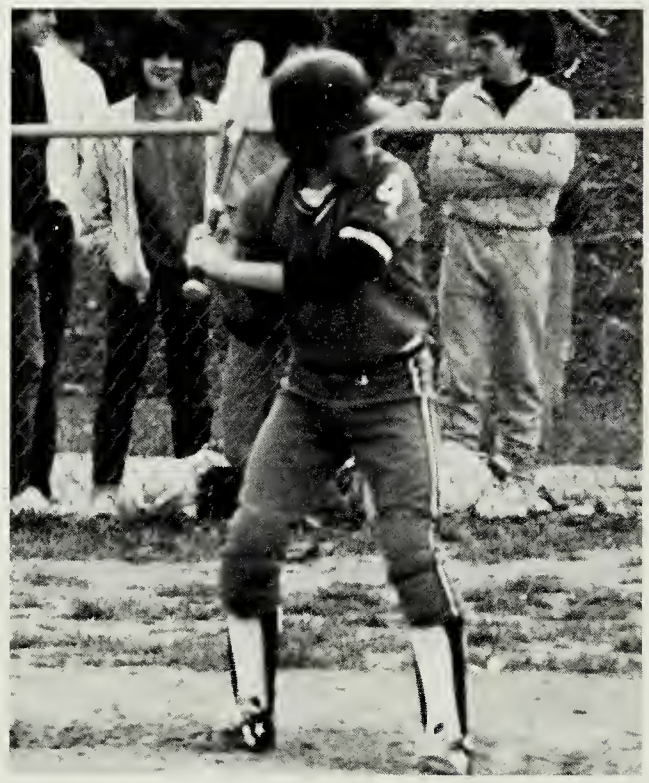
A Swinging Season

Made up of mostly sophomores, the Junior Varsity Baseball team was coached by Will Kitchen, who also taught American Studies. Though the team's record does not reflect it, this hard working group of guys put forth much effort throughout the season.

Individual standouts on the team as pitcher were Mike Cook, starting for J.V. as pitcher and first baseman, moved up to Varsity at the end of the season. In centerfield, Bobby Costa and Sam Faz were also recognized for their performance during the season.

The Junior Varsity Baseball team is looking forward to the 1985 season. With experience in the hand, or the glove as it may be, the team may prove to be a winner!

Anxiously, Rob Dulin watches the pitcher waiting for his pitch. A good batter uses all his arm strength to hurl the ball.

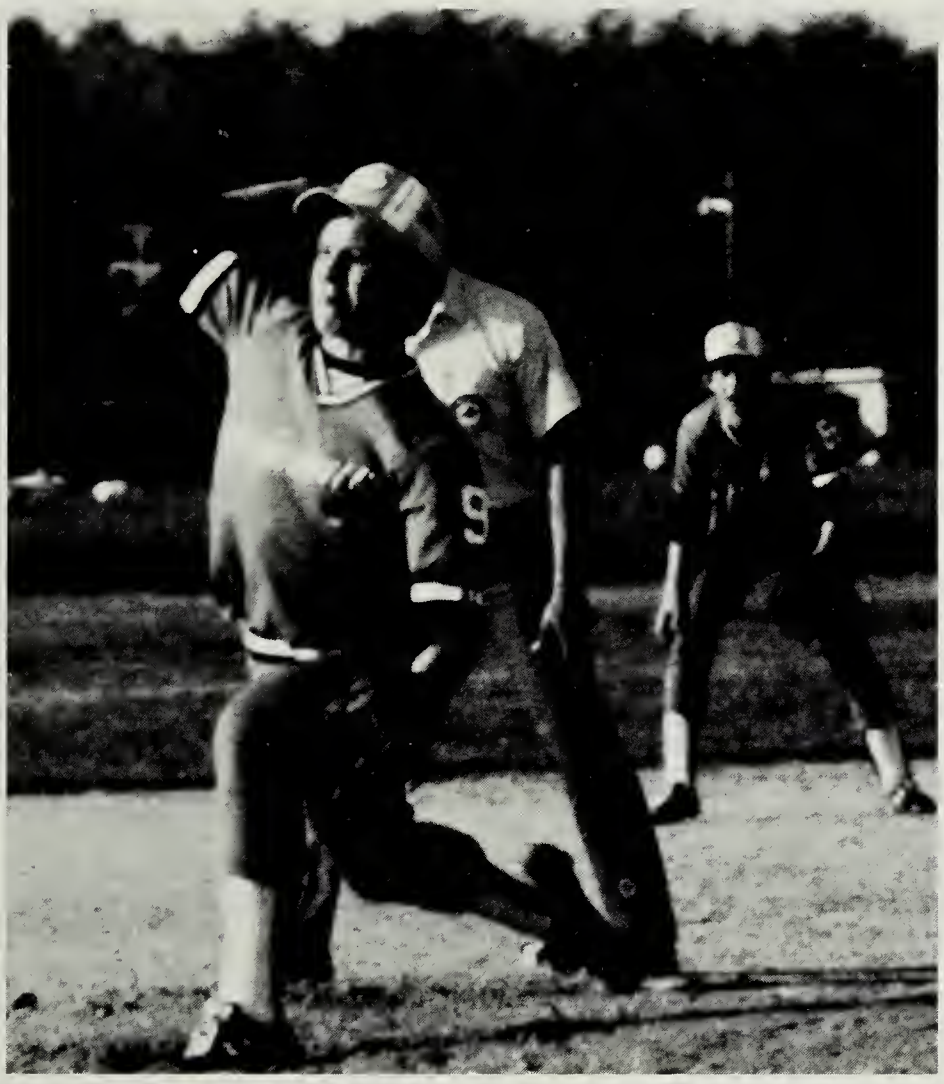


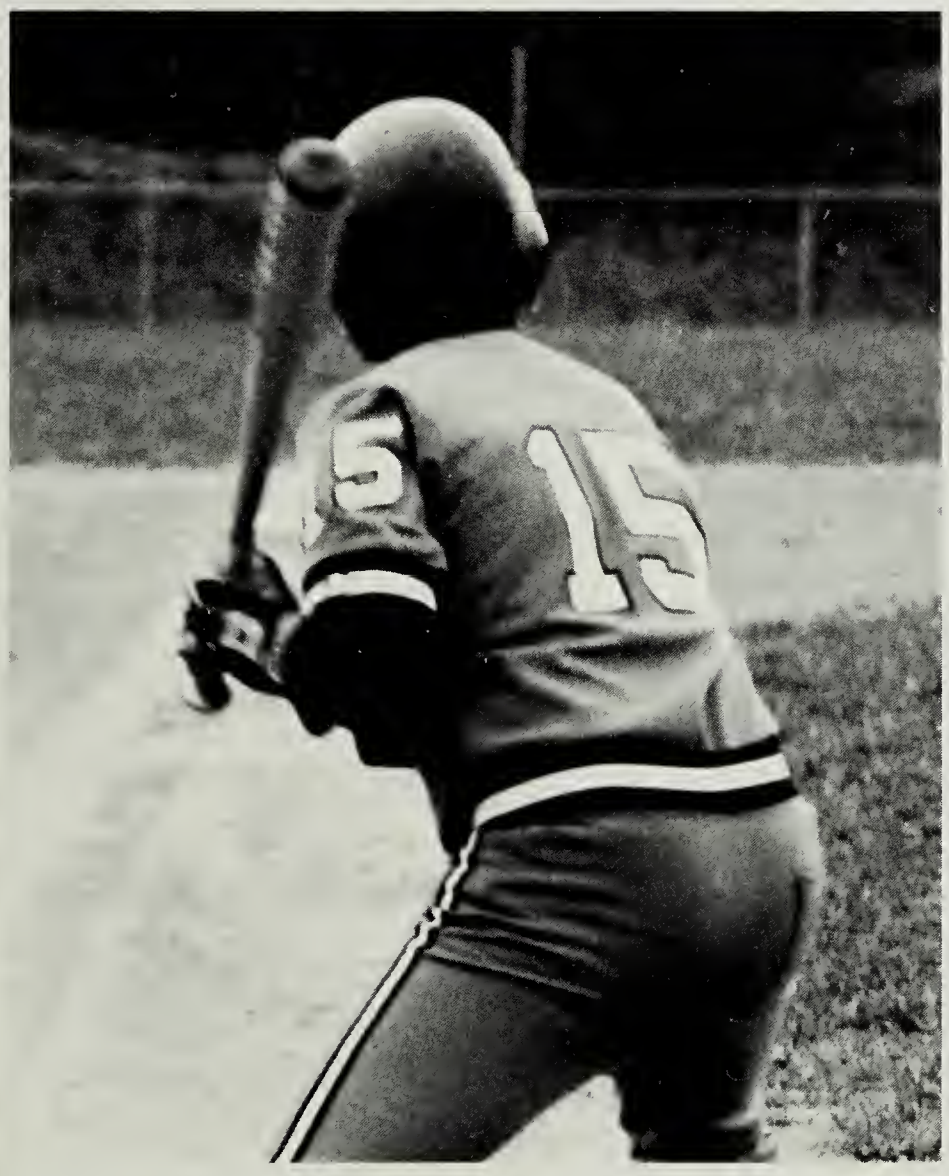
As team members watch attentively, Brian Benczowski is up at bat and ready to swing. Team members were very supportive of one another throughout the season.

Front Row: Paul Grasso, Chris Dempster, Brian Martin, Greg Holiday, Tyrone Johnson, Tim Brigham, Steve Brown, Robert Costa, Brian Benczowski. *Back Row:* Manager Ann Beamer, Coach Will Kitchen, Jeff Belcher, Mike Harrison, Mike Cook, Geo Collins, Kenny Hargrave, Sam Faz, David Myrick, Robbie Harris. *Not Pictured:* Rob Dulin, Tim Abel.

Showing much interest in the game is Bobby Costa. Bobby was starting center-fielder for the team.

Pitching yet another strike for Potomac is Chris Dempster. Chris was one of the starting Panther pitchers during the season.





"Anytime you're ready, pitcher!" Brian Benczowski demonstrates his steady stance during a game against the Gar-Field Indians. A good batting stance is very important.

Running to base with a good start is Chris Dempster. Chris was well recognized for his base running.

What A Sweep!

The 1983-84 varsity softball team finished the season with an impressive record winning 19 of their 21 games. Sweeping both the Commonwealth District and the Northwest Region titles, the girls displayed great team work.

The consistent arm of Tracy McGinnis, the strong hitting of Deborah Scott and Debbie Scrogum, and the defensive playing of Jennifer Bowser led the team to the state semi-finals where they lost to a very powerful James Madison.

With only four players graduating the team is favored to continue in the winning tradition. As veterans Wendy Hall, Kim Feltault, and Missy Caddigan return and new talents like Teresa Conway, and Michele Raley join the team, Coach Al Eaton is expecting another winning season.

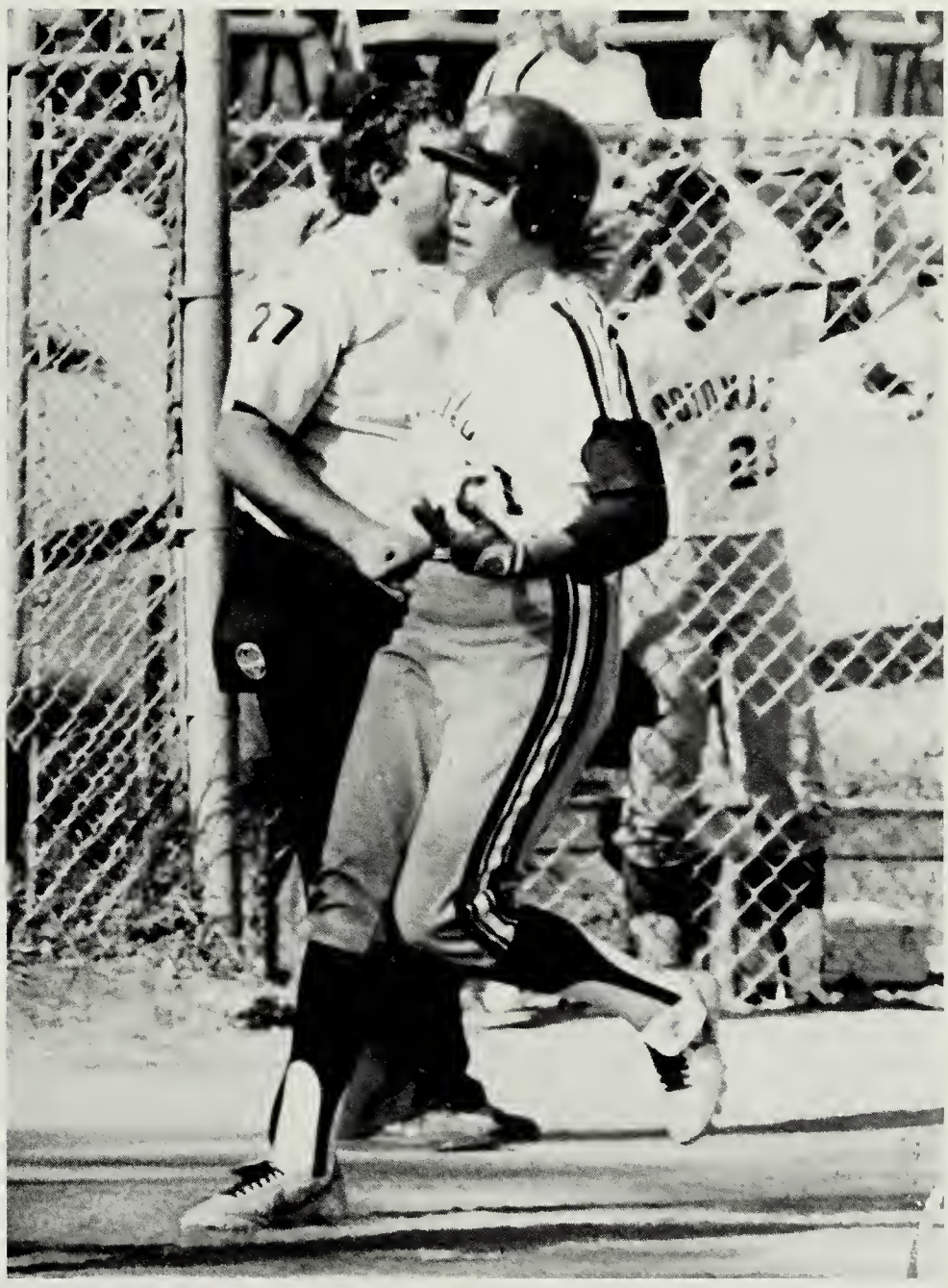
A powerful hitter, Deborah Scott earns yet another homerun for Potomac.

As her teammates cheer her on, Beth Haizlip runs to home plate. The supportive attitude of the team members lead to a very successful season.

During a game with the Gar-field Indians, Jennifer Bowser throws the ball to the pitcher's mound after a strike-out.

Getting ready to bat, Debbie Scrogum prepares for her turn at the plate. Concentration is very important before reaching the plate.

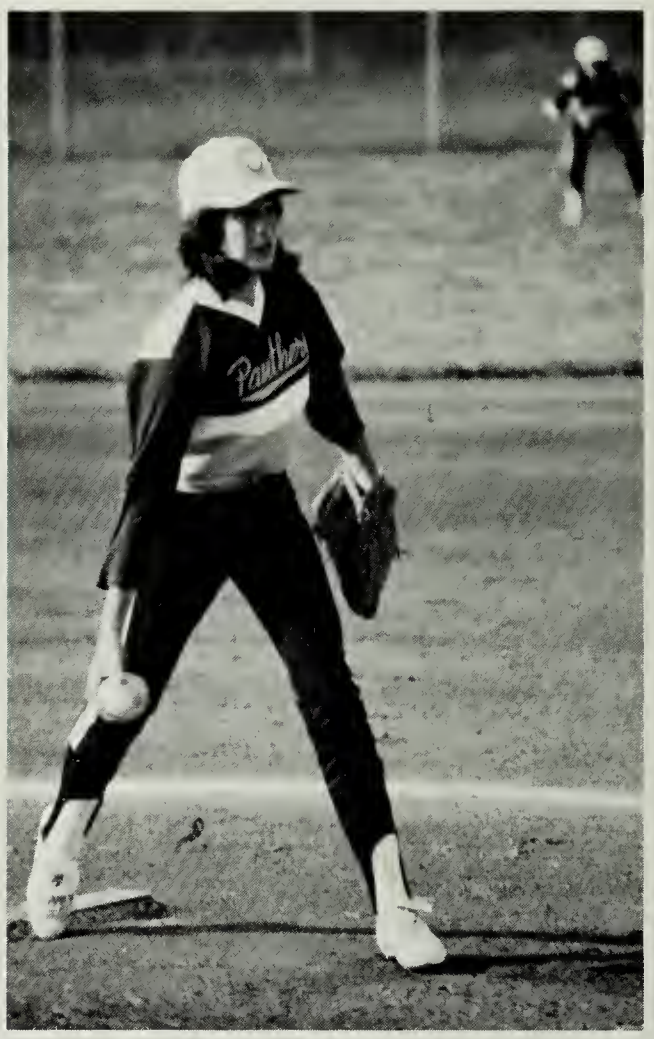
Go Big Blue! Gaining another run for Potomac, Tracy McGinnis runs into home plate as the Amherst catcher waits for the ball.



VARSITY SOFTBALL — Front Row: Beth Haizlip, Nicki Bryan, Missy Caddigan, Wendy Hall, Michele Raley, Dianna Jones. Second Row: Brenda Owens, Teresa Conway, Deborah Scrogum, Jennifer Bowser, Kim Feltault, Anne Camelo. Third Row: Coach Al Eaton, Kelly Fisher, Deborah Scott, Tracy McGinnis, Caroline Atsef, Cindy Stebbins.

		Varsity Softball	
PSHS	8	Fort Hunt	7
PSHS	20	Gar-field	3
PSHS	6	N. Stafford	1
PSHS	7	Woodbridge	8
PSHS	11	Stonewall	2
PSHS	10	Chantilly	2
PSHS	9	Fauquier	4
PSHS	12	Stafford	8
PSHS	11	Gar-field	5
PSHS	7	N. Stafford	4
PSHS	14	Stafford	3
PSHS	4	Stonewall	2
PSHS	6	Woodbridge	5
PSHS	13	Faquier	8
		Play-off Games	
PSHS	10	Woodbridge	9
PSHS	5	Fauquier	3
PSHS	15	Stafford	6
		Regionals	
PSHS	8	Amherst	7
		State Semi-finals	
PSHS	1	James Madison	7

Ready and Aim . . . Cathy Hadley prepares to strike out her next victim.



Strength In Youth

The J.V. softball team was something to be proud of with a 10 win, 2 loss record. They were well organized as they practiced basic fielding and later season batting.

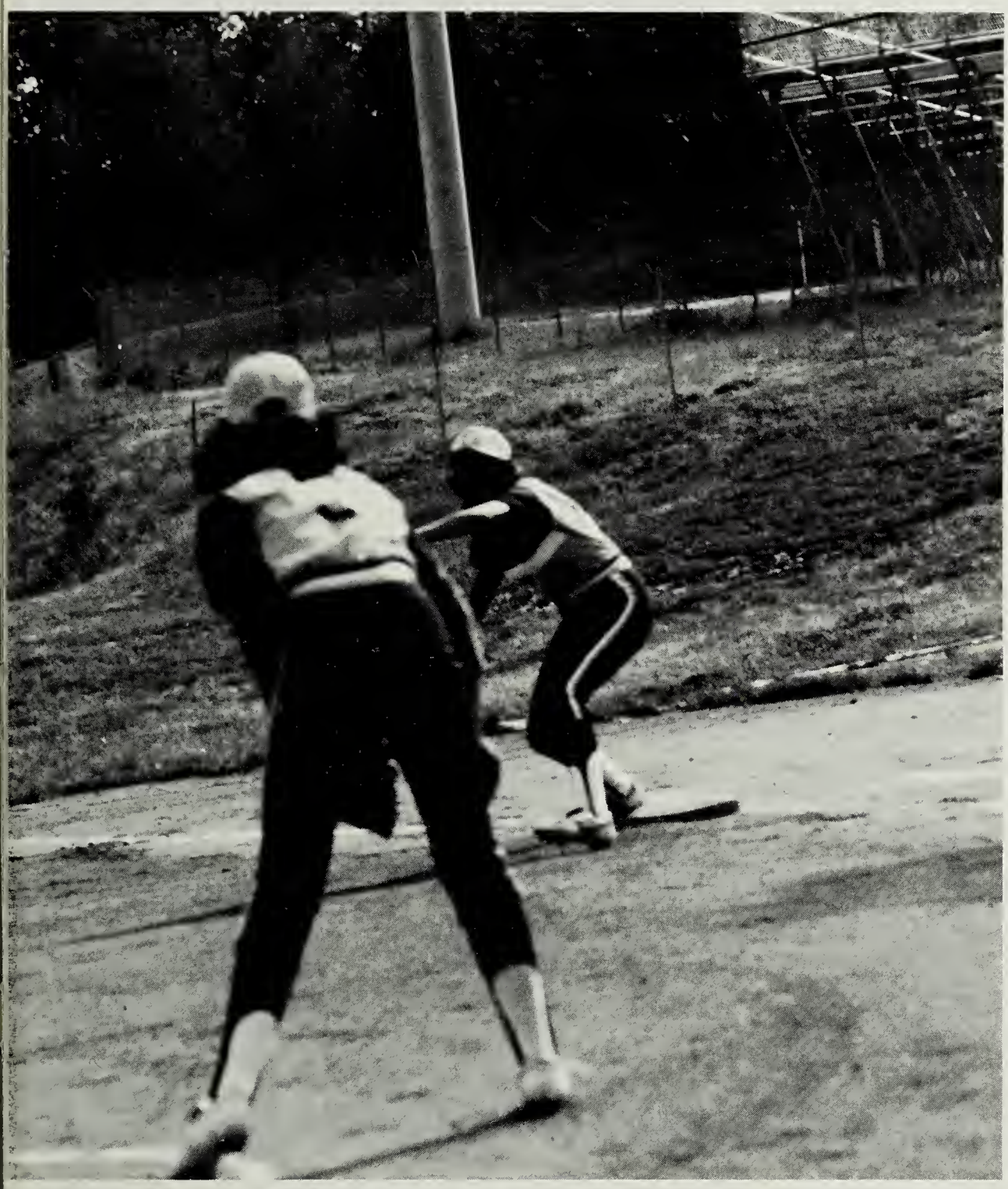
Coach Bass found that all the girls worked well on and off the field doing warm ups, running and lifting weights to improve their performances. The J.V. team's sportsmanship was admired and appreciated as they always welcomed their opponents at each game.

The high point of the season was winning a game against Woodbridge, one of Potomac's biggest rivals. "I was excited about the season's victories and loved working with a team of their caliber," remarked Coach Bass. He also expressed that the Varsity team next year will be very lucky to have such outstanding J.V. players move up.

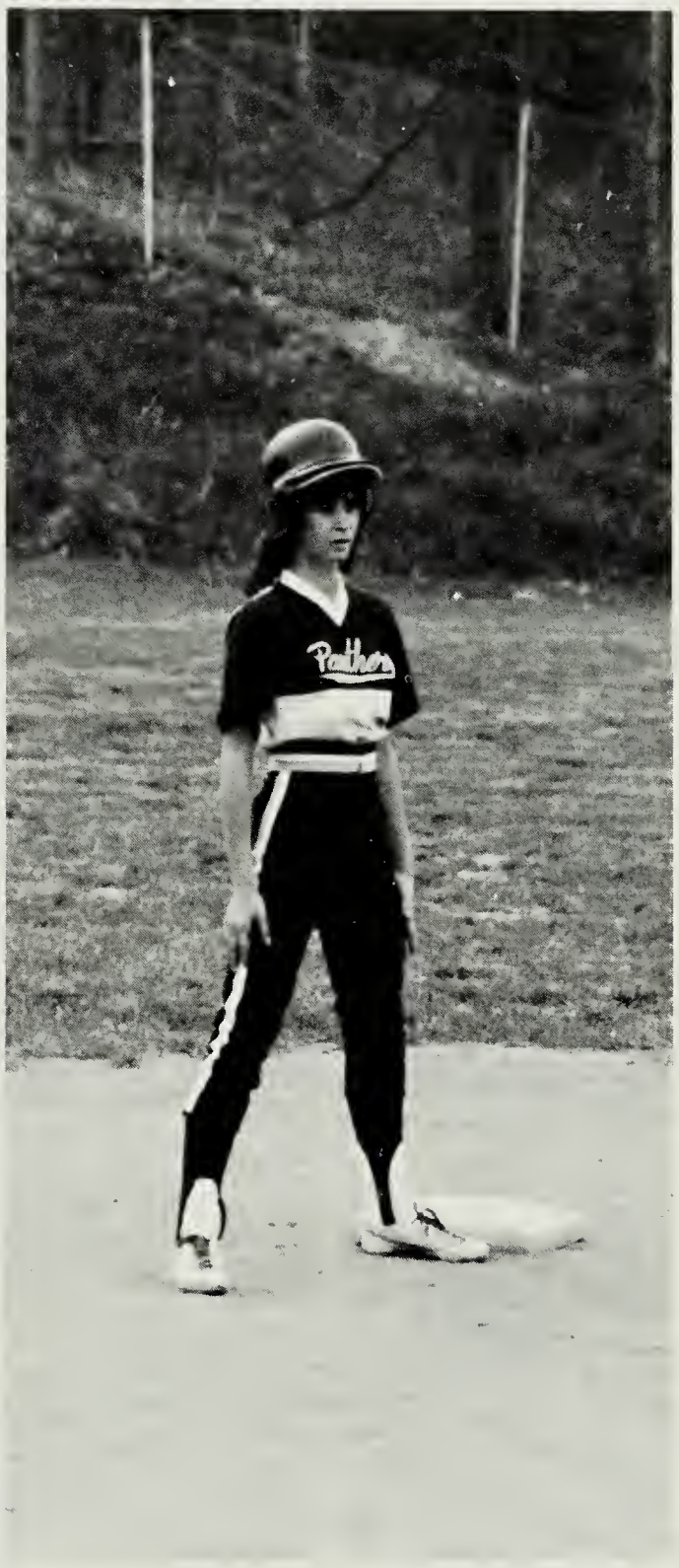
Catch that ball!! Cindy Burgess tags out her Woodbridge opoponent in their much wanted and well earned victory.

Get that . . . QUICK! Another tag and the out was made by Cindy Burgess against Potomac's number I rival in softball, Woodbridge.

What a Throw . . . Cindy Marrone and Cathy Hadley warm up before a game by throwing pitches to one another. The many practices paid off.



Set for a sprint . . . Candy Covington prepares herself for the hot smash of the batters ball.



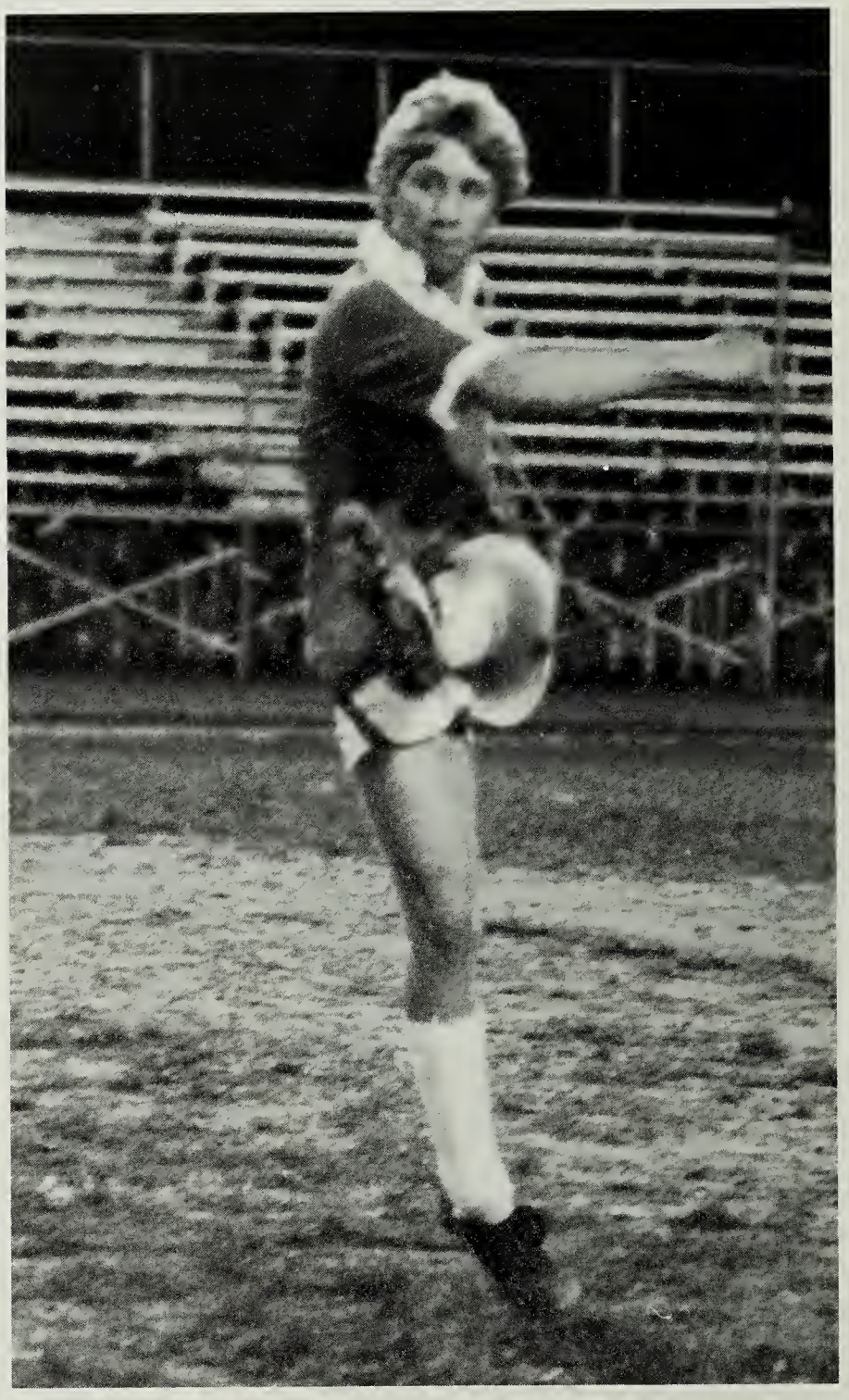
Front Row: Angie Birch, Anne Shelton, Wendy Alachnowicz, Michelle Goodrich, Manager; Heather Cooper. Back Row: Cindy Burgess, Cathy Hadley, Cindy Marrone, Sandra Siligato, Sheri Patton, Candy Covington, Lisa Potvin, Coach Bass.

SOFTBALL

JUNIOR VARSITY

With his eyes on the ball, Bryan Sims uses his agility to maneuver the ball. Being able to maneuver the ball well is an important skill in soccer.

Putting his best foot forward, Scott Kujawa advances the ball down field to another teammate. Team work is an important aspect in the game of soccer.



In a scramble with a Woodbridge Viking player, Kimo Buckon uses finesse to obtain the ball from his opponent. Good defense skills lead to soccer victories.

"**To get ahead in the game of soccer,** sometimes you just have to use your head!" Rob McLean demonstrated this skill as he attempts to hit the ball downfield towards the opposing team's goal.

"Potomac's Number one!" The boy's Varsity soccer team display their team spirit in a rally before a game. Teamwork and cooperation is an essential part of a victorious team.

With a look of determination, Scott McKenzie intently dribbles the ball upfield.

"Please, I would rather do this myself!" As Robbie Semper attempts to kick the ball, Kimo Buckon aids him. Soccer requires both teamwork and individual efforts.

Let's Hear It for the Boys

The 1983-1984 Boys Varsity Soccer team had a rewarding season. They gained valuable technique and sportsmanshp experience from their senior teammates.

Scott McKenzie had a great season displaying his talents and eventually was voted Most Valuable Player. But he wasn't alone, Scott Wilson came around and claimed Most Improved Player, through hard work and endurance.

The overall outcome of the season was eight wins and eight losses. Mr. Cameron is expecting a continuation of this team's ever improving effort, and teamwork next season.

In just their second season of competition, the 1983-1984 J.V. boys' soccer team placed first in the district with an 8-2 record. Freshmen comprised the majority of the team this year. Of special note was the team's two victories over the Brentsville Varsity team. The team accomplished their great record despite the fact that Jim Lascody, Greg Neilsen, and Adam Britt moved up to the varsity level during the season.

Most Valuable Player this season went to freshman Andy Thompson. Most Improved was awarded to Tim Christian. Two personal awards within the team were the "9-iron" Award won by Chris Beckman and the "Strong Arm" award won by Jimmy Coker.

Best of Luck Guys!!!

Junior, Randy Huggin follows through sending the ball skyward during practice at the Montclair course.

Driving For State

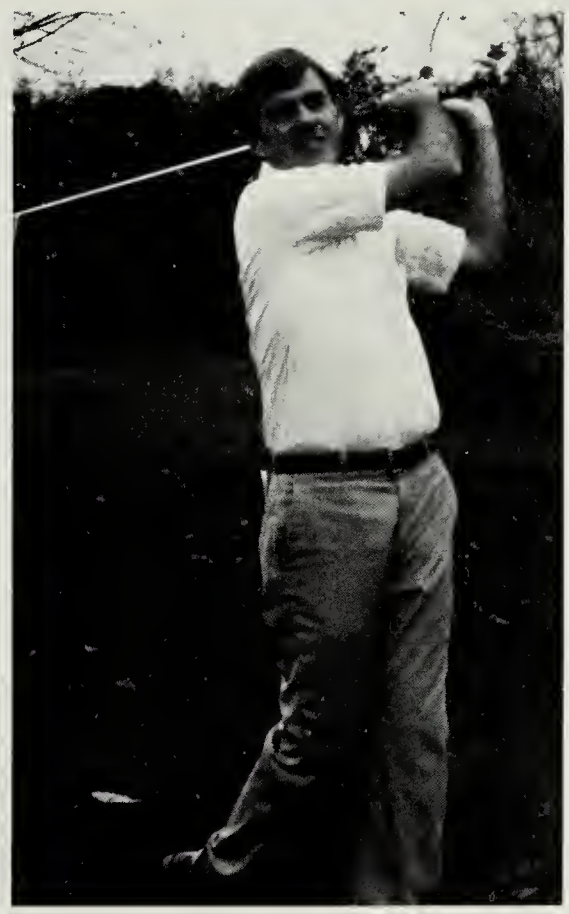
Led by Lenny Mandroc and Jon Hurst the golf team wrapped up the regular season with an 8-2 record. On the road to the state AAA tournament, Potomac defended its Commonwealth District title at James Wood's Carper Valley course. With this victory, the Panthers held an unprecented four straight District championships.

They went on to capture their first ever Northwestern Regional Title over other top contenders including: Cave Springs, E.C. Glass, and James Wood. The Panthers came away from the state AAA tournament in eighth place.

Coach Bob Moore said, "I was exceptionally pleased with the performance of the team."

Seniors Rob Leeper (L) and Matt Wright (R) prepare for state with many hours of practice.

1984 Golf Team - Front Row: Lenny Mandroc, Matt Wright, Robert Leeper, Scott Simpson. Back Row: Randy Huggin, Chris Barko, Mike Arnold, Coach Moore.



Coach Moore takes a few swings to demonstrate good form.

Accomplishments
First - District
First - Regional
Fifth - Quantico Invitational
Eighth - State

In control of the ball, Maria Brown runs the ball downfield to the Woodbridge Viking's goal. Assisting from behind is Amey Richardson.

VARSITY TEAM — *Front Row:* Tina Evans, Glorianna Malloy, Angie Wheeler, Beverly Williams, Jeannette Mullany. *Middle Row:* Stacy Dirisio, Liz Griffin, Denise Thomas, Heidi Farber. *Back Row:* Coach Sandra Munnel, Katie Byrne, Amey Richardson, Lynda Hustead, Amber Perry, manager. Not Pictured: Kelly Lepage, Shellie Stennick, managers.

New Talent

Fresh talent described the girl's Varsity and Junior Varsity Soccer teams. Although the teams were lacking in experience, they pulled together against many odds. Mrs. Sandra Munnel, who coached the team named senior Thao Martine as Most Valuable player. Thao received an eye injury during a defensive scramble and was unable to complete the season. Named Most Improved player was Stacy Dirisio. With new talent gaining much experience, the team will be strong contenders in the future.

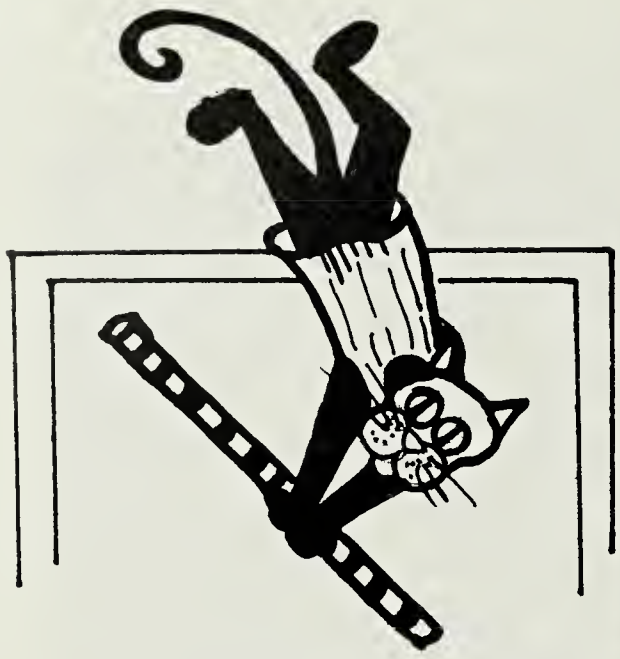
Holding onto the ball, Christine Wolter, goalie, guards Potomac's goal from an opposing player.

J.V. TEAM — *Front Row:* Chris Pilkinton, Stacey Darr, Terri Fitzgerald, Rosie Robinette, Shanno Barowich, Elissa Singstock, Susan Pisanchin, Tammie Crawford, Shannon Hming, manager. *Back Row:* Tanya Smythe, Tricia Prudot, Amelia Robinette, Christine Sowala, Annie Triano, Lisa Camm, Sheila Griggers, Suzanne Dowling, Denise Woods, Mr. Kendall Hayes, Coach.

An aggressive player, Heidi Farber, runs to reach the ball during a play before her opponent gets there.

One on one with her Woodbridge opponent, Tina Evans uses her skill and gains control of the ball for Potomac.

With determination showing on her face, Lynda Hustead uses her speed and agility to run with the ball to the opponent's goal.



Front Row: Maria Natale, Leslie Wilfong, Cindy Ruffner, Danielle Smith, Kelly O'Connor, Katie Hernandez, Renee Brunson. *Middle Row:* Jenniffer Knill, Emily Pagan, Suzi Paszly, Annette Williams, Vandella Newsome, Susan Ariola, Karen Shive, Amy Cassady. *Back Row:* Lani Griffea, Jenny Abel, Mylene Row, Renee Woo, Rachel Sommers.

Go that extra mile! Cindy Ruffner runs the mile race during a track meet. Cindy's time in the one mile race qualified her to run in the state track meet.

Flying with leaps and bounds, Susan Ariola demonstrates her technique and skill in the running long jump.

With Leaps and Bounds

Up, up, and away . . . and over! Scott Berry flys over the bar with ease. Though pole vaulting may appear to be easy, it takes a lot of practice, determination and last of all courage!

The 1984 Spring track season began with many determined athletes battling with the rain and chilly conditions. With determination, they put on their running shoes and hit the varsity track with head coaches Anita Barnhart, and Cliff Hardison. Team members worked on improving their times by beginning with stretching exercises and a warm-up run both after school and on weekends. The athletes continued their practices with many sprint and distance runs. Also, they practiced coming out of the starting blocks for their race. Relay teams strived to pass the baton to the partners flawlessly and quickly while those members participating in the field events such as the long jump, diseus throw and pole vaulting worked on conditioning and proper technique.

Although bad weather persisted throughout the season causing the teams to cancel many meets, the track season was very productive. Girl's varsity team members who qualified for the state meet were Cindy Ruffner in the one mile run, Suzi Paszly in the two mile run, and Kelly O'Connor in the one half mile run. Recognized by their coaches and teammates were as Most Valuable, Cindy Ruffner, and as Most Improved, Christine Malloy. For the boy's varsity track team, Scott Griffea was named Most Valuable and Scott Berry was named Most Improved. Scott Griffea was named as Mr. Track and Field. Other athletes who were recognized were Tim Vinson, Most Valuable Distancer, Bill Fiske, Most Valuable Middle Distancer, Wes Brown, as Most Valuable Sprinter and as Most Valuable in Field events was Lee Wilson.

"Who, me?" exclaims Art Milbert as teammate Scott Berry watches the pole vaulting competition. Both Art and Scott participated in the pole vaulting event.

In a varsity track meet against James Wood High School, Doug Potvin runs in the hurdles race. Running the hurdles takes much skill and added technique.

What an Ace

ACE: One that excels at something . . .

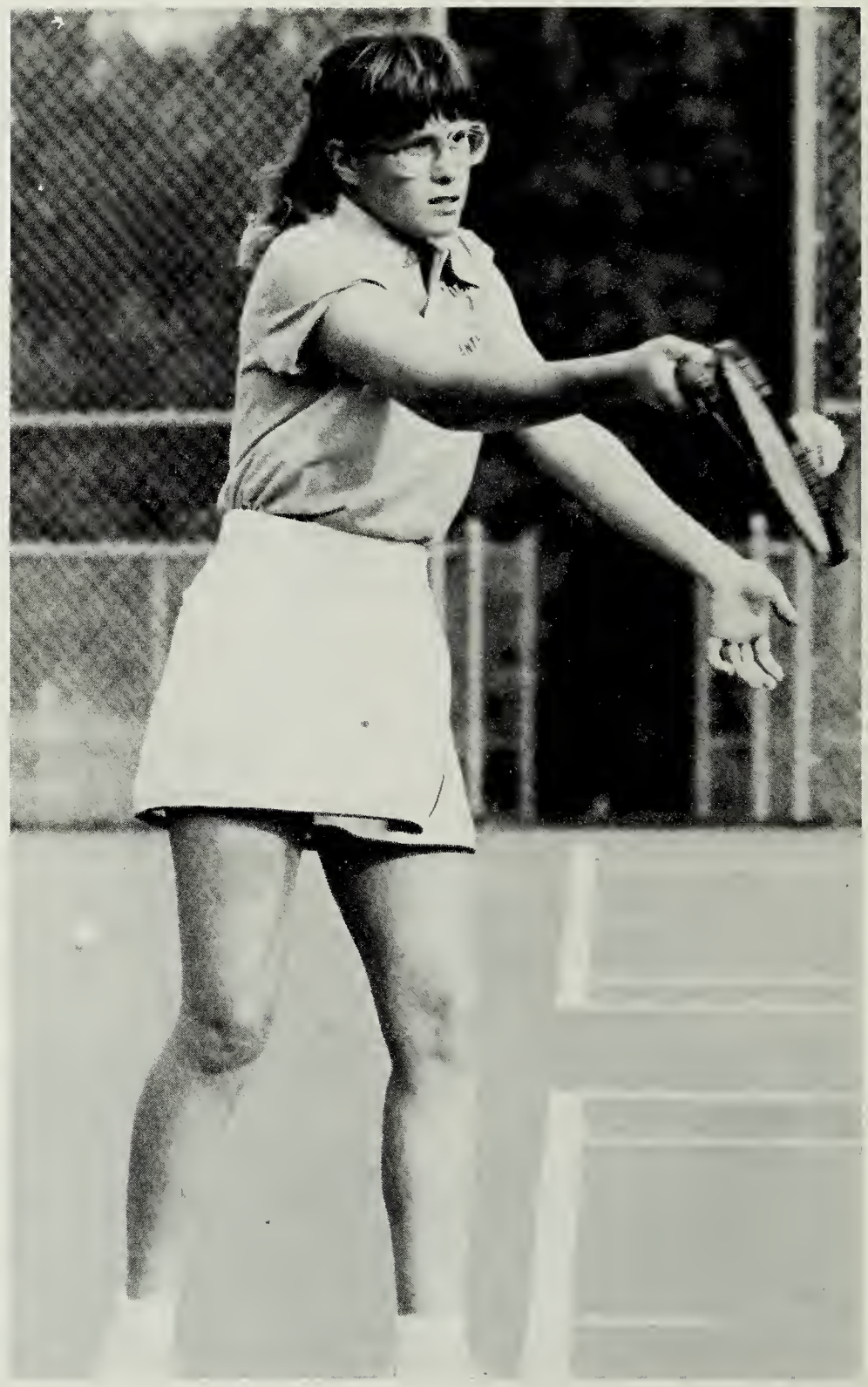
The 1984-85 boy's and girl's tennis teams were both dealt a handful of aces. The boys, who finished their winning season with a 7-0 record went on to capture another Commonwealth District Title. The team, comprised of twelve players, six of whom were returning team members, also went on to Regional play-offs where they were defeated only by the eventual state champions, E. C. Glass.

Although the girls did not win a District title, their 8-2 record was really something to make a racket about. Outstanding players were Lulu Tierney and Kathy Hall, who individually captured District and Regional titles. The girls' team as a whole had improved from previous years. "They are a relatively young team with only two graduating seniors," said Coach John Jenkins who has high hopes for the future of the team.

Both teams did a great job this year. They have excelled in their sport and have brought pride to the school and to themselves.

Doubles partners, Lulu Tierney and Kathy Hall concentrate on their game during a tennis match. Both girls captured District and Regional titles.

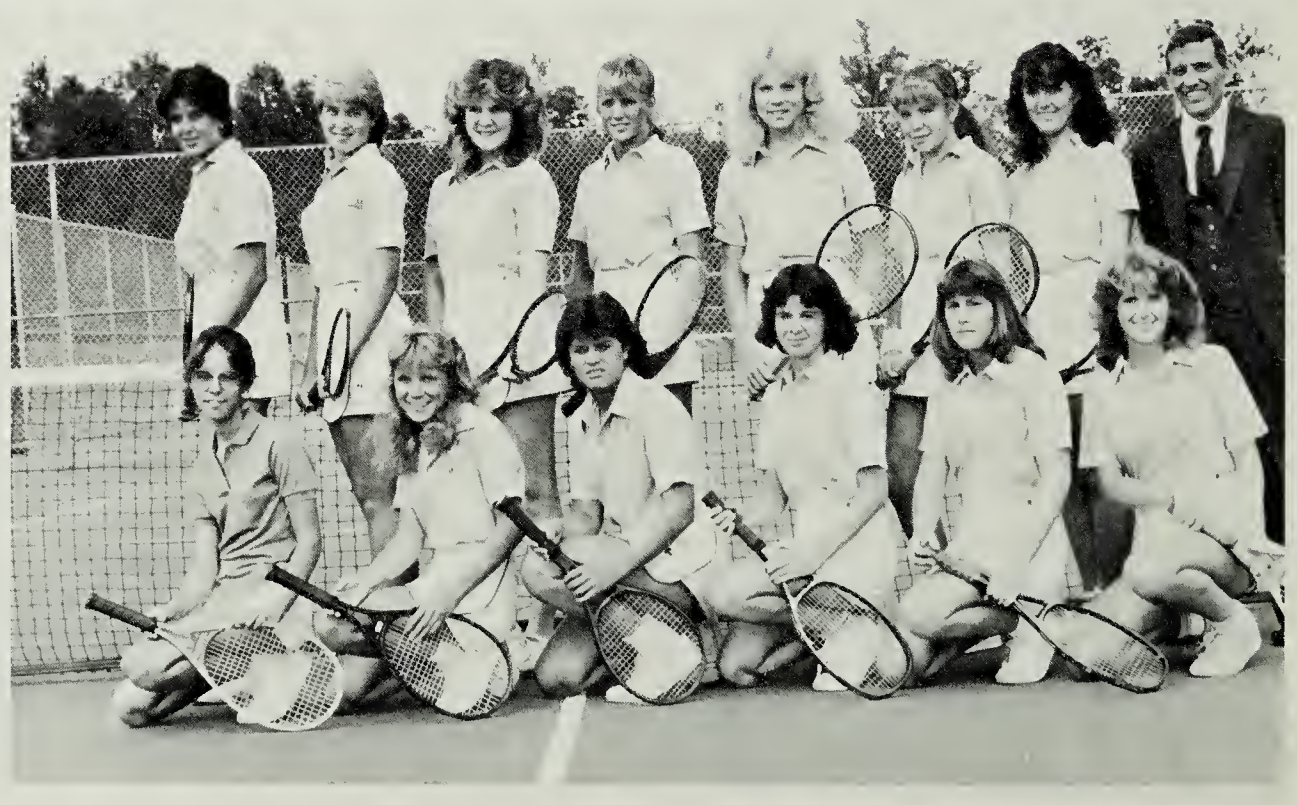
Concentrating on her serve, Terri King returns the ball to her opponent. Terri, a junior, has played tennis at Potomac for the past three years.



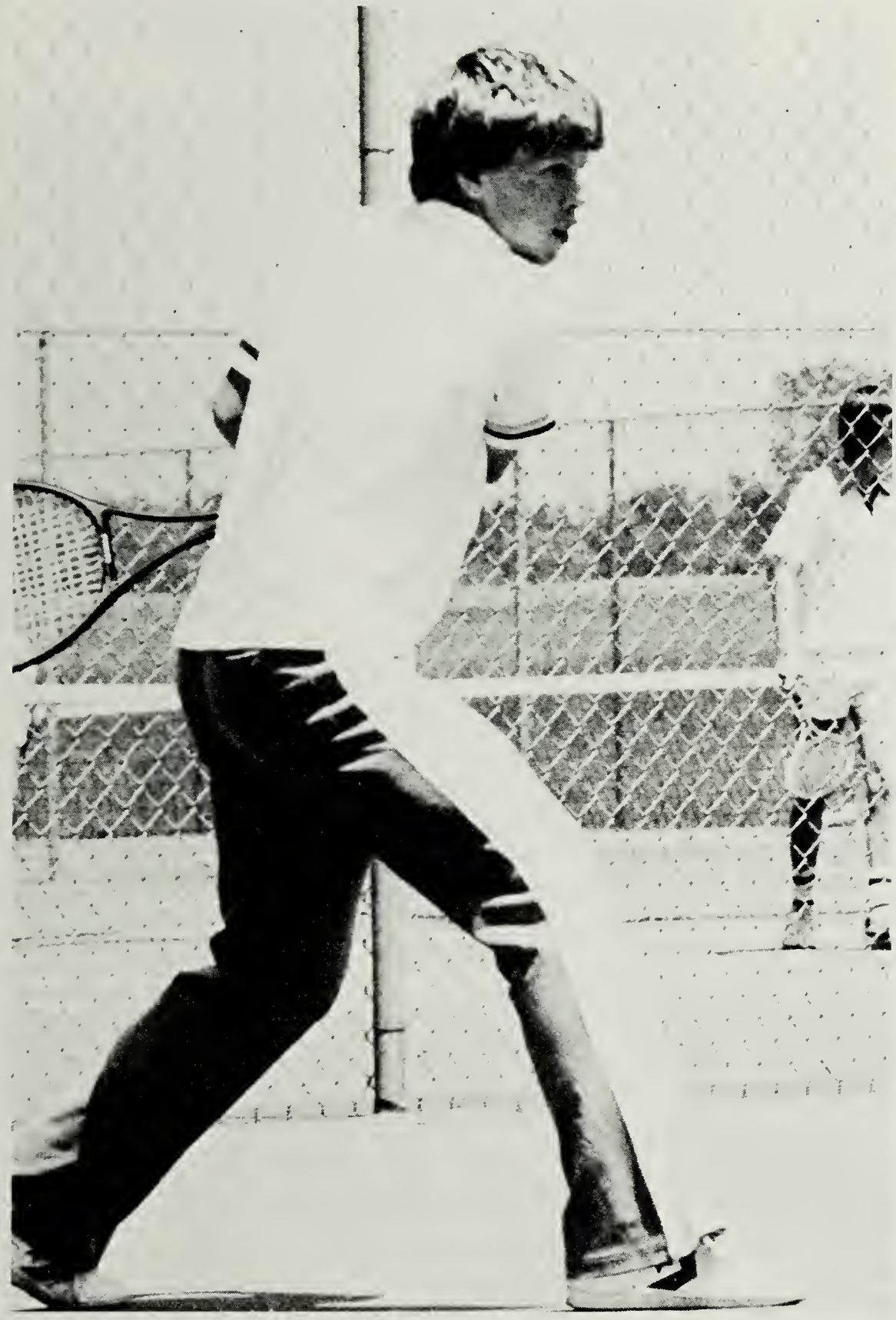
GIRL'S TENNIS

PSHS	9	North Stafford	0
PSHS	5	James Wood	4
PSHS	9	Stafford	0
PSHS	9	Fauquier	0
PSHS	8	Osbourn Park	1
PSHS	3	Woodbridge	6
PSHS	6	Gar-Field	3
PSHS	4	Stonewall	5
PSHS	5	James Wood	4
PSHS	9	North Stafford	0

Record 8 wins 2 losses

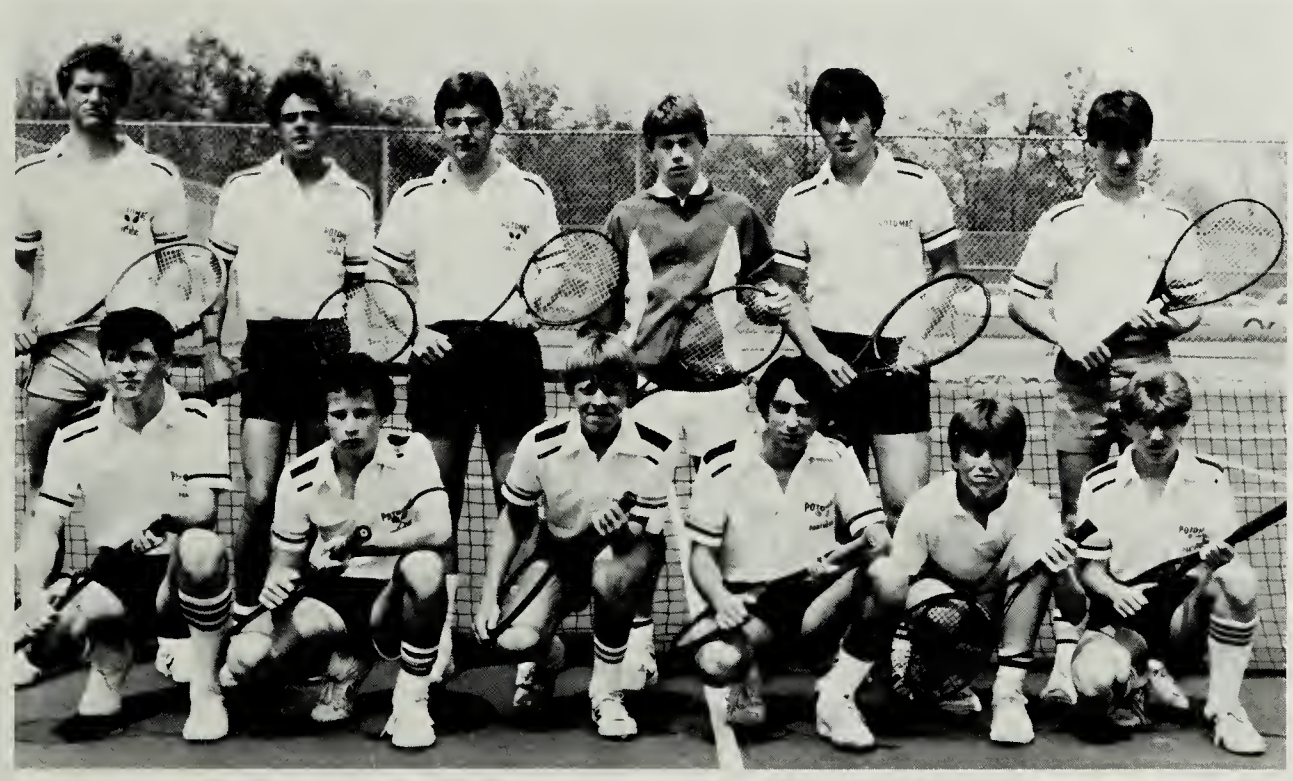


Front Row: Susan Doyle, Morgan Smith, Kathy Anderson, Lulu Tierney, Carrie Moss, Stephanie Wise, Erin Gahn, **Coach** John Jenkins. *Back Row:* Jerry Dickerson, Becky Slone, Kathie Hall, Laura Best, Terri King, Kristin Pikdard.



Preparing for his match, Rob Dulin concentrates on the ball. Composure and concentration are important traits when playing tennis.

Running for the ball, Steve Secord goes all out for the return. Keeping in shape is a must for such an energetic game.



Front Row: Mark Turner, Brian Pinkard, Stephen Secord, Tony Katsarelis, Jeff Wise, Richard Adams.
Back Row: Allan Dziwoki, Mike Ausley, David Secrist, Rob Dulin, Steve Greer, Dan Bruinsma.

BOY'S TENNIS

PSHS	6	Fort Hunt	3
PSHS	9	Gar-Field	0
PSHS	8	Woodbridge	1
PSHS	5	Fauquier	0
PSHS	9	Stonewall	0
PSHS	9	N. Stafford	0
PSHS	9	Stafford	0
PSHS	9	James Wood	0
PSHS	9	Gar-Field	0

Wins 9 Losses 0
District Champs
Regional Playoff
PSHS 1 E. C. Glass 8

Ready? OK . . . Hit It . . .

Cheerleaders! When this word is mentioned, a bouncy little girl with pigtails, jumping around yelling "Go team" immediately comes to mind. However, contrary to this belief, cheerleaders do more than yell and cheer on the team even though that is important psychologically to the sports teams. They are athletes and performers as well as leaders of cheers.

The varsity squad proved this in both their performance at games, camp, and competitions by bringing home many awards from the camps and competitions they attended. The girls attended summer camp at the University of Richmond from July 10 through 13. During that four day period, the squad received three superior blue ribbons, one excellent red ribbon and were chosen as one of the four finalists to compete for the Award of Excellence run-off. Also, with the help of the J.V. and Freshman Squads, they brought home the spirit megaphone which is the most prestigious award given at camp.

Because of the precision, unity, and experience of the varsity squad, they were allowed to enter many competitions. First, they entered a regional competition at the University of Maryland in October. They received a trophy and an invitation to compete at the National Cheerleading Competition in Dallas, Texas held in December. They also competed in another qualifying competition in February. Finally, once again, the squad competed in the annual Kings Dominion competition in March, where they had won first runner-up the year before.

Serving as sponsor for the varsity squad was Betsy Maloney. Mrs. Maloney commented that this was the most talented squad she had worked with in her ten years experience as a cheerleading sponsor. Leading the squad as co-captains were seniors, Jeanette Mullany, Stephanie Boyd, and Kelly Johnson.

The Varsity Cheerleaders had many accomplishments of which they were very proud, and they proved they did a lot more than yell, "Go Team."

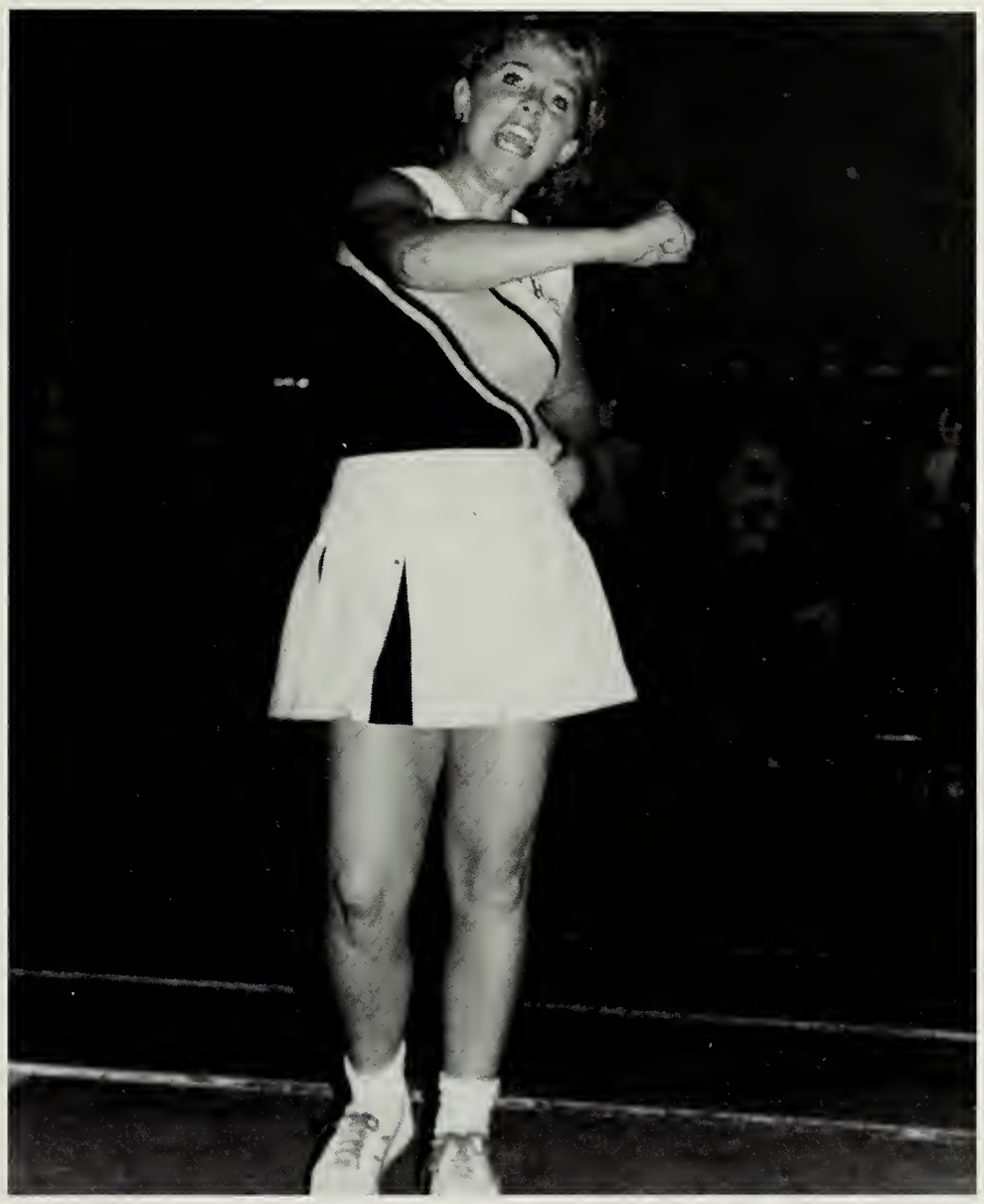
Putting trust in her fellow squad members, Kelly Johnson, falls from the top of the stunt. Stunts like this were performed during timeouts to keep the crowd enthused.

Taking a break from a cold football game, Stephanie Boyd and Kelly Johnson try to stay warm. Stephanie and Kelly served as co-captains of the squad with Jeanette Mullany.

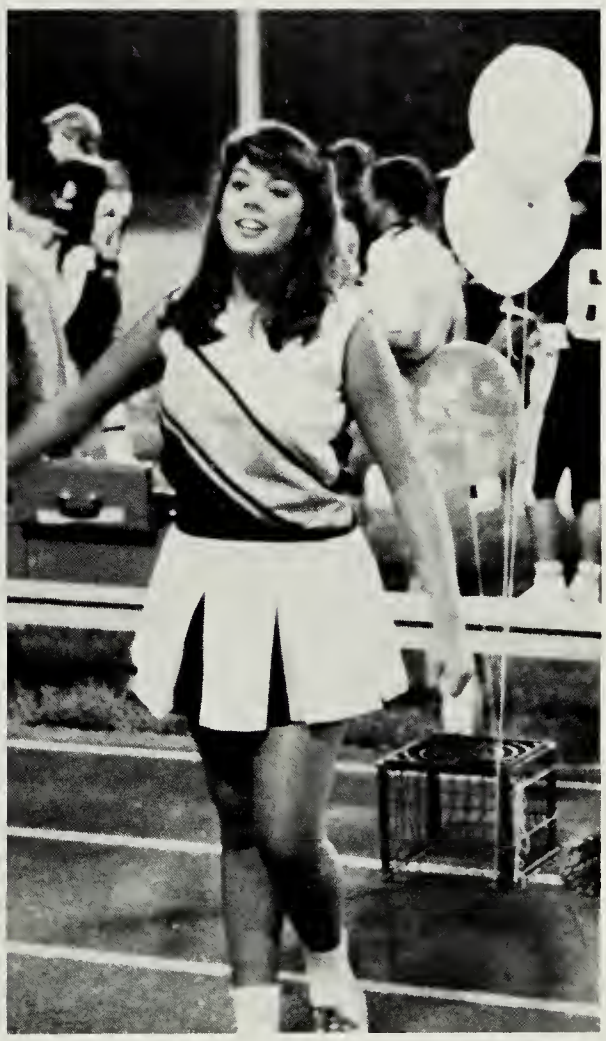
Ending with a smile, Terri Fitzgerald froze her last motion. Terri's smile helped to keep both the crowd and her fellow squad members in high spirits.

Hit me with your best shot yells Mandy Gaddy. Mandy has been a cheerleader during all four years of high school.

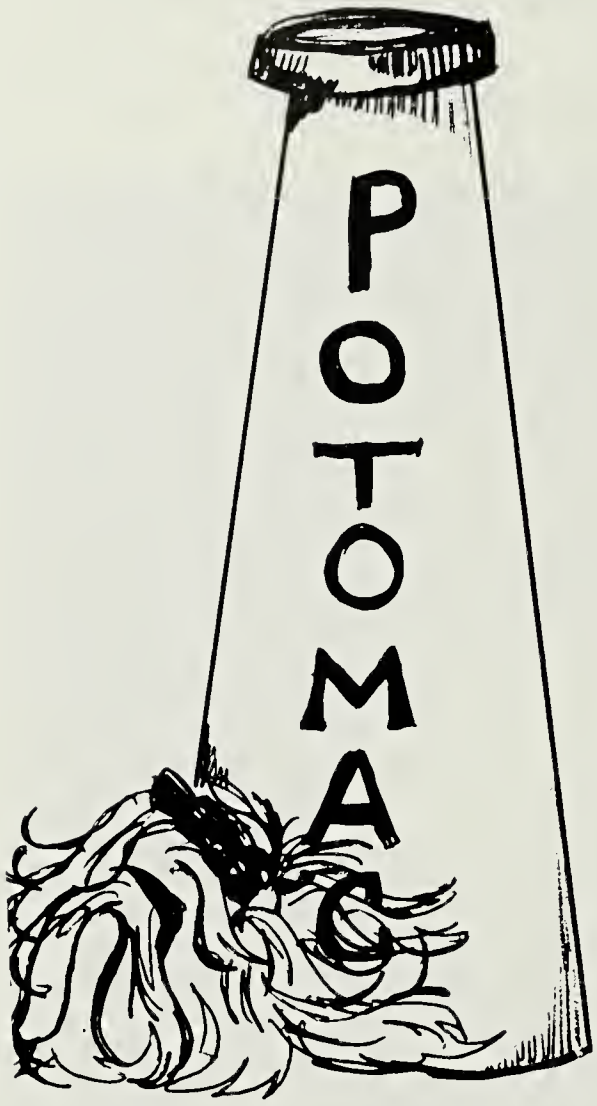
Chanting with enthusiasm is senior co-captain Jeanette Mullany. Her enthusiasm was an important factor to the squad.



Kneeling: Debbie Kondash, Stacy Talbot, Carolyn Holtzauher, Terri Fitzgerald, Christine Michelini, Michele Kanche. *Standing* Pyramid: Staci Crawford, Ann Beamer, Chrissy Callahan, Susan Vowell, Mandy Gaddy, Stephanie Boyd, Kelly Johnson. *Top:* Rosie Robinette. *Not Pictured:* Jeanette Mullany.



Helping to promote spirit is Michele Kanche. The cheerleaders often displayed balloons from their crates to add sparkle to the games.



During a pep rally, the Junior Varsity cheerleaders show their approval of the athletes of Potomac through their applause. Pep rallies were a time to recognize those students who represent our school in athletics.

JUNIOR VARSITY CHEERLEADERS — Kneeling, Front Row: Andrea Tardiff. Second Row: Jennifer Hoops, Maria Natale, Jody Agatone. Third Row: Angelique Wagner. Fourth Row: Glorianna Malloy, Paula Holler, Kelly Trumpower. Fifth Row: Vicki Ellis. Top, Sixth Row: Dawn Swecker. Not pictured: Donna Dorton, Gina Gombar, Erin Fitzgerald.

No doubt about it! Junior Varsity cheerleader Gina Gombar, shows the crowd who's number one.

With enthusiasm, Katie Trainor cheers for the Freshman Football Team during a home game. Chants by the cheering squad helped to arouse spirit in both the fans and the players.

Spirit and Enthusiasm

A lot of time energy and hard work with little recognition sums up the plight of a freshman or J.V. cheerleader. Both these underclassmen squads represented Potomac admirably at camp, bringing home ribbons and contributing to the winning spirit of the megaphone. The Freshman Squad sold programs at all home football games to raise money for both the cheerleaders and the athletic department.

Serving as captain of the J.V. Squad was Donna Dorton with Dawn Swecker and Vicki Ellis helping out as co-captains. The responsibility of secretary went to Erin Fitzgerald. Ms. Diane Ferree sponsored the squad.

For the Freshman Squad, Katie Trainor and Susan Zovak shared the co-captain position. Michelle Boyd served as the secretary, and Ms. Pattie Riviere was their sponsor.

"Go Big Blue!" exclaim three Freshman cheerleaders, Kelly McGee, Susan Zovak and Susan Straus.

Kneeling, Front Row: Sandy Lupo, Willett West. Standing, Middle Row: Tina de los Santos, Kelly McGee, Susan Stross, Sisa Knecht, Michelle Boyd. Back Row: Tiffany Fontae, Kim Leer, Katie Trainor.

Dazzling the audience . . . Drill team captain, Jeanna Tillman gives an excellent performance. Jeanna was also a "Superstar Award" winner at camp this summer.

Stepping High

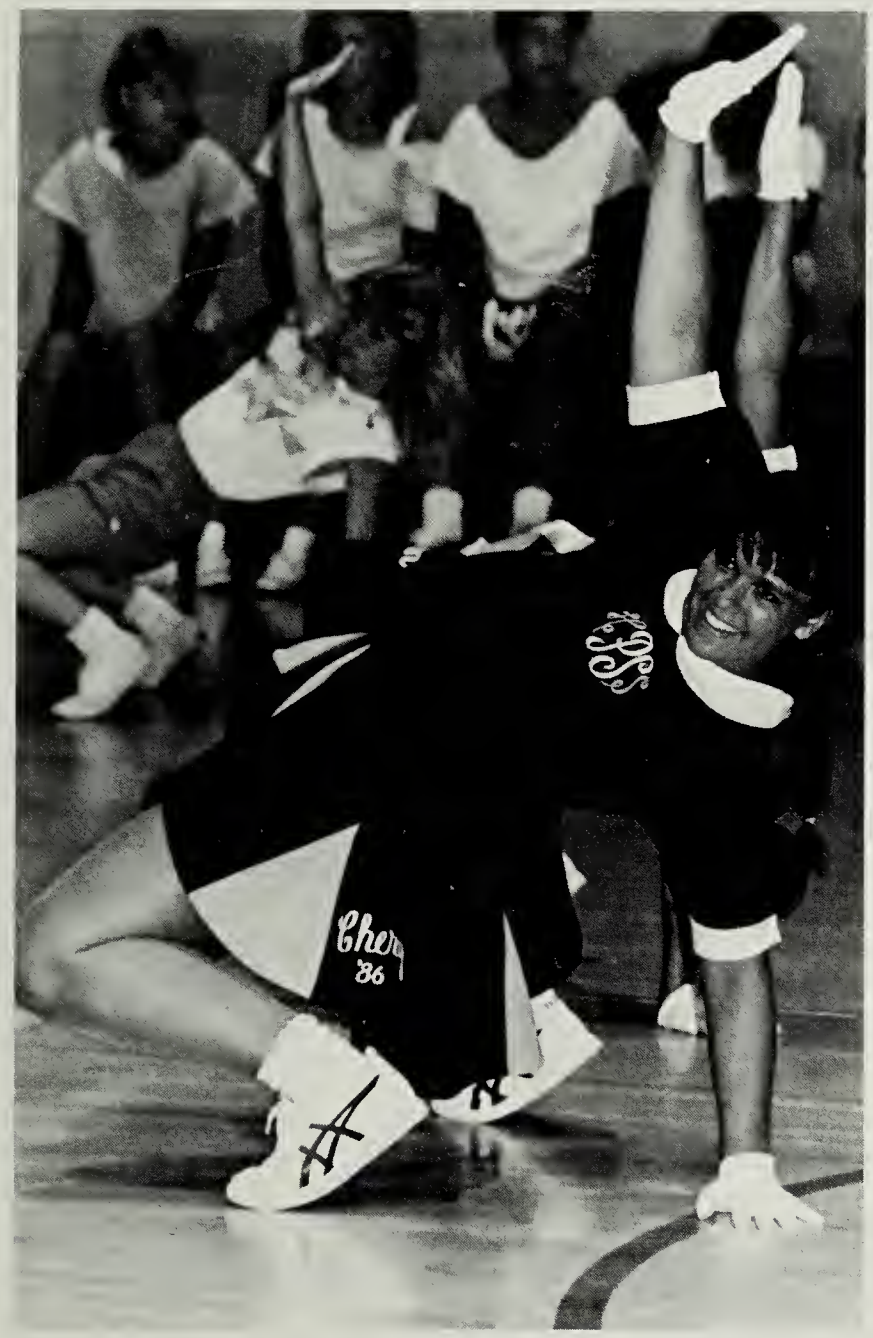
Mention "drill team" in Potomac Senior and what is the first thing that comes to mind? No, it's not the Dallas Cowboy Cheerleaders or even the Redskinettes! At Potomac, drill team means one thing — Pantherettes. Performing at varsity football and basketball games, parades, and other functions, the team was formed in the spring of 1982 under the direction of sponsors Ms. Pat Droves and Ms. Fran Bacon. Their season began in April with a grueling week of tryouts, and continued through football until the close of basketball season, and ended after their main competition in March.

The drill team with new and returning members began their 1984 season during the summer at an NCA Drill Team Super Star Camp at the University of Richmond. The team won the Home Routine Trophy and also received an unpredicted perfect score from all the judges. Among their other honors received at camp last summer were the Spirit Pon and the Sweepstakes Trophy.

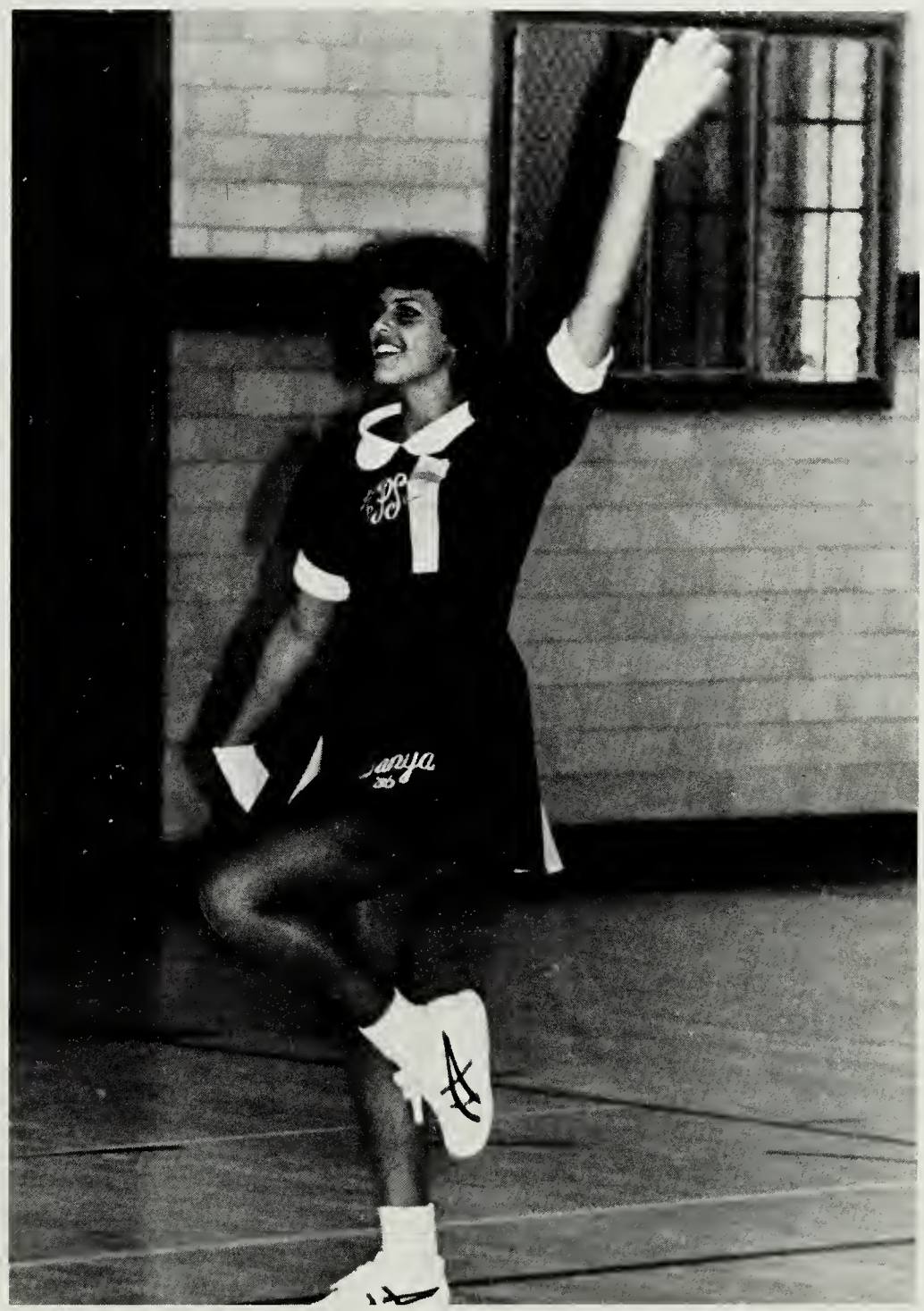
In their competition in March, 1984, the Pantherettes received the Sweepstakes Trophy awarded for 3 out of 3 routines. They also received another perfect total score from all the judges at the competition. In addition, the team performed at the Virginia High School League Basketball finals in Charlottesville and also at the mock election held at Potomac in October. Congratulations Pantherettes!

PANTHERETTES — First Row: Maria Weis, Cindy Loveland, Jeanna Tillman, Cathy Dutton. Second Row: Kim Dowd, Christine Campbell, Annette Widener, Janet Modrowski, Amy Griffin, Tonya Smithe, Tammy Valentine, Cheryl Beyer, Lori Burchard, Lisa Bolk, Candy Covington, Jennifer Weaver, Kara Kosgrove, Chris Cossley, Cara Polk, Kristy Hall, Angie Peguese, Anne Gilbert, Gina Bolk, Tina Evans, Marie Grandy, Lisa Alonzo, Bess Morris, Carol Blanton, Lisa Londino, Elise Scott, Heidi Hinkamp.

Making it look easy, Cheryl Beyer performs a routine learned at camp this summer.



During a competition, Heidi Hinkamp and Lisa Londino smile for the judges during the novelty performance of "Rockin' Robin."



Smiling to the crowd, Tanya Smythe performs a perfect routine. Tanya was also a "superstar" award winner.

Getting the act together, Tina Evans and Gina Bolk perform a routine learned during camp at the University of Richmond.

POTO

72

An Important Part Of Our School Are . . .

Clubs

Smiling due to their achievements, Christine McKnight and Donna Creegan hold their roses at the National Honor Society inductions. Many new members were pleasantly surprised when they received their rose at the ceremony.

Leadership and Honor

Two organizations in which students take on quite an amount of responsibility are the Student Cooperative Association and National Honor Society.

This year proved to be a busy one for the Student Cooperative Association, or the SCA as most people know it. The SCA sponsored the blood drives this year, to which the students were very responsive. There were two held, one in winter and one in spring. Anyone seventeen years of age, weighing one hundred ten pounds, and having parental consent could participate. Also, after the seniors lost their privileges, the SCA came through to get the administration to get them back. That is what the SCA is for, to be the linking point between the students and the faculty. Serving as officers were President — Mark Vowell; Vice President — Andy Dearing; Secretary — Diana Benevides; Treasurer — Cathy Dutton, and Sergeant at Arms — Todd Jenkins.

One member deserving recognition was Vice President Andy Dearing. As well as taking care of the blood drives, Andy also represented the area in the United States Student Council.

To be a member of National Honor Society, one must be a junior or senior and have maintained and continue to maintain a 3.3 grade point average, unlike previous years where a junior was required to have a 3.5. Mrs. Polk or Mrs. Emmons, sponsors for National Honor Society, checked each six week's report cards to assure that the students kept up the required grade point average. Members of NHS are looked up to by students of the school and are expected to conduct themselves in a "respectable manner." If caught disobeying school rules, such as cheating or skipping, they could be dismissed.

The induction of new members took place in December and went something like this: An old member went up to the inductee and handed him/her a rose. The inductee then went on stage and was handed a National Honor Society certificate and pin. To some of the students, such as Nicole Steagall, the induction was a total surprise.

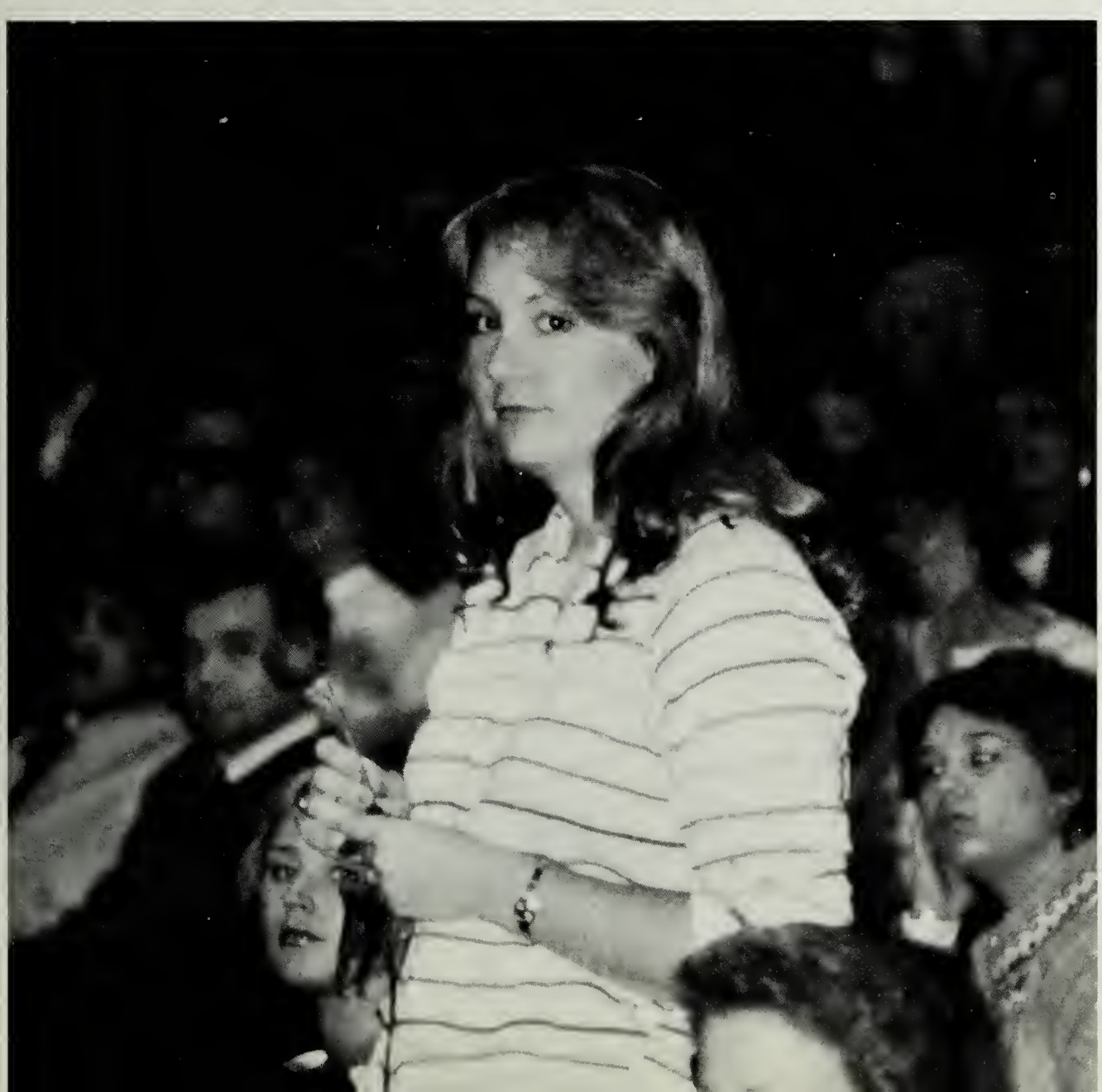
All members were expected to participate in at least three activities during the year. They went to meetings, tutored after school, or baked for the teachers during National Teacher Appreciation Week.

Officers for National Honor Society this year were President — Stephanie Boyd; Vice-President — James Miller; Secretary — Renee Smoot; Treasurer — John Willis; Historian — Jennen Miller.

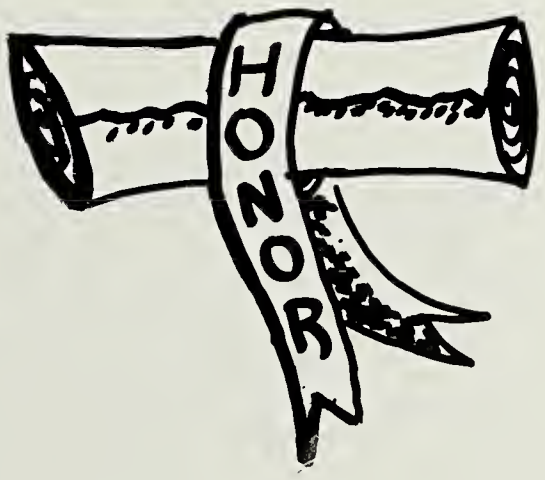
Mrs. Polk pins a NHS pin on Paul Pasek, a junior during the induction ceremony as Mr. David Kite who gave a very moving and inspiring speech to the students, faculty, and parents during the ceremony observes.

SCA
Front Row: Traci Schrack, Maruca Malloy, Lisa Nicolosi, Alice Kalaskas, Leslie Smith, Stephanie Mattijetz, Kim Whitehurst, Catherine Mattijetz, Lisa Alonzo, Bess Morris, Susan Barger, Kristy Hall, Dawn Graham, Claudia Gibb, Kim Jacobson, Stuart Gilkison, Matt Kreger. Second Row: Christine Bell, Debbie Jarvis, Sonia Naylor, Lan Mai, Diane Benevides, Renae Smoot, Kim Sivells, Michelle Leonard, Staci Crawford, Julie Lowler, Andy Dearing, Debbie Petersen, Diana Alrurez, Angie Peguese, Donna Dorton, Glorianna Malloy, Elissa Singstock, Rosie Robinette. Third Row: Laura Best, Bonnie Reed, Nina Bradshaw, Wendy Weaver, Helen Thomas, Michelle Goodrich, Jennifer Michilini, Lori Burchard, Tammy Davis, Robin Johnson, Chrissy Weston, Wendy Carder, Kelly Myers, Missy Caddigan, Susan Pisanchin, Bobby Vitek, Todd Jenkins, Cathy Dutton. Back Row: Annette Widener, Scott Molinari, Christine Wolter, Mark Vowell, Deanna Klemmer, Christy Lavelle, Kenny Odom, Patricia Thomas, Barbara Cox, Vicky Owles, Renee Warner, Roberta Grindle, Paula Boykin, Cliff Emerson, Kimo Buckon, Kelly Fisher, Kevin West, Brian Singstock.

NATIONAL HONOR SOCIETY
Front Row: Lisa Londino, Cindy Loveland, David Katzoff, Jenny Boyd, Kim Overton, Mandy Gaddy, Stephanie Boyd. Second Row: Christine Michelini, Jeanne Miller, Debbie Petersen, Maria Weis, David Dorton, Dan Bruinsma, Michael Glynn, Diane Benevides. Third Row: Renae Smoot, Michele Olio, Mark Vowell, James Miller, Sheri Cox, Todd Dill, Laura Hudak. Back Row: Cathy Dutton, Jeff Porter, John Willis, Doug Misenko, Doug Potvin.



Holding her rose, new National Honor Society member, Jill Parish smiles with delight. Being a member of National Honor Society is a honor in high school.



Glad to be home is this group of Junior Civitans and their sponsor Ms. Diane Fontana. On their way back from the Convention, these people know that Woodbridge is still the place to be.

During a club meeting, Key Club officers and committee members meet to discuss and plan future club activities. One of the projects that they accomplished was school beautification.

JUNIOR CIVITANS GROUP I

Front Row: Traci Schrack, Alice Kalaskas, Lisa Nicolosi, Leslie Smith, Nick Nicolosi, Susan Vowell, Julie Fowler, Michele Leonard, Elisa Singstock, Dawn Newman, Melanie Hernandez, Jenene Leonard, Paige Basham, Nicole Romano, Jennifer Newey, Kristy Hall. Second Row: Mindi Barrett, Erika Martin, Jennifer Michelini, Cara Polk, Claudia Gilsh, Dawn Graham, Ann Giltette, Karen Piwowarski, Michelle Theriault, Vicky Owles, Stacy Barowich, Bobby Vitek, Megan O'Brien, Michael Camup, Shannon Barowich, Lisa Alonzo. Third Row: Bess Morris, Lisa Londino, Tracy Hebert, Joely Hebert, Kelly Johnson, Terri Fitzgerald, Christine Michelini, Stephanie Boyd, Stacey Darr, Lisa Potvin, Kathy Dawling, Katrina Madagan, Ann-Marie Fortuna, Michele Olio, Susan Luedtke, Missy Caddigan, Denise Uber, Mike Belforte. Back Row: Joanne Greene, Sherri Patton, Darcy Lamb, Chris Toney, Kim Little, Brian Smith, Michele Kanche, Debbie Kondash, Todd Lohman, Paul Grasso, Bill Fiske, Tony Nattania, Amy Griffin, Greg Neilsen, Sandy Proffitt, Cindy Cunniff, Jay Harvey, Scott Molinary.

JUNIOR CIVITANS GROUP II

Front Row: Susan Barger, Katie Byrne, Ann Beamer, Paula Boykin, Stacy Talbot, Kelly Myers, Sarah Kern, Annette Widener. Second Row: Tricia Dunlap, Jenny Abel, Christine Wolter, Sean Owen, Sean Senka, Brad Hall, James Mullen, Mike Mestrovich, Randy Juggin. Third Row: Matt Allen, Diane Benevides, Cathy Dutton, Brnet Steigher, Steve March, Jimmy Curd, Biran Singstock, Mike Cobb, James Lauder, Stephanie Berta. Back Row: Brent Phillips, John Willis, Jim MacLean, Cory Puckett, Tim Sweatman, Victor Blake, Tracy Hansen, Shawn Copley, Scott Molinari, Grag Margheim, Jay Harvey.

Pride Through Service

KEY CLUB
Front Row: Mary Kaloza, Alice Kalaskas, Nick Nicolosi, Tim Cristian, Peggy Pasek, Kristen Pinckard, Shawn Sebren, UnHui Chi, Cindy Ruffner, Malinda Antonik, Elise Scott, Paula Hollar, Maria Natale, Jeanne Callahan, Jodie Agatone, Tammie Crawford, Krista Hahnson. Second Row: Mindi Barrett, Susan Vowell, Stephen Brown, Kent Millsaps, Dan DuBreuil, Kim Gardziel, Ann-Marie Fortuna, Susan Luedtke, Michele Olio, Mari Voegtly, Tracy Hebert, Kim Sivelles, Stephanie Wise, Angie Peguese, Laura Best, Teri King, Heather Moore, Angelique Wangner. Third Row: Wendy Alachnowicz, Anne Triano, Teresa Conway, Suzie Dowling, Bekcy Buckler, Kelly Phoenix, Dawn Lang, Wendy Carder, Elizabeth Tierney, Missy Caddigan, Cheryl Beyer, Susan Pisanchin, Susan Doyle, Morgan Smith, Cathy Dutton, Barbara Cox. Back Row: Rob Dulin, Scott Molinari, Paul Pasek, Greg Margheim, Mark Turner, Brian Pinckard, Michelle Goodrich, Steve Dunlap, Kevin West.

Two of the most popular clubs at Potomac are the Junior Civitans and Key Club. These two service clubs get involved in activities such as fund raisers and projects within the community.

The Junior Civitans have definitely grown in popularity and size at Potomac. With more than one hundred members this year, the Civitans were an enthusiastic and spirited club. This year they raised money for the National Association for Retarded Citizens (NARC). Under the sponsorship of Ms. Diane Fontana, they won awards for raising the most money for NARC for the past two years, for having the largest delegation for three years, and for having the most representatives at the annual convention in Ocean City, Maryland. Also for the past three years, the Potomac Civitan Club has sold the most fruit cake out of the whole Chesapeake District. This year's officers were: President — Michele Olio; Vice President — Megan O'Brien; Secretary — Susan Luedtke; Treasurer — Nicole Ramano; Lieutenant Governor — Cory Puckett; Sergeant at Arms — Karen Piwowarski; Historian — Michele Kanche.

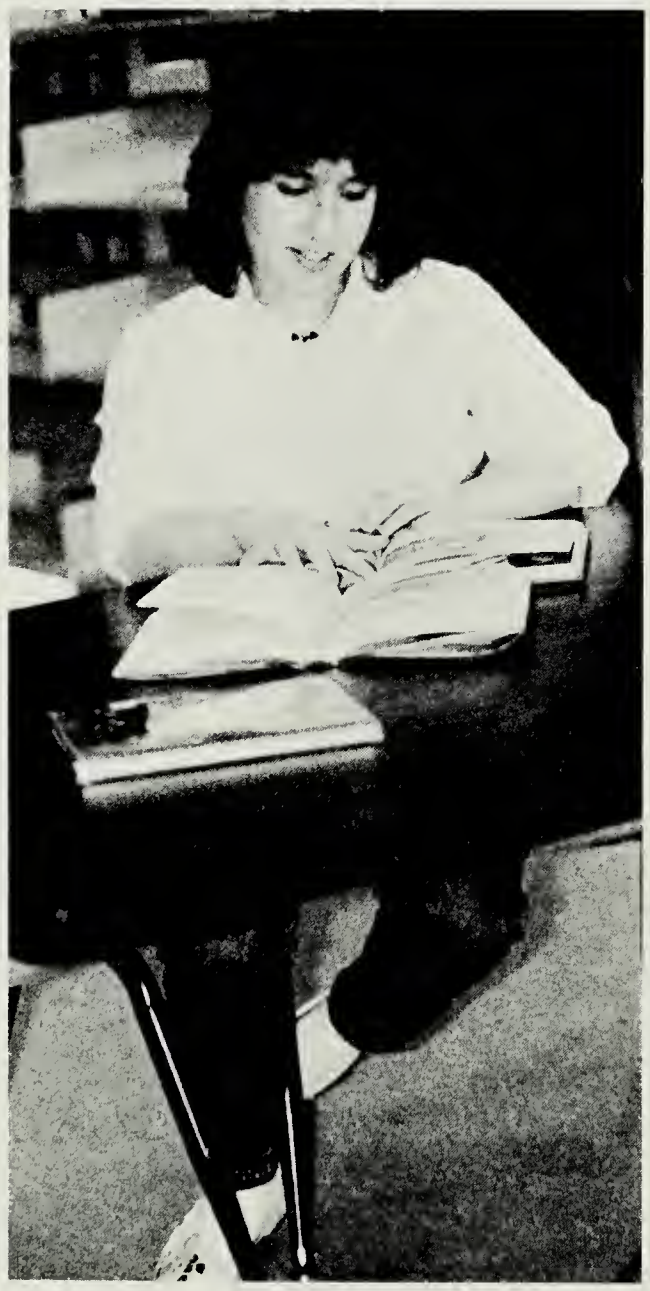
The officers for Key Club for the 1984-85 school year were President — Scott Molinari; Vice President — Cheryl Beyer; Secretary-Treasurer — Rob Dulin; and Sergeant at Arms — Greg Margheim. The club also has a board consisting of two members from each class. Together, the officers and board members with the guidance of faculty advisor Mr. Bill Fulp and Mrs. Jean Zimmerman, planned the activities the Key Club was involved in during the year. Activities they undertook were food and clothing drives, fund raisers such as car washes and the Ms. Potomac contest, and at Christmas time "clubbers" could be found in front of Bon Foods in Dumfries, ringing the bell for the Salvation Army. The Key Club was also responsible for the trees and shrubbery planted beside Potomac High's front doors. Money made by the club went to scholarship funds for PSHS students or gifts to the school.

Communicating Through Skill

Communication is the key to success for the Teen Counseling program and the Debate and Forensics Club. In both cases, getting the point across clearly is the name of the game.

The Teen Counseling program, sponsored by Ms. Pat Droves, is a program in which select groups of Juniors and Seniors provide role models for the fifth and sixth graders. Twice a month, the groups, usually consisting of three Potomac students, travelled to an elementary or middle school, where they had their own assigned class. The counselors had planned sessions where they talked about such subjects as shoplifting, drugs, vandalism, and high school activities. During these sessions, the teen counselors used various methods like movies, skits, or even guest speakers to get their points across. A description of the teen counselors, according to a group of fifth graders at Rippon Elementary School, went something like this: "They teach us things, give us parties, and most important, make us happy!" When asked her opinion of the 1984-85 teen counselors, sponsor Pat Droves responded, "As far as I'm concerned, this was the best group we've had since the program began."

The goal of the Debate and Forensics Club is to give the members experience in public speaking, provide speaking skills, and to build confidence in speaking. Promoting this purpose during the 1984-85 school year was a new and enthusiastic sponsor Lis Eden, who led a group of new faces and potential. The twenty-five members competed in areas that ranged from reciting poetry and dramatic reading to original speeches from five to seven minutes long and extemporaneous speeches, where a given topic is not known until thirty minutes before competition. Officers for the club this year were: President — Joseph Black; Vice-President — Michelle Kanche; Secretary — Hyunmee Lee; Treasurer — Beth Katzoff.



As Beth Katzoff studies for her next debate, she knows she will have the support of the whole club. Because Debate is a small club, it allowed the members to become close to one another.

Researching with a friend lessens the monotony. Alice Kalaskis and Hyunmee Lee prove this quite well with their smiles.

Boarding the bus prepared for another session with elementary and middle school students are some representatives of the afternoon session teen counselors. The teens offered their knowledge of high school life to the rising underclassmen.

DEBATE AND FORENSICS
Front Row: Alice Kalaskas, Beth Katzoff, Hyunmee Lee, Katie Martin, Butch Kenny, Travis Welpott. Middle Row: Wendy Moraski, Chris DeChene, Karl Mohle, Shannon Malone, John Hambrick, Kevin Szady. Back Row: Ann Marie Fortuna, Joseph Blake, Chris Simpleman, Tom Jones, James Miller, Susan Luedtke, Kelly Johnson.

TEEN COUNSELING
Front Row: Traci Schrack, Susan Vowell, Unhui Chi, Lisa Londino, Cindy Loveland, Kristy Hall, Elissa Singstock, Kim Sivells, Shawn Sebren, Angela Stuber, Jenny Boyd, Kim Britt, Mandy Gaddy, Jeff Klopp, Angie Peguese, Jeanne Miller. Second Row: Stephanie Wise, Michelle Goodrich, Amy Wallich, Tami Brandt, Dana Harp, Cara Polk, Mindi Barrett, Jennifer Midrelini, Stacey Darr, Terri Fitzgerald, Christine Michelini, Michelle Olio, Christy Rowen, Rob Dulin, Lori Burchard, Kim Overton, Maria Weis. Third Row: Sheila Griggers, Mark Vowell, Sheri Cox, Ann Beamer, Kelly Myers, Paula Boykin, Tonga Cartmill, Annett Widener, Mike Flynn, Sandy Griffith, Laura Hudak, Kathy Dutton, Art Milbert, Kimo Buckon, Kelly Fisher, Susan Doyle. Back Row: Kevin West, Greg Margheim, John Willis, Mike Ausley, Brian Singstock, Mike Cobb, Scott Dadson.

Success Oriented

Most students are often frightened by the complexities of science and computers. The Science Club and the Computer Club were designed to help simplify these complexities.

The Science Club promoted student interest in the various sciences, aided students in actual research and provided them with career information. Their activities included presentations given by people involved in different science related occupations, sponsoring the Science Fair, providing science contest information and taking field trips. The club sponsored speakers on topics including computers, nuclear war, drugs, the brain, abnormal psychology, and dreams. These talks were open to the entire student body and faculty. The year culminated with the Science Fair in mid March and field trips to the National Naval Observatory in the spring. The club was sponsored by Mrs. Shipman and the Science Fair is handled by Mrs. Ghilone. Serving as officers were: Scott Moberly — President; Conrad Woo — Vice President; Becky Hale — Secretary; Kelly Kaspar — Treasurer; Dale Triplett — Reporter. The Science Club consisted of twenty-five members.

The Computer Club taught basic programming and gave an introduction to computers for beginners. The club with ninety memers was sponsored by Mrs. Szady.The most exciting activity for the club was the Computer Contest.

Computers! Computers! Computers! Though they may speak another lanaguage to many, some PSHS students took advantage of the available software and explored the new world that was offered by them. This group of students work together to program this machine.

SCIENCE CLUB
Front Row: Ian Doiron, Aaron Speca, Steve Davis, David Sawler, Chad Sisneros. Second Row: Tom Jarman, Tim Brigham, Ralph Griggers, Dan Garbett, Tony Hale, Brad Teague. Third Row: Frank Gifferd, Conrad Woo, Lloyd Draper, Dale Triplett, Kelly Kasper, Steve Hudak. Back Row: Jeff Sauntry, Scott Moberly, Mike Szady, Patrick Chaffin, Paul Learner, Becky Hale.

COMPUTER CLUB
First Row: Shawn Sebren, Jennifer Knill, Stacy Lee Gudgel, Manuel Alfonso, Michelle Olio, Christine Michelini. Second Row: Stephanie Boyd, Lani Griffea, Teri King, Michael Gardner, Lenny Mandroc, Mark Vowell, Kevin Parker. Third Row: Brennen Taylor, James Miller, Cathy Dutton, Michael Glynn, Mike Belforte, John Willis. Back Row: Mike Cobb, Scott Millsaps, Mike Waniel, Joseph Blake, Tom Smith. Not Pictured: Diane Benevides, and David Dorton.

MATH CLUB
First Row: Donna Cregger, Stacy Gudgel, Christine McKnight, Angela Stuber, Shawn Sebren, Shannon Haworth, Cindy Ruffner, Lani Griffea, Diane Benevides, David Dorton. Second Row: Rob Dulin, Laura Best, Teri King, Michael Gardner, Karen Piwowarski, Michele Olio, Chris Michelini, Susan Luedtke, Stephanie Boyd, Kathy Dowling. Third Row: Cathy Dutton, Mike Belforte, Brian Singstock, Mike Cobb, James Miller, Sean O'Donnaghue, Debbie Peterson, Scott Millsaps, Tonya Cartmill, Michelle Goodrich. Back Row: Steve Dunlap, Morgan Smith, Susan Doyle, Bill Kirk, Brian Pinkard, Mark Turner, Mike Szady, Doug Potvin.

Preparing for their Science Fair projects, Advanced Chemistry students Mike Cobb and John Willis perform a necessary experiment. Many students contributed their research to the Science Fair.

This is not Einstein and Newton! PSHS students, James "Ducie" Miller and Steve Dunlap discover the knowledge offered to them in the science lab. Experiments, such as this one, enable students to get first hand experience.

When in France, do as the French do. That's just what Kim Sivells is doing in one of the skits at the Foreign Language Festival.

These Foreign Language members are filming a skit for the Foreign Language Festival held in the spring. Participation was in full swing for the club this year.

HISTORY
Front Row: Christine Ramsey, Sarah Nevarez, Theresa Boulden, Donna Creggar, Christine McKnight, Tracy Brueggen, Tim Sheets, Unhi Chi, Glorianna Malloy. Second Row: Beverly Williams, Rosie Robinette, Regina Rollings, Elissa Singstock, Teri King, Paula Boykin, Vicky Summerfield, Sarah Kern, Robin Moser, Youland Herd. Third Row: Chris Crossley, Debbie Peterson, Tony Katsarelis, Anne Bartosh, Mike Flynn, Brent Steighner, Paul Ricks, Mike Mestrovich, Ken Yaeger. Back Row: Rachael Kvenberg, Dean Furman, Paul Edelstein, Steve March, Victor Blake.

Stephanie Berta awaits prospective *Foreign Language Club* members while sitting at her booth during the Club fair held at the beginning of the school year.

It's a Small World

One of the most active organizations in the school last year was the Foreign Language Club. It explored the different customs of foreign cultures. In the second annual Foreign Language Festival held in March, this was most apparent. Other activities that the club sponsored were participating in the Homecoming parade, a Christmas Banquet, and a spring trip to Busch Gardens. The club's fundraiser this year was selling t-shirts to finance these activities. Because of donations made by students and their parents, members of the club hope to sponsor a starving child in another country.

Mrs. Cakora, the German teacher, and Mrs. Ramer, a Spanish teacher, sponsored the 82 member club this year with the help of officers and language representatives. Officers for the 1984-1985 school year were: Dean Furman, president; Scott Simpson, vice-president; Chris Crossley, secretary; and Stacy Gudgel, treasurer. In addition, each language elected their own representatives: Tracy Herbert, Latin representative; Kristin Thomas, French representative; Tim Sweatman, German representative; and Katie Ross, Spanish representative.

Through the activities planned, the Foreign Language Club hoped to bring others to the realization that learning about other countries can be fun and educational.

The German Club members consisted of students who take German as a foreign language at Potomac High School. Like the Foreign Language Club, this club participated in activities such as the Foreign Language Fair. Through this club, members learned about German culture and traditions. Being aware of German customs made learning more enjoyable.

Another active club at Potomac was the History Club. This club inspired an appreciation for history. Members of the club visited several local historical sights through field trips planned by the club and their sponsors.

Through their many activities, thesse clubs hoped to bring others to the realization that learning about our country and others can be both fun and educational.

Front Row: Gregg Wallmuller, Michelle Harris, Kay Schultz, Diana Breeding, Shawn Sebren, Jennifer Knill, Jennifer Harvey, Mike Burleo, Jackie Watson, Dan DuBreuil, Tina Mast, Tracy Marvandette, Marlie Gibbs, Jay McDonald, Jean Fennant, Lito Cabading, Jason Johnson, Matt Cervarich. Second Row: Patti You, Tricia Dunlap, Robert Gibson, Mike Dean, Jennifer Marshall, Glorianna Malloy, Rosie Robinette, Tim Sweatman, Yolanda Herd, Lori Lambert, Vicky Summerfield, Katie Ross, Mike Shaw, Torunn Andersen, Kathy Dowling. Third Row: Mary Lee, Kristin Thomas, Conrad Woo, Stacey Gudgel, Scott Simpson, Denise Thomas, Susan Volk, Chris Crossley, John Young, Gary Garrison, Grant Hartnett, Mike Helm, Mike Tesdahl, Andrew Edwards, Devi Sinva.

GERMAN CLUB — First Row: Jennifer Knill, Jennifer Harvey, Jay McDonald, Tina Mast, Traci Marrandette, Kristen Pinkard, Robbie Gibson, Danielle Fortis. Second Row: Lori Lambert, Yolanda Herd, Dawn Lang, Teri King, Mrs. Cakora, Sandy Proffitt, Scott Simpson, Bea Quintavalli, Jason Johnson. Third Row: Angela Hammons, Stephanie Berta, Conrad Woo, Grant Hartnett, Mike Tesdahl, Mike Helm, Andrew Edwards, Gary Garrison, Eric Grunderman. Back Row: Andrew Jacobson, Dean Furman, Mark Turner, Brian Loefstedt, William Waldman, Hank Lee, Brian Inkard, Wayne Moore, Dean Raut, Tim Sweatman.

2 Sides of the Coin

Distributive Education Clubs of America (DECA) were very busy this year with many activities. They developed skills in leadership, community awareness, vocational knowledge, and social intelligence. Just a few of their many activities included educational field trips to Philadelphia, Reading, and New York, Open House for the Chamber of Commerce, and the ACTS field day (a field day and lunch for underprivileged children). They also sponsored Employer-Parent and Student Banquets and Marketing of a house built by students. They conducted community and business surveys as well as operated the school store. DECA also had television coverage to promote their program and District and State Competition related to learned employment skills.

Jean Cahall and David Carr sponsored the 96 members this year with the aid of officers. Michelle Munn, president; Tim Thompson, vice-president; Cheryl Elliot, Secretary; Stephen Barber, Treasurer; Danny Stanley, photographer.

Another club that offered experience in the working world was the Potomac Chapter of the Vocational Industrial Clubs of America (VICA). VICA provided students with leadership skills necessary to "succeed in the world of work." Also, the club was interested in promoting the dignity of work and assisting in establishing realistic vocational goals.

The club was involved throughout the year. The Skill and Leadership contest was among the most important. Other activities were a self-sponsored employee-employer function which enabled students and employers to come together. In addition, VICA had at least two field trips and a fall rally at Busch Gardens.

These clubs both worked to gain experience on the job. Through their activities, the members hoped to gain skills to help them in the future.

ELECTRONICS
Keith Mayfiedl, Robert Krucelyak, Joe Williams, Byron Harper

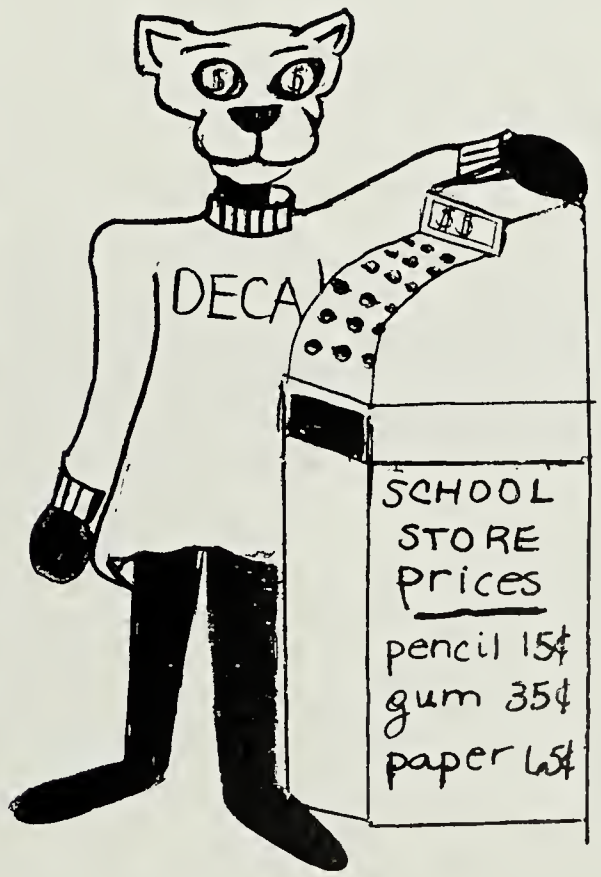
ICT
Front Row: Sheila Dent, Janice Maddox, Melissa Burke, Pamela Murphy, Shelbe Freeman. Middle Row: Steve Bentley, Mark Anglin, David Osborne, Ernest Holbrook, Bucky Brill, Duane Brawner. Back Row: Robert LeDoux, Chip Consla, Robert Sterbutzel, Norman Fertsch.

AUTOBODY
Front Row: Chuck Minor, Kevin Bella, Brian Hildreth, Dale Martin, Chris Law, Joey Pemberton, James Geyer. Back Row: Kevin Grayson, Bobby Stefko, Lee Wilson, Frank Lasch, Mike Basso, Eric Prevotti, Tom Frasier, Mike Cook.

DECA — Front Row: Rhonda Burnett, Suzette Buchanan, Debbie Buckner, Vivian Johnson, Barbara Banks, Mechelle Munn, Robin Jones, Valarie Howard, Tasi Delaney, Garnetta Bumbrey, Tina Viehmeyer, Missy Scites, Barbara Simmons, Bess Morris, Paula Williams, Kim Johnson. Second Row: Regina Jones, Gina Bolk, Shana Coleman, Paige Basham, Rency Forehand, Dana Alvarez, Michelle George, Carlene Nickley, Anne Gilbert, Megan O'Brien, Kathleen Grafmuller, Shari McDonald, Patricia Thomas, Carmen Wessoleck, Maggie Loy, Cheryl Elliott. Third Row: Wanda Wolfe, Lisa Ferrell, Rhonda Finley, Jenni Hall, Lisa Gill, Mechelle Reynolds, Angela Canard, Tim Thompson, Eddie Porto, Liz Critzer, Jennie Pieski, John Dickinson, Lynnette Campbell, Melissa Guyett, Jean Jefferson, Nancy Knecht, Tracy Lidyard. Last Row: Eric Anderson, Reginald Smith, David Grimsley, Lee Tormollan, Dion Gore, Mike Burrill, John Koutsounadis, Tony Howard, Valerie Santo, Reginald Jackson, Mark Novitsky, Stephen Barber, Jim Atkins, Gary Johnson, Sean Ruf, Danny Stanley.

Demonstrating a procedure in the autobody lab, Mr. Russell Bowling instructs Frank Lasch.

While working on an automobile, Chuck Minor finds many of the available tools to be very helpful. Learning to repair and perform body work on cars can be very helpful when looking for future employment.



Attentive Club members learn the hazards of drunk driving at a meeting for SADD in the library. The club places a great deal of emphasis on the problems caused by drinking and driving.

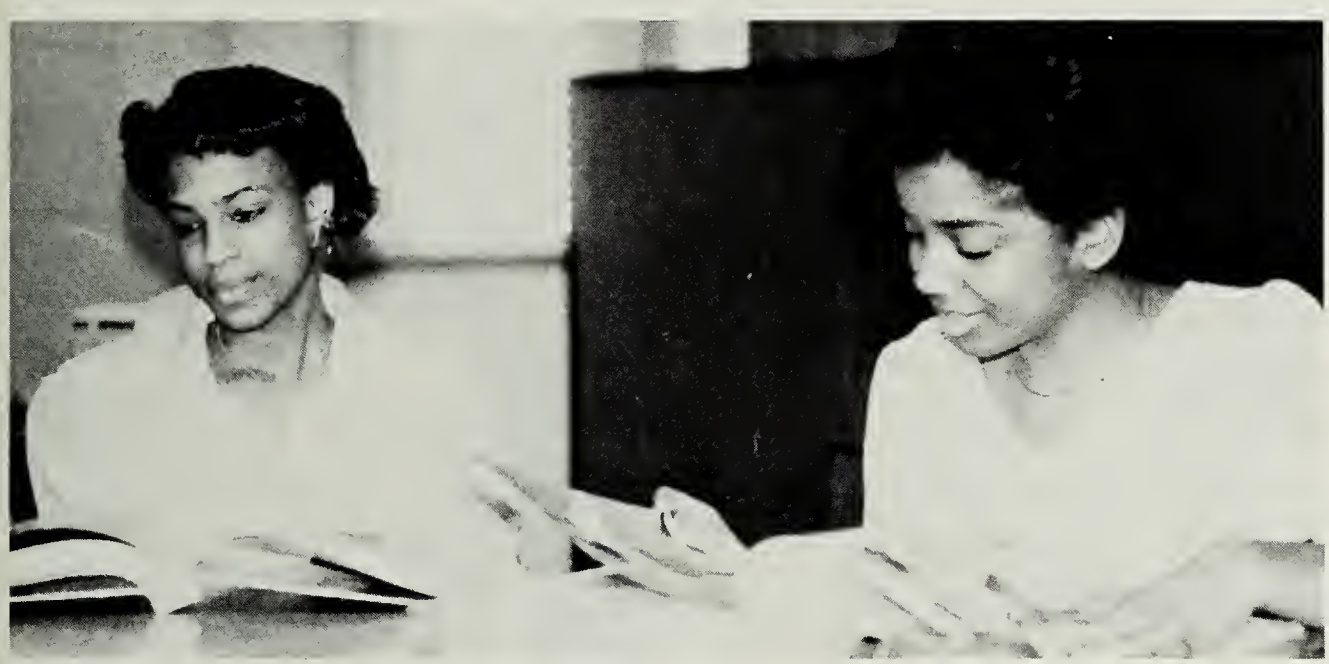
An active member of SADD, Brent Steigner speaks to the club members. Brent, an officer, sacrificed a lot of his time for the club.

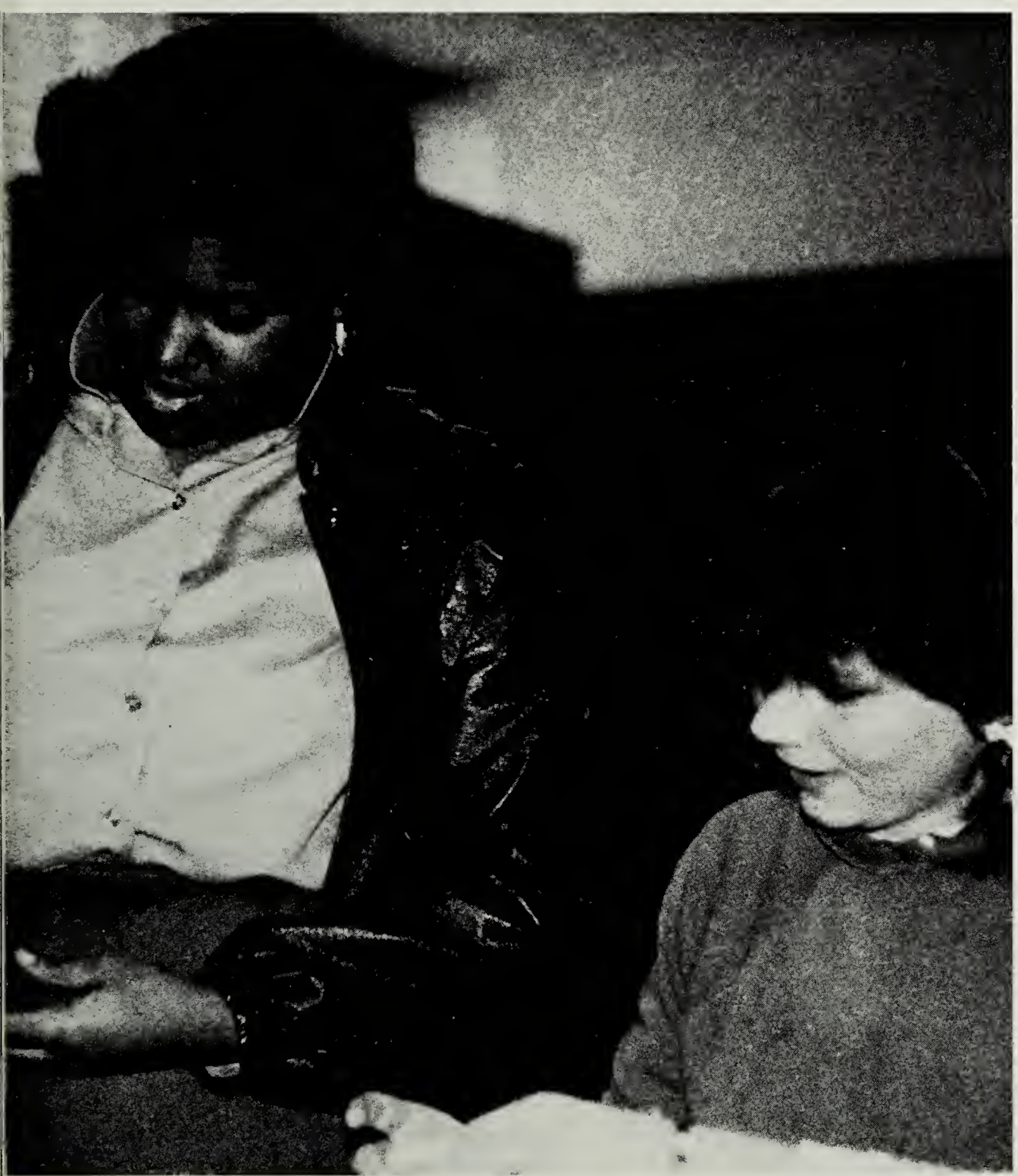
FBLA
Front Row: Kat Nicely, Janet Lester, Emily Pagan, Connie Conner, Theresa Gibson, Linda Hollar, Kimberly Pullen, Paula Kroh, Michelle Theriault. Second Row: Shannon Matherly, Melissa Switzer, Kelly Burke, Michelle Banks, Linda Davis, Toni Cope, Sherry Woodwad, Diana Rubenstein, Tracy Bombalsk, Laura Hupka. Third Row: Susan Marrison, Marie McDonald, Teresa Pague, Julie Peirson, Kimberly Angelo, Anne Bartosch, Dana Harp, Lenny Mandroc, Brenda Mason, Michelle Thomas, Danielle Smith. Back Row: Utrina McMichael, Tonya Smith, Vendella Newson, Lana Gordon, Hashay Lewis, Kelly Lepage, Jimmy Currin, Doug Potvin, Carla Allen.

FHA
Front Row: Darlene Boulder, Tina Bohn, Tracie Sweeney, Betty Roberts, Carlotta Bankston. Middle Row: April Murray, Melissa Cooper, Jackie Sincoski, Tracy Maddox, Judy Rogers, Kimberly Edwards. Back Row: Darrick Fitzgerald, DeeDee Purvis, Tracy Lidyard, Jewell Kendall.

Future Planning

While reviewing patterns, Shantel Williams and Shana Coleman decide on different styles of clothing to sew in class.





Preparing crafts for the home, students Robin Johnson and Lisa Cox use their creative talents in Home Economics.

Future Business Leaders of America is a nationwide organization, the composition of which is a wide variety. Students that join FBLA do so for many different reasons — to become aware of the basic knowledge and skills that are involved in business, to learn about and become a person with leadership qualities, and to be informed of these many different aspects of the business world.

In addition to the many fund raisers the club was involved in, the event most looked forward to was the regional and state competitions. Representatives from all FBLA clubs met and demonstrated their business related skills. Winners of the regionals then advanced to state competitions.

To be such an active and respected club took a lot of hard work and dedication. Sponsors, Mrs. Findley and Mrs. Stevens and officers Kim Angelo, President; Kelly Lepage, Vice-President; Anne Bartosch, Secretary; Marie MacDonald, Treasurer; Michelle Theriault, Historian; and Tonya Smith, Reporter, all worked diligently to keep that reputation, but without the support and hard work of the forty-six members, FBLA would not have been able to accomplish its many tasks.

A second nationwide organization is SADD (Students Against Drunk Driving). This club is composed of students with an earnest interest in making the school and community aware of the hazard of drinking and driving. SADD's motto is "Friends don't let friends drive drunk," and membership is open to entire student body. Serving as president for SADD was Senior, Scott Dadson who was also highly involved in bringing SADD to Potomac.

One club that plans for the future is FHA (Future Homemakers of America). Though the club is not business related, it focuses on bettering the community and family life. Potomac chapter joined the State and National Club to gain more knowledge. Mrs. Evelyn Fleming, the club's sponsor, led the club through many activities in the community. These activities helped to better the community and the members gained experience from participating in them.

These clubs worked toward a common goal, which was to be a service to their members as well as the community. All aimed at preparing for the future through their functions and activities.

Pride in Victory

The Crew Club and the Pep Club are two clubs that provide spirit and support for the teams at Potomac. Working together, these clubs were successful throughout the year.

The Crew Club was originally designed to offer support to the Crew Team and to raise money and interest for the team. Because the main function of the club was to support the Crew Team, it did not have many activities of its own. Mr. George Jett, a former crew coach, sponsored the club which had forty plus members.

The sport of crew or rowing is one of the oldest competitive sports existing today. Many sports require teamwork but crew even more so. Each crew member must move in perfect synchronization with each of his or her teammates. Crew requires cooperation in the strictest sense of the word to maintain the balance and rhythm of the boat.

Potomac seems to have done well in teamwork and cooperation because Potomac Crew, now in its fourth year, is a growing competitive power in Northern Virginia rowing. In the spring season Potomac won several races and placed well in numerous others. In the last regatta, Potomac rowed to within one meter of T. C. Williams High School Crew, the best in the area. Persistent efforts by all members and the two mile runs, calisthenics, and six or seven miles of rowing each day paid off in recognition and advancement in this demanding sport.

The Pep Club was designed to teach high standards of cooperation, loyalty and school spirit, and to support all athletic activities in the school. In order to achieve this, members must be in good academic standing, attend all meetings and activities sponsored by the club and be willing to work hard. There were 140 members in the Pep Club, sponsored by Mrs. Quash. During football season, the Pep Club sponsored several pep buses which took students to away games. They were responsible for the bus which took students to the regional play-offs in Pulaski.

With spirit such as displayed by the Pep Club and Crew Club, our pride is showing!

Pink Panther #72 throws the football on the Pep Club's float in the Homecoming parade.

Under the guidance of coxswain Alana Jacobson, crew club members, Andrew Jacobson, Sean Riodan, JB Price, and Shawn Wright carry the shell.

Discussing the meet Potomac Crew Coaches Vince Kucharczyk and Wayne Henry speak to the head of the Occoquan Regatta about the success of PSHS crew.

PEP CLUB
Row 1: Louise Jones, Candice Bonslough, Cindy Taylor, Penni Morris, Jackie Jacobs, Tracey Roye, Cheri Conrad, Kim Cunningham, Chelsea Hart. Row 2: Ivina Ballard, Carolyn Beamer, Millicent Hale, Denise Briggs, Brent Redder, Richard Derring, Nicholas McBride, Jenelle Ballard. Row 3: Debbie Turner, Crystal Burkhammer, Katrina Treakle, Kim Edwards, Rene Martin, Deanna Byerly, Tracy Holloway, Willette West, Mrs. Quash. Row 4: Nichole Halley, Kelvin Smith, Devon Purcell, Darrell Close, Reggie Smith, Keith McCamey, Micheal Smith.

CREW CLUB
Row 1: Dawn Swecker, Johnathan Chireix, Narman Iacbowitz, Alana Jacobson, Kevin Pisott, Kevin Viau, David Blake. Row 2: J. B. Price, Sean Riordan, John Camm, Kerri Little, Lisa Camm (president), Kirsten Keyy (vice president), Shannon Dadson, Andrew Jacobson. Row 3: Kelly Phoenix, Deanna Davis, Karmon Primes, Todd Graver, Tom Frawley, John O'Farrell, William Waldman, Jeff Eden, Jamie Hohmuth. Back Row: Shawn Wright (sgt. at arms), Scott Callantine (vice president), Stephen Sheppard, Rob Taler, Sean Fulton, Dennis Foos, Paul Edelstien. Not Pictured: Vicky Summerfield, Lisa Nicolosi.

Fine Tuned Arts

The Art Club L.T.D. and the Symphony Orchestra are two clubs at Potomac with similar interests and goals. Though the Art Club deals with the visual arts and the Symphony Orchestra concerns itself with the performing arts, each club demonstrates its efforts to the school and community, whether it be in the form of a winter concert or a spring art exhibit.

The Art Club, with Mr. Mike Babuschak as its sponsor, was organized to recognize students who have shown outstanding pursuits in art. For its 31 members, it is a means of pursuing and enhancing artistic interest beyond the classroom. During its weekly Wednesday and after school meetings, the club participated in art workshops, prepared literary magazine illustrations and contributed in the All-County Art Exhibit held at Manassas Mall for which the Art Department has received top honors. The club officers for the school year were: serving as President, Nicole Steagall, as Vice-President, Denise Uber, serving as Treasurer was David Comerford, and as Secretary was Mia Alexander.

Starting its concert season with a bang, was Potomac's Symphony Orchestra. The 35 piece string ensemble experienced the joys of performing together and working towards the goal of perfection in harmony. One of the many things achieved by the orchestra this year was their first full orchestra Christmas concert. The orchestra participated in the Festival Concert where they competed with other schools in this area. The season culminated with a Spring performance honoring Seniors and outstanding achievers.

Conducted by Mr. Larry Casey, the group established an excellent reputation. Without the officers, Mr. Casey's job would have been much more difficult. The officers were: as President, Jennene Miller; serving as Vice-President, Kim Britt; as Secretary, Stacy Darr, and serving as Treasurer was Rob Willis.

Through their efforts, these two clubs helped Potomac to shine in the community. Their abilities and efforts have given our school much reason to be proud.

Senior Amey Wallich and Junior Stacy Darr, the Orchestra treasurer, perform in the halls before homeroom. These performances were to celebrate the holiday season with Christmas carols.

Painting a mural on the English hall is Jeff Eden. The Art Club contributed some of the funds necessary to buy the supplies for the wall murals.

Senior and President of the Orchestra, Jenene Miller plays cello in the Christmas concert in the hallway.

ART CLUB
Front Row: Nancy Bagato, Katrina Madagan, Debbie Lesko, Andra Touloumes, Greg Hudson, Ann Gillette, Beth Poland. Middle Row: Tammie Crawford, Denise Uber, Robin Mickett, Michelle Drolet, Kelly Januszewski, Donna Smith, Chris Gates, Jamie Jones. Back Row: Robert LeDoux, Mike Johnson, Travis Burks, Nicoel Steagall, David Comerford.

Displaying one of Denise Uber's paintings are her parents. At the end of the county-sponsored workshop at VCU, a special exhibition for parents and friends was held.

MEMBERS OF THE ORCHESTRA — In Alphabetical Order: Max Acker, Tami Barker, Christine Bell, Joe Blake, Kim Britt, Bill Brown, Keith Brown, Mike Coyne, Steve Costello, Brad Daniels, Stacey Darr, Noel Dickover, Todd Dill, Robert Drennan, Karen Drolet, Matt Fetheroff, Dean Furman, James Geyer, Christine Glynn, Roberta Grindle, Tony Hale, William Jennings, Alice Kalaskas, Pat Keady, Butch Kenney, Robert Krucelak, Rachael Kvenberg, Hyunmee Lee, Corinne Lutkowski, David Martine, Melissa McCreary, Jennene Miller, Lisa Miller, Karl Mohle, Julie Pierson, Bill Raines, Sandra Regalado, Cindy Ruffner, Nazli Shan, Laura Smith, Patty Smith, Jim Thrall, Mari Voegtly, Amy Wallich, Heather Walters, Jackie Watson, Shalane Willis, Rob Willis, Patty Yow.

That's Entertainment

The "Entertaimment Department" at Potomac consists of three bands: the *Marching Band, Concert Band,* and *Symphonic Band,* plus the *Flag and Rifle Corps.* They spent many hours this year, in and out of school, practicing for assemblies and concerts as well as for competition.

The PSHS Marching Band had a very successful 1984 season. They participated in a competition held at W. T. Woodsen High School, sponsored by the Virginia Band and Orchestra Director's Association. The many hours of hard work paid off because the band took third place in the Class A Division. As well as marching in competition, they also marched in the Dumfries Christmas Parade.

prised of underclassmen, more than half of the band members were Freshmen marching for their first time. Since there were less than

The Panther Marching Band continued to impress spectators at home as well as at away football games with new music and difficult routines which were prepared every week for the half-time entertainment. Primarily com ten Seniors, there will be a ot of returning members next year.

The band was led on field by drum major Todd Dill and drum majorette Kim Britt under the instruction of Mr. Richad Dill.

Also included in the band front was the Flag and Rifle corps also known as the band front. No band would be complete without them for they added color and excitement to the routines.

After tryouts in the spring, the twelve girls that made the band front attended camp at James Madison University in the summer where they learned new skills from professional instructors. With their sponsor, Ms. Manderville, they planned to attend several competitions.

This year's band front included Flag Captain, Anne Bartosch; assistant Flag Captain, Hyunmee Lee; and Rifle Captain, Kim Angelo.

The other two bands existing at Potomac are the Concert and Symphonic Bands. The Concert Band is an intermediate level group composed mainly of freshmen, while the Symphonic Band is advanced and composed mainly of upperclassmen. The Symphonic Band performs on a grade VI which is the most difficult grade as designed by the Virginia Band and Orchestra Director's Association.

Both bands performed various concerts throughout the year. These performances included fall, Christmas, and spring concerts, and a performance at the District I Band Festival. At this event, the bands were judged on their performances by a plane of music experts and they received comments as well as a rating on their performance. Potomac has repeatedly earned "Superior" ratings at these festivals since 1979.

MARCHING BAND: PERCUSSION
Front Row: Scott Priestly, Amy Wallich, David Katzoff, Max Acker. Back Row: John Hambrick, Ralph Griggers, John Folliard, Matt Fetherolf.

FLAGS AND RIFLES
Front Row: Stacy Reid, Captain — Kim Angelo, Kathe Neary. Back Row: Hyunmee Lee, Tina Miles, Lisa Potvin, Tina Summa, Anne Bartosch, Lisa Miller, Julie Pierson, Stacey Darr, Alice Kalaskas.

Drum major Todd Dill and drum majorette Kim Britt served as the "on field directors" this year for the band front.

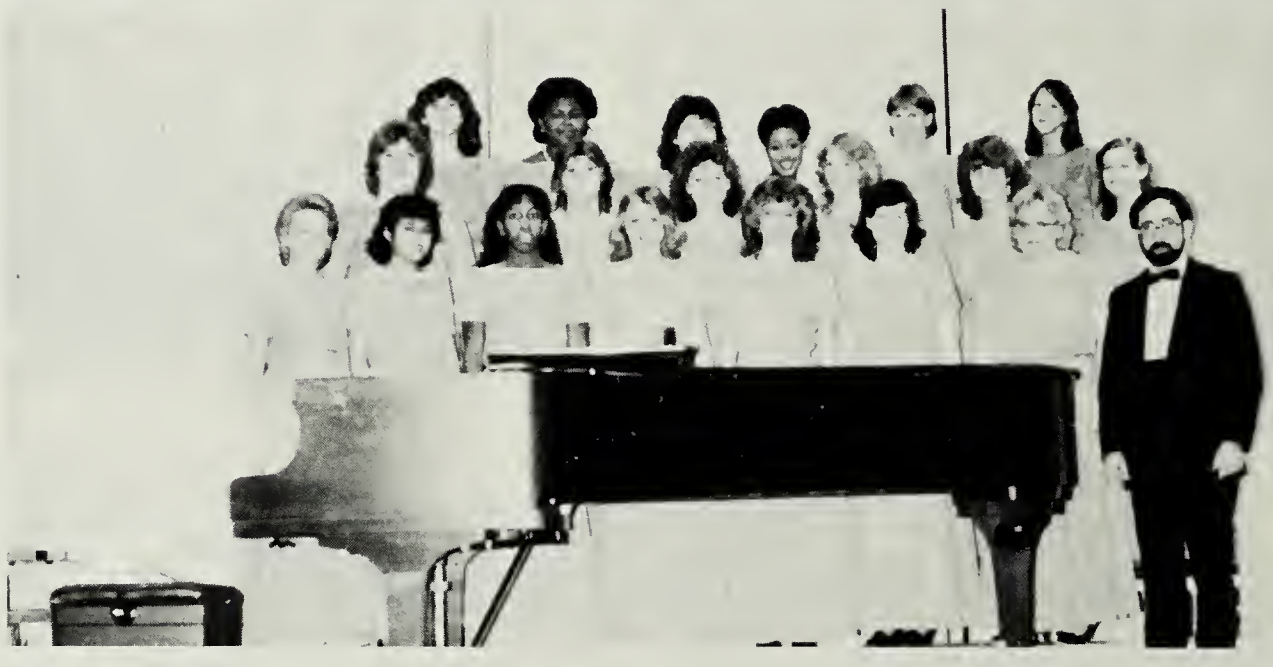
CONCERT BAND — In Alphabetical Order: Frankie Austin, Steve Baggott, Veronica Barr, Allen Britt, Stephen Brown, Amy Grueggen, Travis Burks, Chris Colletti, Vanessa Colletti, Michael Drennan, John Driscoll, Chris Ferenschak, John Folliard, Byron Gooley, Ralph Griggers, Eric Grundeman, John Hambrick, Ashton Hildreth, Rodney Hughes, Brad Johnson, John Johnson, Walter Kendall, Michelle Klopp, Melissa McCreary, Kristel McLaughlin, Jennifer Newey, David O'Conner, Kim Paxton, Michelle Pitt, Ruth Pollack, Scott Priestly, Anna Reid, Jamie Reid, Cathy Rhoades, Callie Rohrabacher, Peter Stapor, James Smith, Michael Urbanek, Chris Vanderburg, Andy Warren, Anthony Williams, Michael Yauss.

MARCHING BAND: BRASS SECTION
In Alphabetical Order: Keith Brown, Scott Callantine, Steve Costello, Michael Drennan, Robert Drennan, John Driscoll, Butch Kenney, Scott Moberly, Tim Palmer, Peggy Pasek, Bill Raines, Jamie Reid, Patty Smith.

MARCHING BAND: WOODWINDS
In Alphabetical Order: Christine Bell, Amy Brueggen, James Geyer, Shela Griggers, Eric Grundeman, Ashton Hildreth, Alfred Hills, Tony Katsarelis, David Martin, Michelle Pitt, Cathy Rhoades, Paul Ricks, Kevin Szady, Mari Voegtly, Michael Yauss.

VARSITY CHOIR — In Alphabetical Order: George Bailey, Craig Basham, David Blake, Darren Davenport, Mike Dean, Bill Dodson, Ben Gosney, Todd Sampson, Stan Schlegel, Robert Thomas, Jon Walraven.

TREBLE CHOIR — In Alphabetical Order: Carol Blanton, Cheri Conrad, Diana Davis, Lori Earnest, Rachel Farris, Gladys Fernandez, Kelly Freeman, Erin Galtn, Claudia Gibb, Laura Goad, Tabitha Hamn, Paivi Harjula, Malka Looney, Sandy Marbaker, Stephanie Mattijetz, Michelle McKellar, Jewell Mitchell, Allison Obenshain, April Posey, Tracy Rowe, Tammy Rutkowkie, Cindy Saylor, Jacque Sinkoski, Jean Tennant, Donna Troxel, Dana VanMetre, Pam VanStaden, Renee Voegtly, Kim Watson, Tammy Ashley.



Members of the concert choir perform at a Christmas concert given for parents, students, and faculty to celebrate the holiday season.

Hitting a High Note

Brian Wallich and Mr. Goodwyn discuss ideas for the Barber shop quartet performance.

This year's Potomac choral ensemble consisted of four highly talented groups. Neither Varsity Choir, all boys, nor Treble Choir, an all girl group, required auditions. However, the Concert Choir, a large mixed group, and the Camerata Singers, a small select group of 16 members, did require auditions. As well as these in-school choirs, there was also a barber shop quartet this year consisting of Dwane Sampson, Chol Kong, Brian Wallich, and Louise Dean.

Anyone in a choral group this year could try out for the All-County Regionals, State, and Honors Choir. Requirements for State were that you be a Junior or Senior, and make Regional tryouts. Attending State this year were: Louis Dean, Christine Malloy, and Matt Fetheroff as an alternate. To try out for Honors Choir you must have been a Senior; attending this year were: Amy Hawkins and Christine Malloy.

CONCERT CHOIR — Jim Champion, Jim Creegan, Chris Crossley, Cindy Cunniff, Diana Davis, Louis Dean, Laurie Fetheroff, Matt Fetheroff, Mike Flynn, Paivi Harjula, Lisa Lott, Maria Mairena, Mike McCloskey, Sean Miller, Jewell Mitchell, Susan Propps, Tammy Rutkoski, Duane Sampson, Cindy Saylor, Dorey Searle, Kristen Thomas, Alyssa Thompson, Pam Van Staden, Kim Watson, Chrissy Weston, Amy Meadows, Bill Ray, Julie John.

CAMERATA SINGERS — Ann Beamer, Victor Blake, Donna Cregger, Louis Dean, Laura Hambrick, Amy Hawkins, Chol Kong, Rachel Kvenberg, Christine Malloy, Robin Moser, Pete Pandazides, David Ross, Duane Sampson, Angela Stuber, Brian Wallich, Jennifer Weaver.

Acting as Shakespeare's famous ladies, Michele Kanche and Kathy Draper listen to Kim Overton, who is posing as Cleopatra. Also listening in the background is Angela Stuber.

In a one act play performance, Kathy Draper demonstrates her great acting ability to the audience.

PHOTOGRAPHY CLUB
Row 1: John Payton. Row 2: David Queen, David MacIver, Mike Berry, Kristi Anderson, Kimberly Harris, Karen Flynn. Row 3: Shannon Barowich, Theresa Ervin, Stacey Barowich, Wendy Hall, Sharron Bryan, Tracey Hanson. Not Pictured: Charlotte Acker.

DRAMA CLUB
Row 1: Matt Kreger, Carol Chase, Stacy Lee Gudgel, Tonia Greck, Elissa Singstock, Cynthia DeSeno, Katie Martin, Jodie Agatone, Alison Goodrich, Amanda Dudley, Bonnie Reed, Chris Ferenschak. Row 2: Beth Poland, Melissa McCreary, Dorey Searle, Angela Stuber, Pam VanStaden, Jenny Boyd, Kim Overton, Kimberly Harris, Kelly Burke, Melissa Switzer, Wendy Winnebarger. Row 3: Brian Wallich, Lito Cabading, Tracy Bombalski, Phyllis Vejar, Heather Hyrison, Stephanie Bamberger, Shannon Malone, Heather Moore, Tara Lukasavich, Darlene Carney, Sharon Teeler, Chris Crossley. Row 4: Mike Dean, Renee Voegtly, Michele Kanche, Cindy Cunniff, Lisa Miller, Anne Bartosch, Laura Hopka, Cathy Draper, Racheal Kvenberg, Robby O'Neil, Daniel Lee, Dean Furman, Sean Miller.

Both Sides of the Camera

There are two sides to a camera, the front and the back. The Photography Club takes care of what happens behind the camera while the Drama Club is busy in front of the camera.

The Photography Club, sponsored by Mr. Chris Kadis, got off to a picture perfect start. Members of the club learned basic skills in taking pictures, developing negatives, and making prints from those negatives. The club met during activity period and was permitted to use the darkroom after school. To cover the expenses of photographic paper and chemicals there was a five dollar club fee.

Another productive year has drawn to a close for the Drama Club. Officers Robby O'Neill, President; Michele Kanche, Vice-President; Jenny Boyd, Treasurer; and Laura Hupka, Secretary, were the most effective and reliable officers since the creation of the club. During the year, the club worked hard on various plays and other activities. The one act play, "When Shakespeare's Ladies Meet," went to the district and regional competition. Letters were finally given to members deserving recognition who met the strict requirements set down by the administration. The club received two new sponsors, Ms. Harriet Eden and Ms. Theresa Rice. Many thanks are extended to Robby O'Neill from the club, for his long and strenuous efforts to bring the club to letterman status.

Listening to Mr. Kadis speak of the finer points of photography, Kristi "Rocky" Anderson remembers every important detail. Photography Club members learned a great deal about developing film, printing negatives, and taking good shots.

Demonstrating a procedure, Mr. Kadis teaches students useful skills in graphic arts. Mr. Kadis was the Photography Club sponsor.

Print -N- Publish

With deadlines to be met, copy to be written, and layouts to be designed, the Newspaper Staff and the staff of the Literary Magazine had very similar goals which had to be met. These clubs were both involved with school publications.

The Potomac H.S. Newspaper, entitled *The PHS Class,* was composed of Journalism II and III students. In order to be a member of the school newspaper, one must have completed the Journalism I class. This organization showed students the workings of a newspaper which includes writing and editing stories, conducting interviews, selling advertisements and much more.

The most exciting event for this year's staff was its involvement in the Virginia High School Student Publications Workshop held in late October at the University of Virginia. This workshop, in which *The PHS Class* took top honors with a first place award for excellence, proved to be both fun and informative for the staff.

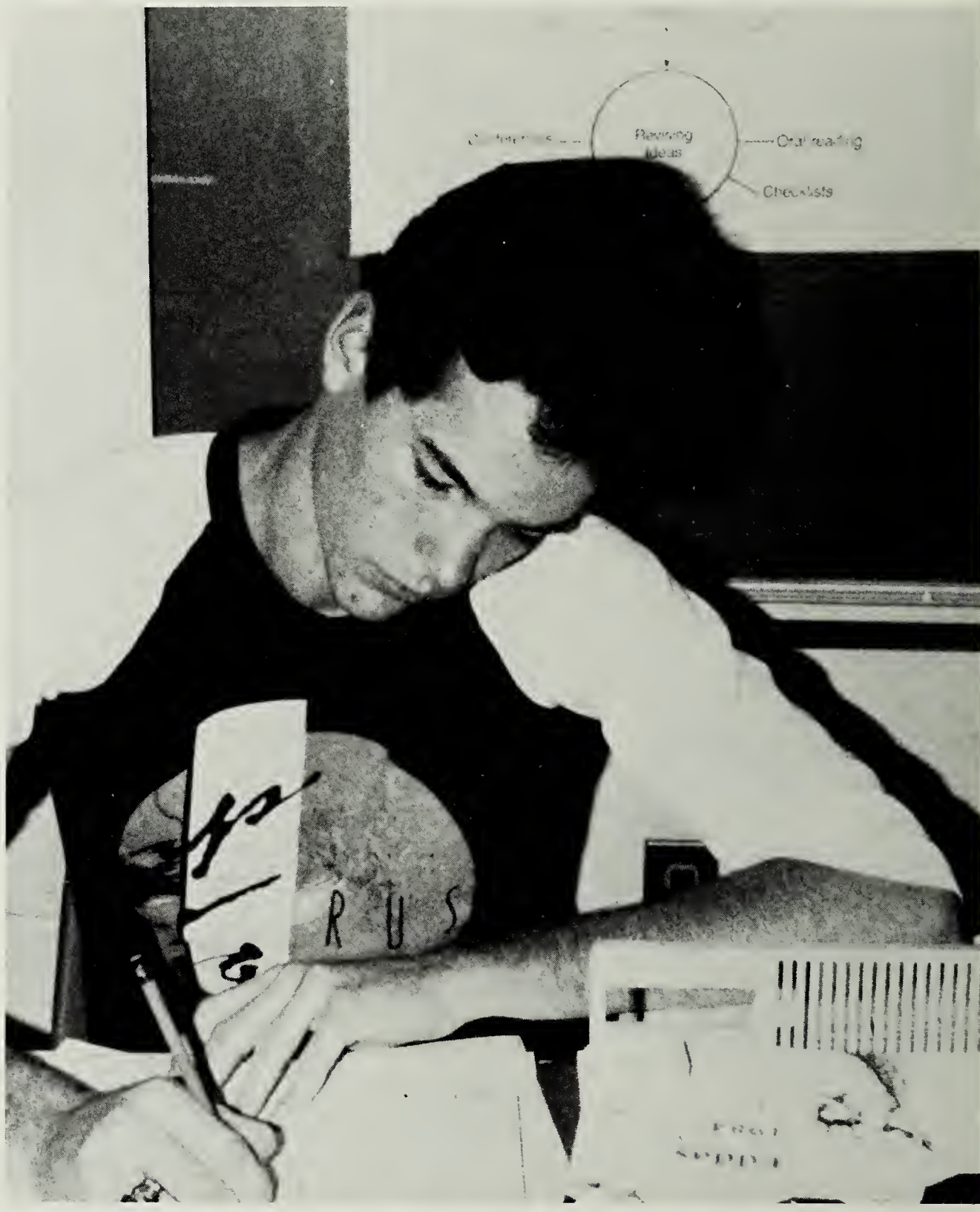
The staff's advisor, Ms. Renny Lake proved to be a welcome addition after she took over the newspaper in the middle of last year. This year's staff, consisting of 10 people, was comparatively small. Everyone worked hard and contributed the best of their efforts to publish papers which were of interest to the school. Serving as Editor was Diane Benevides, as Sports Editor was David Dwyer, as Feature Editor was Paula Boykin, and as Business Manager, Tami Brandt.

This year, the Literary Magazine Club published two magazines consisting entirely of prose, poetry, and art contributed by students from each grade level. The first issue was published in January and the second magazine, which came out in the Spring, was taken to the Virginia's High School League Competition.

One of the best things about being in this club was the fact that sponsor Ms. Sandi Moller let the seventeen members "literally" run the show. Acting as Editor-in-Chief was Steve Dunlap and Assistant Editor was Chris Fulerton. These two helped the club members decide which pieces of copy would be used in the magazine. The Lay-Out Editor, Cindy Cunniff, and Art Editor, Jay Immel, were responsible for exactly how each piece of copy would look in the magazine. Louis Dean, the Business Editor, had the responsibility of getting local business to buy ads from the magazine.

Being in the Literary Magazine and Newspaper was an educational as well as a fun experience for all involved.

Diligently working on material for "Out of the Blue," Potomac's Literary magazine, is Steve Dunlap, Chief Editor. Many creative short stories, poems and works of art are included in the literary magazine publication.



LITERARY MAGAZINE
Front Row: Randy Blaydes, Shannon Haworth, Bonnie Reed, Jenny Boyd, Sharon Zeets, Mrs. Moller. Middle Row: Tammy Rotkoskie, Kate Cervarich, Sheri Cox, Cindy Cunniff, Louis Dean, Cliff Meadows. Back Row: Jay Immel, Steve Dunlap, Chris Fullerton, Victor Blake.

Joy Immel organized all of the artwork that went into the magazine. The artwork in the magazine complemented the writings of it.

"What a feeling!" literary magazine members, Kate Cervarich, Jenny Boyd, and Sherri Cox smile with pride over the finished product.

At the University of Virginia, journalism students show their enthusiasm through their smiles. The students learned the finer points of putting out a newspaper for the school at this camp.

NEWSPAPER
Row 1: Robbie O'Neil, Stacey Lee Gudgel, Stewart Gilkerson, Diane Benevides. Row 2: Paula Boykin, Scott Berry, Tami Brandt. Row 3: Scott Dadson, David Dwyer, Eric Keaton.

Preserving the Past for the Future

"A layout! What's a layout? ... Where's the cropper? ... Where's Mrs. Leggett? ... Who has the keys? ... The photographers are doing what? ...We're out of quad packs! ... Hey! I was gonna use that picture! ... Our deadline *was* when? ... Oh no! ... HELP!!!" These are just some of the expressions used by the 1984-85 yearbook staff.

A school year runs from September to June, but the yearbook's year is endless. Although the final deadline was in February, the work didn't stop then. The preparations for the next year's book were started.

Putting together a yearbook takes a lot of work, as the staff soon found out. Except for two veterans, the staff was inexperienced concerning the workings of a yearbook. They started from scratch and worked and learned together to complete the yearbook.

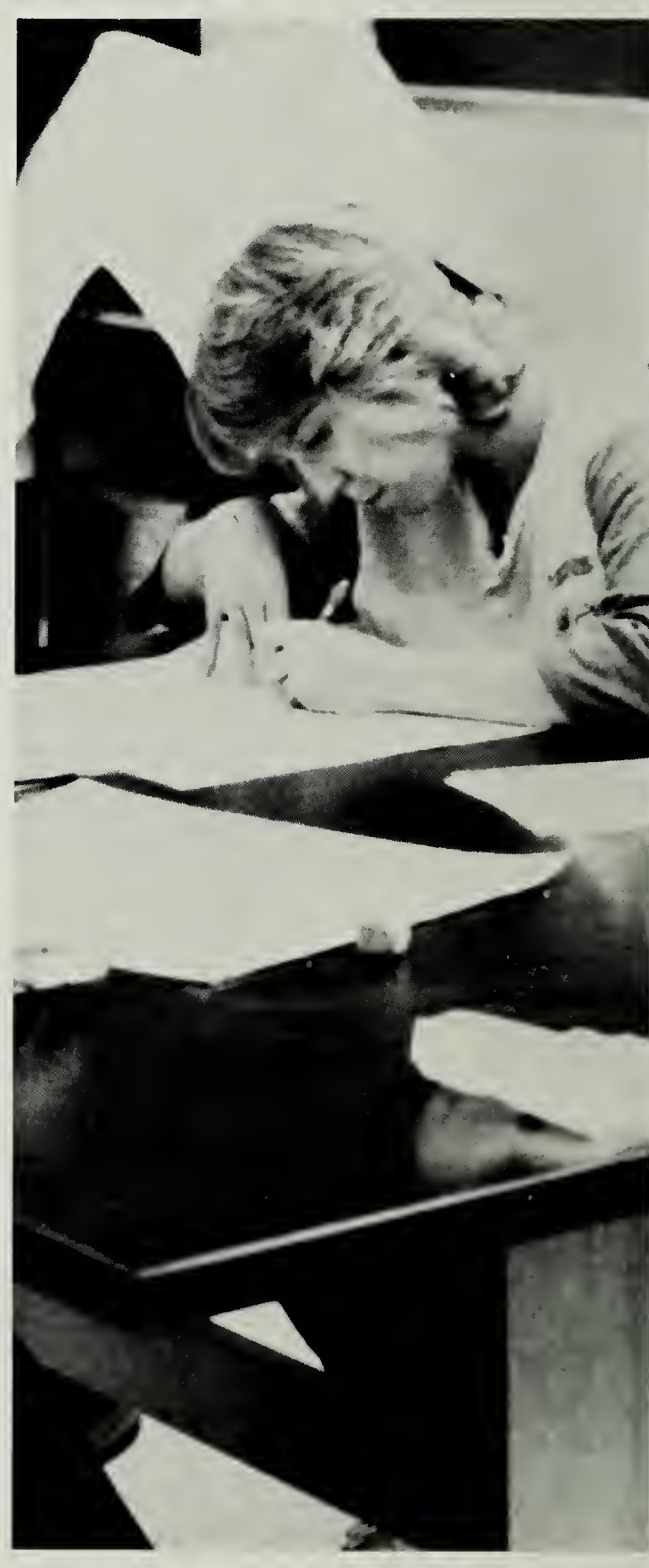
Since producing a yearbook requires time, effort, and patience, the work didn't end when the bell dismissed the students and ended the school day. Many after school hours that could have been spent having fun with friends or just plain doing nothing, were spent at school, working on the yearbook. This was necessary in order to make a memory that is cherished for years.

The staff did have a lot of fun too. Typing errors seemed hilarious at 10:30 at night. The amount of money spent on after school snacks skyrocketted as the staff worked to meet their deadlines.

A lot was learned last year. Organization, leadership, typing, writing, and drawing skills improved. The staff learned from each other and shared each other's triumphs and defeats. Somehow, a good time was had by all. Right guys? MEOW

Front Row: Jill Parish, Shellie Stennick, Renee Voegtly, Kelly Johnson. Middle Row: Laura Hudak, Kin Sivells. Back Row: Kathe Neary, Sandy Griffith, Sallee Richarson, Matt Pope, Kelly Hilton. Not Pictured Lori Conatser, Liz Lawlor, and Charlotte Acker.

With a look of complete concentration on her face, an industrious Charlotte Acker works on a piece of copy for the faculty section.



Taking time out to clown for the camera are five members of the Prowler Staff. There isn't often a lot of time to clown around because working on a yearbook keeps you busy all the time.

Putting together a yearbook is sometimes fun, but it's more work than fun. Renee Voegtly's face shows that lack of organization is confusing, not to mention crazy!!!

Kim Sivells, Sallee Richardson, Kelly Hilton, Renee Voegtly, and Kelly Johnson are off to a pizza party. The party was just one of many social activities held at yearbook camp.

"**Which copy** goes with this lay-out?", asks Kelly Johnson. She and Liz Lawlor worked together on the sport section of the yearbook.

12

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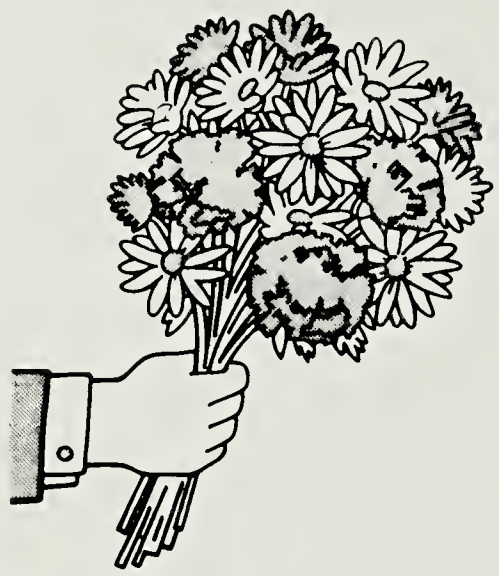

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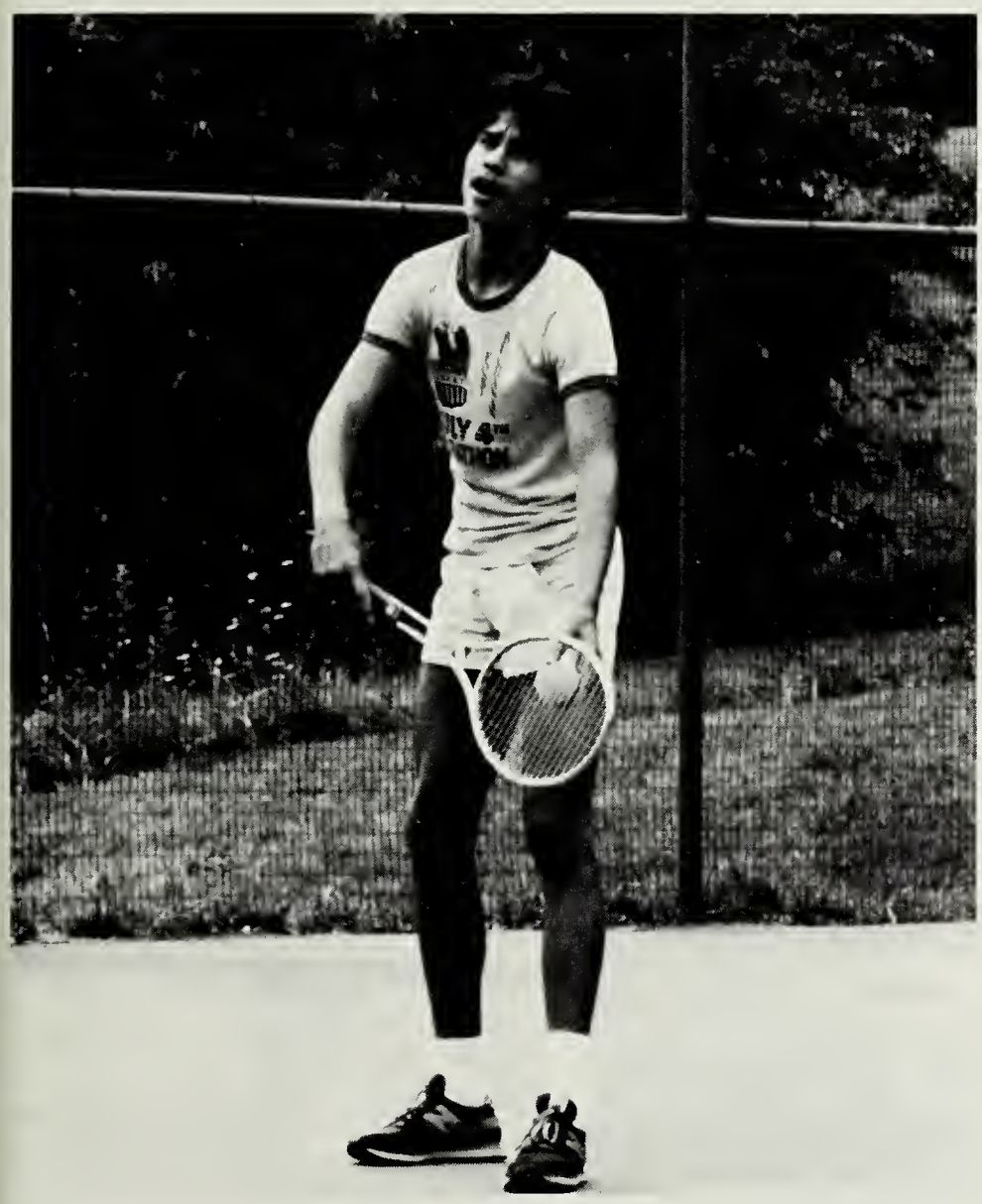
Behind the scenes in the cafeteria, Norma Carter prepares the special of the day for students and faculty. The cafeteria workers prepared and planned meals that were nutritious as well as delicious!

"You'd better look out!", Sam Faz prepares his opponent for his spectacular serve.



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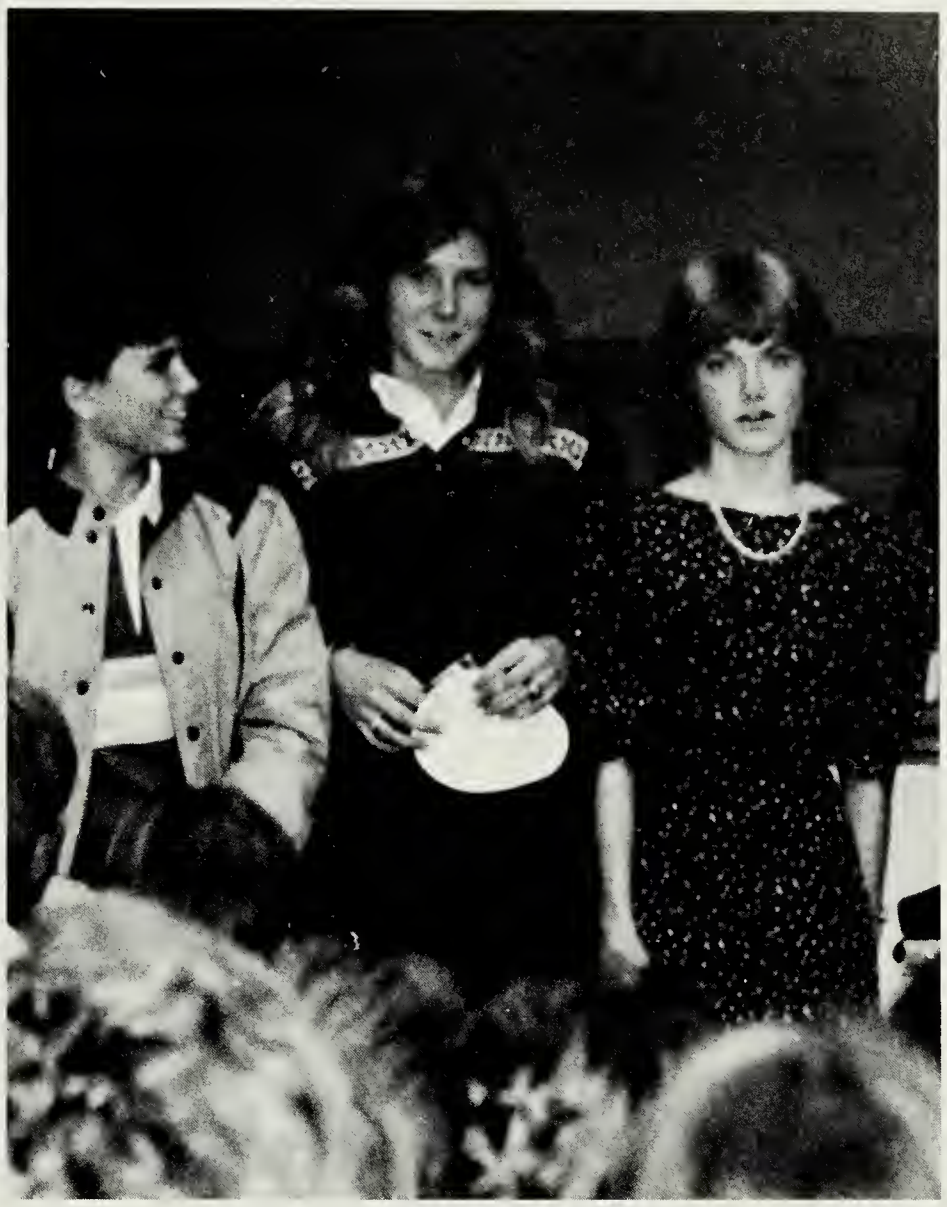

During Sociology class, Leslie Smith asks for advice on her paper from Mr. David Kite. Mr. Kite is always willing to offer advice for students at Potomac.

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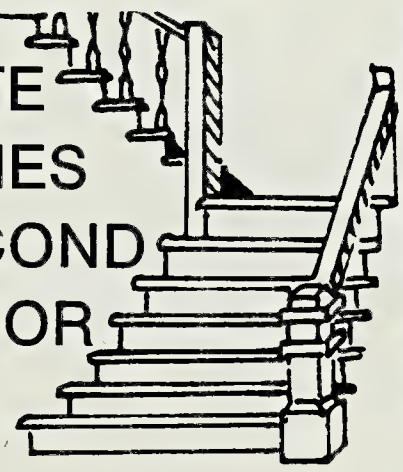

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Posing as gangster of the roaring '20's are seniors Bobby Vitek and Michelle Goodrich. The 1920's theme for Homecoming was a big success.

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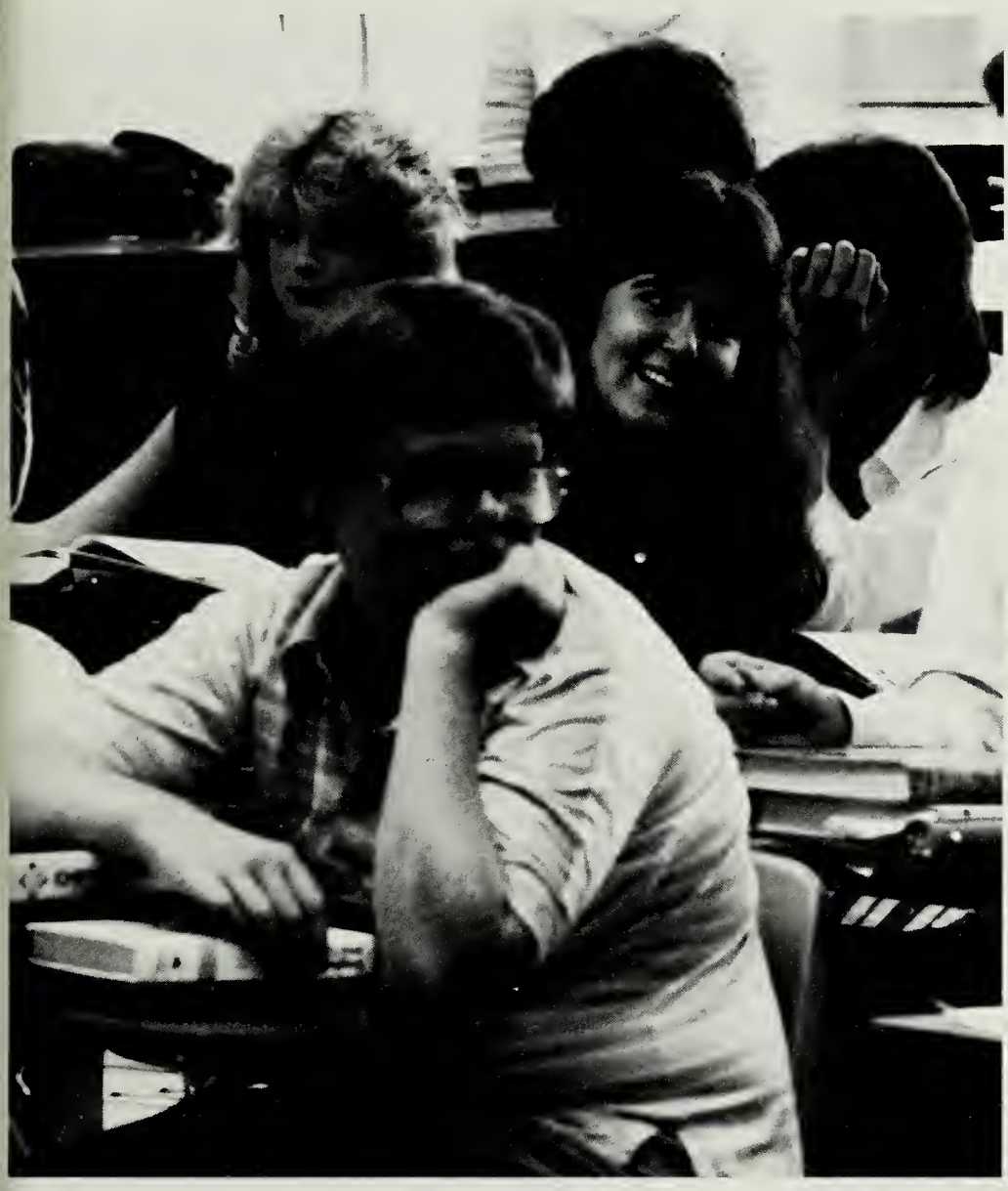
Contributing to the atmosphere of the school, Jay Immel designed and painted many of the sports murals in the main hallway.

Students are supposed to listen while being lectured. But once again, the fact that the average attention span is about 20 seconds has been proven.



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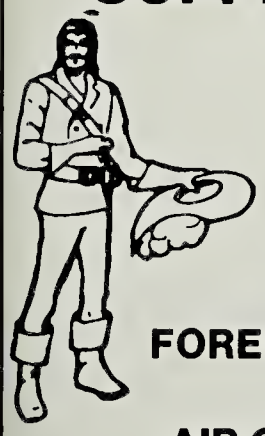

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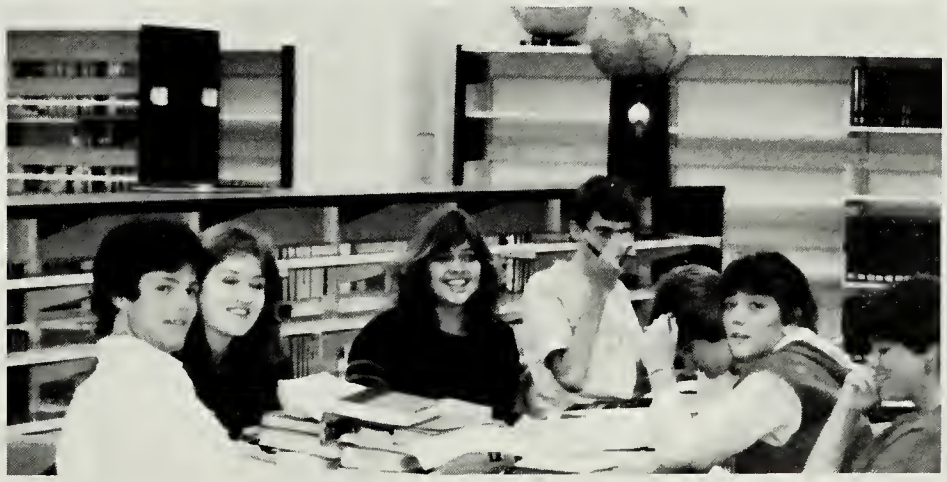
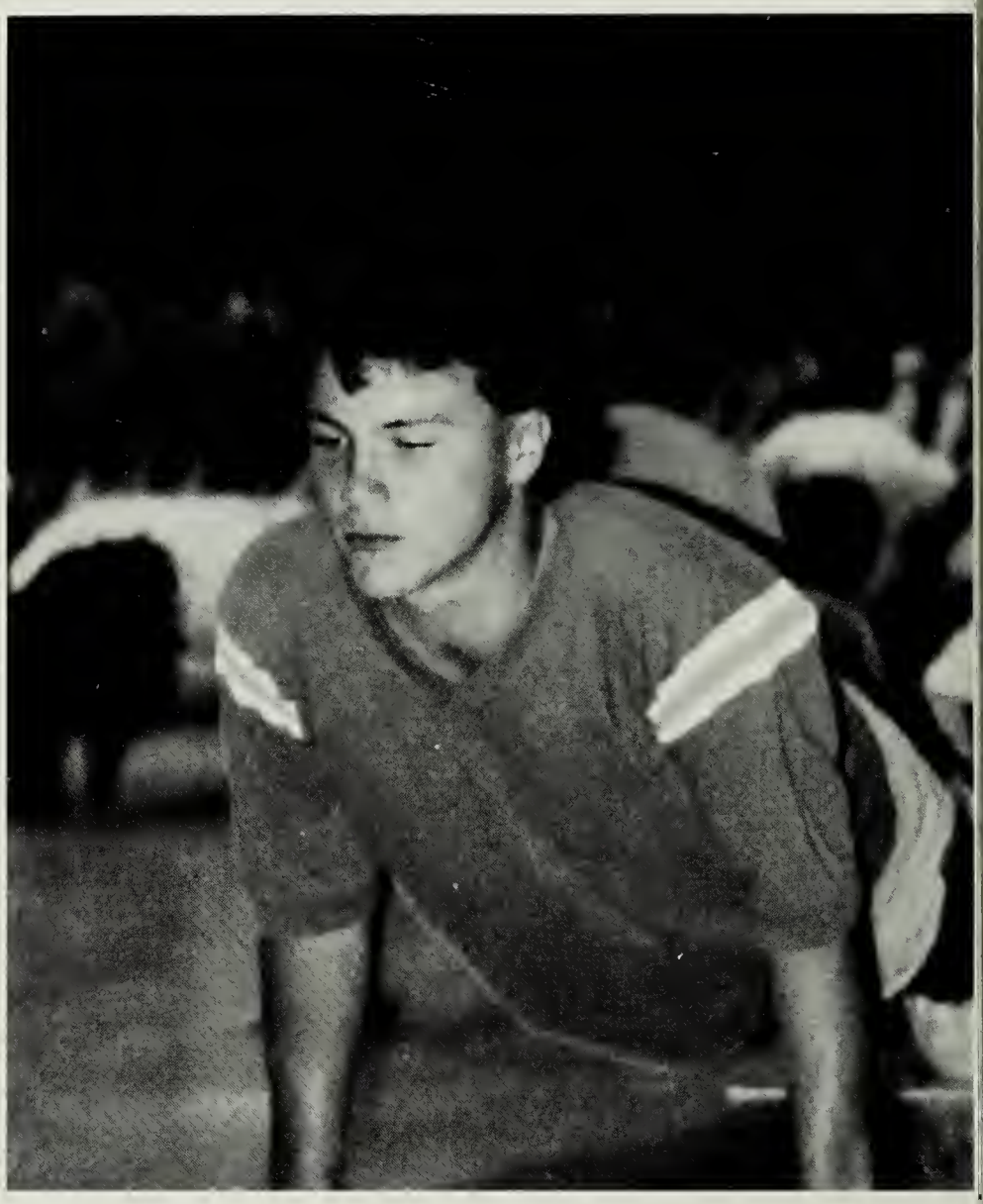
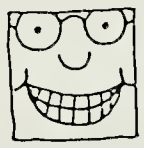


In the library, a group of seniors prepare for their research papers. All were enrolled in Advanced Placement English class here at Potomac.

Working on his weaving project is Henrick Johansen. Henrick participated in many activities during his year at Potomac as a foreign exchange student.

During his P.E. class, Mike Commerford does his calisthenics. Intense concentration is obviously the secret to peak performance.





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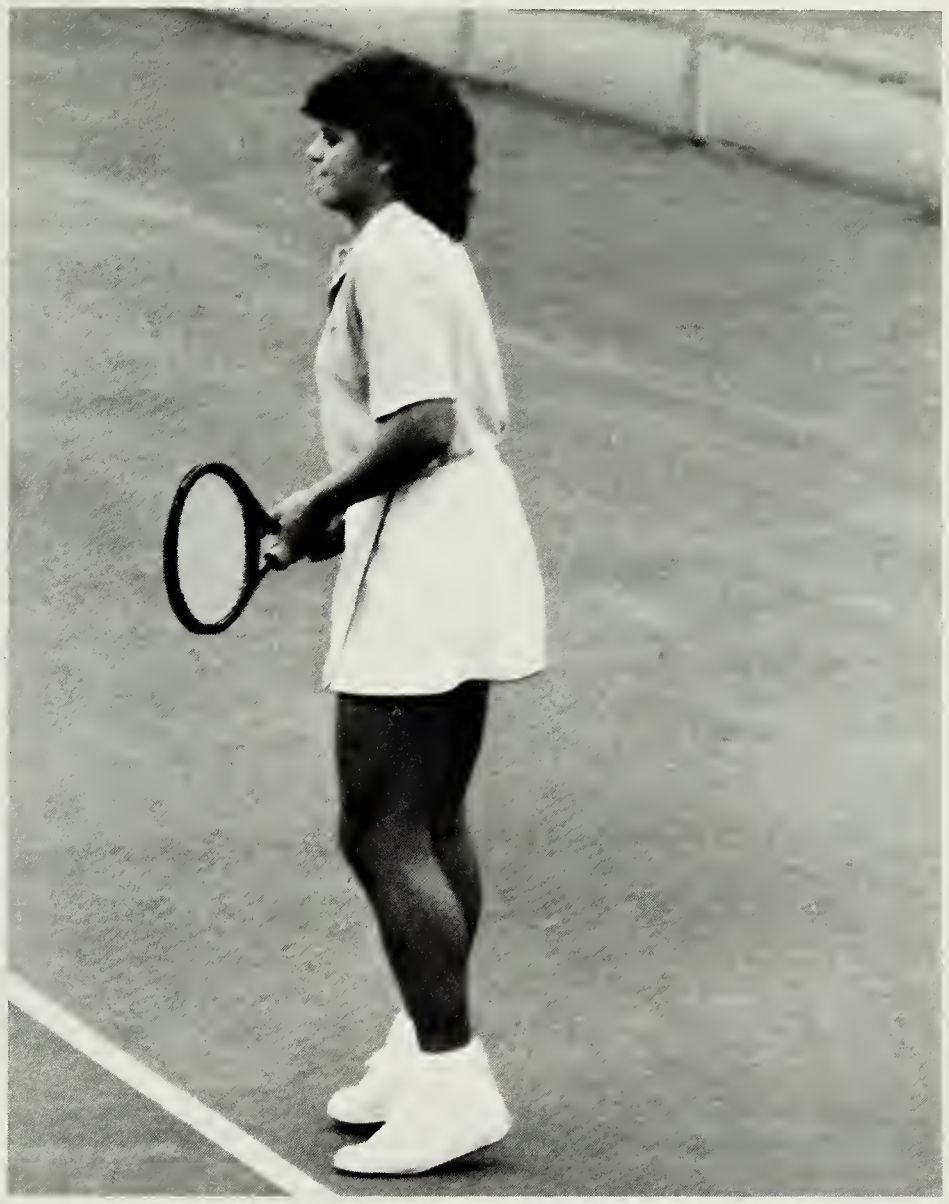
An excellent tennis player, Kathy Hall demonstrtes her talent during a match. Kathy was a top seeded player.



During their Advance Biology class, Pete Pandazides and Jenny Abel discuss the assignment.

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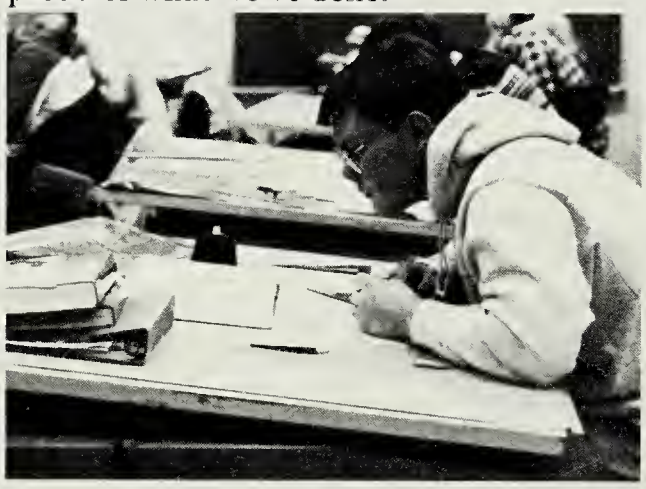
Our Pride Was Showing When . . .

As we look back over the past year, we can feel "the thrill of victories, and the agony of defeats." We felt our pride soar as our teams captured such titles at "Regional Volleyball," "Regional," "District," and "State Wrestling." Perfect scores in all categories gave our Pantheretettes the "Sweepstakes" trophy. Our Varsity Cheerleaders qualified for the national competition by placing in the districts. Seniors received various scholarships and academy appointments. In the music department, several students were selected to participate in the All-Regional and All-State Bands, Orchestras, and Choirs.

The "agony of defeat" was also present, but this didn't dampen the pride of the Panthers. The support shown when we weren't victorious in all things was tremendous. Instead of quitting, the attitude was to "get 'em next time," and we did!!

Yes, we've come a long way, and we're proud of what we've done!

Although only a junior, Katie Ross studies information about colleges. By starting preparations for college during her junior year, her Senior year, with all its activity, will run smoother.



One of the vocational skills offered at Potomac is mechanical drawing. Because of his career plans, Tim Anderson has taken this class for four years.

Seniors, Kathy Oliver and Shellie Stennick, emerge from the school building into the sunshine, relieved that class is finally over.

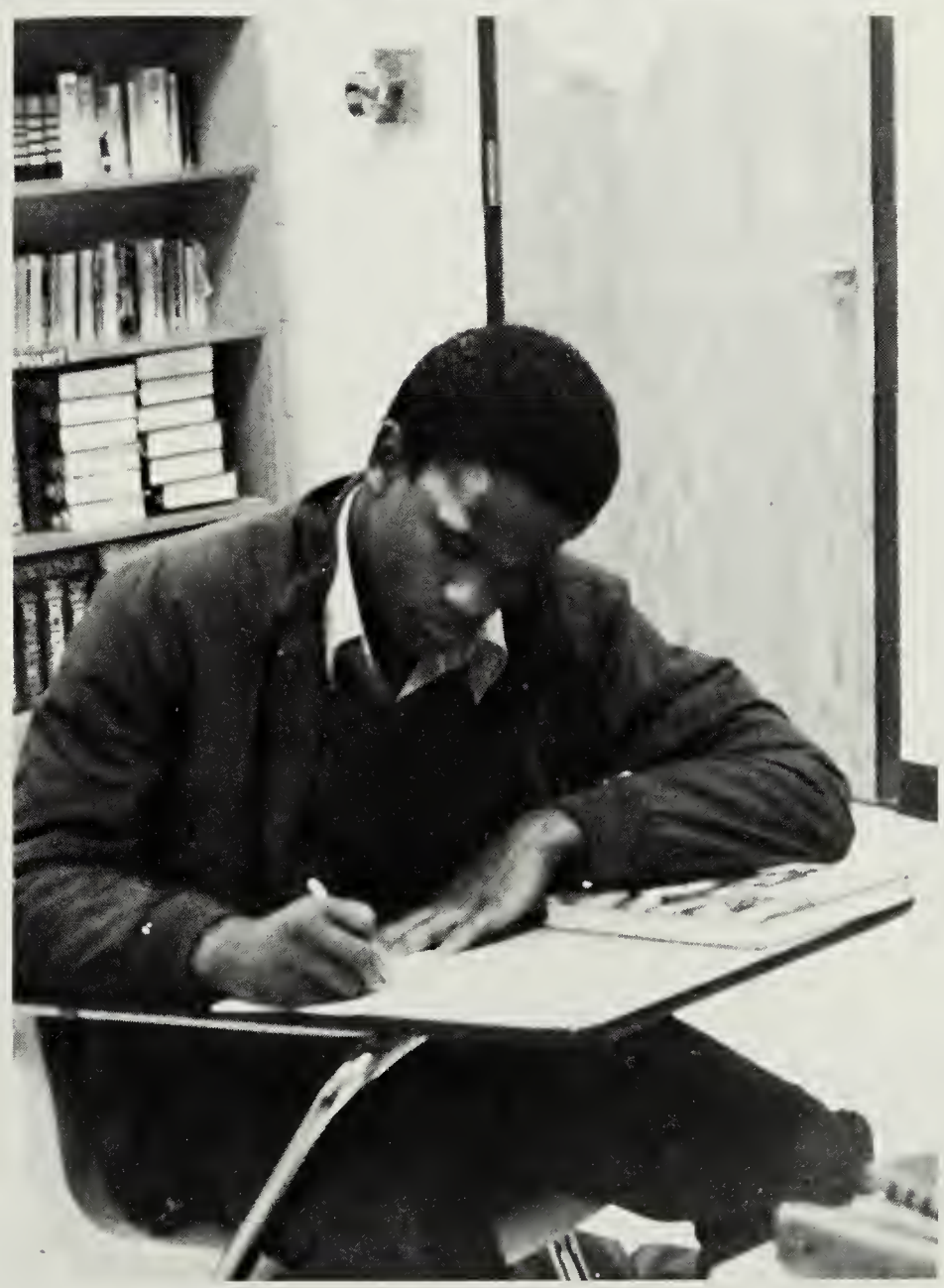
When the Panther football team went to Pulaski, the Band and Pantherettes went to cheer them on. Band members Max Acker and Matt Fetheroff board the Pep bus bound for the game.

Freshman gymnast, Tracy Royce prances and kicks for the audience during her floor routine.

Staff members, Sallee Richardson, Lori Conatser, Liz Lawlor and Sandy Griffith discuss the intricacies of yearbook. Here they discuss the winners of Senior Superlatives.

Despite a knee injury received over the summer, Mark Vowell captured District and Regional titles in wrestling, and then went on to State.

Finding a quiet place to make up a test isn't hard for freshman, Kevin Pigott. He just does his work seated in the hallway.



A studious Junior, Donald Tisdale works hard on an assignment in Mrs. Holcombe's English class. Consistent good grades are an asset to getting a college education.

42

1917

thankyouthankyou

Index

A

Able, Christopher R. 26
Able, Donna J. 88
Able, Jennifer 26, 154, 168
Able, Timothy 72, 142
Academics 106-113
Acker, Charlotte 26
Acker, Max 182, 183, 88
Acker, Stacia 88
Adams, Carolyn T. 72
Adams, Richard 72, 157
Advertisers 196-203
Agatone, David J. 53, 62
Agatone, Jodie A. 72, 160, 168
Alachnowicz, Wendy 72, 147, 169
Albers, John W. 53, 118
Alexander, James 53
Alexander, Lawerence R.
Alexander, Mia M. 26, 29
Alfonso, Manuel L. 72, 172
Allen, Carla 26
Allen, Matthew 72, 168
Alleyne, Ignatio 88
Alonzo, Lisa M. 53, 162, 167, 168
Altizer, Mia S.
Alvarez, Damon J. 53
Alvarez, Dana A. 167, 177
Alvarez, Johnica D. 88
Alvarez, Julian M. 72
Amezquita, Mariano 88
Andersen, Torunn 32, 175
Anderson, Andrew 88
Anderson, Anthony 26
Anderson, Eric 72, 177
Anderson, Erik D. 72, 139
Anderson, Jonathan 26, 117, 216
Anderson, Kathryn 156
Anderson, Kristi S. 88, 123, 189
Anderson, Lisa 88
Anderson, Michael 88
Anderson, Patricia 53
Anderson, Tortic L.
Andrews, Brian W. 88
Angelo, Kimberly D. 10, 15, 184, 178
Anglin, Mark A. 53, 176
Anglin, Roberta D.
Antonik, Alexander 72
Antonik, Malinda M. 130, 168, 88
Apperson, Joan 72
Apperson, John P. 72
Applegate, Brian 72
Arcaro, Sharon 14, 23
Armstrong, Tamasa 72
Arnold, Michael A. 88, 151
Arrington, Joanna L.
Arrington, Rodney A. 26, 117, 124
Arrington, Tammy L. 88
Art Club 182
Asbery, Richard C. 26, 117
Asbery, Thomas D. 72
Ashley, Tammy M.
Atkins, James 53, 177
Atkinson, Allen B.
Ausley, Michael 43, 157, 171
Austin, Frankie 88, 185
Austin, William J. 88
Auto Body 176
Aycock, Bradley K.
Ayres, Dennis D.
Ayres, Jeffrey A.

B

Babuschak, Michael 106, 220, 221
Bachman, James C.
Bacon, Fran 106, 109
Bagato, Nancy B. 53, 183
Baggott, Steven 88, 185
Bagot, Cheryl L.
Bailey, George 88, 118, 186
Bailey, James A. 26
Bailey, Michael 88
Bailey, Michelle L. 53, 129
Bailey, Virgil T. 88
Bain, William J. 72
Baird, David N. 26
Baker, Carolyn 106
Baker, Christopher R. 88
Baker, Peggy A. 26
Baker, Richard S. 26
Baker, Tina M. 88
Baker, Tyrone 27, 177
Baldwin, Nicole 88
Ball, Kimberly M. 88
Ball, Timothy 135
Ballard, Ivina 72, 181
Ballard, Jenelle 72, 181
Bamberger, Stephanie 72, 188
Ban, Veronica 72, 88
Band 184
Banks, Barbara L. 27, 177
Banks, Michelle 53
Banks, Todd 53
Bankston, Carlotta L.
Barber, Stephen W. 53, 177
Barber, Susan 168
Bardon, Darlene E. 88, 130
Barger, Susan R. 53, 167, 168
Barker, Tami 89, 183
Barko, Christopher R. 53, 139, 151
Barko, Michael J. 89
Barnes, Anthony 72
Barnhart, Anita 106
Barowich, Shannon 72, 76, 152, 168, 188
Barowich, Stacey 72, 168, 188
Barr, Garland D. 27
Barr, Veronica V. 122
Barret, Gloria 106
Barrett, Mindi L. 53, 168, 169, 171
Barrows, Jeffrey 89
Bartosch, Anne 174, 178, 184, 188
Bartosh, Paul G. 27, 53, 133
Bas, Nikki F. 53
Baseball 140-143
Basham, Craig M. 89, 118, 186
Basham, Paige A. 27, 168
Basinger, Christopher 89
Basketball 124-131
Bass, Tim 106, 110, 130
Basso, Michael S. 89, 176
Basso, Steven E. 89
Bates, Robert 72, 118
Beaman, Christa R. 89, 137
Beamer, Ann E. 53, 56, 142, 159, 168, 171, 187
Beaner, Carolyn M. 27, 181
Beaner, Tina 89
Beard, Raymond B. 89
Beckman, Christopher 72
Beckman, John 117
Beckman, Michael J. 89
Beekman, Ervin M. 72, 74, 75, 89
Belcher, Jeff T. 53
Belcher, Michael M. 27
Belforte, Michael 53, 168
Bell, Christine B. 72, 167, 183, 185
Bell, Jeffery E. 89
Bella, Kevin P. 58, 167
Benavides, Cesar A. 53, 117
Benczkowski, Brian 72, 142, 143
Benevides, Diane M. 27, 167, 168, 172, 191
Bengier, Joe 106, 116
Bennett, William G. 58, 83
Bentley, Stephen A. 27, 176
Berry, Michael W. 22, 23, 27, 116, 117, 188
Berry, Scott E. 27, 117, 155, 191
Berryman, Tracy L.
Berta, Stephanie 27, 168, 175
Berta, Thomas L. 72
Best, John 89
Best, L. Andrew 89
Best, Laura M. 53, 156, 167, 169
Beyer, Cheryl N. 53, 162, 163, 169
Biama, Rick 53
Biddle, Diana L. 53
Birch, Angela L. 72, 79, 147
Bishop, Stacey 89
Black, Anthony J. 28, 170
Black, Joe 170
Blackshear, John 73
Blackwell, David L. 89
Blade, David 135
Blair, Patricia 89
Blake, David K. 89, 181, 186
Blake, Joseph 53, 171, 172, 183
Blake, Victor 28, 168, 174, 187, 190
Blalock, Jessie 106
Blanchfield, Richard 53, 139
Blankenbaker, Shenna
Blakenship, David 89
Blanton, Virginia 89, 162, 186
Blaydes, Randolph 73, 190
Boggess, David W. 28
Bohn, Joseph H. 73
Bohn, Tina 73, 178
Bolk, Gina 10, 11, 23, 28, 162, 163, 177

Bolk, Lisa 11, 23, 162
Bolling, Russel 106, 177
Bombalski, Tracy 53, 188
Bond, Darlene 73
Bongi, Silvan 73
Booker, Stephen 79
Boonstoppel, Robert 53
Boulden, Darlene 27, 178
Boulden, Theresa 53, 174
Bouslough, Candice 89, 181
Bouslough, Krista 89
Bowler, Cynthia 28
Bowler, Melinda 28
Bowmen, Windy 53
Boys' State 35
Boyd, Jenny 28, 167, 171, 188, 189, 190, 191
Boyd, Michael 73, 89
Boyd, Michelle 95, 161
Boyd, Stephanie 28, 158, 159, 167, 168, 172
Boykin, Paula 53, 167, 168, 171, 174, 191
Boyko, William 89
Braces 98
Bradley, Tracey 102
Bradshaw, Nina 53, 167
Bradshaw, Ruby 89
Brady, Cheryl
Brady, Michele
Brandt, Tamara 53, 171, 191
Branham, Johnna 53
Brawner, David 102
Brawner, Duane 176
Breeding, Diana 89, 175
Bridgett, Carol 73
Bridgett, Renee 89
Briggs, Denise 89, 181
Briggs, Kimberley 28
Brigham, Kimberly 73
Brigham, Timothy 73, 142, 172
Brill, Bucky 28, 176
Britt, Adam 73
Britt, Allen 73, 185
Britt, Kimberly 28, 171, 183, 185
Brooks, Angela 73
Brown, Ann 73
Brown, Bill 106, 183
Brown, Bill 126
Brown, Dennis 73
Brown, George 220
Brown, James 102
Brown, Keith 53, 183, 185
Brown, Maria 53, 152
Brown, Renee 92, 102
Brown, Stephen 73, 142, 168, 185
Brown, William 29, 106, 116, 183
Browning, Alisa 29
Browning, Geoffrey 29
Browning, James 29
Browning, Stephanie 73
Broyhill, David 90
Broyhill, Michael 90
Brueggen, Amy 90, 185
Brueggen, Tracy 53, 174
Bruinsma, Daniel 29, 139, 157, 167
Bruinama, Richard 73
Brunner, Edward 90
Brunson, Renee 53, 154
Bryan, Nicole 53, 69, 122, 145
Bryan, Sharron 29, 188
Buchanan, Karen 73
Buchanan, Kelly 73
Buchana, Suzette 29, 177
Buckler, Becky 73, 163
Buckner, Deborah 29
Buckon, Daniel 53, 148, 149, 167, 171, 177
Bugge, Phillip 73
Bumbrey, Garnetta 53, 177
Bunas, Patrick
Burchard, Lori 53, 162, 167, 171
Burgess, Cindy 146, 147
Burgess, Jesse 53
Burke, Kelly 73, 188
Burke, Melissa 54, 176
Burkey, Erika 54
Burkhammer, Crista 90, 181
Burks, Travis 90, 183, 185
Burnett, Ronda 177
Burnette, Arley 73
Burnham, Amanda 73
Burrill, Michael 73, 177
Burrows, Timothy 54, 149
Bushey, Richard
Butler, Lewis
Butler, Pete 90
Butler, Winnie 54
Byerly, Deanna 90, 181
Byrne, Katie 29, 152, 168

C

CPR 78
Cabading, Lito 54, 174
Cabading, Maria 90
Caddigan, Missy 49, 52, 60, 68, 145, 167, 168, 169
Caesar, Jenny 102
Cahall, Jean 106
Caliendo, John 90
Callahan, Chrissy 54, 159
Callahan, Jeanne 73, 168
Callantine, Scott 73, 181, 185
Cambell, Lisa
Cameron, Douglas 90
Cameron, William 106
Camm, John 73, 181
Camm, Lisa 73, 130, 153, 181
Camou, Susie 90
Campbell, Christine 162
Campbell, Eric 90
Canard, Angela 177
Canine, Lee 73
Canup, Michael 73, 168
Caperton, Brian
Caperton, Crystal 54
Cappolla, Steven 54
Capron, Vincent 90
Carder, Ralph 30
Carder, Wendy S. 90, 167, 169
Carl, James 90
Carney, Darlene 73
Carney, Michele 73
Carney, Travis 30
Carr, Dave 107, 118
Carter, James W. 73, 135
Carter, Pat 107
Cartmill, Tonya 3, 30, 171
Casey, Larry 107
Cash, Gloria 107
Cassady, Amy L. 54, 139, 154
Celis, Lloyd V.
Cervarich, Katherine 30, 190
Cervarich, Matthew 90, 175
Chaffin, Angela D.
Chaffin, Patrick 54, 172
Champion, James H. 30, 187
Chaney, Becky J.
Chapman, Aqua 90
Chapman, Darnell
Chapman, David 73
Chapman, Raymond 90
Chapman, William T. 74
Chase, Carol A. 74, 188
Chavana, Pete L.
Cheerleading 158-161
Chi, Unhui 54, 61, 168, 171, 174
Chiang, Mai L. 90
Chichka, Lori A. 30
Chilson, Amy 54
Chimento, Frank 90, 126
Chireix, Jonathan 74, 181
Cho, Taewoong T. 54
Chochowski, Sharon I. 90
Chorus 186, 187
Christenson, Karen 90
Christiansen, Gary 30
Christman, David 54, 74, 90
Chunn, David
Clancy, Charles M. 74
Clark, Kevin W. 74
Clark, Michael C. 90
Clarkson, Daniel 90
Clarridge, Julie A. 102
Class Rings 59
Cleary, Jean E. 90, 130
Clem, Dallas 90
Clements, Beverly 74
Cleveland, Noel 74
Close, Darrell 90, 118, 181
Closing 204, 205
Coake, Michael 142
Coaly, Eddie 54
Cobb, Michael J. 11, 30, 168, 171, 172, 173
Coffenberry, Judy 54, 130
Coffman, Alice D. 54
Coker, James D. 54
Coker, William 90
Cole, Brascal I. 30
Cole, John
Cole, Meredith 74
Coleman, David O. 90, 126
Coleman, Fred T. 54
Coleman, Shana 74, 177, 179
Coleman, Susan J. 90
Coles, Charles W.
Coles, Chuck 90, 118, 126
Colletti, Christopher 90, 135, 185
Colletti, Paul 30, 117, 118, 133
Colletti, Vanessa 74, 118
Collins, Daniel D. 74, 118
Collins, Denise E. 74
Collins, George 74, 142

Collins, John A. 90
Comerford, David M. 133, 135, 118
Comerford, Michael 30, 90, 113, 135, 202
Computer Club 172
Conatser, Bernis B. 83, 74
Conatser, Lori L. 30, 211
Condrey, Cynthia D. 91, 129
Conley, Elizabeth
Connaughton, Paul 54
Conner, Connie O. 54
Connolly, Ann T.
Connolly, Brigid 54
Connolly, Sean P. 31, 139
Conrad, Cheri A. 181, 186
Consla, Eric W.
Consla, Harry I. 176
Consla, Randy S. 56
Cook, David V. 74
Cook, James
Cook, Jeffrey L. 74, 135
Cook, John B. 74
Cook, Michael 56, 142, 91
Cook, Michael 14, 176
Coonradt, Charles 91, 118
Cooper, Heather 74, 122, 147
Cooper, Melissa A.
Cope, Toni 55
Copley, Shawn S. 55, 117
Corbin, Donovan 91
Corbin, Loretta 74
Cordell, David B. 74
Corman, Allan R.
Cornwell, Deborah
Cornwell, Kevin 91
Cosgrove, Kara 55, 162
Costa, Robert J. 74, 142, 143
Costello, Steven G. 74, 183, 185, 216
Coughenour, Holly 74
Cousins, Cathy A. 31
Covey, Jonathan B. 91, 118, 135
Covington, Canda S. 11, 75, 147, 162
Cowan, Melissa Y.
Cox, Barbara 75, 167, 169
Cox, Christophe J. 31
Cox, Lisa M. 179
Cox, Sharon J. 31, 167, 171, 190
Coyle, Eric J. 91
Coyle, Shawn 31
Coyne, Michael P. 91, 183
Crabtree, Kimber C. 75
Craig, Dana M.
Craig, Mark A. 55
Craine, Gregg E. 75, 117, 133
Crawford, James E. 79
Crawford, Staci L. 55, 159, 167
Crawford, Tammie 75, 79, 152, 168, 183
Creegan, James F. 75, 187
Creegan, Michael L. 31
Cregger, Donna 55, 166, 174, 187
Creswell, John W.
Crew Club 180
Creswell, Paul F.
Cristian, Timothy 75, 168
Critchley, Russel 75
Critzer, Elizabeth 31, 177
Cropper, Raymond L. 75
Cross Country 138, 139
Crossley, Chris R. 75, 162, 175, 187
Crumbley, Lee O.
Cunniff, Cynthia 31, 168, 187
Cunningham, Charles L.
Cunningham, Kimberly
Cunningham, Lisa A.
Curd, James R. 75, 168
Currier, Charles S.
Currin, James E. 55

D

Dadson, Scott F. 22, 27, 31, 171, 178
Dadson, Shannon C. 75, 122, 181
Daniel, Bradley 83
Daniels, Brian S.
Daniels, Kenneth 31
Daniels, Theresa M.
Dardzinski, Dean
Darr, Stacey B. 55, 153, 168, 171, 182, 183, 184
Davenport, Darren C. 102
Davidson, Linda A.
Davis, Anthony
Davis, Cleo A.
Davis, David D.
Davis, Deanna A. 75, 181
Davis, Diana L. 55, 186, 187
Davis, Ellen L. 31
Davis, Haynes W. 31
Davis, Leon D. 91, 118
Davis, Linda L. 55
Davis, Mary A. 55
Davis, Nelson R. 55
Davis, Raymond
Davis, Roy C. 31
Davis, Stephen E. 91, 172
Davis, Tammy J. 91, 167
Davis, William L. 75
Dayton, Derek A.
Deahl, Paul J. 55
Dean, Carrillo
Dean, Louis 31, 187, 190
Dean, Michael 75, 175, 186
Dean, Patrick R. 91
Dearing, Robert A. 55, 135, 167, 181
Debate 170
Decca, Patricia 91
DECA 177
Dechene, Christo J. 91, 135, 171
Decint, Danielle 75
Decker, Karl 55
Deemer, James B. 55
Deharde, Steve R. 75
Delaney, Regina 75
Delaney, Tasianna 177
Delao, Raul
Delmore, Kathleen 11, 31
Delossantos, Krist 161
Dempster, Christop 75, 142, 143
Dennison, Brenda K. 91
Dennison, Robert 75
Dent, Cheryl 91
Dent, Sheila M. 55, 176
Denton, Kristine C. 91
Depersia, Keith P. 55
Desena, Cynthia 91
Dewindt, Jennifer 91, 102
Dibble, James W.
Dibble, Richard P. 75
Dickinson, Jeri 55, 156
Dickinson, John F. 31, 177
Dickover, Noel T. 31, 183
Digennaro, Anthony 55
Dill, Richard 107, 197
Dill, Todd R. 31, 167, 183, 185
Dimarzio, Ben A.
Dimarzio, Mary
Dirisio, Stacy 55, 152
Dixon, Donald L. 55
Dodson, Andrew C. 32
Dodson, Bill 102
Dodson, Christhero 91
Dodson, Diane D. 53, 55
Dodson, Mark C. 9
Dohse, Kevin D. 56
Dohse, Michael R. 75
Doiron, Eric D. 75, 139
Doiron, Ian C. 91, 172
Dorton, David W. 11, 32, 167, 172
Dorton, Donna V. 56, 167
Doss, Anne M. 91
Doss, Kelly E. 75
Douglas, Rebecca L. 32
Douglas, Wendy S. 75
Dove, Tabitha L. 75
Dowd, Kimberly 56, 162
Dowling, Katherine 32, 175
Dowling, Suzanne 75, 153, 169
Doyle, Michael C. 32, 117
Doyle, Patricia A.
Doyle, Susan E. 55, 56, 156, 169, 171
Drama 188
Draper, Catherine 75, 188
Draper, Lloyd V. 75, 172
Drennan, Michael S. 91, 99, 175
Drennan, Robert 56, 62, 100, 183
Driscoll, John J. 91
Drivers Education 80
Drolet, Karen A. 91, 102, 183
Drolet, Michelle 56, 183
Droves, Pat 107, 108, 109
Dubreuil, Daniel 75, 165, 175
Dudley, Alan E. 91
Dudley, Amanda J. 75
Duff, Kenneth 75
Dulaney, Paul 32
Dulaney, Tad 56
Dulin, Robert O. 56, 124, 125, 129, 141, 157, 169, 171
Duncan, Leslie A. 15
Dunlap, Patricia 56, 168
Dunlap, Steven J. 15, 32, 169, 173, 171
Dupree, Lisa 91
During, Joseph W. 102, 126
During, Richard 56, 89
Durst, Gerald W. 91
Dutton, Katherine 33, 162, 167, 168, 169, 171, 172
Dwyer, David 33, 117

E

Eadie, Shannon P. 75
Early, Joy M.

Earnest, Lorie M.
Earnhart, Bruce B. 91
East, Timothy A. 33, 117
Easterwood, Guin R. 91
Eccleston, Rachel 76
Edelstein, Paul D. 56, 174, 181
Eden, Jeffrey S. 56, 181, 182
Edwards, Andrew 91, 175
Edwards, Kimberl D. 76, 130, 181
Edwards, Tammy L.
Electronics 176
Eller, Melanie 76
Elliott, Cheryl L. 56, 177
Elliott, Deane O. 57
Ellis, Vicky L. 76, 160
Embrey, Brian K. 76
Embrey, Roger L. 33
Emerson, Clifford 56, 167
Emmons, Rodney K. 56, 140, 141
Endicott, Jeffrey 76
Eppler, Erik W.
Ervin, Bryon L. 76
Ervin, Theresa E. 56
Estes, Betty J.
Estes, Michael 76
Evans, Denita Y.
Evans, Jennifer L. 56, 103, 137
Evans, Kimberly A. 33, 153
Evans, Tina L. 18, 33, 152, 162, 163
Ewing, Jackie A. 76
Exchange Students 32

F

FBLA 178
FHA 178
Falk, Pamela L. 92
Farrell, John 92
Farris, Rachel 186
Farrish, Megan E.
Fashions 6, 7
Faz, Samuel 76, 142
Feltault, Kimberly 22, 33, 129, 145
Fennant, Jean 175
Ferenschak, Chris 92
Feret, Jane 108
Ferguson, Alecia 33
Ferguson, Kimberly 76
Fernandez, Gladys 76, 186
Ferrebee, Robert 106
Ferree, Diane 108
Ferrell, Lisa M. 33, 177
Fertsch, Norman 33, 176
Fetherolf, Laurie 76, 187
Fetherolf, Leslie 76
Fetherolf, Matthew 33, 183, 184, 216
Field, Richard B. 92
Fields, Christine 92
Fields, Eddie J. 56, 124
Figueroa, Geoffrey 76
Finch, Robert 92
Findley, Janice 106, 108, 178
Fink, Eric A. 56
Finks, Robert N. 76
Finley, Jeremy W. 92
Finley, Rhonda M. 33, 177
Fisher, Amy L. 76
Fisher, Kelly 33, 128, 145, 167, 171
Fiske, William L. 33, 138, 139, 168
Fitts, Arlene M. 76
Fitts, Nancy 92
Fitzgerald, Derric 34, 117
Fitzgerald, Erin 76
Fitzgerald, Theresa L. 56, 152, 159, 168, 171
Fleming, Evelyn 108, 178
Fleming, Guinn R. 57
Flemming, Pete 57
Flippo, Anthony 57
Flores, Jose V.
Flynn, Karen 57, 188
Flynn, Michael P. 15, 57, 171, 174, 187
Folliard, John E. 57, 184, 185
Fontana, Diane 108
Fonte, Tiffany M. 92, 161
Foos, Dennis H. 57, 181
Foos, Jennifer 69, 92
Football 116, 117, 118, 119
Forehand, Charles 76, 133
Forehand, Rency 34, 177
Forensics 171
Foreign Language 175
Forrest, Eric M. 76
Forsythe, Diana G. 34
Forsythe, Mary A. 57
Fortis, Danielle 57, 175
Fortuna, Ann M. 57, 168, 169, 171
Fortune, Joseph A.
Fortune, Kellie M. 92
Foster, Princess A.
Fournier, Laurette M. 92
Fowler, Julie 34, 37, 168
Fox, Michael G. 92
Fox, Peter J. 76
Fox, Sandra L. 92
Fox, Tonja V.
Francis, Betty M. 57
Francois, Benjamin 57
Frank, Britt 76, 78
Frasier, Thomas E. 34, 176, 133
Frawley, Thomas S. 92, 181
Freeman, Kelly Y. 92, 186
Freeman, Shelbe 176
Freeman, Tony 34
Freeze, Floyd 108
Freshmen 88-105
Friend, John A. 92
Fritsche, Christina L. 76
Frizzle, Marion 108
Frost, Jack 108
Frost, Summer 102
Frye, Paula A. 57
Fuller, Heather L.
Fullerton, Chris D. 34, 190
Fulp, Bill 108
Fulton, Eric S.
Fulton, Mark D. 92
Furman, Clifford 57, 174, 175, 183, 188
Furnia, Jeffrey A. 57

G

Gaddy, Amanda L. 22, 27, 34, 159, 167, 171
Gahn, Margaret 57, 156
Gailliot, Michael M.
Gallagher, Kelly B.
Garber, Susannah D.
Garbett, Daniel 57, 172
Garcia, Christopher 77
Garcia, Luanne M. 77
Gardner, Bryan 77
Gardner, Michael 57, 172
Gardner, Tina 92
Gardziel, Jerry 108, 140
Gardziel, Kimberly 77, 168
Garrigues, Sarah 108
Garrison, Homer 57, 175
Garza, Laura 92
Gates, Christopher 77, 183
Gaudet, Jean 108, 220
Gendron, Marc E. 57
George, Michele K. 34, 177
George, Raquel L. 92
Gerace, James 77
Gerace, Joseph 34
German Club 175
Geyer, James F. 167, 183, 185
Ghiloni, Pat 108, 172
Gholsen, James 57, 117
Gholson, Howard W.
Gibb, Claudia 167, 186
Gibbs, Marie A. 92, 175
Gibson, Darryle 57
Gibson, Robert B. 92, 175
Gibson, Teresa A. 57
Gifford, Franklin 92, 172
Giglio, Lisa 34
Gilbert, Anne 34, 162, 177
Gilbert, Mark W. 34
Gilkison, Stuart L. 57, 167
Gill, Lisa G. 34, 177
Gillette, Ann M. 92, 93, 168, 183
Gilliam, Charles D. 77, 135
Gilliam, Deidre W.
Ginsberg, Heidi 108
Girls' State 30
Gleason, Shawn 34
Glish, Claudia 168
Glynn, Christine 92
Glynn, James M. 23, 34, 167, 172, 183
Goad, Laura A. 92, 186
Goble, Susan A. 92
Golf 150
Gombar, Gina 77, 160
Goodrich, Aliaon 77
Gooley, Bryon W. 92, 185
Gorden, Glenn 58
Gordon, Earl L.
Gordon, Lana 34
Gore, Adrian D.
Gore, Tamillia S. 92
Gority, Veronica A.
Gosney, Benjamin 92
Graduation 16, 17
Grafmuller, Kathleen 18, 35, 177
Graham, Dawn M. 167, 168
Graham, Richard K. 92
Graham, William J. 77
Grandy, Marie T. 58, 162
Grassler, Jennifer 77, 122
Grasso, Paul 58, 142, 168
Graves, Jennifer 58

Grayson, Kevin A. 58, 117, 167, 124
Greck, Tonia M. 58
Greene, Joanne M. 77, 168
Gregory, James O. 92
Gresham, Rickey
Greubel, James D. 93
Grier, Wanda D. 58
Griffia, Lani 58, 139, 154, 172
Griffey, Audra S. 35
Griffey, Aura S.
Griffin, Amy L. 58, 162, 168
Griffin, Floyd A. 77
Griffin, Joseph
Griffith, Sandra 14, 35, 171, 211
Griggers, Ralph 172, 184
Griggers, Sheila 35, 153, 171, 185
Grimsley, David 35, 177
Grindle, Roberta L. 35, 167, 183
Grindstaff, Chris A.
Grove, Christina L.
Grover, Todd M.
Grundeman, Eric D. 77, 175, 185
Gudgel, Stacy L. 58, 172, 175
Guthrie, Rebecca
Guyett, Melissa L. 77, 177
Gymnastics 136, 137

H

Hadley, Catherine S. 77, 122, 129, 146, 147
Hager, Eric V. 77
Haggart, Denise M. 93
Haizlip, Evelyn E. 58
Haizlip, Leigh A. 77
Hale, Anthony S. 172
Hale, Millicent 77, 183, 181
Hale, Rebecca A. 58, 172
Hall, Bradford E. 77, 168
Hall, Jennifer L. 177
Hall, Katherine R. 77, 203
Hall, Kristina N. 58, 162, 167, 168, 171
Hall, Nora 109
Hall, Wendy S. 35, 145, 120
Haller, David R. 58
Halliday, Craid A.
Hambrick, John 171, 184, 185
Hambrick, Laura M. 9, 35, 187
Hamlin, Cynthia M.
Hammons, Angelea L. 35, 108, 175
Hamn, Tabitha A. 93
Hampton, Ashlie
Haneklau, John J. 138, 139, 195
Hanifan, Robinetta 58
Hann, Nicole L.
Hansen, Elizabeth A. 58
Hansen, Tracey 58, 128, 129, 168
Hansohn, Edward C.
Hansohn, John D. 58
Hansohn, Michele M. 58, 61
Hargrave, Kenneth 77, 140, 142
Hargrave, Michael 36
Hargrove, Trone 77
Harjula, Paivi 32, 26, 186, 187
Harkcom, Joseph D.
Harom, Thomas J. 77
Harp, Dana R. 36, 171
Harper, Clarence B. 36
Harris, Dale W. 36, 118
Harris, Darrin 118
Harris, Gary 36
Harris, James J.
Harris, Jennifer L.
Harris, Kimberly 36
Harris, Michele 77, 175
Harris, Robert A. 77, 142
Harrison, Adina A. 77
Harrison, Herbert W. 77
Harrison, Joseph G. 36
Harrison, Michael 58, 142
Harrison, Sean R. 77
Harrison, Susan E.
Harrison, Thomas 93
Hart, Chelsea 130, 181
Hartnett, Grant R.
Hartnett, James R. 77, 175, 124
Hartt, Dion R. 77
Harvey, James G. 36, 117, 168
Harvey, Jennifer A. 77, 175
Hatfield, William
Hauser, Benjamin C.
Hauser, Carole R.
Hawkins, Amy L.
Haworth, Heather 58
Haworth, Shannon 58, 190
Hebert, Joely
Hebert, Tracy 36, 168, 169
Hecht, Patrick 77
Heck, Dewayne 93
Hecker, Sherry H. 77
Heiser, Scott D. 82, 133
Helm, Michael 99, 175
Helms, Robert F. 77
Hembra, Stacey L. 93
Hendrickson, Chris 78, 99
Herd, Yolanda J. 82, 174, 175
Hernandez, Jeffrey
Hernandez, Katy L. 78, 92, 99, 139, 154
Hernandez, Mark A. 93
Hernandez, Melanie 69, 82, 168, 179
Hildreth, Anthony B. 36, 66, 185
Hildreth, Ashton K. 135
Hillegass, Brian R. 82
Hihlls, Alfred L. 82, 59, 185
Hills, Marlo M. 93
Hiton, Kelly 36, 66, 192
Hinkamp, Hans H. 93
Hinkamp, Heidi M. 12, 76, 82, 162, 163, 52, 59
Hinkle, Lisa D. 82, 59
Hise, Lisa 36, 66
History Club 174
Hitchock, Jennifer 93
Hitchock, Mark 99, 78
Hobday, Donnie L. 78
Hochmuth, James 82, 178, 69, 181
Holbrook, Ernest C. 82, 176, 59
Holderman, Jennifer 93
Holderman, Kathryn 99, 73
Hollar, Linda L. 36
Hollar, Paula 99, 78, 160, 168
Holley, Nichole R. 93
Holloway, Steven A. 99, 209, 78
Holloway, Tracy L. 78, 181, 190
Holtzhauer, Caroly 82, 159, 59
Holtman, Wendy A. 99, 78
Homecoming 10, 11, 54
Hoopes, Jennifer M. 99, 78, 160
Hopper, Kay L. 93
Horne, Christopher R. 93
Horner, William P. 99, 78
Howard, Antonio R. 66, 171, 37, 140
Howard, Valerie D. 66, 37, 177
Hricik, Christine 78
Huber, James A. 78
Hudak, Laura M. 66, 166, 87, 167, 171, 192
Hudak, Steven W. 99, 73, 172
Hudson, Charles W. 100, 78, 183
Hudson, Gregory 183, 93
Hudson, Karen 66, 37
Hudson, William A. 66
Huggin, Randall 82, 175, 59
Hughes, Andrea 94
Hughes, Brian C. 94, 135
Hughes, Greggory 83, 59
Hughes, Rodney 94
Hughes, William J. 59
Humphries, Kevin 83, 169, 69, 140, 59
Hupka, Laura A. 83, 189, 59, 188
Hurst, Jon W. 100, 175, 78
Hyson, Heather L. 94, 188
Hyre, Kimberly A. 95
Hyre, Suzanne L. 83, 59

I

ICT 176
Immel, William J. 37, 190, 191, 200
Ingle, James 78
Insisiengmay, Siri 94
Insisiengmay, Thir 94
Ivey, Vivian 109

J

Jack, Rita A. 59
Jackaon, Khalid J.
Jackson, Kyle 100, 78
Jackson, Michael T. 100, 94
Jackson, Reginald 83, 177
Jackson, Sean M. 83, 59
Jackson, Teresa L. 78
Jacobowitz, Norman M. 78
Jacobs, Jaqueline 66, 37, 181
Jacobs, Rosalind 109, 118
Jacobson, Alana 181, 180, 94
Jacobson, Andrew R. 83, 175, 181, 180, 59
Jacobson, Kimberly 167, 94
Jagoda, Michael T. 118, 94
Janke, Christopher W. 94
Januszewski, Kelly 66, 37, 183
Jarman, Thomas W. 94, 172
Jarvis, Deborah L. 167, 94
Jefferson, Jean 177
Jefferson, Joyce 94
Jenkins, Todd M. 59, 66, 198, 37, 22, 23, 167, 124
Jennings, Jewell 83, 59
Jennings, Todd 66, 37

Jennings, William 66, 186, 37, 117, 183
Jensen, David M. 37
Jensen, Matthew W. 94
Jobs 14, 15
Johansen, N. Henrik 32, 33, 37, 138, 202
Johnson, Brad L. 94
Johnson, Charles L. 100, 78
Johnson, David S. 66, 38
Johnson, David W. 94
Johnson, Dorothy S. 94, 137
Johnson, Gary E. 136, 177
Johnson, Jason D. 100, 78, 175
Johnson, John C. 94
Johnson, Kelly A. 9, 60, 67, 217, 38, 158, 159, 22, 23, 220, 137, 136, 192, 193, 171, 168
Johnson, Kimberly 100, 78, 177
Johnson, Krista L. 83, 168, 59
Johnson, Kristin 100, 78
Johnson, Melvin T. 78, 100, 142
Johnson, Michael B. 67, 38, 183
Johnson, Paul 12, 100, 78
Johnson, Regina D. 83
Johnson, Robin J. 167, 179, 94
Johnson, Shawn T. 118, 126, 94
Johnson, Stacy E. 118, 94
Johnson, Vera J. 100
Johnson, Vivian R. 83, 59
Johnson, Yvette D. 78
Johnson, Diane L. 100, 78
Jones, Byron D. 100, 78
Jones, Craig A. 94
Jones, Danny P. 94, 93
Jones, Edward T. 67, 171, 38, 133
Jones, Eric D. 94
Jones, James C. 100, 78, 183
Jones, Michael E. 83, 69
Jones, Regina D. 100, 78, 177
Jones, Robin 67, 177
Jones, Teresa L. 100, 78, 123, 181
Jones, Thomas D. 100, 178, 78, 171
Joseph, Robert E. 83, 209, 117, 59, 132, 133
Jumbercotta, Andrew S. 135, 94, 100
Jordan, Aaron 116, 109
Jones, Wes 188, 109
Jones, Peggy 116, 118, 109
Jones, Lisa 94
Jett, George 118, 109, 180
Juniors 52-69
Junior Civitans 168, 169

K

Kabza, Mary K. 79
Kadis, Chris 110, 118, 120, 189, 220
Kalaskas, Alice M. 60, 79, 100, 167, 168, 169, 170, 171, 183, 184
Kalland, John H. 94
Kaluza, Mary 169
Kanche, Michele M. 4, 13, 38, 67, 153, 159, 168, 170, 188, 189
Kang, Jin H. 94
Kang, Myung H. 79, 100
Kargol, Craig 67
Kasper, Kelly P. 94, 118, 135, 172
Katsarelis, Anthony 60, 83, 157, 174, 185
Katzoff, Beth R. 79, 100, 170
Katzoff, David D. 23, 38, 67, 167, 169, 184
Keady, Patrick M. 79, 183
Kearns, Vicky S. 38, 67
Kearns, Virginia 37
Keaton, Eric D. 38, 67, 153, 171
Keeler, Blair 126
Keeler, Ronald B. 94, 220
Kelley, Anthony L. 94, 100
Kelly, Kirsten 78, 79, 100, 130, 203
Kendall, Ardis M. 13, 38, 67
Kendall, Jewell M. 38, 67
Kendall, Walter O. 94, 118
Kenney, Butch 171, 185
Kenney, Leo 100
Kenny, Thomas W. 79, 100
Kepus, Christina M. 79
Kepus, Mario 60
Kern, Sarah 58, 60, 83, 168, 184
Kersse, Paul A. 94, 118, 135
Key Club 169
Key, Kirsten 181
Khanna, Anthony 12, 79
Kile, Kenneth R. 79
King, Brian 38, 67
King, Teresa A. 19, 60, 156, 169, 172, 174, 175
King, Theodore 79, 101
King, Tonya 83
Kingston, Mark 94
Kinley, Ronald A. 95
Kirk, William E. 39, 67, 117
Kirkpatrick, Cheryl 79, 101
Kirkpatrick, Paula 95
Kiser, Stephen W. 79, 101
Kite, Dave 3, 17, 107, 110, 112, 113, 118, 220
Kitts, Susan K.
Klemm, Kenneth 39, 67
Klemmer, Delores A. 89, 95, 123, 167
Kline, David W. 95
Kline, Kevin 95
Kline, Melanie 60, 83
Klopp, Jeffrey F. 39, 67, 117, 171
Klopp, Michelle M. 95, 161
Knecht, Lisa M. 95, 161
Knecht, Nancy 60, 101, 177
Knill, Jennifer L. 60, 83, 139, 154, 172, 175
Komisar, Joseph R. 79, 101
Kondash, Deborah 60, 83, 159, 168, 192
Knog, Chi H. 95
Kong, Pyong C. 60, 83, 151, 187
Koontz, Amy R. 92, 95, 123
Koontz, April D. 10, 12, 39, 62, 67
Kosimar, John 95
Koutsoundis, John 39, 177
Koutsoundis, Kyri 95
Kreger, Jeffrey M. 11, 39, 67
Kreger, Matthew 95, 167, 188
Kremberg, Michael 38
Kroh, Paula K. 39, 67
Kroman, Catherine 39, 67
Kroman, Edward 60, 83
Krucelyak, Robert 39, 67, 176, 183
Kulik, John 60, 81, 83
Kvenberg, Rachael 60, 83, 174, 183, 187, 188

L

Lacey, Mike 95
Lafferty, Kathleen 79, 101
Lafferty, Robin 38
LaFleur, Robert 38, 169, 186
Lake, Penny 110, 118
Lamb, Darcy 79, 101, 168
Lamb, Julie 38
Lambert, Lori 79, 101, 175
Lamsing, Laura 60
Landry, Monique 101
Lang, Dawn M. 79, 101, 122, 169, 175
Lang, Donald T.
Lanham, Richard L. 95
Lanier, Melissa A. 79 101
Lansing, Laura 83
Lanza, Nancy 110
Lapponese, Carol 38
Larock, Diane C. 101
Larock, Mary J. 79, 95
Larock, Roselie 67
Larrabee, Michael 79, 101
Lasch, Francis 60, 83, 136, 176, 177
Lascody, James 79, 101
Lascody, Lisa L. 60, 83, 136, 240
Latulipe, Rose 110, 118
Lauder, Stacy J. 39, 67, 168, 171
Lavelle, Christy M. 89, 95, 123, 167
Law, Christophe P. 60, 176
Law, Deanna M. 79
Lawlor, Elizabth 60, 65, 83, 122, 192, 193, 211
Lawson, Benjamin C. 95
Lawson, John C.
Lawson, Michelle K.
Lazar, Lisa M. 55, 60, 83
Lazaroff, Derek W. 95
Lear, Kimberly S. 95
Ledford, Wyndy 79, 101
Ledoux, Robert 39, 67, 176, 183
Lee, Daniel T. 39, 58, 67, 83, 188, 220
Lee, David B. 39, 79, 84, 101, 136, 138
Lee, Hyunmee 79, 101, 170, 171, 184
Lee, Linda L. 39, 79, 95, 101, 151
Lee, Sang (Cindy)
Lee, Wen C.
Lee, Wen H. 60, 84, 175
Leeper, Robert 39, 67, 151, 175
Leeper, Shannon R. 95
Leggett, Carolyn 110, 118, 220
Leggett, Clarence 109, 110
Leonard, Janine R. 60, 168
Leonard, Michelle P. 12, 39, 167, 168
Lepage, Kelly 60, 69, 84, 178
Lepage, Raymond L. 39, 68, 140, 166, 171
Lerner, Paul M. 60, 84, 172
Lesko, Debbie A. 61, 84, 183
Lester, Janet R. 39
Leverstein, Jacque 36, 61, 84
Leverstein, Michel 95, 130
Levine, Robert 118, 178, 203
Lewis, David L. 95, 118

Lewis, Nashay M. 61, 84
Lewis, Patrick C. 95
Lewis, Peter 61, 84
Lewis, Todd O. 39, 68
Lichtenfels, Stacy 102
Lidyard, Tracy S. 68, 177
Liming, Craig 39, 68
Liming, Shannon 80
Linn, Pamela J.
Literary Magazine 190
Little, Kerri A. 95
Little, Kim M. 80, 168
Littles, Louis 95
Lockers 40, 41
Lockett, Ann 106, 114
Loefstedt, Brian 80, 175
Lohman, Pennie 95
Lohman, Todd M. 61, 84, 168
Lohr, Kevin L. 68, 117, 186, 250
Londino, Lisa A. 39, 40, 68, 162, 163, 167, 168, 171
Long, Jody T. 40
Longwitz, Aimee R. 80, 122, 130
Lookabill, Larry 95
Looney, Malka M. 95
Lott, Lisa A.
Lough, Deborah J. 40, 68
Lovelace, Wayne 40, 68, 85, 117
Loveland, Cynthia 40, 68, 162, 167, 171
Lowery, Patrick 80
Loy, Marguerite T. 80, 177
Lucas, Lawan D. 61
Lucas, Lisa E. 80
Lueders, Dirk H. 80
Luedtke, Susan D. 40, 121, 168, 169, 171
Lukasavich, Tara L. 80, 188
Lupo, James R. 40, 140
Lupo, Sandi M. 95
Lutkoski, Corinne 95
Lynott, Lawrence 61, 117, 124, 125
Lyons, Christopher 40

M

Mabardy, Mike 41
MacDonald, Robert 102
MacDonald, Suzette
MacIver, David R. 40, 117, 118
Mack, Aurdy L. 96
MacLean, James C. 40, 168
MacPherson, William 61
Madagan, Katrina 61, 168, 183
Madaris, Lisa R. 96, 123
Maddigan, Suzanne
Maddox, Janice L. 40, 176
Maddox, Michael 61
Madiou, Toni
Madrid, Curtis
Madrowski, Janet 62
Maguire, Barry
Mai, Lan 96, 167
Mairena, Maria C. 61, 187
Malli, Amal B.
Malloy, Christine 40
Malloy, Glorianna 61, 152, 160, 167, 174, 175
Malloy, Maruca 40, 167
Malone, George
Malone, Lisa
Malone, Shannon 96, 122, 171, 188
Maloney, Betsy 110, 113
Maloney, Marc 110, 116, 124
Malot, Lynn
Manderville, Jane 110
Mantzoros, Thomas
Mandrgoc, Leonard 40, 151, 172
Mangin, Jason
Mansuy, Kelly E. 61
Manvell, David E. 40
Marbaker, Charles 80
Marbaker, Cynthia 80
Marbaker, Sandra K. 95
March, Kelli 80, 122
March, Steven N. 61, 168, 174
Marek, Kenneth W. 80
Margheim, Gregory 61, 117, 124, 140, 168, 169, 171
Margheim, Marieanne 110
Marrandette, Traci 95, 175
Marsden, James 61
Marsh, Kimberly 95
Marshall, Jennifer 40, 175
Marshall, Kathryen 61
Marsteller, Robin 95
Martin, Brian K. 80, 133
Martin, Brian N. 80, 141, 176
Martin, Dale L. 61
Martin, Erika M. 61, 168
Martin, Gary D. 80, 83, 119, 134, 135, 183, 185
Martin, Gary E. 80
Martin, Jeff 40, 96
Martin, John C.
Martin, Katherine 96, 171, 188
Martin, Lilly C.
Martin, Renee M. 96, 181
Martin, Robert 80
Martin, Ronald M. 40
Martin, Sean 80
Martin, Shelly A. 61
Martinez, Jose R. 32, 80
Maruschak, Tracy A. 61, 121, 129
Mason, Brenda S. 61
Mason, Larry M. 40, 117
Mast, Tina 96, 175
Mastrippolito, Brenda 96
Math Club 173
Matherly, Shannon 40
Matsuoka, Matthew 190
Mattijetz, Catherine 167
Mattijetz, Stephanie 96, 167, 186
Mauck, Melvin L. 62
Mavracic, Holly L. 96
Mayfield, Keith 41, 176
Maziekus, Linda 40
McBride, Nicholas 62, 181
McBride, Patrick K. 96, 118
McBride, Robyn A. 96, 130
McCamey, Keith T. 62, 181
McCarty, Elaine 62
McClanahan, Brant 62
McClincey, Kellyia 62
McCloskey, Michael P. 96
McClure, Angela 80
McCoart, James 110, 118
McCown, Douglas W. 96
McCreary, Melissa 96, 183, 188
McCrory, Robert
McCrosky, Lisa M. 96
McDonald, Jay M. 96, 175
McDonald, Marie A. 4, 178
McDonald, Shari 62, 177
McDonald, William
McElwain, John 80
McGahey, Sheryl D. 96
McGann, Arlene M. 62
McGann, Shirley A. 96
McGee, Kelli A. 96, 130, 160
McGinnis, Tracy A. 40, 120, 121, 145
McGowan, Christopher 96
McHugh, John
McKellar, Michelle 96
McKnight, Christine 62, 166, 174
McLaughlin, Kriste 96
McLernon, Geralyn M.
McMichael, Utrina 62
McMillen, Bryan R. 62
McNamara, Ursula L. 80
McNelis, Sean P. 80
McNelis, Virginia 41
Meade, Shawn J. 80
Meadows, Amy L.
Meadows, Clifford 19, 41, 190
Meadows, Donald 96
Meadows, Jeffrey 96
Mellott, Starlis 62
Mensinger, Matthew M. 62
Mercado, William Jr. 97
Mercer, Tami L. 97
Merritt, John S. 80
Mersing, Lynda M. 29, 41
Mersing, Mark A.
Mestrovich, Michael 62, 139, 168, 174
Mettler, Tuesday
Metzler, Donald W. 97
Michelini, Christine 23, 41, 159, 167, 168, 171, 172
Michelini, Jennifer 58, 62, 167, 168
Mickett, Robin E. 41, 183
Milam, Joseph 97
Milam, Mark 80, 119
Milbert, Arthur M. 41, 117, 155, 171
Miles, Tina M. 97
Miles, William T. 135
Miller, James II 22, 27, 35, 41, 167, 171, 172, 173
Miller, Jennene M. 41, 167, 171, 182, 183
Miller, Lisa A. 80, 13[illegible], [illegible], 188
Miller, Sean M. 41, 42, 187, 188
Mills, Donald L. 41
Millsaps, David S. 41
Millsaps, Richard 41, 172
Milne, Kimberly A. 97
Minor, Charles 97, 176, 177
Misenko, Douglas M. 35, 42, 124, 125, 167
Misenko, Jeffrey 80
Mitchell, Jewel A. 42, 186, 187
Moberley, Benjamin 42, 43, 172, 185
Mobley, Timothy 92
Modrowski, Janet M. 162
Mohle, Karl H. 97, 171, 183
Molinari, Arnold S. 42, 117, 167, 168, 169

Moller, Sandy 111, 190, 120
Monaco, Scott A. 97
Monk, Richard K. 62
Montgomery, Glen W. 80, 118
Montgomery, James 80
Mooney, Courtlan M. 80
Moore, Robert 108, 111, 151
Moore, Corey G. 80
Moore, Glenn 118
Moore, Heather A. 97, 169, 188
Moore, Wayne D. 62, 175
Moran, Richard K. 42
Moraski, Wendy A. 80, 117
Morgan, Donald 97, 102
Morgan, William 97
Morgenstern, John 62
Morley, Julie A. 42
Morris, Elizabeth 42, 162, 167, 168, 177
Morris, Pennie C. 97, 181
Morrison, Sarah E. 97
Morrone, Cynthia 62, 147
Morse, Alexander E. 97, 118
Moser, Robin 62, 174, 187
Moss, Carrie E. 42, 156
Mountjoy, Willard 97
Mower, Lisa M. 97
Mueller, Brian 97, 118
Mullany, Jeannette M. 42, 152, 158
Muller, Gayle A. 62
Munn, Mechelle E. 63, 177
Munn, Walter J. 62
Munnell, Sandy 111, 152
Munnikhuysen, Kris 97
Murch, Chris 111
Murphy, Michael D. 81
Murphy, Pamela J. 42, 176
Murray, April F. 62
Mussomele, Deborah 81
Myers, James E. 97
Myers, Kelly I. 167, 168, 171, 174
Myles, James 97, 135

N

Napoleon, Alexander 97
Nary, Brian 42
Nary, Francis 42
Natale, Deane 92, 97, 123, 130, 131
Natale, Maria 81, 137, 154, 160, 168
National Honor Society 166, 167
Nattania, Anthony 133, 117, 168
Naylor, Sonia L. 97, 167
Neary, Katherine 15, 81, 184, 191
Neilson, Gregory S. 163, 168
Nejati, Shadon M. 81
Neugebauer, Wendee 102
Nevarez, Sarah L. 63, 174
Newell, Senatra 97
Newey, Jennifer L. 97, 168
Newman, Arthur 42
Newman, Dawn M. 63, 66, 168
Newman, Kelly L. 81, 130
Newman, Paul B. 63
Newspaper 190
Newson, Vendella 63, 154
Nguyen, Ahndung H. 63
Nguyen, Tho T. 97
Nguyen, Thuthuy T. 63
Nicely, Katherine 42
Nicely, Norma J. 81
Nichols, Christain L. 97
Nickley, Carleen M. 177
Nicolosi, Dominic 81, 168, 169
Nicolosi, Lisa 167, 168, 181
Ningharden, Sirichai 81
Ningharden, Siriluch 97
Nix, John T. 102
Norman, Timothy 63, 117
Norton, Brian J. 98
Notvest, Brian K. 81
Novitsky, Mark A. 42, 177
Nunes, Bryan K. 63
Nutton, Angela 8, 42, 98
Nutton, Melissa K. 98

O

Oakes, Matthew F. 63, 81
Obenshain, Allison 98
Obrien, Megan 168, 177, 43
Obrien, Wayne J. 81
Oconnor, Christi E. 98
Oconnor, David 98
Oconnor, Kelly M. 43, 139, 154
Odom, Kenneth 98, 118, 167
Odonnel, David L. 143
Odonnoghue, Brendan 81
Odonnoghue, Sean 43
Oelrich, Zelda 111
Oertly, Emma L. 63
Ofarrell, John F. 181
Ohara, Jeffrey W. 81
Ohlander, Derek J. 98
Oleary, Patrick S. 98
Olio, John 98
Olio, Michele 22, 27, 43, 167, 168, 169, 171, 172
Oliva, Irma 111
Oliver, David E. 98
Oliver, Katherine 216
Oneill, Robert 43, 188, 189, 191
Opening 2, 3
Oravec, Michael A. 143
Orchestra 182
Orr, Michael 81, 98
Osbourne, David T. 63, 176
Osullivan, Kevin 43
Oswald, Vincent C. 81
Overholser, Kelli 98
Overton, Kimberly 28, 43, 167, 171, 188
Owen, Sean T. 63, 168
Owens, Brenda J. 43, 145
Owles, Robert 81
Owles, Veronica 167, 143, 168

P

Pagan, Emily 63, 154
Pagan, Steven T. 98
Page, Stephen T.
Pague, Jeffrey S. 81
Pague, Tersea L. 43
Palmadesso, Peter 81
Palmer, Matthew 63
Palmer, Timothy A. 185
Palumbo, Lorraine 66, 111, 129
Pandazides, Peter 13, 23, 43, 117, 187, 203
Pannell, Jannie L.
Pantherettes 162, 163
Parish, Jill 63, 167, 192, 220
Parish, Judy 102
Parker, Darrell 98
Parker, Kevin R. 44, 172
Pasek, James P. 62, 63, 166, 169
Pasek, Margaret 82, 130, 168, 185
Paszly, Suzanne M. 63, 139, 154
Patterson, David 98
Patton, Julie D. 44
Patton, Sherri 81, 122, 130, 147, 168
Paxton, Kim M. 63, 185
Payne, Toni 111
Payton, John A. 44, 117, 188
Pearce, Michelle L. 81
Pearsall, Patricia 111
Pease, Timothy C. 81
Pegler, Michelle 81
Peguese, Angela 44, 162, 167, 169, 171
Pelletier, Claudine 63
Pemberton, James D. 98
Pemberton, Joey M. 176
Pender, David R. 81
Pennington, Brooke 63
Pep Club 181
Perry, Kathleen 81, 122, 130
Perry, Scarlett A. 63
Peters, Nikki L. 98
Peters, Sean 44
Petersen, Debbie L. 44, 174, 167
Peterson, Wanda 111
Peverill, Michael 81
Phelps, Angela 98
Phillips, Brent G. 82, 168
Phillips, Derek 82
Phillips, Timothy 98
Photography 188
Phoenix, Kelly F. 82, 169, 181
Physical Education 72
Piccoli, Mary A. 64
Piccoli, Robert 98
Pierce, Richard M.
Pierson, Julie A. 64, 183, 184
Pieski, Jenny T. 44, 177
Pigott, Kevin 98, 181, 211
Pilkinton, Chris 82, 152
Pilkinton, Von L. 98, 118
Pinckard, Brian N. 64, 156, 169
Pinckard, Kristen 82, 156, 169, 171
Pisanchin, Susan 64, 152, 167, 169
Pitt, Michele S. 98, 185
Pittman, Lisa A. 82
Piwowarski, Karen 44, 168
Plaisted, Samantha 82, 98
Plumskey, Toger 111
Poland, Elizabeth 44, 183, 188
Polk, Cara L. 64, 162, 168, 171
Polk, Janice 111
Pollack, Jennifer 44
Pollack, Ruth A. 98
Pontious, Annick M. 82

Pope, David J. 98
Pope, Matthew T. 15, 44, 64, 140, 192
Pope, Michael T. 64
Porter, Jeffrey C. 44, 140, 141, 167
Porter, Michael 126
Porto, Edward 82, 177
Porto, Joseph 98
Posey, April R. 82, 186
Potomac Miss 28
Potvin, Douglas L. 44, 155, 167
Potvin, Lisa J. 64, 147, 184, 168
Powder Puff Game 18, 19
Powell, William 98
Pregenzer, Steven 44, 117
Prevatte, Eric 64, 176
Price, James B. 98, 180, 181
Priestly, Scott D. 98, 184, 185
Prifti, Greg 111, 116
Prifti, Steve 112, 116
Primas, Karmon 82, 181
Proffitt, Sandra 64, 168, 175
Prom 67, 76, 89
Propps, Susan M. 82, 187
Prudot, Patricia 82, 152
Puckett, Corin N. 64, 168
Pullen, Kimberly R. 44
Purcell, Santo D. 118, 126, 181, 98
Purdy, Jeffrey A. 98, 118
Purvis, Bridgett 44
Purvis, Triege 64

Q

Qualls, Jim 116
Qualls, Tyrone M. 82
Queen, David J. 44, 188
Quintavalli, Beatrice 15, 44, 175

R

Raat, Michael D.
Rader, Kimberly 82
Raines, William E. 183, 185
Raley, Michele 82, 119, 145
Ramer, Diane 112
Ramey, Lisa L. 98
Ramsey, Christine 64, 174
Rankine, Kevin P.
Rasmussen, Paul A. 98
Rasmussen, Peter J. 64
Ray, Jamie L.
Ray, William J.
Redder, Brent 99, 181
Redenburg, Charma 99
Reed, Angela M. 82
Reed, Bonnie J. 45, 167, 188, 190
Reed, Lori 99
Reed, Stacy 15
Reed, William J. 64
Reeves, Roxi L. 45
Regalado, Sandra Y. 99, 183
Reid, Anna E. 82, 185
Reid, James M. 99, 185
Reid, Jim J. 99
Reid, Stacy, 82, 184
Reinhard, Kevin 99
Renzo, Paul 64
Reynolds, Mechelle 82, 177
Reynolds, Yolanda 45
Reza, Steve D. 99
Rhoades, Cathy 82, 185
Rice, Bridget 112
Rice, Carole 64
Rice, Ralph D. 99, 118
Rice, Sean F. 18, 45
Rice, Theresa 189
Richards, John J. 99
Richards, Morgan 69
Richardson, David 64
Richardson, Ira B. 45, 117
Richardson, Sara 13, 45, 192, 211, 220
Ricks, Paul A. 64, 174
Riden, Robert L. 99
Ridgley, Tedsan E. 99
Ries, Irene E. 45
Riggs, Timothy C. 82
Riggs, Zina 45
Riley, Carole 99
Riley, Mark S. 64
Riordan, Sean 99, 180, 181
Riviere, Patty 112
Roach, Joyce 112
Roach, Sabrina 82
Roberts, Betty A. 45, 178
Roberts, Janet L. 99
Robertson, Randy S. 99
Robinette, Amelia 82, 152
Robinette, Rosemary 64, 152, 159, 167, 174, 175
Robinson, James M. 82
Robinson, Patricia M.
Robinson, Rita M. 99
Rodriquez, David 45
Roessing, Donna 99
Rogers, Judith A. 82
Rogers, Todd P. 99
Rogerson, Kirk H. 45
Rogerson, Randol C.
Rohrabacher, Callie 99
Rohrabacher, Carrie 99, 123, 185
Rollings, Regina M. 64, 174
Romano, Nicole 64, 168
Rooks, George R. 65
Ross, David A. 45, 187
Ross, Katherine 65, 175, 216
Ross, Vicky L.
Rowe, Corey W. 82
Rowe, Mylene M. 45, 120, 121, 129, 154
Rowen, Christy L. 45, 171
Rowen, James D. 82
Roye, Tracy T. 95, 99, 137, 181, 216
Rubenstein, Diana L. 65
Ruf, Sean 45, 117, 177
Ruff, Tracy A. 99
Ruffing, Michael S. 99
Ruffner, Cindy J. 32, 60, 65, 138, 139, 154, 168, 183
Ruhren, Christa
Ruhren, Scott 99, 133
Rule, Michael 45, 117
Ruppel, David C. 99
Russell, Tina M.
Rutkoskie, Patrick 82
Rutkoskie, Tammy D. 45, 186, 187, 190
Rydstrom, Jennifer 99

S

SAAD 179
Saavedra, Christian O.
Saemann, Thomas 45
Sagudan, Ronald M. 87
Sampson, Duane C. 45, 187
Sampson, William
Santo, Valarie L. 65, 177
Sauntry, Jeffery S. 82, 172
Saupp, Michelle 82
Sawler, David 99, 172
Saylor, Cynthia 65, 186, 187
Scallan, Anthony D. 45
Scarpinato, Mark 82
Scarry, Tom 220
Schlegel, Stanley 99
Schrack, Traci B. 46, 167, 168, 171
Schulken, Margaret 65
Schultz, Kay M. 175
Schwab, Perry L. 65, 135
Schwan, James M. 65
Science Club 172
Scites, Melissa B. 65, 177
Scites, Tina 99
Scites, William C. 65
Scoleri, Margaret
Scott, Angela L. 99
Scott, Deborah D. 46, 144, 145
Scott, Elise M. 82, 162, 168
Scott, Kathy 112
Scott, Reginald E. 99
Scott, Ronald E. 65
Scott, Sondra L. 65
Scrogum, Jeffery D. 99
Searle, Dorey S. 65, 187, 188
Sebren, Shawn E. 65, 168, 171, 172, 175
Secord, Carol 112
Secord, Stephen 83, 157
Seger, Jennifer A.
Seniors 22-49
Senior Memories 24-25
Senko, Sean M.
Sentz, Scott C. 65
Sentz, Todd M. 99, 126
Setunsky, John 83
Shah, Asif A. 102
Shah, Nazli 183
Shahan, Anthony 102
Shaw, Michael 65, 175
Shearer, Joseph 65, 69
Sheets, Timothy 65, 174
Sheffield, Steven 83
Shelton, Anne M. 83, 122, 147
Shepard, Deborah E. 102
Shepard, Stephen E. 46, 181
Sheridan, Catherine 65
Shetley, Karen L. 13, 46
Shipman, Melonie 112
Shirley, Carol 94, 102, 136, 137
Shive, David 46
Shrewsbury, Waymon 102
Siligato, Sandra 65, 147
Silverstrand, Wendy 83

Simmons, Barbara 83, 177
Simmons, Mark 83
Simpleman, Chris L. 83, 139, 171
Simpson, David S.
Simpson, Valla D. 29, 83
Sines, Betty C. 46
Sines, Mary B. 11, 102
Singstock, Brian D. 58, 65, 135, 167, 168, 171
Singstock, Elissa 66, 152, 167, 168, 171, 174, 188
Sink, Michael T. 66
Sinkoski, Jacqueli 46, 186
Sinva, Devi V. 83, 175
Sisneros, Chad 102, 172
Sivells, Kimberly 55, 66, 167, 169, 171, 174, 192, 193
Sixkiller, Glenna T.
Skillman, William T. 102
Skinner, Andra
Skinner, Lisa M. 66
Sloan, Rebecca S. 58, 66, 69, 156
Smelser, Chris
Smith, Bevel L. 46
Smith, Brian A. 66
Smith, Bryan T. 66, 168
Smith, Danielle N. 66, 154
Smith, Debbie K. 102
Smith, Donna L. 46, 183
Smith, Eric 46
Smith, Irvin L.
Smith, James R.
Smith, Jerry T. 100
Smith, Kelvin J.
Smith, Laura 100, 183
Smith, Leslie A. 46, 168, 199, 267
Smith, Michael A. 130, 181
Smith, Morgan 66, 156, 169
Smith, Patricia 83, 183, 185
Smith, Regina Y. 13, 66, 177, 181
Smith, Reginald
Smith, Sandra E. 83
Smith, Thomas B. 46, 172
Smith, Tonya L. 66, 152, 162, 178
Smoot, Sonya R. 46, 167
Smythe, Tanya 66, 162, 163
Snyder, John J. 83
Snyder, Steven N. 102, 118, 126
Soccer 148, 149, 152, 153
Softball 144-147
Solt, Gregory K. 83
Solum, Casey 100
Sommers, Rachel 66, 154
Sommers, Roger W. 83
Sorrell, Jim 112
Sowala, Christine E. 83, 122, 129, 153
Spade, Christina E. 83
Speca, Aaron M. 100, 172
Spitler, Christi L. 83
Spooner, Angela L. 46
Sprouse, Lisa M. 66
Sprouse, Lori A. 100
Stalcup, Timothy S. 66
Staley, Drista N. 100
Stanley, Danny J. 46, 177
Stanley, Preston 66
Stanley, Steven L. 46
Stapor, Peter 83, 135, 185
Stapor, Walter A. 46, 117
Starnes, John W. 100
Steagall, Nicoel 47, 183
Stebbins, Cindy A. 83, 145
Steel Berg, Aimee M. 100
Stefko, Robert P. 47, 176
Steidel, Timothy L. 66
Steighner, Brent J. 66, 168, 174
Stennick, Shellie 2, 8, 22, 47, 192, 216, 220
Stephens, Bill 112, 116
Stepnowski, Jolie 100
Sterbutzel, Robert 47, 176
Sterbutzel, Sandra
Sterns, Shawnta M. 41, 47
Stetson, Tracy 66
Stevens, Monica
Stickles, Walter
Stone, Athena
Storey, Lisa G. 100
Storey, Raymond A. 47
Stotler, Angela 47
Stotler, Kevin
Strawderman, Linda 83
Strawn, Bradley 100, 118
Strawn, Mark 83
Strohl, Richard 83
Stross, Susan P. 100, 137, 161
Stuber, Angela 58, 66, 171, 187, 188
Studer, Sheri L.
Stultz, Charlotte 113
Sturgell, Joseph R. 66
Sullivan, Michael 100
Sullivan, Richard W. 100
Summa, Christina M. 83, 184
Summerfield, Krista 100
Summerfield, Victoria 66, 123, 130, 174, 175, 181
Superlatives 22, 23
Suski, Erika 83
Sweatman, Timothy 67, 117, 168, 175
Swecker, Dawn M. 29, 83, 160, 181
Sweeney, Tracie L. 47, 178
Switzer, Melissa L. 84, 188
Szady, Kevin 84, 171, 185
Szady, Margaret 113, 172
Szady, Michael J. 67, 117, 172
Szenas, Benjamin 47
Sztanko, Christopher 100
Szymonski, Paul 113

T

Tainter, Charles D. 47
Talbot, Stacy L. 11, 54, 55, 56, 67, 159, 168
Tardiff, Andrea D. 67, 160
Tayloe, Kenneth 84
Taylor, Brandon W. 47, 172
Taylor, Joseph A. 84, 132
Taylor, Patrick 84
Taylor, Ralph
Taylor, Thomas E. 67
Taylor, Troy A. 100
Teague, Bradley W. 100, 172
Teeler, Sharon 100, 102
Teen Counselors 171
Tennant, Jean A. 100
Tennis 156, 157
Terczak, Raymond H. 67
Terrazas, Ernest 47
Tesdahl, Aaron M. 100, 175
Testa, Rose M.
Testa, Theresa G. 67
Thames, Mildred 36
Tharp, Pamela G. 100
Theriault, Michell 47, 168, 178
Theroux, Jennifer E. 100
Thieling, Laura L. 100
Thomas, David C. 67
Thomas, David L. 84
Thomas, Denise E. 152, 175
Thomas, Donald W. 67
Thomas, Helen A. 67, 167
Thomas, Kimberly L. 47
Thomas, Kristin G. 84, 175, 187
Thomas, Michael 100
Thomas, Michael P.
Thomas, Michelle M. 67
Thomas, Patricia
Thomas, Patricia A. 67, 161, 177
Thomas, Robert 100
Thomas, Tina Y. 47
Thomas, William 100
Thompsonk, Alyssa 84, 187
Thompson, David
Thompson, Michael 100
Thompson, Timothy 67, 177
Thompson, William 100
Thornhill, Milton J.
Thrall, James 93, 100, 183
Thurston, Lloyd A. 67
Thurston, Louis 84
Thurston, Victoria J.
Tierney, Elizabeth 67, 156, 169
Tillman, Jeanna 11, 47, 162
Timmons, Stanley 100
Tiplady, Laura 67
Tisdale, Donald 67, 117, 211
Todd, Gary W.
Toman, Angela R. 67
Toney, Christina 84, 137, 168
Tong, David C.
Tormollan, David R.
Tormollan, Leroy D. 177
Tormollan, Thomas D. 100
Touloumes, Alexander 84, 183
Townsend, Tina L. 84
Track 154-157
Trainor, Katherine 11, 95, 100, 101, 161
Treakle, Katrena A. 84, 181
Trent, Andrew 67
Trent, James 47, 117
Triano, Anne M. 84, 153, 169
Triano, Joanne 47
Tribe, Jeffery S. 139
Triplett, John D. 47, 172
Troxel, Donna M. 67, 186
Troyer, James L.
Trumpower, Kelly 67, 160
Trumpower, Michal E.
Trumpower, Michelle 67, 101
Tuck, Lisa J. 101
Tucker, Dennis J. 47
Tull, Michael A. 84
Turner, Carla K. 101

Turner, Debra A. 101, 181
Turner, Kim M. 48
Turner, Mark Y. 56, 157, 169, 175
Turner, Marsha L. 84
Turnermoore, Leanne B.
Tyler, Robert R. 68
Tyler, Robert R.
Tyrrell, Michael E.
Tzivani, Paul 102

U

Uber, Denise 29, 67, 68, 168, 183
Underwood, John M. 101
Underwood, Michelle R. 101
Underwood, Robert 84
Updike, Eleanor A. 84
Urbanek, Michael T. 84, 185

V

Valentine, Tammy L. 48, 162
Valestek, Sherri 84
Valis, Paul C. 4
Valis, Tamara C. 84
Vance, Richard
Vanderburg, Christ 101
Vanfleet, Jeffery 48
Vanhoutan, Blake L. 101
Vanmetre, Dana 101
Vanstaden, Pam C. 48, 186, 187
Vaughan, Donald R. 48
Vause, Bryant E. 68
Vecchiane, James
Vejar, Phyllis E. 101
Velasquez, David 68
Velaasquez, Michelle 98, 101
Vestal, Dick 220
Viau, Kevin A. 84, 101, 181
VICA 176
Viehmeyer, Robert 84
Viehmeyer, Tina L. 48, 177
Vitek, Connie M. 84
Vitek, Robert J. 10, 35, 48, 167, 168, 200
Viatas, Evelyn 113
Voegtly, Mary E. 68, 84, 169, 185
Voegtly, Raelene 48, 186, 188, 192, 193, 220
Volk, Susan 68, 175
Volleyball 120-123
Vowell, Mark R. 22, 48, 117, 133, 167, 171, 172, 211
Vowell, Susan D. 52, 68, 136, 137, 159, 168, 169, 171
Vredenburg, Charma 123
Vredenburg, Harry A. 48

W

Wade, Christophe S. 101
Waggoner, Karen M. 48
Wagner, Lisa M. 84
Wagner, Robin L. 84
Wakefield, William 101
Waldman, William 68, 175, 181
Walker, Joeseph D. 117
Walker, William 84
Wallace, Melina 68
Wallace, Peggy L. 106
Wallace, Robert 14, 48
Wallich, Amy F. 48, 171, 182, 183, 184
Wallich, Brian J. 68, 187
Wallmuller, Gregg B. 101, 175
Walraven, Jonathon 101, 118, 135
Walters, Heather 101
Walton, Tricia 84
Wangner, Angelique 84, 169
Wangner, Cherish A. 13, 68
Waniel, Michael A. 48, 172
Ward, Frank J. 63, 68
Ward, Richard 68
Ward, Sherrie 102
Warner, Susan R. 48, 167
Warren, Andrew 98, 101
Washington, Troy 101, 118, 126
Watkins, Brian 139
Watkins, Carol E. 68
Watson, Jacqueline 175, 183
Watson, Kimberly K. 48, 186, 187
Watson, Nathan O. 68
Wayne, John B.
Weaver, Jeffrey
Weaver, Jennifer L. 68, 162, 187
Weaver, Mark 68
Weaver, Wendy Lou 68, 167
Weis, Maria 48, 162, 167, 171
Welpott, Travis S. 132, 133, 171
Wertz, Karl W. 48
Wessollick, Carmen 48, 177
West, Keith A. 49
West, Kevin D. 35, 49, 117, 132, 167, 169, 171
West, Lisa 56
West, Willette 101, 161, 181
Weston, Christine 167, 187
Wharton, Kristy
Wheat, Julie 68
White, James R. 49
White, Lisa M. 68
Whitehurst, Kimberly 101, 167
Whitington, Eliana 113
Widner, Annette 68, 162, 167
Wiggins, Joell
Wilburn, Marianne 68
Williams, Beverly 68, 130, 152, 174
Williams, Doug W. 49
Williams, Heidi R. 101
Williams, Joseph S. 49, 176
Williams, Kimberly 101
Williams, Lawrence
Williams, Leonard 101, 116, 117, 124
Williams, Marc K.
Williams, Michelle 101
Williams, Paula R. 130, 177
Williams, Shantel R. 101, 179
Williams, Shaun L.
Willingham, Shaun L.
Willingham, Evelyn
Willis, Benjamin M.
Willis, Carol S.
Willis, John B. 11, 35, 49, 167, 168, 171, 172, 173
Willis, Robert A. 183
Wilson, Lee 49, 117, 76
Wilson, Scott M. 49
Winneberger, Wendy 101
Wise, Jeffrey P. 157
Wise, Stephanie A. 49, 156, 169, 171
Witherspoon, Tammy 49
Wittig, David 49
Wolfe, Wanda 49, 177
Wolson, Karen
Wolter, Christine 11, 23, 37, 49, 152, 167, 168
Wolter, Jeffrey
Wonpat, Frankie I.
Woo, Conrad E. 23, 35, 49, 172, 175
Woods, Denise J. 153
Woodward, Sherry 49
Wollfrey, Betty L. 49
Woolfrey, James M. 101
Woolfrey, Sandra D. 101
Woolls, Lori A. 85
Woolls, Patricia L. 49
Worthy, Nicole V. 107
Wrestling 132-135
Wright, Gregory A. 101
Wright, John B. 85, 180, 181
Wright, Matthew G. 49, 151
Wylde, David 85

Y

Yaeger, Kenneth J. 68, 139, 174
Yauss, Michael 101, 185
Yearbook 192
Yentsch, Andrew 101, 118
Yentsch, Greta 68, 118
Ylisela, Kim 85
Younce, Danny L.
Young, John M. 68, 175
Yow, Patricia 102, 175, 185

Z

Zacharias, Stephen 83
Zagars, Christine 85
Zawoiski, Lisa A. 2, 49
Zeets, Sharon L. 84, 190
Zehner, Daneen M. 68
Zehner, Kari R. 102
Zimmerman, Jean 113
Zovak, Jeffrey A. 85
Zovak, Susan L. 102, 160

Prowler '85 was published by the Prowler yearbook staff of Potomac Senior High School, 16706 Jefferson Davis Highway, Dumfries, Virginia 22026. It was printed by the Taylor Publishing Company, Dallas, Texas 75221. Cover: Black 075 with applied Blue 862, Blue 861, and White 911 lines. Book: copy, captions (TRS 8, 10 point) and headlines (36 and 48 point). Books were printed on 100 pound enamel paper.

The '85 Prowler staff wishes to extend their gratitude to all who contributed their time and energy to help us create a book that we can all take pride in.

Tom Scarry — for your time, patience, but most of all, the ***big speech***
Bill Keller — for the last minute printing session
George Brown — for photos, photos, and more photos
Dave Kite — for being a wealth of information
Dick Vestal — for all the extras
Sandi Moller — for all the time you donated writing copy
Jean Gaudette — for photos and willingness to help
Coaches — for writing copy, interviews, and records
Club Sponsors — for finding someone to write about your club
Advertisers — for support
Government Teachers — for putting up with our surveys
Newspaper Staff — for borrowed photos
Guidance — for identifying all those unknown faces
Mr. Kadis — for use of the darkroom
Mr. Hamlin — for listening, ironing out the wrinkles, and caring
Mrs. Holcombe — for your helpful suggestions and editing
Danny Lee — our "not on the staff" student photographer
To all students who submitted photos and/or copy
Special thanks to Mr. Babuschack for suggestions, concern, and "filling in"
The biggest thanks, of course, goes to our sponsor, Mrs. Carolyn Leggett. Good luck in your years ahead with yearbook. MEOW!!!

I will simply close this book with a quote from a friend and past editor. I truly think this sums it up. "You have seen the fruits of our labor, but the action behind the scenes would have taken another book to fill — the late hours . . . the empty coke cans . . . the tears . . . the anxieties — but teamwork and camaraderie pulled us through, so that now we can jokingly say, "There is life after deadline."

Sallee Richardson, Editor

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